

EVIE REED

INTRODUCING KPAP'S NEW INTERN

by Tessa Jessie, Eastern KY Community Consultant

Meet Evie Reed, a 19-year-old from Louisville, Kentucky, currently in her second year at the University of Kentucky studying public health. Graduating in May 2025, Evie discovered her passion by learning the importance of addressing health disparities to allow equal opportunity for everyone to get resources they need. In high school, Evie worked on a research project about grocery store availability in two different neighborhoods and compared the socioeconomic statuses (SES) of the two indicating the lower SES neighborhood had less availability than the other. While she initially pursued pre-med, she found public health to be a natural fit and a way to influence a positive change in communities facing health challenges.

With a keen interest in eliminating health disparities, Evie aspires to make a difference in underserved communities post-graduation. Her short-term goal is to secure a public health job, followed by a Master's in Public Health. As KPAP's new Communications Specialist Intern, Evie aids in visual communications for advocates and the community, crafting newsletters, social media graphics, and a new perspective for our welcome packet being developed in collaboration with the entire KPAP team.



Evie Reed, KPAP Communication Specialist Intern

Outside of work and college, Evie unwinds by immersing herself in music, attending concerts, and cherishing quality time with her friends and family. Recently joining a book club, she has reignited her passion for reading. Looking ahead, Evie's advice for her future self revolves around taking chances,

This Issue Includes

Meet our new Intern

Free CEU for CCHW

2024 KPAP Training

2024 DA Trainings

Advocate Awards

Autism Awareness

Seasonal Recipe

Word Search

2024 Conferences

And much more!

KPAP HOTLINE:
1-800-633-8100

HOURS: M-F
8 AM - 4 PM EST

Outside of work and college, Evie unwinds by immersing herself in music, attending concerts, and cherishing quality time with her friends and family. Recently joining a book club, she has reignited her passion for reading. Looking ahead, Evie's advice for her future self revolves around taking chances, embracing opportunities, and asking herself "What did we do post-graduate and how did this impact our future career?"

Working with the KPAP team has been a fulfilling experience for Evie as she highlights the team's support, camaraderie, and genuine concern for her well-being. Evie says, "I also appreciate the emphasis on my school and mental health that I get from various members of the KPAP team. I love getting to help out the team in any way I can, but with still being a college student, things can get very overwhelming sometimes. It is refreshing to know how much the team cares about my mental health, especially because it is something that is so often overlooked or brushed off."



Evie Reed, KPAP Communication Specialist Intern

FREE CEU FOR CERTIFIED COMMUNITY HEALTH WORKERS

by Jennifer Toribio Naas, KPAP Program Administrator

KPAP has been approved by the Kentucky Office of Community Health Workers to provide one CEU to all Certified Community Health Workers for completing the "KPAP Training". This CEU is free to all CCHWs.

To receive your **FREE CEU** you must attend a minimum of 75% of the 2-hour "KPAP Training". Attendance and participation are monitored during the training. After the training, email Jennifer.ToribioNaas@ky.gov and request a training evaluation. Once the evaluation has been completed, you will receive a CEU certificate.

GSK PAP PORTAL ACCOUNT

by Tessa Jessie, Eastern KY Community Consultant

GlaxoSmithKline (GSK) recommends that "Patient Advocates" create an account on their self-register Patient Assistance Program Portal to streamline the process of program enrollment.

You can create a **FREE** account by clicking [HERE!](#) GSK offers several services on their website listed below:

- **Eligibility Pre-Screening:** Use the online enrollment functionality to get an on-screen eligibility pre-determination.
- **Patient Enrollments:** Simplified process means faster enrollment times.
- **Patient Management:** Use the interactive dashboard to see case status and more.
- **Secure Messaging:** Send HIPAA compliant electronic messages from within the portal to a program team member.

The GSK Program Hotline is operational Monday through Friday 8 AM - 8 PM EST at 1-866-728-4368.

MANDATORY TRAININGS FOR ALL KPAP ADVOCATES

by Jennifer Toribio Naas, KPAP Program Administrator

All new KPAP advocates are required to complete the "Drug Assistant" training and the "KPAP Training" within 90 days of sign-up. These trainings are mandatory and you only have to attend each one once.



