# Hepatitis C in Kentucky

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KDPH Viral Hepatitis Program

Public Health Nursing Webinar
August 17, 2023



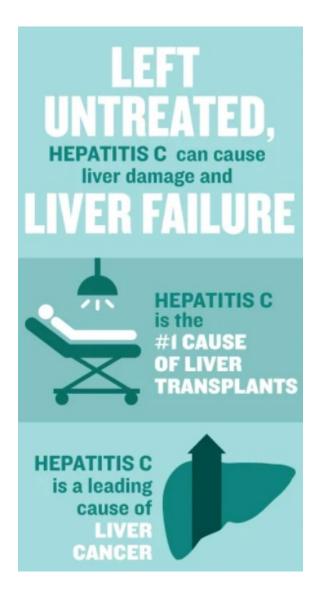




# Objectives

1. Discuss HCV data and epidemiology in Kentucky

2. Learn about efforts to eliminate HCV in Kentucky



# **Hepatitis C:**

Serious consequences for the health of Kentuckians

### yellow skin and eyes -

HCV impacts liver function, which can cause jaundice because of high levels of bilirubin.

#### musty mouth

A buildup of toxins in the central nervous system can cause sweet or musty breath.

#### liver inflammation

Many times, mild liver inflammation won't cause immediate symptoms.
Liver scarring and damage may develop before other symptoms are noticeable.

#### inefficient intestines

HCV can impair the intestines' ability to produce bile and lower its ability to absorb vitamins, minerals, and nutrients from food.

#### poor bladder and bowel movements

Disruption of the digestive system can make it hard to eliminate waste. This leads to abnormally dark urine or pale, clay-colored stools.

#### type 2 diabetes

HCV can affect how the body interacts with sugar and insulin, increasing the risk of type 2 diabetes.

#### toxic buildup in the brain

If liver inflammation leads to liver failure, a buildup of toxins in the brain can cause mental confusion, mood changes, slurred speech, and unconsciousness.

#### thyroid disorders

Thyroid gland malfunctions can cause fatigue, depression, anxiety, and a slow or fast heart rate.

#### fluids in the stomach

If the liver doesn't produce enough albumin, fluid can build up in the abdomen, leading to pain.

#### - weight loss or gain

With HCV, thyroid dysfunction and inadequate vitamin absorption can cause poor nutrition and weight changes.

#### hair loss, dry skin, poor nails

Hair, skin, and nail changes may develop, likely from poor nutrition and the effect of HCV on these systems.

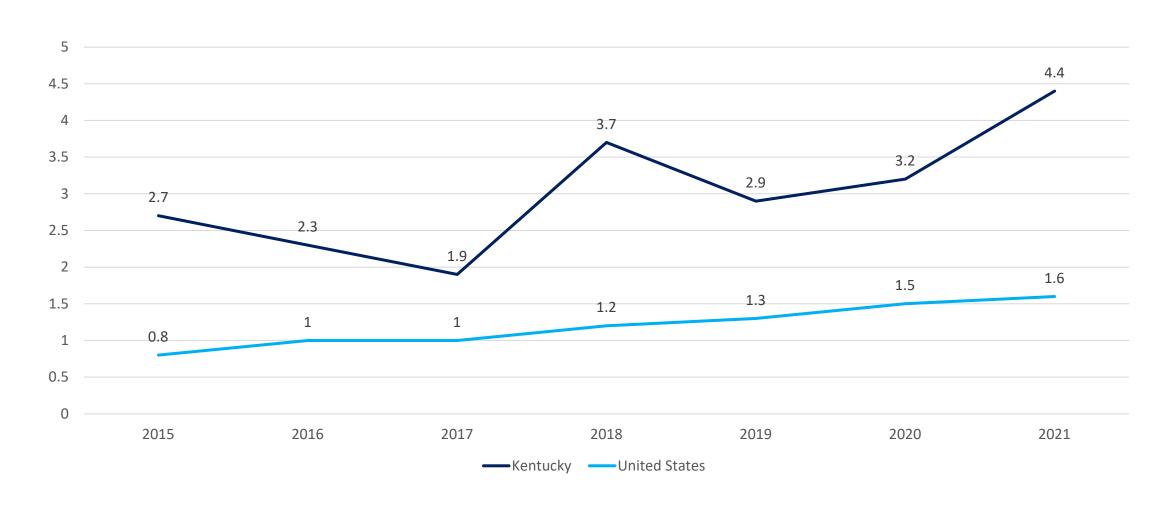
#### unhealthy blood

A poorly functioning liver can't produce needed components to the blood and impairs the spleen, leading to complications like anemia and bleeding.

