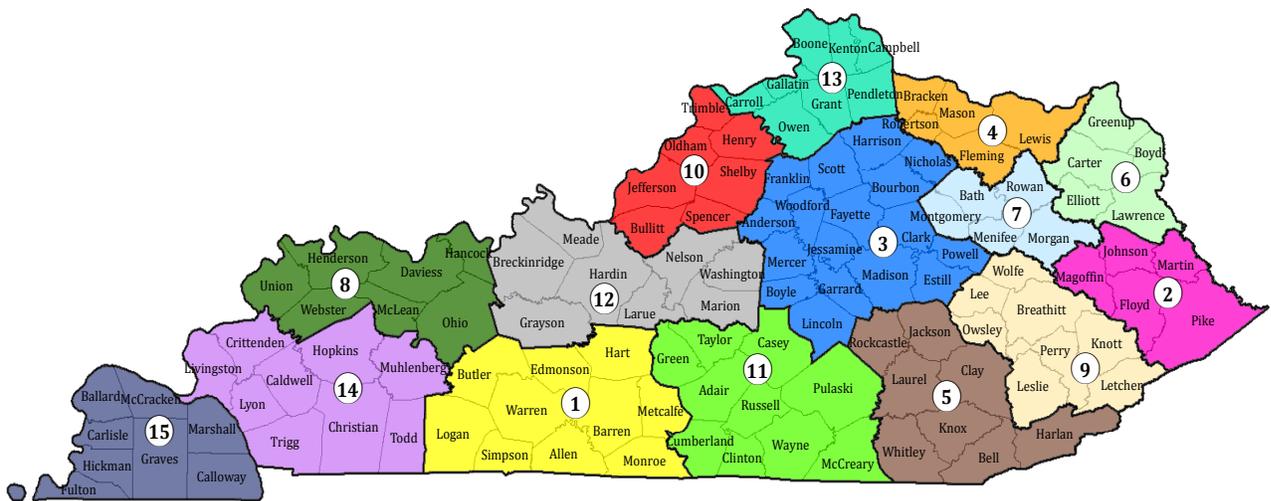


Kentucky Area Development District (ADD) Profiles Behavioral Risk Factor Surveillance System (BRFSS)

2015



Kentucky Public Health
Prevent. Promote. Protect.



**Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)**

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Area Development District (ADD) Profiles Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Executive Summary

The following report consists of data collected by the Kentucky Behavioral Risk Factor Surveillance System (KY BRFSS) program for the calendar year 2014. The BRFSS is a collaborative project of the Centers for Disease Control and Prevention (CDC) and the Kentucky Department for Public Health (KDPH). Currently, all 50 states and the District of Columbia participate in this surveillance system. The BRFSS objective is to collect uniform, state specific data on preventive health practices and risk behaviors that are linked to chronic diseases, injuries, and preventable infectious diseases that affect the adult population.

CDC publishes the data collected by each state on their website. This website has data at state level but not at sub-state level. In most cases, each state constitutes a single stratum. However, to provide adequate sample sizes for smaller geographically defined populations of interest, some states sample disproportionately from strata defined to correspond to sub-state regions. In Kentucky we sample all fifteen Area Development Districts (ADD), each of which has 500 completes, so we currently have fifteen strata.

The ADD level data is not available on the CDC website. The main purpose of this document is to provide data in a timely manner to the Area Development Districts so the local health departments can use this data for strategic planning and prioritize program management. BRFSS data can be used to identify emerging health problems, establish and track health objectives, and develop and evaluate public health policies and programs. It can also be used to support health-related legislative efforts. The program hopes that this report will be useful in assisting the districts in identifying the health needs within their region.

The 2014 BRFSS data reflects the addition of cell-phone only respondents and a change in weighting methodology (raking replaces post-stratification). Due to these significant changes, the 2014 BRFSS data should only be compared to 2011 - 2013 BRFSS data. It is not directly comparable to BRFSS data collected before 2011. Comparing 2014 BRFSS data with BRFSS data from years prior to 2011 may cause misinterpretation of trend line shifts in prevalence estimates.

The changes in BRFSS protocol occurred in 2011 and are discussed in detail in the June 8, 2012, MMWR Policy Note "Methodologic Changes in the Behavioral Risk Factor Surveillance System in 2011 and Potential Effects on Prevalence Estimates." This note is available online at the CDC Surveillance resource Center <http://www.cdc.gov/surveillancepractice/reports/brfss/brfss.html>.

Additionally, the Kentucky BRFSS program released a report tailored to the changes seen in Kentucky data. It is entitled "Effect of Changes in BRFSS Protocols on 2011 Behavioral Risk Factor Surveillance Data in Kentucky" and can be obtained from the Kentucky BRFSS website <http://chfs.ky.gov/brfss>.