The "Drug Assistant" training is held the third Wednesday of every month. It is an excellent introduction to the Drug Assistant software. The "KPAP Training" is held the last Wednesday of every month. Once an advocate completes both mandatory trainings, we will send out a Certificate of Completion for finishing all four hours of required KPAP trainings. We will also send you a small gift to show our appreciation!

MONTHLY "KPAP TRAINING" SCHEDULE

4/24/24
[LINK HERE](#)
TRAINER: Tessa Jessie
TIME: 10am - 12pm EST
REGISTER IN ADVANCE FOR THIS TRAINING.

5/29/24
[LINK HERE](#)
TRAINER: Bryant Hileman
TIME: 10am - 12pm EST
REGISTER IN ADVANCE FOR THIS TRAINING.

6/26/24
[LINK HERE](#)
TRAINER: Tessa Jessie
TIME: 10am - 12pm EST
REGISTER IN ADVANCE FOR THIS TRAINING.

Advocates must register in advance for this training. After registering, you will receive a confirmation email about joining the training. It is highly recommended that all new advocates attend this training within the first 90 days of sign-up. This training focuses on teaching you how to do the actual KPAP process. You will be shown how to enter patients into the system, how to find medications and what next steps you need to complete the prescription assistance application process.

Please note that these trainings can also be offered on a one-on-one basis to any advocate or organization. They can be personalized to fit your organization's needs. Please contact Jennifer.ToribioNaas@ky.gov for more info.

DRUG ASSISTANT TRAINING SCHEDULE

All KPAP advocates must attend the Drug Assistant Training within 90 days of sign-up. You only need to attend this training once. This training gives a general overview of the Drug Assistant software. You will need to register in advance for the Drug Assistant training on TRAIN.org/ky.

HOST: ILEANA BATISTA OF DRUG ASSISTANT

- 4/17/24 10a-12p EST
- 5/15/24 10a-12p EST
- 6/19/24 10a-12p EST
- 7/17/24 10a-12p EST
- 8/21/24 10a-12p EST

- 9/18/24 10a-12p EST
- 10/16/24 10a-12p EST
- 11/13/24 10a-12p EST
- 12/11/24 10a-12p EST

KPAP "OFFICE HOUR" SCHEDULE & LINKS

These are informal meetings that you can join at any time by just clicking the link! Office Hours are an opportunity for advocates to socialize, network and be curious. Please feel free to ask any questions about KPAP, the Drug Assistant software or a KPAP case that you have during these hours. We are here to help!

APR**3****HOST: KIMBERLY BOWMAN** 10am - 11am EST[JOIN HERE](#)**MAY****1****HOST: JENNIFER TORIBIO NAAS** 10am - 11am EST[JOIN HERE](#)**JUN****5****HOST: TROY CHISHOLM** 10am - 11am EST[JOIN HERE](#)

**TOPIC SUGGESTION?
CONTACT US!**

HOW DO I SIGN UP FOR MY TRAINING WITH *Drug Assistant?*

PLEASE FOLLOW THESE STEPS TO REGISTER FOR THE TRAINING:

The 2-hour Drug Assistant training is held once a month. The training is an excellent introduction to the Drug Assistant software. In the training, Account Manager, Ileana Batista, of Drug Assistant provides a basic overview of the software and how to use it. She is available to answer any questions. All new KPAP advocates must attend the training at least once within 90 days of sign-up.

Step 1:

SIGN UP

You will need to sign in to your TRAIN account. If you do not already have a TRAIN account, you can create a free account at www.train.org/ky

Step 2:

LOG IN

Once you are logged in to the TRAIN site (www.train.org/ky), click on the "Course Catalog" tab up at the top.

Step 3:

SEARCH

In the Search Box, type in the Course Title "Drug Assistant GoTo Training 1071427 Webinar" and then click on the "search" icon.

Step 4:

LOCATE

Click on the first search result that shows up, which is the "Drug Assistant GoTo Training 1071427 Webinar".

Step 5:

REGISTER

You will be able to see all of the session dates available. Register for the session you wish to sign up for.



