

## FAMILY PLANNING FORMS & TEACHING SHEETS

- [ACH 280 \(see FP2\)](#)
- [Acknowledgement Form](#)
- [Bill of Rights](#)
- [Bill of Rights Spanish](#)
- [FP2 Consent for IUD Insertion or Removal](#)
- [FP3 Consent for Implant Insertion or Removal](#)
- [FP4 \(see FP3\)](#)
- [FPEM 3 Abstinence](#)
- [FPEM 3 Abstinence Spanish](#)
- [FPEM 19 Kentucky Family Planning Guide English](#)
- [FPEM 19 Kentucky Family Planning Guide Spanish](#)  
(Email [FamilyPlanning@ky.gov](mailto:FamilyPlanning@ky.gov) to order FREE printed copies)
- [HP 13 Initial Adult](#)
- [HP 13 Initial Adult Spanish](#)
- [HP 14 Interval Adult](#)
- [HP 14 Interval Adult Spanish](#)
- [Federal Sterilization Consent Form](#)
- [Federal Sterilization Consent Form Spanish](#)
- [Sterilization Record](#)

For patient safety, teachings should be client centered and performed for the specific product used for contraception. Information for counseling for specific products are located on the package insert.

Additional resources for contraceptive methods are available on specific manufacturer websites; [KDPH Family Planning website](#) (forms and teaching sheets); Medline Plus for [Spanish and English teaching sheets](#); and American College of Obstetricians and Gynecologists [ACOG Resources for You](#) (perform search).

RHNTC chart to compare effectiveness of family planning methods. [English](#) - [Spanish](#)

The [CDC Summary Chart of U.S. Medical Eligibility Criteria for Contraceptive Use](#) is available as a quick reference to determine contraindications. The following categories on the summary chart help determine the safety for a client.

\*Do not initiate family planning method under standing orders for Category 3 or Category 4.