Area Development District (ADD) Profiles Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Introduction

The Behavioral Risk Factor Surveillance System (BRFSS) is a cross-sectional telephone health survey jointly sponsored by the Centers for Disease Control and Prevention (CDC) and the Kentucky Department for Public Health (KDPH). The survey is randomly administered to non-institutionalized civilian adults aged 18 or older living in a household. Participation in the survey is strictly voluntary. Personal identifying information, such as a person's name or address, is not collected. The BRFSS is a nationwide surveillance tool. In Kentucky, the BRFSS has been conducted continuously since 1985.

This document presents a data profile of each Area Development District (ADD) based on prevalence data collected from the 2014 Kentucky Behavioral Risk Factor Surveillance System (BRFSS) Survey. Kentucky has 120 Counties that are divided into 15 ADDs for the planning of a variety of programs. Data for this report are analyzed by ADDs, rather than by county, because sample sizes for most counties are too small to provide statistically reliable estimates. Statewide and nationwide prevalence estimates have been included for comparison.

Counties in each ADD	
Barren River:	Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, Warren
Big Sandy:	Floyd, Johnson, Magoffin, Martin, Pike
Bluegrass:	Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, Woodford
Buffalo Trace:	Bracken, Fleming, Lewis, Mason, Robertson
Cumberland Valley:	Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, Whitley
FIVCO :	Boyd, Carter, Elliott, Greenup, Lawrence
Gateway:	Bath, Menifee, Montgomery, Morgan, Rowan
Green River:	Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster
Kentucky River:	Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, Wolfe
KIPDA:	Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, Trimble
Lake Cumberland:	Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne
Lincoln Trail:	Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson, Washington
Northern Kentucky:	Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton
Pennyrile:	Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd, Trigg
Purchase:	Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, McCracken, Marshall

This report was prepared by Sarojini Kanotra, BRFSS Director/Epidemiologist and Coordinator. Questions concerning this report should be directed to Sarojini.Kanotra@ky.gov.

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Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

List of Variables	Nationwide * (States and DC)	Kentucky	
	Median %	%	95% CI
Alcohol Consumption			
Adults who reported heavy drinking	5.9	5.5	4.6 – 6.3
Adults who reported binge drinking	16.0	12.7	11.5 – 13.8
Arthritis			
Adults who have doctor-diagnosed arthritis	26.0	33.9	32.6 – 35.3
Cardiovascular Disease			
Adults who have ever had a heart attack	4.4	6.8	6.1 – 7.5
Adults who have coronary heart disease	4.2	6.0	5.4 – 6.6
Adults who have ever had a stroke	3.0	4.2	3.6 – 4.7
Colorectal Cancer Screening			
Adults aged 50+ who had a blood stool test within past two years	12.8	14.6	13.3 – 15.8
Adults aged 50+ who have ever had a sigmoidoscopy or colonoscopy	69.3	69.6	67.8 – 71.4
Depression			
Adults who have ever been diagnosed with a depressive disorder	19.0	23.9	22.5 -25.3
Diabetes			
Adults who have Diabetes	10.0	12.5	11.6 – 13.4
Disability			
Adults who are limited in any activities because of health problems	20.4	27.6	26.2 – 29.0
Adults with health problem(s) that require use of special equipment	8.6	11.8	10.9 – 12.8
Exercise			
Adults who participate in any leisure-time physical activity	77.4	71.8	70.4– 73.2
General Health Status			
Adults who reported good or better health	83.2	75.7	74.4 – 77.0
Health Care Access/Coverage			
Adults who have health care coverage	87.6	90.0	88.9 – 91.2
Adults aged 18-64 who have health care coverage	84.7	87.8	86.4 – 89.2
HIV Screening Test			
Adults who have ever been tested for HIV	34.1	32.9	31.3 – 34.5
Immunization			
Adults aged 65+ who had a flu shot in past year	60.8	68.9	66.5 – 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	70.3	69.4	67.0 -71.8
Oral Health			
Adults aged 65+ who had all their natural teeth extracted	15.1	23.9	21.7 – 26.1
Adults who visited dentist or dental clinic in past year	65.3	61.0	59.4 – 62.5
Overweight and Obesity (BMI)			
Adults who are overweight (BMI = 25.0 – 29.9)	35.4	35.1	33.6 – 36.6
Adults who are obese (BMI ≥ 30.0)	29.6	31.6	30.2 – 33.1
Prostate Cancer			
Men aged 40+ who had a PSA test within the past two years	42.8	43.5	40.8 – 46.3
Respiratory Disease			
Adults who currently have asthma	8.9	11.9	10.9 – 13.0
Adults who have COPD, emphysema, or chronic bronchitis	6.5	12.3	11.2 – 13.3
Tobacco Use			
Adults who are current smokers	18.1	26.1	24.7 – 27.7
Women's Health			
Women aged 18+ who had a Pap test within the past three years	75.2	74.7	72.24– 77.0
Women aged 40+ who had a mammogram within the past two years	73.0	74.5	72.7 – 76.4

*Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, [2014]

Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Barren River ADD	Barren River		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	4.2	2.1 - 6.3	5.5	4.6 - 6.3
Adults who reported binge drinking	13.4	8.5 - 18.3	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	36.1	30.9 - 41.4	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	7.0	4.2 - 9.9	6.8	6.1 - 7.5
Adults who have coronary heart disease	4.5	2.7 - 6.2	6.0	5.4 - 6.6
Adults who have ever had a stroke	8.3	4.4 - 12.2	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	9.9	6.5 - 13.3	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	67.6	61.3 - 74.0	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	24.8	19.9 - 29.7	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	14.8	11.5 - 18.2	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	28.1	23.1 - 33.0	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	13.5	9.5 - 17.5	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	67.0	61.6 - 72.4	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	73.2	68.1 - 78.4	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	89.1	84.6 - 93.6	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	86.3	80.8 - 91.9	87.8	86.4 - 89.2
HIV Screening Test				
Adults who have ever been tested for HIV	31.1	25.2 - 37.1	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	73.8	67.5 - 80.2	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	68.0	61.0 - 75.0	69.4	67.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	26.5	19.2 - 33.7	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	61.4	55.8 - 67.0	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	35.8	30.1 - 41.6	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	29.9	24.8 - 35.0	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	41.2	32.2 - 50.3	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	14.6	10.0 - 19.2	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	12.4	8.3 - 16.4	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	27.7	21.9 - 33.5	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	68.9	59.6 - 78.2	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	74.4	68.9 - 79.9	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
 N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Big Sandy ADD	Big Sandy		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	2.5	0.9 – 4.2	5.5	4.6 – 6.3
Adults who reported binge drinking	9.0	5.2 – 12.9	12.7	11.5 – 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	45.0	39.5 – 50.5	33.9	32.6 – 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	11.4	7.7 – 15.1	6.8	6.1 – 7.5
Adults who have coronary heart disease	8.5	6.0 – 11.0	6.0	5.4 – 6.6
Adults who have ever had a stroke	6.4	4.1 – 8.8	4.2	3.6 – 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	12.8	8.8 – 16.8	14.6	13.3 – 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	59.1	51.9 – 66.3	69.6	67.8 – 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	30.6	25.4 – 35.9	23.9	22.5 – 25.3
Diabetes				
Adults who have Diabetes	14.8	11.6 – 18.0	12.5	11.6 – 13.4
Disability				
Adults who are limited in any activities because of health problems	43.8	38.2 – 49.4	27.6	26.2 – 29.0
Adults with health problem(s) that require use of special equipment	19.6	15.0 – 24.1	11.8	10.9 – 12.8
Exercise				
Adults who participate in any leisure-time physical activity	70.5	65.8 – 75.2	71.8	70.4 – 73.2
General Health Status				
Adults who reported good or better health	62.0	56.6 – 67.4	75.7	74.4 – 77.0
Health Care Access/Coverage				
Adults who have health care coverage	92.4	88.5 – 96.4	90.0	88.9 – 91.2
Adults aged 18-64 who have health care coverage	90.7	85.8 – 95.5	87.8	86.4 – 89.2
HIV Screening Test				
Adults who have ever been tested for HIV	30.8	25.0 – 36.5	32.9	31.3 – 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	68.0	58.7 – 77.2	68.9	66.5 – 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	64.2	54.5 – 73.9	69.4	67.0 – 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	26.6	17.8 – 35.3	23.9	21.7 – 26.1
Adults who visited the dentist or dental clinic within the past year	50.5	44.8 – 56.1	61.0	59.4 – 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 – 29.9)	30.9	25.8 – 36.1	35.1	33.6 – 36.6
Adults who are obese (BMI ≥ 30.0)	39.1	33.5 – 44.6	31.6	30.2 – 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	47.0	37.1 – 56.9	43.5	40.8 – 46.3
Respiratory Disease				
Adults who currently have asthma	13.7	10.2 – 17.1	11.9	10.9 – 13.0
Adults who have COPD, emphysema, or chronic bronchitis	22.5	17.6 – 27.4	12.3	11.2 – 13.3
Tobacco Use				
Adults who are current smokers	33.4	27.9 – 38.9	26.2	24.7 – 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	73.5	65.7 – 81.3	74.7	72.4 – 77.0
Women aged 40+ who had a mammogram within the past two years	68.4	61.5 – 75.2	74.5	72.7 – 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
 N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Area Development District (ADD) Profiles Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Bluegrass ADD	Bluegrass		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	4.3	2.5 - 6.1	5.5	4.6 - 6.3
Adults who reported binge drinking	12.2	9.3 - 15.0	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	29.8	26.2 - 33.4	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	6.3	4.2 - 8.5	6.8	6.1 - 7.5
Adults who have coronary heart disease	4.7	3.2 - 6.2	6.0	5.4 - 6.6
