Health Care Provider Fact Sheet

| Disease Name | 3-Methylglutaconic Aciduria |
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| Acronym | 3 MGA |
| Disease Classification | Organic Acid Disorder |
| Description | Name used to describe five different disorders that impair the functioning of the mitochondria. Disruption of mitochondrial function pathways results in increased amounts of 3-methylglutaconic acid and 3-methylglutaric acid. |
| Symptom onset | Variable, from infancy to early childhood |
| Symptoms | Symptoms range from minimal to severe. Each type has its own signs and symptoms. Type I = speech delays, psychomotor delays, metabolic acidosis, dystonia, and spastic quadriparesis. Type II= Dilated cardiomyopathy, neutropenia, and skeletal myopathy. Type III = Optic nerve atrophy, cognitive deficit, and choreiform movements. TypeIV = variable and overlap with Types I-III. Type V = Dilated cardiomyopathy with ataxia, cryptorchidism, and hypospadias. |
| Natural History w/o Treatment | Variable. Can be asymptomatic to patients with severe neurological dysfunction, hypoglycemia, and acidosis. |
| Natural History with Treatment | Same as without treatment. Theoretically, in some types, the expected outcome would be improved neurological status and fewer problems with fasting and illness |
| Treatment | Treatment is generally supportive and often involves a multidisciplinary team. With 3MGA Type I, if diagnosed presymptomatically, carnitine supplementation and moderate leucine restrictions may be beneficial |
| Inheritance General population incidence | Autosomal Recessive RARE, Fewer than 20 cases of 3-methylglutaconic Aciduria type I have been reported |
| Missing Enzyme and Location | The basic enzyme defect for types III and IV is unknown. For types I and II the location is thought to be in the mitochondria. |
| MS/MS Profile | C5-OH elevation |
| OMIM Link | www.omim.irg ID#s *250950, *258501,*610198, *302060, *250951, *606580 www.genetes.org |
| Genetests Link | |
| Support Group and References | Genetics Home Reference www.ghr.nlm.nih.gov/ghr/page/home Gene Reviews http://www.ncbi.nlm.nih.gov/bookshelf/br.fcgi?book=gene∂=mga3 |