ADDITIONAL INFORMATION:

This training is ONLY for KPAP advocates. Unauthorized individuals who sign up for the training will not be allowed to participate. Registration for training closes two days before each scheduled class.

You will receive a link via email the evening prior to the training. If you have not received your login information by the morning of, please contact Ileana Batista at Drug Assistant by calling 713-299-6736.

Q&A WITH COMMUNITY CONSULTANT TESSA JESSIE

by Bryant Hileman, Western KY Community Consultant & Supervisor

Tessa Jessie joined the KPAP team in September 2022. Now that she's been with us for over a year and a half, we wanted to sit down with Tessa to learn more about her.

>>> Q. TELL US ABOUT YOUR FAVORITE EXPERIENCE WHILE IN SCHOOL?

A. I graduated from Kentucky Christian University with my Bachelor's in Business Administration in 3 years. I was also a competitive archer for 14 years after starting it at Olive Hill Elementary School. In college, our team qualified for a Collegiate Outdoor Nationals Tournament which gave me the opportunity to fly for the first time to Yankton, South Dakota. Teams from across the nation traveled to the event and I shot open compound roughly 50 yards (half a football field). Growing up I competed in NASP (National Archery in the Schools Program), 3D Scholastic, Collegiate Archery and I also completed a basic archery instructor course.

>>> Q. WHEN YOU ARE NOT TRAINING ADVOCATES FOR KPAP, WHAT DO YOU ENJOY DOING IN YOUR FREE TIME?

A. I enjoy traveling to see new places and of course spending time with my friends and family! I also have a passion for graphic design, even assisting with local businesses to help them grow.

>>> Q. WHAT MADE YOU HAVE THE DESIRE TO WORK IN PUBLIC HEALTH?

A. I've had a passion for healthcare since I was young because of my mom, Deanna Jessie. She showed me how important public health is and it is why I feel so strongly about it today. That passion later brought upon an opportunity to take medical coding classes at Quality Medical Solutions, LLC. It really helped me gain a new perspective working behind the scenes reviewing physician notes for claims, billing to insurance companies and auditing. I now have the opportunity to work directly with hospitals, clinics, non-profits, and faith-based organizations who are on the front line of health equity issues. Sometimes patients have to make hard choices and sacrifices between groceries and the medication they need to stay healthy and alive. Being able to make a direct impact in the lives of our friends and neighbors is challenging but it is the most rewarding thing I have done in my career.

>>> Q. WHO IS YOUR FAVORITE CO-WORKER, AND WHY IS THAT PERSON ME?

A. No comment

>>> Q. HOW DO YOU VIEW YOUR JOB AS A KPAP COMMUNITY CONSULTANT?

A. I really feel like I'm a connector. When attending conferences to network or speaking to facilities, I become more knowledgeable about resources that could benefit Kentuckians. Many patients do not know where to go or who to ask... so one of the main reasons WHY I love my job is because I can directly see the impact my work brings hands-on with advocates and patients every day.

I'm so thankful to be a part of such an incredible team with the same passion for helping our communities address health disparities, improve medication compliance, and reduce financial burdens on families. I'm so proud of how KPAP hit the \$1 Billion threshold in July 2023 of medications located for Kentuckians since 2009 and the outreach initiatives we continuously work on to bring awareness to those in need.



Tessa Jessie, KPAP Eastern KY Community Consultant

KPAP'S TOP 10 ADVOCATES FOR FISCAL YEAR 2023

KPAP recognized its top 10 advocate organizations for their dedication and service to Kentuckians during Fiscal Year 2023 (July 2022 through June 2023). We still have some awards to hand out so our next newsletter will include the other award recipients. Congratulations to the award recipients and thank you to all of our KPAP Advocates for helping improve the health of Kentuckians.

KENTUCKY HOMEPLACE

➤➤➤ **AWP Value of prescriptions: \$12,571,680**

Kentucky Homeplace covers 32 counties in Eastern KY. Since its inception in 1994, this Community Health Worker initiative has linked tens of thousands of rural Kentuckians with medical, social and environmental services they otherwise might have gone without.

Kentucky Homeplace's Certified Community Health Workers are trained to help medically underserved residents access appropriate health services. Their main emphasis is placed on preventive care, health education and disease self-management.



