



Reflection and Feedback: Stronger Together

High-quality reflection and feedback:

- Ensures caregivers are engaged, validated, and actively learning
- Keeps coaching interactions insightful and responsive
- Elicits caregiver insights around their experiences, thoughts, and ideas
- Results in new strategies for their priorities, links to family routines, and moves the session forward



Reflection and feedback loops are skillfully used with caregivers to:

- Facilitate joint planning, observation, and guided practice
- Respond to their spontaneous reflections
- Capture opportunities to engage them in expanded reflection using effective, open-ended, non-leading awareness, analysis, alternative, and action questions
- Capitalize on opportunities to authentically affirm and expand on their reflections