Adults who have ever had a stroke	2.9	1.5 - 4.3	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	14.4	10.6 - 18.1	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	73.0	67.9 - 78.1	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	23.5	19.9 - 27.1	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	11.9	9.0 - 14.7	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	25.1	21.4 - 28.8	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	8.8	6.7 - 10.9	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	71.8	68.0 - 75.6	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	79.9	76.4 - 83.4	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	87.9	84.7 - 91.1	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	85.8	82.0 - 89.5	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	32.2	28.1 - 36.3	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	75.1	67.1 - 83.2	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	73.9	66.4 - 81.3	69.4	67.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	23.0	15.3 - 30.8	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	62.6	58.5 - 66.7	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	36.2	32.2 - 40.2	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	28.2	24.4 - 31.9	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	46.0	37.8 - 54.1	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	12.2	9.3 - 15.1	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	8.9	6.5 - 11.3	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	27.3	23.5 - 31.2	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	74.4	68.5 - 80.4	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	72.2	66.3 - 78.2	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Buffalo Trace ADD	Buffalo Trace		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	2.4	1.0 - 3.8	5.5	4.6 - 6.3
Adults who reported binge drinking	7.8	4.6 - 10.9	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	39.6	34.3 - 44.9	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	7.2	4.9 - 9.4	6.8	6.1 - 7.5
Adults who have coronary heart disease	6.6	4.5 - 8.7	6.0	5.4 - 6.6
Adults who have ever had a stroke	5.3	3.0 - 7.6	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	11.4	7.4 - 15.4	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	60.5	54.1 - 66.8	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	20.7	16.3 - 25.2	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	15.7	12.3 - 19.0	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	27.7	22.8 - 32.6	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	13.3	9.7 - 16.9	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	67.1	61.7 - 72.4	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	69.9	64.9 - 74.8	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	92.4	88.7 - 96.2	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	90.4	85.6 - 95.1	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	23.9	19.0 - 28.8	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	68.2	59.5 - 76.9	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	71.3	62.8 - 79.8	69.4	67.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	24.4	16.4 - 32.5	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	60.7	55.2 - 66.2	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	33.3	27.9 - 38.7	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	35.7	30.1 - 41.2	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	31.0	22.5 - 39.6	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	10.6	7.2 - 14.0	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	14.7	10.7 - 18.7	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	27.9	22.7 - 33.0	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	69.6	61.7 - 77.5	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	70.1	64.0 - 76.2	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
 N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Cumberland Valley ADD	Cumberland Valley		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	2.8	0.9 - 4.7	5.5	4.6 - 6.3
Adults who reported binge drinking	9.2	5.2 - 13.1	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	41.2	35.8 - 46.6	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	10.1	7.2 - 13.1	6.8	6.1 - 7.5
Adults who have coronary heart disease	7.8	5.6 - 9.9	6.0	5.4 - 6.6
Adults who have ever had a stroke	4.9	2.3 - 7.4	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	17.2	12.1 - 22.2	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	61.1	54.4 - 67.8	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	25.0	19.9 - 30.1	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	15.7	12.3 - 19.1	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	37.2	31.8 - 42.6	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	15.5	11.6 - 19.3	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	62.3	56.8 - 67.7	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	67.1	62.1 - 72.2	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	88.6	84.3 - 92.9	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	86.2	80.8 - 91.6	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	29.0	23.6 - 34.4	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	66.9	58.2 - 75.6	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	68.9	60.7 - 77.1	69.4	67.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	36.2	27.3 - 45.1	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	45.6	39.8 - 51.3	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	29.1	24.3 - 34.0	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	38.5	32.9 - 44.1	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	43.6	33.9 - 53.3	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	11.8	8.8 - 14.9	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	18.6	14.5 - 22.8	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	28.5	23.1 - 34.0	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	68.2	59.6 - 76.7	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	66.6	59.4 - 73.8	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
 N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

