Health Care Provider Fact Sheet

Disease Name Hypermethioninemia

Acronym MET

Disease Classification Amino Acid Disorder

Symptom onsetUsually asymptomatic in the neonate

Symptoms Sweat, urine, and breath may smell like boiled cabbage; delays in motor

skills; intellectual disabilities; muscle weakness; sluggishness; and liver

problems can occur.

Natural History w/o treatment Ranges from asymptomatic to neurologic defects, skeletal deformities,

and facial and visual abnormalities. MAT I/III may be benign.

Natural history with treatment With treatment, many children experience normal growth and learning

abilities.

Treatment The neonate may be prescribed a special formula and later may be

restricted to a diet low in protein. Because the diagnosis and

management of MET is complex, the primary care physician is advised to

manage the baby in close collaboration with a consulting pediatric

metabolic disease specialist.

Inheritance

General population incidence

Ethnic differences

Enzyme function

Autosomal recessive

RARE, the number of people affected is unknown

NA

Missing Enzyme Methionine adenosyltransferase, glycine N-methyltransferase, or S-

adenosylhomocysteine hydrolase

Enzyme location MAT1A gene = Methionine adenosyltransferase, GNMT gene = glycine

N-methyltransferase, AHCY gene = S-adenosylhomocysteine hydrolase Each enzyme is a part of a process to convert methionine into a usable amino acid. Methionine adenosyltransferase converts methionine into Sadenosylmethionine (AdoMet); glycine N-methyltransferase begins the

next step in the process by converting AdoMet into S-adenosyl

homocysteine (AdoHcy); S-adenosylhomocysteine hydrolase converts AdoHcy into homocysteine which is then converted into the amino acid,

cysteine

MS/MS Profile Methionine – elevated

OMIM Link www.omim.org ID *610550

Genetests Link www.genetest.org

Support Group Genetics Home Reference

www.ghr.nlm.nih.gov/ghr/page/home

Save Babies through Screening Foundation

www.savebabies.org

Children Living with Inherited metabolic Diseases (CLIMB)

www.climb.org.uk/

