Influenza, COVID-19, RSV and pneumococcal are contagious respiratory illnesses that can result in serious health issues for those not protected by vaccination.

Staying up to date on routine vaccinations is the best way to protect the body from serious complications caused by these four illnesses. These vaccinations may even be given on the same day.

Learn more by reviewing the resources below.

**Educational Resources**

**Flu**
- CDC Guidance
  - Similarities and Differences Between Flu and COVID-19
  - Vaccination Guidance for Children
  - Vaccination Guidance During Pregnancy
  - ACOG 3 Reasons Why You Need a Flu Vaccine During Pregnancy
  - Frequently Asked Questions

**COVID-19**
- CDC Guidance
  - Vaccination Guidance for Children
  - Vaccination Guidance During Pregnancy
  - ACOG 3 Reasons Why You Need a COVID-19 Vaccine During Pregnancy
  - Frequently Asked Questions

**RSV & Pneumonia**
- CDC RSV Guidance
  - RSV Vaccine Information Statement (VIS)
  - CDC RSV Vaccination for Pregnant People
  - CDC RSV Vaccination for Adults 60 Years of Age and Over
  - RSV Fact Sheets
- CDC Pneumonia Guidance
  - CDC Pneumonia Vaccine
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