FIVCO ADD	FIVCO		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	6.3	1.5 – 11.2	5.5	4.6 – 6.3
Adults who reported binge drinking	10.9	5.3 – 16.5	12.7	11.5 – 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	41.4	35.5 – 47.4	33.9	32.6 – 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	12.2	7.3 – 17.0	6.8	6.1 – 7.5
Adults who have coronary heart disease	12.5	7.7 – 17.3	6.0	5.4 – 6.6
Adults who have ever had a stroke	7.9	3.4 – 12.4	4.2	3.6 – 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	12.0	8.1 – 15.9	14.6	13.3 – 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	66.9	60.9 – 72.9	69.6	67.8 – 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	24.7	19.3 – 30.1	23.9	22.5 – 25.3
Diabetes				
Adults who have Diabetes	17.8	12.9 – 22.6	12.5	11.6 – 13.4
Disability				
Adults who are limited in any activities because of health problems	30.9	25.1 – 36.7	27.6	26.2 – 29.0
Adults with health problem(s) that require use of special equipment	18.1	12.6 – 23.6	11.8	10.9 – 12.8
Exercise				
Adults who participate in any leisure-time physical activity	62.7	56.7 – 68.8	71.8	70.4 – 73.2
General Health Status				
Adults who reported good or better health	66.8	61.0 – 72.7	75.7	74.4 – 77.0
Health Care Access/Coverage				
Adults who have health care coverage	88.4	83.1 – 93.8	90.0	88.9 – 91.2
Adults aged 18-64 who have health care coverage	85.1	78.3 – 91.9	87.8	86.4 – 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	28.4	22.1 – 34.7	32.9	31.3 – 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	69.2	61.2 – 77.3	68.9	66.5 – 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	72.5	64.5 – 80.4	69.4	67.0 – 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	26.5	18.3 – 34.7	23.9	21.7 – 26.1
Adults who visited the dentist or dental clinic within the past year	55.1	49.0 – 61.2	61.0	59.4 – 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 – 29.9)	36.9	30.9 – 42.9	35.1	33.6 – 36.6
Adults who are obese (BMI ≥ 30.0)	39.7	33.5 – 45.8	31.6	30.2 – 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	45.2	35.1 – 55.2	43.5	40.8 – 46.3
Respiratory Disease				
Adults who currently have asthma	12.9	9.0 – 16.8	11.9	10.9 – 13.0
Adults who have COPD, emphysema, or chronic bronchitis	17.8	12.3 – 23.3	12.3	11.2 – 13.3
Tobacco Use				
Adults who are current smokers	28.1	21.7 – 34.4	26.2	24.67 – 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	68.7	59.4 – 78.1	74.7	72.4 – 77.0
Women aged 40+ who had a mammogram within the past two years	71.6	64.7 – 78.5	74.5	72.7 – 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Gateway ADD	Gateway		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	4.5	1.6 - 7.3	5.5	4.6 - 6.3
Adults who reported binge drinking	11.5	6.2 - 16.8	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	32.9	27.7 - 38.1	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	4.5	2.9 - 6.0	6.8	6.1 - 7.5
Adults who have coronary heart disease	3.6	2.3 - 4.8	6.0	5.4 - 6.6
Adults who have ever had a stroke	4.4	1.7 - 7.1	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	14.5	9.9 - 19.2	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	60.6	54.1 - 67.1	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	22.0	17.2 - 26.8	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	11.1	8.4 - 13.7	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	30.7	25.3 - 36.1	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	11.6	8.6 - 14.6	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	69.4	63.8 - 75.1	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	73.4	68.3 - 78.4	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	88.7	84.1 - 93.4	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	86.3	80.5 - 92.1	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	31.4	25.1 - 37.7	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	61.7	53.7 - 69.7	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	64.2	56.4 - 72.0	69.4	67.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	37.5	28.5 - 46.5	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	56.1	49.7 - 62.5	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	38.4	32.3 - 44.4	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	31.0	25.2 - 36.9	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	34.6	26.0 - 43.2	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	12.2	8.8 - 15.7	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	11.2	8.4 - 14.0	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	33.1	27.1 - 39.2	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	75.2	66.1 - 84.2	74.7	72.4 - 77.7
Women aged 40+ who had a mammogram within the past two years	72.3	65.7 - 78.9	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Green River ADD	Green River		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	4.8	1.4 - 8.2	5.5	4.6 - 6.3
Adults who reported binge drinking	9.7	5.1 - 14.4	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	33.8	27.9 - 39.6	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	7.1	4.6 - 9.5	6.8	6.1 - 7.5
Adults who have coronary heart disease	8.5	5.9 - 11.0	6.0	5.4 - 6.6
Adults who have ever had a stroke	5.2	2.7 - 7.7	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	23.2	17.9 - 28.5	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	73.2	66.8 - 79.6	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	27.0	20.6 - 33.4	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	13.6	10.7 - 16.6	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	24.1	18.8 - 29.4	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	11.2	7.8 - 14.5	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	75.2	69.8 - 80.6	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	75.1	69.6 - 80.6	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	91.3	86.0 - 96.6	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	88.7	81.9 - 95.4	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	32.1	25.0 - 39.1	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	69.0	62.0 - 76.0	68.9	67.0 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	72.5	65.7 - 79.3	69.4	66.9 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	13.7	8.9 - 18.5	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	61.6	55.1 - 68.2	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	31.1	25.2 - 37.0	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	34.2	27.7 - 40.8	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	52.8	42.0 - 63.6	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	16.4	10.8 - 21.9	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	14.2	9.3 - 19.0	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	26.1	19.7 - 32.6	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	77.5	67.1 - 88.0	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	77.6	71.8 - 83.5	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Kentucky River ADD	Kentucky River		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	2.8	0.7 - 5.0	5.5	4.6 - 6.3
Adults who reported binge drinking	4.6	2.1 - 7.2	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	45.2	40.1 - 50.4	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	7.7	5.0 - 10.3	6.8	6.1 - 7.5
Adults who have coronary heart disease	8.6	5.5 - 11.6	6.0	5.4 - 6.6
Adults who have ever had a stroke	4.9	2.8 - 7.1	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	22.8	16.9 - 28.6	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	55.9	49.1 - 62.8	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	27.1	22.3 - 31.9	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	16.9	13.4 - 20.5	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	35.8	30.7 - 40.9	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	16.0	12.2 - 19.7	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	65.4	60.4 - 70.4	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	62.3	57.2 - 67.3	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	94.0	91.0 - 97.0	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	92.6	88.8 - 96.4	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	29.2	23.7 - 34.6	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	69.1	59.7 - 78.6	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	70.4	60.2 - 80.6	69.4	67.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	40.7	30.7 - 50.7	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	54.1	48.8 - 59.5	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	33.2	28.0 - 38.3	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	38.0	32.7 - 43.3	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	35.6	25.8 - 45.5	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	14.4	10.5 - 18.3	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	18.8	14.5 - 23.0	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	31.8	26.4 - 37.1	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	68.2	60.2 - 76.3	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	64.6	57.8 - 71.5	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
 N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

