

FAMILY PLANNING FORMS & TEACHING SHEETS

- [ACH 40 Improving Health for Women](#)
- [ACH 40 Improving Health for Women Spanish](#)
- [ACH 280 Consent for IUD Insertion/Removal](#)
- [ACH 280 Consent for IUD Insertion/Removal Spanish](#)
- [FP3 Consent for Insertion of the Contraceptive Implant](#)
- [FP3 Consent for Insertion of the Contraceptive Implant Spanish](#)
- [FP4 Consent for Removal of the Contraceptive Implant](#)
- [FP4 Consent for Removal of the Contraceptive Implant Spanish](#)
- [FPEM 3 Abstinence](#)
- [FPEM 3 Abstinence Spanish](#)
- [FPEM 19 What is Family Planning](#)
- [FPEM 19 What is Family Planning Spanish](#)
(Email FamilyPlanning@ky.gov to order FREE printed copies)
- [HP 14 Interval Adult](#)
- [HP 14 Interval Adult Spanish](#)
- [Federal Sterilization Consent Form](#)
- [Federal Sterilization Consent Form Spanish](#)

For patient safety, teachings should be client centered and performed for the specific product used for contraception. Information for counseling for specific products are located on the package insert.

Additional resources for contraceptive methods are available on specific manufacturer websites; [KDPH Family Planning website](#) (forms and teaching sheets); Medline Plus for [Spanish and English teaching sheets](#); and American College of Obstetricians and Gynecologists [ACOG Frequently Asked Questions](#) (perform search).

CDC chart to compare [effectiveness of family planning methods](#).

The [CDC Summary Chart of U.S. Medical Eligibility Criteria for Contraceptive Use](#) is available as a quick reference to determine contraindications. The following categories on the summary chart help determine the safety for a client.

*Do not initiate family planning method under standing orders for Category 3 or Category 4.