Pictured L to R:
William Mace Baker (Director), Tim Marcum, Ashley Combs, Matt Hammons, Shirley Prater, Tina Adkins, Andrew Gallagher, Samantha Bowman, Kia Littleton, JoAnn Chaffin, Kimberly Smith, Amanda Goolman, Barbara Justice, Regina Blevins, Beth Smith, Ashley Francis, Misty Rambo, Chyna Smith, Heather Bailey, Darla Shepherd, Jowana Jackson, Jayla Ledford, Linda Colwell, Carole Frazier, Tessa Jessie, and Michaela Amburgey.



Pictured L to R:
Sandra Asher, Jennifer Spurlock, Tabatha Bowling, Tessa Jessie, Jennifer Jackson, Chelsea Hoskins, and Whitney Lunsford.

COMMUNITY CONNECTIONS

➤➤➤ **AWP Value of Prescriptions: \$1,999,797**

Located in the heart of Clay County is an organization dedicated to providing health insurance, life, dental and vision coverage, as well as offering outreach programs to their community and surround counties.

They actively showcase their unwavering commitment to assisting seniors from navigating the complexities of healthcare, insurance, and financial assistance.

NELSON COUNTY COMMUNITY CLINIC

➤➤➤AWP Value of Prescriptions: \$1,935,251

The mission of the Nelson County Community Clinic is to provide access to basic health, dental, vision care, prescription assistance (KPAP), Medicare benefits counseling to the low-income residents of Nelson County who are working or medically disabled, but remain uninsured or underinsured. They strive daily to impact their area to nurture a healthier community and access to resources.



Pictured L to R:
Janet Boone (Executive Director), Cindy Johnson, and Wanda Sutton



Pictured L to R:
Pamela Smith, Ashleigh Salyers, Anna Spurlock, Rosemary Presnell, Tessa Jessie, Jessica Hoskins, John Yanes (President of the London, Mount Sterling and Berea hospitals), Gabrielle Wilson, and Carolyn Gordon

CHI SAINT JOSEPH HEALTH

➤➤➤AWP Value of Prescriptions: \$503,506

CHI Saint Joseph Health focuses on recognizing the needs of vulnerable populations they serve and promote healthier areas in medically underserved communities. Their community health workers research, locate, assist, and connect them to vital resources to improve the quality of life of their patients.

Community health workers through CHI are funded through Mission and Ministry grants. Through their outreach and initiatives, the services they provide greatly reduced hospital readmissions by providing access for patients.

MOUNTAIN COMPREHENSIVE HEALTH

➤➤➤AWP Value of Prescriptions: \$1,657,055

The services Lona provides through her patient assistance office in the MCHC building creates a ripple throughout their entire health system.

She stated, "In today's world the cost of medication is unreal. So many people have to decide whether to buy food, pay their home bills or buy their medicines. If I can take just a small amount of the burden off of them, so they can afford their basic necessities then I feel that I have achieved part of my life's goal."



Pictured L to R:
Tessa Jessie, Lona Leigh Pomraning, Michael Caudill (CEO of MCHC), and Mahala Mullins (Clinic Administrator)

APRIL IS AUTISM AWARENESS MONTH

by Tessa Jessie, Eastern KY Community Consultant

Autism is a neurodevelopmental condition which is usually diagnosed in the first three years of life. Noticeable delays in speech development, limited social relatedness and restricted interest with activities.

Understanding Autism:

Every experience of autism is unique and no one person will identify with every feature of autism. Every person has individual skills, attributes and characteristics that are as unique as our personalities.