KIPDA ADD	KIPDA		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	7.4	5.1 - 9.6	5.5	4.6 - 6.3
Adults who reported binge drinking	15.9	12.8 - 19.0	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	31.6	27.9 - 35.2	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	5.4	3.9 - 7.0	6.8	6.1 - 7.5
Adults who have coronary heart disease	5.9	4.2 - 7.5	6.0	5.4 - 6.6
Adults who have ever had a stroke	2.8	1.9 - 3.8	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	13.6	10.2 - 17.0	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	74.5	70.0 - 79.0	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	23.1	19.4 - 26.9	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	10.8	8.6 - 13.0	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	25.6	21.8 - 29.4	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	12.9	10.0 - 15.7	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	76.5	72.9 - 80.1	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	79.6	76.1 - 83.1	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	90.9	88.1 - 93.8	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	88.9	85.4 - 93.4	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	36.8	32.4 - 41.2	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	71.1	64.5 - 77.6	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	71.3	64.5 - 78.1	69.4	70.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	14.0	8.9 - 19.1	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	67.3	63.2 - 71.3	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	33.8	29.8 - 37.8	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	30.5	26.6 - 34.4	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	46.0	38.7 - 53.4	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	10.9	8.3 - 13.4	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	11.9	8.9 - 14.8	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	20.4	16.6 - 24.1	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	75.2	69.0 - 81.4	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	80.6	76.1 - 85.1	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Lake Cumberland ADD	Lake Cumberland		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	4.8	1.4 - 8.3	5.5	4.6 - 6.3
Adults who reported binge drinking	7.5	3.7 - 11.4	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	34.7	29.8 - 39.6	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	8.0	5.6 - 10.4	6.8	6.1 - 7.5
Adults who have coronary heart disease	5.9	4.0 - 7.9	6.0	5.4 - 6.6
Adults who have ever had a stroke	4.8	3.0 - 6.5	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	13.0	8.8 - 17.3	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	65.9	59.3 - 72.4	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	22.6	18.3 - 26.8	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	14.5	11.4 - 17.5	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	32.8	27.6 - 37.9	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	13.4	10.0 - 16.9	11.8	10.8 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	67.7	62.8 - 72.7	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	69.4	64.4 - 74.4	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	86.4	81.4 - 91.3	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	82.3	76.0 - 88.6	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	28.7	22.8 - 34.6	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	58.3	49.7 - 67.0	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	57.8	49.0 - 66.6	69.4	67.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	29.6	22.4 - 36.8	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	50.8	45.1 - 56.5	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	33.2	28.0 - 38.4	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	33.7	28.2 - 39.2	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	38.9	29.2 - 48.7	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	9.2	6.2 - 12.2	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	13.6	10.1 - 17.0	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	29.9	23.9 - 35.8	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	71.9	65.4 - 78.5	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	69.4	63.0 - 75.7	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
 N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Lincoln Trail ADD	Lincoln Trail		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	6.7	3.5 - 9.8	5.5	4.6 - 6.3
Adults who reported binge drinking	11.7	7.5 - 15.8	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	35.3	30.0 - 40.6	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	7.8	4.6 - 11.0	6.8	6.1 - 7.5
Adults who have coronary heart disease	4.7	2.8 - 6.6	6.0	5.4 - 6.6
Adults who have ever had a stroke	5.5	2.8 - 8.3	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	14.8	10.0 - 19.7	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	66.5	59.8 - 73.2	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	22.4	17.3 - 27.5	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	10.5	7.7 - 13.3	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	26.2	20.9 - 31.5	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	9.2	6.5 - 11.9	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	70.2	64.7 - 75.6	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	74.3	68.7 - 79.8	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	92.5	88.7 - 96.4	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	90.7	86.0 - 95.5	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	36.4	30.2 - 42.6	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	65.0	57.2 - 72.8	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	69.3	61.2 - 77.3	69.4	67.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	27.6	19.6 - 35.6	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	59.2	53.1 - 65.2	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	41.1	34.9 - 47.3	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	28.7	23.3 - 34.1	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	35.3	26.1 - 44.6	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	11.4	8.0 - 14.9	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	14.4	10.1 - 18.7	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	29.9	23.8 - 36.1	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	83.9	77.1 - 90.7	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	78.5	73.1 - 84.0	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
