



800-442-0087

**First Steps is Kentucky's Early Intervention System (KEIS) and serves children from birth to age 3 who have a developmental delay or a medical condition known to cause a developmental delay. First Steps services are provided statewide and coordinated by the lead agency, the Cabinet for Health and Family Services.**

### **Why Provide Services?**

First Steps provides services for the following reasons:

- \* Typically, there is a significant improvement in development and learning in those children who participate in early intervention. A child with a delay or a condition that is likely to cause delay should not go through the critical development years without help.
- \* Services and support benefit families by reducing stress.
- \* Early intervention services often decrease the need for later costly special education programs by remediating problems early in the child's life.

### **Who does First Steps serve?**

First Steps serves children from birth to age three and their families. Children are determined eligible for services in two ways:

- \* By developmental delay. Evaluation shows that the child is not developing typically in one of five skill areas: cognition, communication, physical, social and emotional or self-help.
- \* Automatic entry by diagnosis of a physical or mental condition which has a high probability of resulting in developmental delay such as Down Syndrome.

### **What services does First Steps provide?**

First Steps provides services to children which help to diminish the effects of developmental delays.

Services include:

Evaluation/Assessment	Nutrition Services
Service coordination	Physical & Occupational Therapy
Transportation	Speech/Communication Services
Respite Care	Vision/Hearing Services
Certain non-routine Health Services	Developmental Intervention
Assistive Technology	

Early Intervention services are provided through multiple agencies and may involve multiple disciplines. Services are based on the child's needs and will be identified on their Individual Family Service Plan.

### **Where does First Steps provide services?**

First Steps provides services in all Kentucky counties. Services may be provided in the home, in center-based programs, or in clinical settings depending upon the needs of the child and family and the availability of services in a given area.

## Point of Entry (POE)

Anyone, including a family member, who is concerned about an infant's or toddler's development may make a referral to First Steps by calling the statewide toll-free number, 1-800-442-0087, or by calling the POE listed below in the area where the child resides.

<p><b>Barren River District</b> 1502 Western Avenue Bowling Green KY 42103 (270) 746-9941 1-800-643-6233 FAX: (270) 746-0729</p> <p>Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, Warren Counties</p>	<p><b>Big Sandy District</b> 104 South Front Avenue Prestonsburg KY 41653 (606) 886-8572 1-800-230-6011 FAX: (606) 886-4434</p> <p>Floyd, Johnson, Magoffin, Martin, Pike Counties</p>	<p><b>Bluegrass District</b> 3161 Custer Drive, Suite #4 Lexington KY 40517 (859) 271-9448 1-800-454-2764 FAX: (859) 272-6893</p> <p>Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, Woodford Counties</p>
<p><b>Buffalo Trace District</b> 731 Kenton Station Road Maysville KY 41056 (606) 759-5510 1-800-335-4249 FAX: (606) 759-5922</p> <p>Bracken, Fleming, Lewis, Mason, Robertson Counties</p>	<p><b>Cumberland Valley District</b> American Greeting Road PO Box 568 Corbin KY 40702 (606) 523-0229 1-800-509-9559 FAX: (606) 528-9623</p> <p>Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, Whitley Counties</p>	<p><b>FIVCO District</b> 5850 US 60 Summit Plaza Box 11 Ashland KY 41102 (606) 929-9155 1-800-650-1329 FAX: (606) 929-9833</p> <p>Boyd, Carter, Elliott, Greenup, Lawrence Counties</p>
<p><b>Gateway District</b> PO Box 290 Owingsville KY 40360 (606) 674-3204 1-800-718-0378 FAX: (606) 674-8390</p> <p>Bath, Menifee, Montgomery, Morgan, Rowan Counties</p>	<p><b>Green River District</b> 1600 Breckinridge Street Owensboro KY 42303 (270) 686-5982 1-888-686-1414 FAX: (270) 926-8677</p> <p>Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster Counties</p>	<p><b>Kentuckiana District</b> 3717 Taylorsville Rd Louisville KY 40220 (502) 459-0225 1-800-442-0087 FAX: (502) 452-9079</p> <p>Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, Trimble Counties</p>
<p><b>KY River District</b> 115 Rockwood Lane Hazard KY 41701 (606) 439-1325 1-800-328-1767 FAX: (606) 436-2467</p> <p>Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, Wolfe Counties</p>	<p><b>Lake Cumberland District</b> 259 Parkers Mill Road Somerset KY 42501 (606) 678-2821 1-800-378-2821 FAX: (606) 678-0537</p> <p>Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne Counties</p>	<p><b>Lincoln Trail District</b> 1222 Woodland Avenue Elizabethtown KY 42701 (270) 737-5921 1-800-678-1879 FAX: (270) 765-7274</p> <p>Breckenridge, Grayson, Hardin, Larue, Marion, Meade, Nelson, Washington Counties</p>
<p><b>Northern Kentucky District</b> 2014 Eastern Avenue Covington KY 41014 (859) 815-1095 1-888-300-8866 FAX: (859) 815-1094</p> <p>Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton Counties</p>	<p><b>Pennyriple District</b> 735 North Avenue Hopkinsville KY 42240 (270) 886-5186 1-800-609-0047 FAX: (270) 886-0393</p> <p>Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd, Trigg Counties</p>	<p><b>Purchase District</b> 2850 Adams Street Paducah KY 42001 (270) 442-5831 1-800-648-6599 FAX: (270) 442-3268</p> <p>Ballard, Carlisle, Calloway, Fulton, Hickman, Graves, Marshall, McCracken Counties</p>