



Joint Plan → **Observation** → Guided Practice

Provider observes caregiver and child in prioritized activities followed by asking reflective questions to promote insight and/or flow to guided practice

- O** **Opportunity** to understand families' experience in authentic routines
- B** **Be** quiet, still and curious
- S** **Share** the purpose of observation
- E** **Expertise** is used to analyze observation
- R** **Relates** to caregivers' current priority or joint plan
- V** **Value** caregivers' knowledge and role as change agent
- A** **Ask** caregivers to reflect on observation
- T** **Time** to celebrate families' successes and strengths
- I** **Insights** of caregivers validated by feedback
- O** **Opens** door for guided practice
- N** **Nurtures** trust