 N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Area Development District (ADD) Profiles Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Northern Kentucky ADD	Northern Kentucky		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	5.0	3.2 - 6.8	5.5	4.6 - 6.3
Adults who reported binge drinking	17.2	13.9 - 20.6	12.7	11.5 - 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	29.6	26.0 - 33.3	33.9	32.6 - 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	3.7	2.6 - 4.8	6.8	6.1 - 7.5
Adults who have coronary heart disease	5.5	3.7 - 7.3	6.0	5.4 - 6.6
Adults who have ever had a stroke	2.7	1.4 - 3.9	4.2	3.6 - 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	13.3	9.6 - 16.9	14.6	13.3 - 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	67.8	62.3 - 73.3	69.6	67.8 - 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	21.7	18.1 - 25.3	23.9	22.5 - 25.3
Diabetes				
Adults who have Diabetes	11.8	9.4 - 14.2	12.5	11.6 - 13.4
Disability				
Adults who are limited in any activities because of health problems	24.4	20.6 - 28.2	27.6	26.2 - 29.0
Adults with health problem(s) that require use of special equipment	8.2	6.2 - 10.3	11.8	10.9 - 12.8
Exercise				
Adults who participate in any leisure-time physical activity	77.1	73.4 - 80.8	71.8	70.4 - 73.2
General Health Status				
Adults who reported good or better health	80.5	77.0 - 83.9	75.7	74.4 - 77.0
Health Care Access/Coverage				
Adults who have health care coverage	90.3	87.4 - 93.2	90.0	88.9 - 91.2
Adults aged 18-64 who have health care coverage	88.7	85.2 - 92.1	87.8	86.4 - 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	33.9	29.6 - 38.2	32.9	31.3 - 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	63.0	55.4 - 70.7	68.9	66.5 - 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	71.3	63.6 - 79.0	69.4	67.0 - 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	32.9	25.4 - 40.4	23.9	21.7 - 26.1
Adults who visited the dentist or dental clinic within the past year	63.8	59.6 - 68.0	61.0	59.4 - 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 - 29.9)	37.0	32.8 - 41.1	35.1	33.6 - 36.6
Adults who are obese (BMI ≥ 30.0)	29.1	25.2 - 33.0	31.6	30.2 - 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	36.9	29.2 - 44.5	43.5	40.8 - 46.3
Respiratory Disease				
Adults who currently have asthma	9.4	6.9 - 11.9	11.9	10.9 - 13.0
Adults who have COPD, emphysema, or chronic bronchitis	9.1	6.5 - 11.7	12.3	11.2 - 13.3
Tobacco Use				
Adults who are current smokers	26.2	22.1 - 30.3	26.2	24.7 - 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	74.0	68.1 - 79.8	74.7	72.4 - 77.0
Women aged 40+ who had a mammogram within the past two years	68.8	63.0 - 74.5	74.5	72.7 - 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles
Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Pennyriple ADD	Pennyriple		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	5.3	0.9 – 9.7	5.5	4.6 – 6.3
Adults who reported binge drinking	11.4	5.3 – 17.4	12.7	11.5 – 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	34.1	28.5 – 39.6	33.9	32.6 – 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	9.9	6.2 – 13.5	6.8	6.1 – 7.5
Adults who have coronary heart disease	5.6	3.5 – 7.8	6.0	5.4 – 6.6
Adults who have ever had a stroke	4.9	2.7 – 7.0	4.2	3.6 – 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	19.7	14.6 – 24.7	14.6	13.3 – 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	72.6	66.8 – 78.4	69.6	67.8 – 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	28.6	22.1 – 35.1	23.9	22.5 – 25.3
Diabetes				
Adults who have Diabetes	12.1	9.0 – 15.1	12.5	11.6 – 13.4
Disability				
Adults who are limited in any activities because of health problems	29.1	23.2 – 34.9	27.6	26.2 – 29.0
Adults with health problem(s) that require use of special equipment	12.8	8.8 – 16.8	11.8	10.8 – 12.8
Exercise				
Adults who participate in any leisure-time physical activity	69.5	63.9 – 75.0	71.8	70.4 – 73.2
General Health Status				
Adults who reported good or better health	73.9	68.2 – 79.6	75.7	74.4 – 77.0
Health Care Access/Coverage				
Adults who have health care coverage	94.1	90.7 – 97.5	90.0	88.9 – 91.2
Adults aged 18-64 who have health care coverage	92.6	88.3 – 96.9	87.8	86.4 – 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	34.4	27.7 – 41.1	32.9	31.3 – 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	65.9	58.6 – 73.2	68.9	66.5 – 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	59.4	51.7 – 67.2	69.4	67.0 – 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	19.2	13.1 – 25.3	23.9	21.7 – 26.1
Adults who visited the dentist or dental clinic within the past year	59.2	52.5 – 65.8	61.0	59.4 – 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 – 29.9)	40.4	33.6 – 47.1	35.1	33.6 – 36.6
Adults who are obese (BMI ≥ 30.0)	32.0	25.9 – 38.1	31.6	30.2 – 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	48.5	38.1 – 58.8	43.5	40.8 – 46.3
Respiratory Disease				
Adults who currently have asthma	15.2	10.0 – 20.3	11.9	10.9 – 13.0
Adults who have COPD, emphysema, or chronic bronchitis	10.2	7.1 – 13.2	12.3	11.2 – 13.3
Tobacco Use				
Adults who are current smokers	25.2	18.8 – 31.5	26.2	24.7 – 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	74.3	63.1 – 85.5	74.7	72.4 – 77.0
Women aged 40+ who had a mammogram within the past two years	80.0	74.1 – 86.0	74.5	72.7 – 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
 N/A = Not available if the unweighted sample size for the denominator was < 50 or the CI half width was > 10 for any cell.

