

Kentucky Controlled Substances Prescribing Council: Meeting Minutes

January 12, 2026

3:30 PM-5 PM

Quorum: Confirmed

Call to Order

- Meeting called to order after quorum was confirmed.
- Roll call conducted to confirm statutory representation per KRS 218A.202, including required specialties and board representation.
 - Dr. Rick Miles – Licensed Physician, Primary Care (Family Medicine)
 - Dr. Ryan Stanton – Licensed Physician, Emergency Medicine / EMS
 - Dr. Colleen Ryan – Licensed Physician, Psychiatry / Addiction Medicine
 - Justin Kolasa – Oral Surgeon (Kentucky Board of Dentistry)
 - Rebecca Green – Dentist (Kentucky Board of Dentistry)
 - Wendy Fletcher, DNP, APRN – Advanced Practice Registered Nurse, Primary Care
 - Jennifer Ramsey, APRN – Advanced Practice Registered Nurse, Acute Care
 - Jessica Estes, APRN – Advanced Practice Registered Nurse, Psychiatric Mental Health (not present)
 - Kara Henshaw, APRN – Advanced Practice Registered Nurse, Pain Management /Addiction (not present)

Please Note: Kelly Jenkins, KBN, corrected roles via e-mail. This has been reflected above.

Approval of Minutes

- October 20, 2025, meeting minutes were reviewed.
- Motion to approve made and seconded.
- Minutes approved unanimously.

Quarterly Review Presentation (Jordan Shannon)

OIG presented Q1 2026 analysis of controlled substance prescribing by optometrists using KASPER data; Scope: January 1–December 31, 2025.

Key Data Points:

- ~80 prescriptions identified.
- 23 unique prescribers; 68 unique patients.
- Majority of patients female; average age ~48.
- Prescriptions reported across 28 counties; Jefferson County most frequent.
- Common drugs: diazepam, hydrocodone combination products, tramadol, gabapentin, alprazolam.

Findings:

- 13 prescriptions potentially outside statutory limits.
- 7 prescriptions potentially non-compliant with EPCS requirements.
- Some issues attributed to pharmacy data entry errors.
- Referrals pending for prescribers practicing outside prescriptive authority.
- Limitations: Small sample size, self-reported provider type, lack of diagnosis data, potential reporting errors.

Next Steps:

- Ongoing investigations, prescriber and dispenser education, and board referrals as appropriate.
- Slides to be distributed to Council members.

The Inspector General Provided the following Updates from the Cabinet:

Annual Report Update

Inspector General shared updated on annual report, which is in review with Cabinet leadership, the reports was completed and submitted for review in early December. The report will be distributed once approved.

Regulatory Updates

- 902 KAR 55:095: Proposed update to allow written or electronic prescriptions following emergency oral prescriptions for Schedule II substances.
- 902 KAR 55:110: Proposed clarification regarding veterinary reporting requirements to align regulation with statute.
- Both regulations filed January 7, 2026; subject to public comment and legislative review.

Council Discussion

Members discussed outcomes from prior data-driven referrals, Board of Medical Licensure noted referrals resulted in agreed orders and corrective actions (e.g., ethics training).

Discussion on regulatory vs. statutory change processes and timelines, Board of Nursing shared how long their process generally takes for regulation updates, which was about 6 months.

Next Meeting

- Date: April 13, 2026
- Time: 3:30 PM-5 PM

Adjournment

- Motion to adjourn made and seconded.
- Meeting adjourned.