

What You Need to Know about Influenza

WHO IS AT HIGHEST RISK:

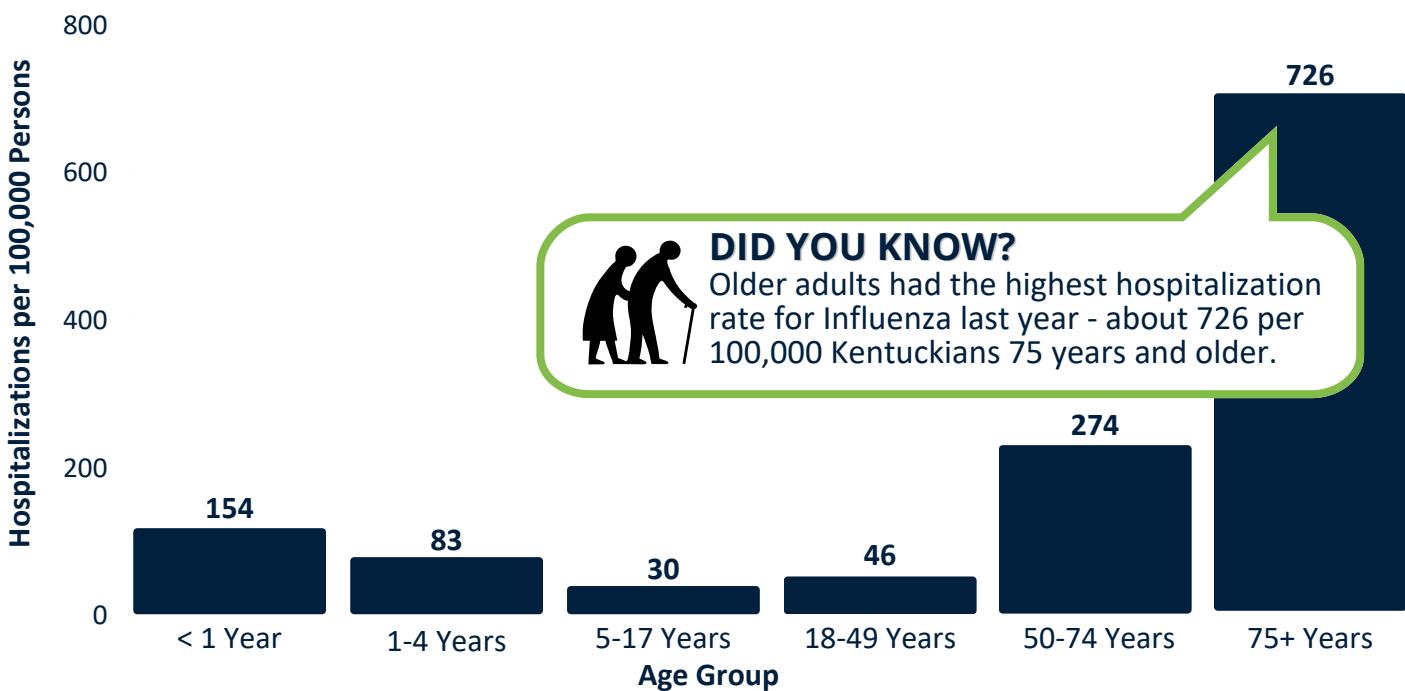
- Influenza or flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and sometimes the lungs. It can cause mild to severe illness, and at times can lead to death.
- Some people, such as older adults, young children and people with certain health conditions are at higher risk for complications.
- Vaccines are especially important for young children under two years old, adults 65 and older and people who are higher risk for severe infections from respiratory illnesses, including pregnant women.

WHEN TO VACCINATE:

- Everyone **six months of age and older** is encouraged to receive updated flu vaccinations this fall.
- Children 6 months through 8 years receiving the influenza vaccine for the first time should receive 2 doses, at least 4 weeks apart.

KENTUCKY INFLUENZA HOSPITALIZATION RATES BY AGE GROUP

9/29/2024 - 9/27/2025



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