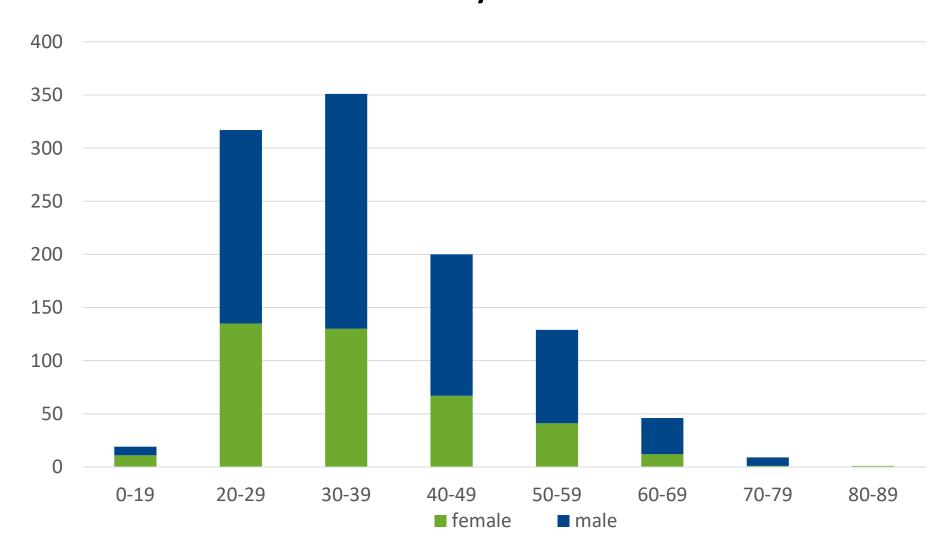
#### internal bleeding

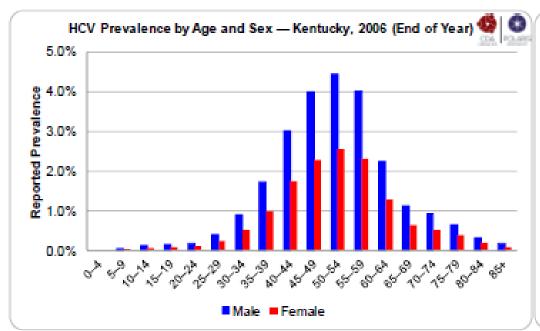
Increased pressure in the liver's vein system can cause a vein to burst in the gastrointestinal tract.

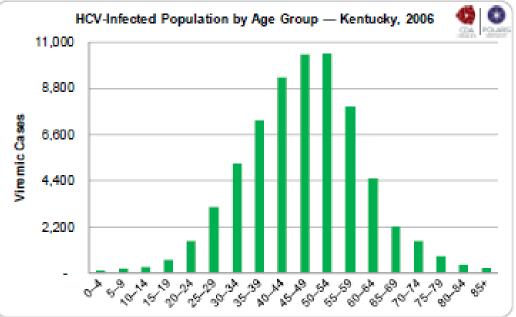
# United States and Kentucky, Acute Hepatitis C Rates, 2015-2021

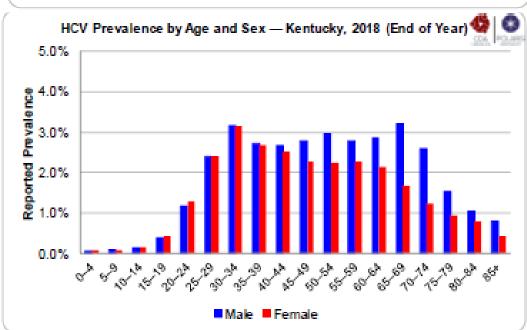


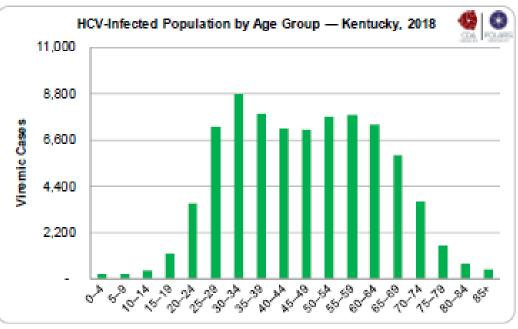
## Case Count by Patient Current Gender and Age Group, Kentucky 2015-2021



