

Meeting Minutes: Controlled Substances Prescribing Council

Date: February 10, 2025

Time: 3 p.m. EST

Location: Virtual and In Person

Meeting Transcription Started by: Misty Rose (CHFS OATS DSSS)

Attendees:

- Wendy Fletcher
- Jennifer Ramsey
- Jessica Estes
- Kara Henshaw
- Dr. Paul Krestik, DPM
- Justin
- Dr. William Collins
- Michael Harned
- Ryan Stanton
- Dr. Rick Miles
- Jill Lee
- Colleen Ryan
- Dr. Colleen Ryan
- Others as noted in roll call

Meeting Agenda:

1. Roll Call
 - Conducted by the Inspector General, Tricia Steward, to confirm attendance.
2. Approval of Previous Meeting Minutes

- The minutes from the last meeting were sent out recently by Misty Rose. Motion to accept the minutes as written was moved, seconded, and approved without objections.

3. Quarterly Review Presentation

- Presented by the KASPER Epidemiologist, Jordan Shannon, focusing on the first quarter of 2025. The review concentrated on Schedule 3 stimulant medications prescribed in quantities exceeding a 30-day supply, highlighting trends and potential areas of concern based on data from the KASPER system.
- Key findings included:
 - 73 total prescriptions identified, dispensed to 62 unique patients.
 - Predominant use of the medication Fendimetrazine, dispensed across nine counties.
 - Notable dispensing patterns from specific prescribers linked to a weight loss clinic.

4. Discussion Points

- The council discussed the implications of the findings, stressing the importance of monitoring and education to address the over-prescription in targeted areas.
- Concerns were raised about the potential abuse of stimulant medications and the need for stricter controls and education for providers.

5. Open Floor for Questions

- Members asked questions regarding the specifics of the data presented, with a focus on the prescribing and dispensing patterns identified during the review.

6. Statute Review

- Presented by Tim Anderson, focusing on the statutory responsibilities and the role of the council in overseeing and enforcing prescribing practices as per Kentucky law.

7. Council Recommendations

Discussion on:

- improving data collection and reporting,

- enhancing prescribing practices based on the latest research, and
- developing recommendations for legislative or administrative changes to improve drug prescribing and dispensing practices.

8. Next Meeting

- Scheduled for May 5, 2025 @ 3:00. The focus will be on reviewing the progress on action items and further discussions based on new data or developments.

9. Adjournment

- Motion to adjourn was made, seconded, and approved unanimously.