Signs of Autism:

- Non-verbal communication cues
- Speech and language difficulties
- Delayed social skills
- Rigid or inflexible behavior
- Sensory sensitivities
- Lack of empathy or insensitive
- Repetitive, abnormal movements
- Anxiety and depression

Educational Resource Links:

- [World Autism Month - Autism Speaks](#)
- [Autism Resource Center - AACAP](#)



A

Ask Questions

U

Understand

T

Take Time to Listen

I

Include

S

Show Support

M

Make a Difference

KPOP WORD SEARCH “BOX OFFICE HITS”

FIND THE WORD IN THE PUZZLE



Words can go in any direction



Words can share letters as they cross each other

N O R E N T I G G N L A T I G
 U S W N B R G U R O P T M R S
 O W V L O A O O V E M C E A T
 N A G N N N I E I A A M R A S
 T P M B R H S B J T L S B E I
 T A R L E T R A O I N R E R C
 N V I I O A W R N B E N H U R
 I E E R B S T S E O R G A L O
 A C Y E N N T C E H E T S S X
 C A P T A I N M A R V E L I E
 F P O M E N G N I D N I F N E
 E B L A C K P A N T H E R E H
 I R A T A V A M E I S T O O T
 S N A M T A B C I N A T I T R
 Y O E T S N I P P O P Y R A M

CAPTAIN MARVEL
 AVATAR
 MARY POPPINS
 GREASE

FINDING NEMO
 TOOTSIE
 GREMLINS
 TITANIC

LOVE STORY
 BARBIE
 BATMAN
 BEN HUR

THE EXORCIST
 BLACK PANTHER
 IRON MAN
 JAWS

Answer Key is on the last page of the newsletter.



SEASONAL RECIPE BY THE KPAP TEAM

EASTER CHOCOLATE COVERED STRAWBERRIES

by Kimberly Bowman, KPAP Hotline & Health Advocate Administrator

As Easter is right around the corner here is a fun recipe I love to make with the little ones in my life or to give as an Easter gift or treat!! Hopping you have fun with this project, and it inspires your creeggtivity!

INGREDIENTS:

- 12-16 strawberries, washed patted dry and brought to room temperature
- 1 lb. of white melting Chocolate (follow the directions on the bag for melting)
- Gel food coloring
- Parchment paper
- Baking sheet
- 4 ramekins or small bowls
- Miniature marshmallows
- Assortment of Candy Sprinkles
- toothpicks
- Coconut Oil

INSTRUCTIONS:

- Cover baking sheet with paper towels and then parchment paper (paper towels help absorb moisture and reduce sweating of the strawberries).
- Place Ramekins in a large dish of hot water just to warm them from the outside (do not get water inside the bowls)
- Place chocolate in a Microwave safe bowl and melt according to instructions on the bag. (I add a small amount of Coconut oil maybe a Tbsp when I melt the chocolate)
- Pour and divide melted chocolate into the Ramekins
- Add different colors of gel food coloring to the bowls and mix to the desired shade. (You must do this quickly, so chocolate does not start to harden)
- Quickly dunk the strawberries in the desired colors and move to a lined baking sheet to harder.
- If you add sprinkles add as soon as you are finished dunking for the sprinkle to adhere. I think it is easier to melt some additional white chocolate and drizzle and to add striping or to add sprinkles once the strawberries have had the initial coating of chocolate. You can drizzle using a fork or a toothpick.
- If you are making bunnies use miniature marshmallows and cut in shape of ears and attach to the strawberries before coating with chocolate. You may also want to pick out the sprinkles you intend to use for making the face before coating so than you can be ready to add to chocolate before it hardens.
- Place finished strawberries in refrigerator for one to two hours on the baking sheet or a paper towel and parchment lined container without a lid.

UPCOMING CONFERENCES AND TRAININGS



Optimal Aging Conference
Dates: 4/20/24 - 4/23/24
Location: Louisville, KY

The graphic features a dark blue arrow pointing right, with a white silhouette of the state of Kentucky on the left. The text is centered within the arrow.



KY Asthma Partnership (KAP) Symposium
Dates: 5/8/24
Location: Louisville, KY

[LINK HERE](#)

The graphic features a dark blue arrow pointing right, with a circular icon on the left depicting a sun, a house, and waves. The text is centered within the arrow.

REQUEST A COMMUNITY CONSULTANT AT YOUR EVENT

by Tessa Jessie

We would love to connect with your organization, educate your team, or exhibit at your next event!

- Conference
- Health fair
- Speaking engagement to educate your staff or community members

Please contact our **KPAP Hotline at 1-800-633-8100** to be given the contact information of the local Community Consultant in your area to schedule.



