Introduction to Maternal and Child Health



What is it?

Maternal and Child Health focuses on improving the well-being of mothers, infants and children. Their well-being determines the next generation's health and can impact future public health challenges for families, communities and the health care system.

Roles and Responsibilities

- Support newborn screening, vaccination care and prenatal care programs.
- Promote, identify and teach behavioral, social and healthy habits.
- Provide methods of healthy family planning.
- Create policy change through advocacy.
- Providing community public health education.

Academic Requirements

- Studies focus on women and children's developmental, mental, social and behavioral health.
- Learn how to improve physical and mental health by examining demographics, environmental, educational and socioeconomic effects on women, infants and children.
- Those interested in pursuing a career in maternal and child health often pursue a bachelor's degree in public health.
 - Specializations for this degree program may focus on maternal and child health or a more inclusive focus such as health planning or family health.
 - Many maternal and child health professionals also hold a Master's of Public Health.
 - Students get a more concentrated focus on the health needs of individuals within this group, providing a solid foundation for careers that center around the health of families.

Careers

- Social and community service managers
- Health educator
- Community health worker
- Nutritionists
- Dieticians
- Substance abuse, mental health and behavioral disorder counselors

Kentucky Public Health

Additional Resources



Click on the items below to visit it's corresponding links

Kentucky Undergraduate Schools

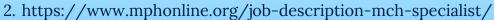
- Eastern Kentucky University Admissions
- University of Kentucky Undergraduate Admissions
- <u>University of Louisville Undergraduate Admissions</u>
- Western Kentucky University Admissions

Industry Websites

- Administration for Children and Families (DHHS)
- Anne E. Casey Foundation
- Association of Maternal and Child Health Programs
- Division of Maternal and Child Health

<u>Note:</u> The schools listed are in partnership with C4FH. Public Health education opportunities may be available at other colleges and universities.

Source: 1.https://www.publichealthdegrees.org/specializations/maternal-child-health/#what-is-maternal-and-child-health





Kentucky Public Health