Top 10 Reasons to Become an Early Interventionist in KY

First Steps, Kentucky's Early Intervention System, is a voluntary educational program for families of infants and toddlers, birth to three years of age, with disabilities or developmental delays. The foundation of early intervention is to: support families in promoting their child's optimal development, facilitate the child's participation in family and community activities, and encourage the active participation of families in the intervention by embedding strategies into family routines.



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https://chfs.ky.gov/agencies/dph/dmch/ecdb/Pages/firststeps.aspx



#1- Variety of provider types

 Developmental Interventionists, Licensed Professional Counselors, Occupational Therapists, Occupational Therapy Assistants (OTA), Physical Therapists, Physical Therapy Assistants (PTA), Psychologists, Speech Language Pathologists, and Assistive Technology Specialists are able to contract to work in First Steps



#2- Flexible work schedule

- Determine your availability
- Weekday, evening, and weekend opportunities exist



#3- No minimum or maximum caseload size

- Decide if you would like full or part-time work
- Establish how many families you agree to serve



#4- Desired location

- First Steps services are provided throughout the state
- Select the counties where you are willing to work
- Services are provided where children and families learn and play: homes, daycare, and in the community



#5- Guaranteed rate of pay

- \$89 per hour for services provided in the natural environment (\$70 for OTAs and PTAs)
- \$63 per hour for services provided in non-natural environments, such as an office or clinic (\$46 for OTAs and PTAs)



#6- Enhanced reimbursement

- If private insurance pays less than First Steps for early intervention services, First Steps will pay the remaining amount
- Any amount received from insurance above the First Steps rate of pay is the providers to keep



#7- Centralized documentation system

- Services are documented in an electronic data system
- Facilitates teamwork & collaboration with Individualized Family Service Plan team



#8- Interpreter services are provided

- The Office for Children with Special Health Care Needs is contracted to provide all First Steps interpreter services
- Cuts down on out-of-pocket expenses



#9- No need to enroll with Medicaid

- First Steps is a Medicaid enrolled provider and bills for all eligible early intervention services
- Saves time and frustration



#10-Trainings are provided

 First Steps provides a variety of on-line modules and face-to-face trainings as part of the onboarding process to ensure that providers are adequately prepared for providing early intervention services in Kentucky