Data Source: Kentucky BRFSS Survey 2014

Area Development District (ADD) Profiles Kentucky Behavioral Risk Factor Surveillance System (BRFSS)

Purchase ADD	Purchase		Kentucky	
	%	95% CI	%	95% CI
Alcohol Consumption				
Adults who reported heavy drinking	10.6	4.4 – 16.7	5.5	4.6 – 6.3
Adults who reported binge drinking	12.9	7.2 – 18.6	12.7	11.5 – 13.8
Arthritis				
Adults who have doctor-diagnosed arthritis	36.4	31.0 – 41.9	33.9	32.6 – 35.3
Cardiovascular Disease				
Adults who have ever had a heart attack	5.1	3.2 – 7.1	6.8	6.1 – 7.5
Adults who have coronary heart disease	6.3	4.1 – 8.5	6.0	5.4 – 6.6
Adults who have ever had a stroke	2.9	1.7 – 4.1	4.2	3.6 – 4.7
Colorectal Cancer Screening				
Adults aged 50+ who had a blood stool test within past two years	12.2	8.4 – 15.9	14.6	13.3 – 15.8
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	75.6	70.7 – 80.6	69.6	67.8 – 71.4
Depression				
Adults who have ever been diagnosed with a depressive disorder	22.0	17.0 – 26.9	23.9	22.5 – 25.3
Diabetes				
Adults who have Diabetes	10.0	7.3 – 12.7	12.5	11.6 – 13.4
Disability				
Adults who are limited in any activities because of health problems	20.7	16.8 – 24.7	27.6	26.2 – 29.0
Adults with health problem(s) that require use of special equipment	8.4	5.9 – 10.9	11.8	10.8 – 12.8
Exercise				
Adults who participate in any leisure-time physical activity	74.2	69.4 – 79.0	71.8	70.4 – 73.2
General Health Status				
Adults who reported good or better health	80.7	76.1 – 85.3	75.7	74.4 – 77.0
Health Care Access/Coverage				
Adults who have health care coverage	89.0	82.6 – 95.4	90.0	88.9 – 91.2
Adults aged 18-64 who have health care coverage	85.9	77.6 – 94.1	87.8	86.4 – 89.2
HIV Screening Test (Age 18-64)				
Adults aged 18-64 who have ever been tested for HIV	29.9	23.9 – 35.9	32.9	31.3 – 34.5
Immunization				
Adults aged 65+ who had a flu shot in past year	68.2	61.2 – 75.3	68.9	66.5 – 71.3
Adults aged 65+ who have ever had a pneumococcal vaccination	68.1	60.8 – 75.4	69.4	67.0 – 71.8
Oral Health				
Adults aged 65+ who had all their natural teeth extracted	23.6	17.1 – 30.1	23.9	21.7 – 26.1
Adults who visited the dentist or dental clinic within the past year	66.8	61.2 – 72.5	61.0	59.4 – 62.5
Overweight and Obesity (BMI)				
Adults who are overweight (BMI = 25.0 – 29.9)	33.6	27.7 – 39.6	35.1	33.6 – 36.6
Adults who are obese (BMI ≥ 30.0)	33.0	27.3 – 38.8	31.6	30.2 – 33.1
Prostate Cancer				
Men aged 40+ who had a PSA test within the past two years	49.7	39.9 – 59.6	43.5	40.8 – 46.3
Respiratory Disease				
Adults who currently have asthma	8.9	4.6 – 13.3	11.9	10.9 – 13.0
Adults who have COPD, emphysema, or chronic bronchitis	9.0	6.2 – 11.8	12.3	11.2 – 13.3
Tobacco Use				
Adults who are current smokers	22.3	15.8 – 28.8	26.2	24.7 – 27.7
Women's Health				
Women aged 18+ who had a Pap test within the past three years	86.2	81.2 – 91.2	74.7	72.4 – 77.0
Women aged 40+ who had a mammogram within the past two years	79.2	73.6 – 84.9	74.5	72.7 – 76.4

% = Percentage, CI = Confidence Interval. All Percentages are weighted to population characteristics.
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