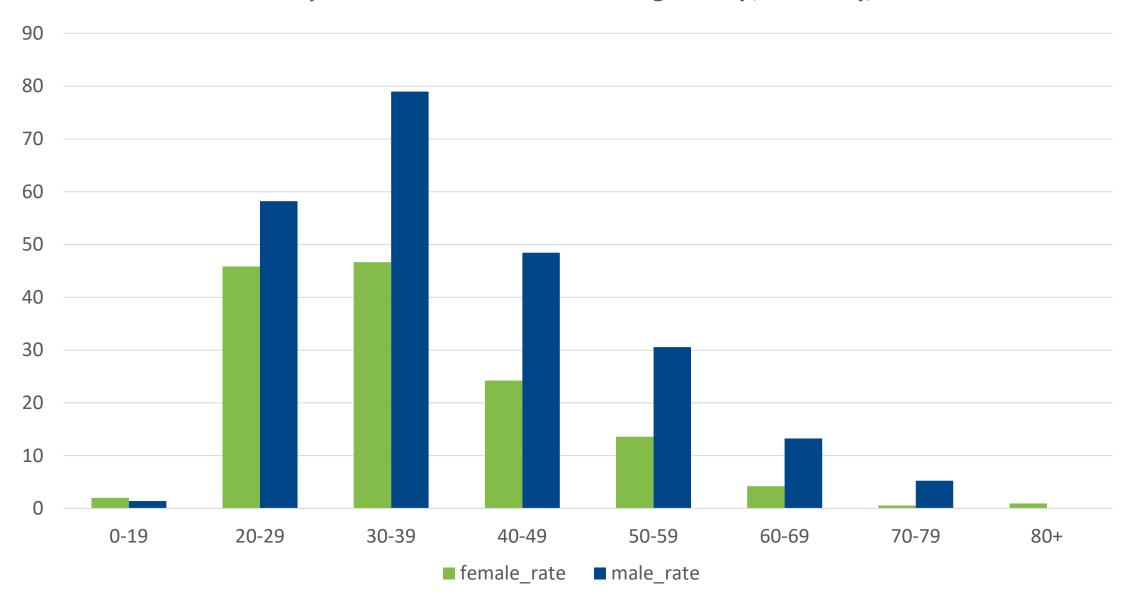






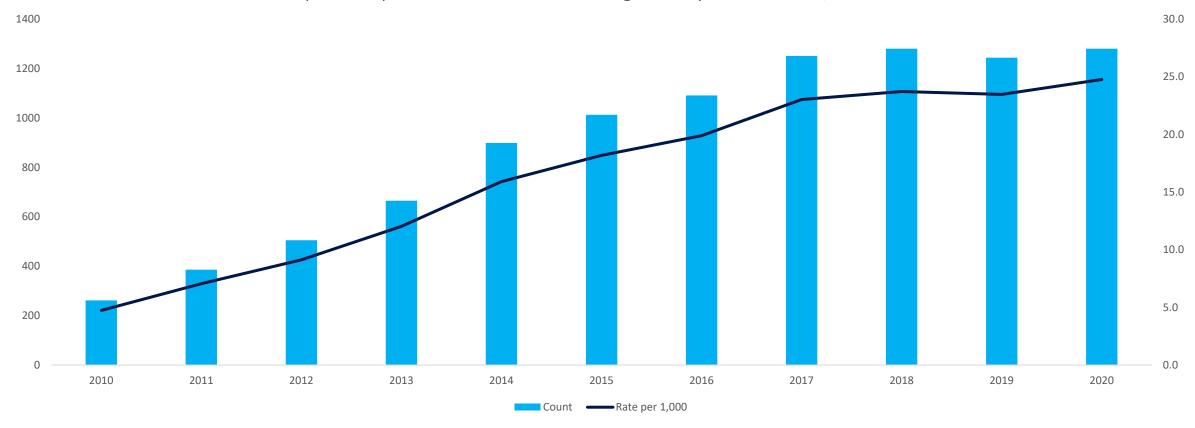


## Case Rates by Patient Current Gender and Age Group, Kentucky, 2015-2019



# Office of Vital Statistics Birth Certificate Data, Kentucky 2010-2020





# Perinatal Case Reports Received by KDPH

Risk Factors of Mothers or Pregnant Women	Yes	No/Unknown	% with Risk Factor
Intravenous Drug Use	1448	975	33.6
Multiple Sex Partners	247	1469	5.7
STIs	210	1472	4.9
HIV	9	1559	0.2
Exposure to Known Hepatitis Positive Contact	243	1328	5.6
Incarceration	187	1357	4.3
Intransasal Drug Use	91	1436	2.1

n=4,306

# **HCV** in Kentucky

Between 2014-2018, Medicaid treated 6,500 of the 26,200 individuals diagnosed with acute or chronic hep C.

In 2018, Kentucky Department of Corrections estimated 30% of 41,000 incarcerated individuals were HCV antibody positive.

Approximately 55% of PWID are HCV antibody positive

Approximately 78,000 Kentuckians living with hepatitis C

# Creating Kentucky's Hepatitis C Elimination Plan

- Review of national strategies and plans from other jurisdictions
- Stakeholder groups formation and meetings
- Provider and Laboratory Surveys
- Consultation with federal partners
- Review of surveillance data
- Site visits to harm reduction programs and listening sessions with participants, staff, and peers
- Open comment period for review of draft plan

# Stakeholder Group Formation

## **Broader stakeholder coalition: HepFree KY**

- Kentucky Primary Care Association
- Kentucky Hospital Association
- Kentucky Medical Association
- Kentucky Rural Health Association
- LHD Director
- AIDS Education and Training Centers (AETC)
- Kentucky Voices for Health (advocacy)