NETWORK
Together



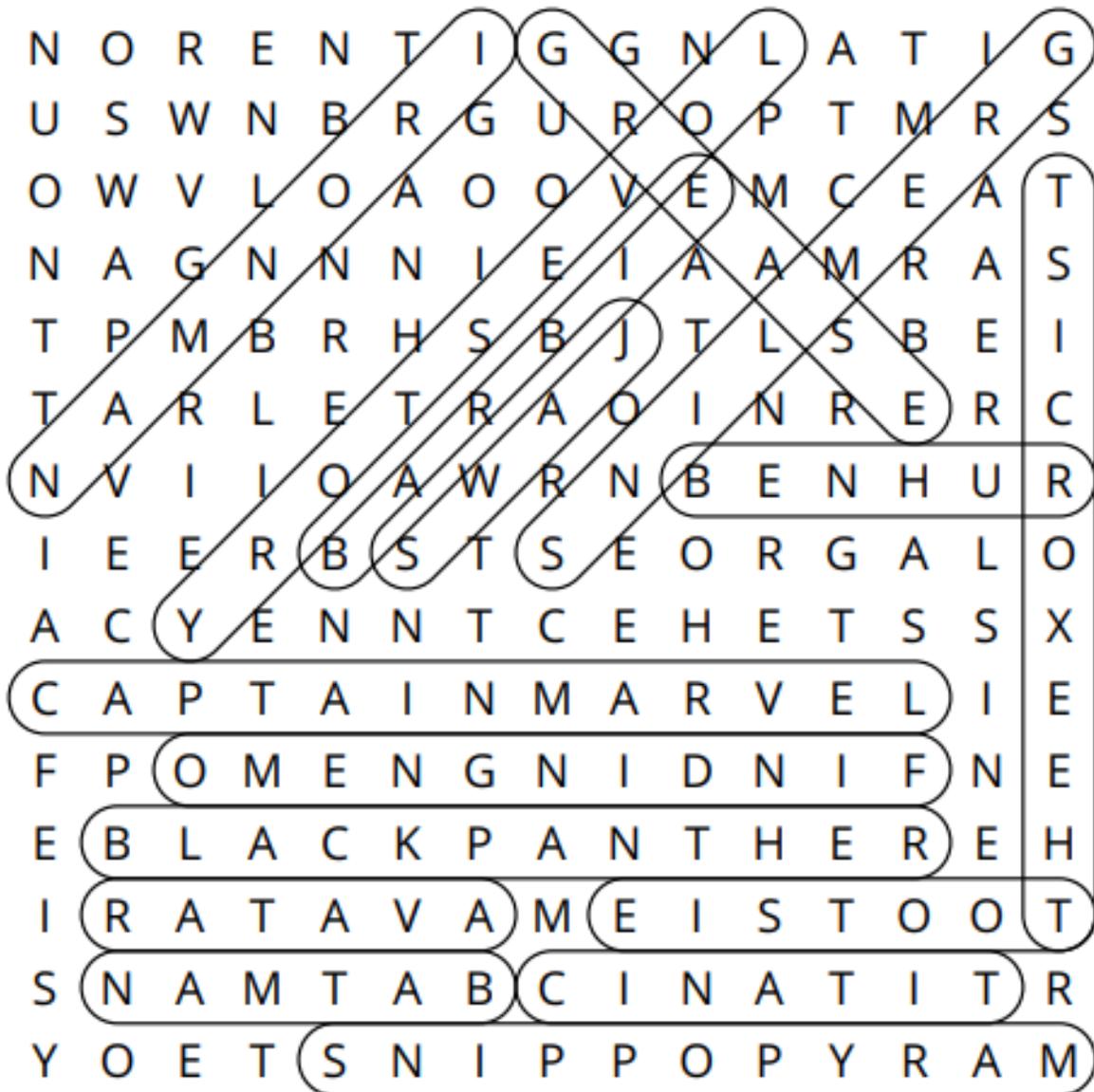
COLLABORATE
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JAWS

MEET OUR KPAP TEAM



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Call our **KPAP Hotline** with any questions you may have at **1-800-633-8100**. We are available Monday through Friday 8 AM to 4 PM EST.

If you are not sure which Community Consultant is assigned to your county, please call our Hotline for additional information.

