**Meeting Minutes: Controlled Substances Prescribing Council**

**Date: February 10, 2025**

**Time: 3 p.m. EST**

**Location: Virtual and In Person**

**Meeting Transcription Started by: Misty Rose (CHFS OATS DSSS)**

**Attendees:**

* **Wendy Fletcher**
* **Jennifer Ramsey**
* **Jessica Estes**
* **Kara Henshaw**
* **Dr. Paul Krestik, DPM**
* **Justin**
* **Dr. William Collins**
* **Michael Harned**
* **Ryan Stanton**
* **Dr. Rick Miles**
* **Jill Lee**
* **Colleen Ryan**
* **Dr. Colleen Ryan**
* **Others as noted in roll call**

**Meeting Agenda:**

1. **Roll Call**
   * Conducted by the Inspector General, Tricia Steward, to confirm attendance.
2. **Approval of Previous Meeting Minutes**
   * The minutes from the last meeting were sent out recently by Misty Rose. Motion to accept the minutes as written was moved, seconded, and approved without objections.
3. **Quarterly Review Presentation**
   * Presented by the KASPER Epidemiologist, Jordan Shannon, focusing on the first quarter of 2025. The review concentrated on Schedule 3 stimulant medications prescribed in quantities exceeding a 30-day supply, highlighting trends and potential areas of concern based on data from the KASPER system.
   * Key findings included:
     + 73 total prescriptions identified, dispensed to 62 unique patients.
     + Predominant use of the medication Fendimetrazine, dispensed across nine counties.
     + Notable dispensing patterns from specific prescribers linked to a weight loss clinic.
4. **Discussion Points**
   * The council discussed the implications of the findings, stressing the importance of monitoring and education to address the over-prescription in targeted areas.
   * Concerns were raised about the potential abuse of stimulant medications and the need for stricter controls and education for providers.
5. **Open Floor for Questions**
   * Members asked questions regarding the specifics of the data presented, with a focus on the prescribing and dispensing patterns identified during the review.
6. **Statute Review**
   * Presented by Tim Anderson, focusing on the statutory responsibilities and the role of the council in overseeing and enforcing prescribing practices as per Kentucky law.
7. **Council Recommendations**

Discussion on:

* + improving data collection and reporting,
  + enhancing prescribing practices based on the latest research, and
  + developing recommendations for legislative or administrative changes to improve drug prescribing and dispensing practices.

1. **Next Meeting**
   * Scheduled for May 5, 2025 @ 3:00. The focus will be on reviewing the progress on action items and further discussions based on new data or developments.
2. **Adjournment**

* Motion to adjourn was made, seconded, and approved unanimously.