- Foundation for a Healthy Kentucky (advocacy)
- UK Center of Excellence in Rural Health
- Community Action Council: Housing & Homelessness
- Kentucky Equal Justice Center (legal advocacy)
- BCC Jail Linkage Coordinator (Ryan White)
- Healthy Re-entry Coalition of KY
- Kentucky Jailers Association
- KY Voices for Hope (recovery support & advocacy)
- KADAP Income Reinvestment Program (KIRP)
- Community based HIV/AIDS orgs: AVOL; VOA
- Homeless and Housing Coalition of Kentucky
- KDPH Office of Health Equity
- Patient Advocate; PWLE
- NAMI-KY (National Alliance on Mental Illness)
- SSPs

## <u>Technical advisory committee:</u> <u>Kentucky HepTAC</u>

- Researchers and medical providers (ID, GI) from universities, major health systems (UK, UofL, Norton, VA, ARH)
- UK Specialty Pharmacy
- Walgreens Specialty Pharmacy
- Community-based Harm Reduction
- Dept for Medicaid Services
- KDPH: HIV, Harm Reduction
- Dept for Behavioral Services, Developmental and Intellectual Disabilities
- Dept of Corrections
- KADAP Income Reinvestment Program (KIRP)

**SSP Site Visits** 



- Locations:
  - Northern Kentucky (Campbell County)
  - Carter County
  - Graves County
  - Louisville (Jefferson County)
  - Barren River
- Staff, participant, peer interviews
- Observation



## Official Release

Approved Tuesday, August 9, 2022



KY HCV Elimination Plan

HepatitisCEliminationPlan.pdf (ky.gov)

https://chfs.ky.gov/agencies/dph/dehp/idb/Documents/ HepatitisCEliminationPlan.pdf





# **Kentucky Department for Public Health**

This is a governing document to guide statewide elimination efforts led by the Viral Hepatitis Program, developed in collaboration with community stakeholders and those with lived experience.

