

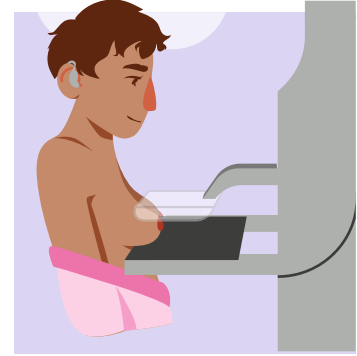
DURING your mammogram



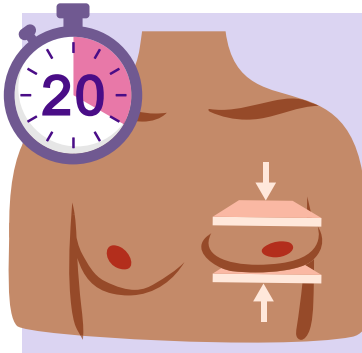
When you arrive, you will get a wrap/gown



Undress above the waist and put on wrap/gown



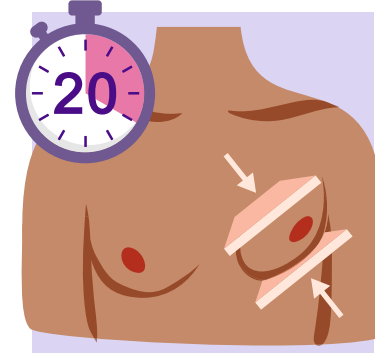
Your breast will be placed in/on the machine



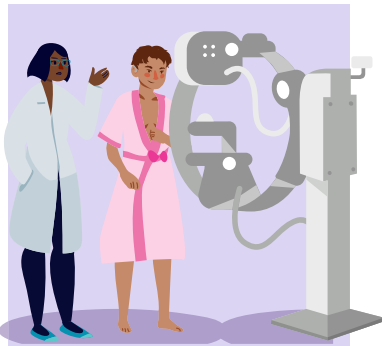
A plastic plate will be pressed down onto your breast for 15-20 seconds



You may be asked to hold your breath for a few seconds



You will then change position so your breast can be pressed side to side



The provider will let you know when the exam is done



Change back into your clothing



Ask about getting notes from your visit and instructions for after

Ask how and when you will receive your results.
Make sure you understand and get all of your questions answered.

The information on this resource is from the [American Cancer Society](#), the [Centers for Disease Control and Prevention](#), and the [Kentucky Cancer Program](#).

Additional Resources
Scan QR code or visit
bit.ly/WomensHealthResources




Kentucky Public Health
Prevent. Promote. Protect.


KCP
Kentucky Cancer Program

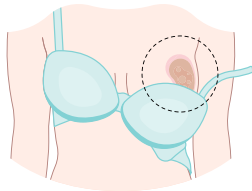
5 NU58DP007111-02 funded by the Centers for Disease Control and Prevention's National Breast and Cervical Early Detection Program.


Kentucky Women's
Cancer Screening Program

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AFTER your mammogram

After a mammogram, some women have...



Light bruising



Sore breasts for up to one day

Results



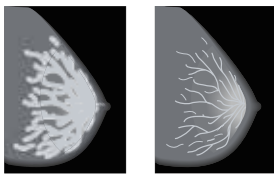
Expect your results within two weeks



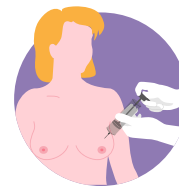
Results may be received by telephone, mail, or electronic message

Follow-up

Abnormal results do not mean you have breast cancer. However, you may need:



Additional images to collect more information



Additional testing to determine if you have cancer

Contact your provider if you...



Have intense breast pain after the mammogram

Do not understand your results



Do not get your results after two weeks

The **American Cancer Society** can help you better understand your results.

Visit the link to learn more

www.bit.ly/MammogramACS

If uninsured, contact the **Kentucky Women's Cancer Screening Program**
(844) 249-0708
or visit
www.bit.ly/KWCSPscreening

Contact a local provider:

add local clinic or organization here

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