



Kentucky Public Health  
Prevent. Promote. Protect.

# MPOX

Get informed, stay safe.

If you have symptoms or medical concerns about mpox, contact your local health department or healthcare provider. For more information about mpox visit the CDC website.

## If You Are Exposed

- If you have been exposed to mpox, contact your local health department or healthcare provider to discuss what options you might have to prevent illness.

## If You Have Symptoms\*

- See a healthcare provider if you have painful, pus-filled bumps or sores in your mouth or other parts of the body or other flu-like symptoms.
- Avoid close contact (including intimate physical contact) with others until a healthcare provider examines you.
- Avoid close contact with pets or other animals until a healthcare provider examines you.
- If you're waiting for test results, follow the same precautions.

## If You Test Positive

- If your test result is positive, stay isolated and observe other prevention practices until your rash has healed, all scabs have fallen off and a fresh layer of intact skin has formed.
- Remain isolated if you have a fever or respiratory symptoms, including sore throat, nasal congestion or cough. Only go out to see a healthcare provider or for an emergency and avoid public transportation.
- If you need to leave isolation, you should cover the rash and wear a well-fitting mask.

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\*Symptoms start 5-21 days after exposure.