## Aroclamation

Andy Beshear Cobernor

### Commonwealth of Kentucky



#### To MI To Whom These Presents Shall Come:

WHEREAS. The hepatitis C virus is prevalent in Kentucky communities, with the Commonwealth in the top three states with the highest rates of infection for much of the last decade; and

WHEREAS, Effective antiviral treatments are available, making hepatitis C a curable disease;

WHEREAS, Treating people with hepatitis C infection decreases the likelihood of others being infected, making it a successful prevention strategy; and

WHEREAS. The Kentucky Department for Public Health is partnering with the U.S. Centers for Disease Control and Prevention, clinical, behavioral, and social service providers, professional organizations, local public health and community organizations, and corrections to promote awareness and elimination of hepatitis C;

NOW, THEREFORE, I, ANDY BESHEAR, Governor of the Commonwealth of Kentucky, do hereby proclaim July 24-28, 2023, as

#### HEPATITIS C ELIMINATION WEEK

In Kentucky.



DONE AT THE CAPITOL, in the City of Frankfort the 20th day of June, in the year of Our Lord Two Thousand Twenty-Three and in the 232nd year of

Secretary of State

# Governor's Proclamation

Last week of July 2022 and 2023 proclaimed

"Hepatitis C Elimination Week" in Kentucky

> (week of World Hepatitis Day)

## Broclamation

Andy Beshear Gobernor

### Commonwealth of Kentucky



#### To All To Whom These Presents Shall Come:

WHEREAS, The hepatitis C virus is prevalent in Kentucky communities, being in the top three states with highest rates for much of the last decade; and

WHEREAS. Effective antiviral treatments are available, making hepatitis C a curable disease;

Treating people with hepatitis C infection decreases likelihood of others being infected, making it a successful prevention strategy; and

WHEREAS, The Kentucky Department for Public Health is partnering with the U.S. Centers for Disease Control and Prevention, clinical, behavioral, and social service providers, professional organizations, local public health and community organizations and corrections to promote awareness and elimination of hepatitis C;

NOW, THEREFORE, I, ANDY BESHEAR, Governor of the Commonwealth of Kentucky, do hereby proclaim July 25-29, 2022, as

#### HEPATITIS C ELIMINATION WEEK

in Kentucky.



DONE AT THE CAPITOL, in the City of Frankfort the 11th day of July, in the year of Our Lord Two Thousand Twenty-Two and in the 231st year of the

# Kentucky's Hepatitis C Elimination Plan

- VISION Statement: To create a Commonwealth free of hepatitis C
- MISSION Statement: Working together to eliminate hepatitis C in Kentucky through reducing stigma, empowering citizens to know their status, and ensuring equitable access to quality care and treatment.

## VALUES:

- Harm Reduction
- Priority population focus
- Centered voices of those with lived experience
- Health equity and inclusion of historically excluded groups
- "Status Neutral" approach for PWUD and others at increased risk for infection

# **Priority Populations**

- >After review, these priority populations were specifically named in the plan
  - People who use drugs (PWUD)
  - Incarcerated individuals
  - Historically excluded racial and ethnic populations
  - Baby boomers
  - Pregnant/parenting persons
  - Children in foster care
  - People with prior HCV infection
  - Rural communities

# Goals

- Prevent New Hepatitis C Infections
- Promote Comprehensive HCV Testing and Treatment for Overall Improved Health Outcomes
- Improve Hepatitis C Surveillance and Data Usage
- Approach Hepatitis C Elimination in the Context of the Syndemic of Viral Hepatitis, HIV, Other Infectious Diseases, and Substance Use Disorders

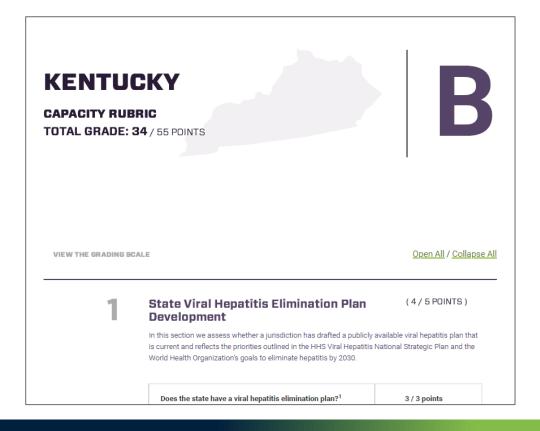


Hep ElimiNATION, a National Evaluation of States' Capacity for Viral Hepatitis Elimination, is an advocacy tool to bring awareness to policymakers, public health agencies, and communities about a broad range of key considerations for elimination.

## January 2022



### October 2022



# IMPLEMENTATION

# Current Priorities/Major Projects:

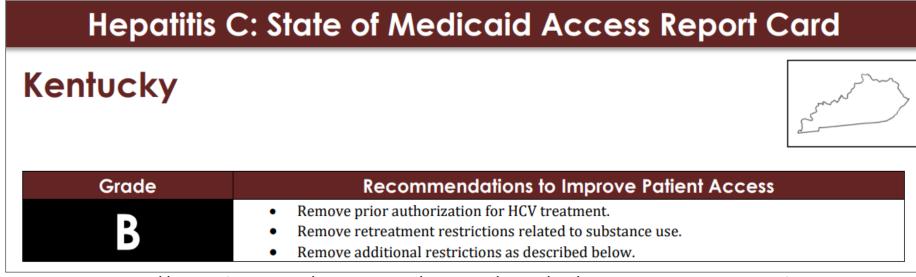
- Corrections: State and Local
- Medicaid Policy
- HCV Outbreak Response Planning
- Perinatal
- Surveillance Enhancement

# **Correctional Settings**

- KDPH Work Group
- VHP Corrections Work Group
- Technical Assistance from national org; consultation with other jurisdictions
- Collaboration with HIV Branch for jail survey (HCV testing, treatment, referrals)
  and other areas
- Foci:
  - Prisons: affordable medications (340b); enhanced infrastructure/support system for treatment (provider education)
  - Jails: testing/education inside facilities; linkage/reentry navigation upon release; partnerships with organizations working with released individuals

# Medicaid Policy

- Areas of concern: Prior Authorization; Re-treatment restrictions
- Work group
- Technical Assistance from national org; consultation with other jurisdictions
- Health ImpactAssessment



https://stateofhepc.org/wp-content/uploads/2021/05/Kentucky-June-2022.pdf

# Outbreak Response Planning

- Hepatitis A, B, & C
- Work group; regular monthly meetings
  - Members represent: [KDPH HIV, HAI, Reportable Disease, VPD, Preparedness, Harm Reduction, Regional Epi, KIRP, Kentucky Primary Care Association, UK Infectious Disease, UK Specialty Pharmacy, Walgreens Specialty Pharmacy, VA, Immunize KY Coalition]
- Technical Assistance from national org; consultation with other jurisdictions and CDC
- Hoping to initiate genomic sequencing (partnership with Division of Laboratory Services) to better identify outbreaks and deploy rapid response (contingent upon funding)

## **Perinatal Efforts**

- SETNET/ELC Project W
- Hired Perinatal Epidemiologist
- Student Intern
- Projects:
  - Assess testing for exposed children
  - Risk factors of mothers
  - Foster children
  - Registry of perinatal cases
    - Goal to use for linkage to care

## **Enhanced Surveillance**

- Increased capacity
- Assess data needs
- Public Reports
  - Potential for dashboard/other method for display
- Clearance Cascade
- Chronic surveillance tool
- Electronic Reporting
- Clearer reporting guidance
- Hepatitis B

# Addressing Social Determinants of Health

- Looking for funding/resources for linkage navigation
- Transportation
- Housing
- Partners: Collaborative efforts > going it alone

# Be a Part of Eliminating Hepatitis C in Kentucky

Interested in Being Involved?

We encourage anyone who would like to be part of the larger hepatitis coalition, any working groups, or who is interested in any project or topic concerning hepatitis B or C to contact us.

## **Contacts**

## **KDPH Viral Hepatitis Program Staff:**

- Dia Obonyo <u>dia.obonyo@ky.gov</u>
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- Jordan Murphy <u>Jordan.murphy@ky.gov</u>
- Christina D'Agostino <u>christina.dagostino@ky.gov</u>

Program Email: VHP@ky.gov

## **KDPH Viral Hepatitis Program Website:**

<u>Viral Hepatitis Program - Cabinet for Health and Family Services (ky.gov)</u> <u>https://chfs.ky.gov/agencies/dph/dehp/idb/Pages/vhp.aspx</u>

Kentucky Hepatitis C Elimination Plan: <a href="HepatitisCelliminationPlan.pdf">HepatitisCelliminationPlan.pdf</a> (ky.gov)

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### **KY HCV Elimination Plan**

