

As we enter the respiratory disease season, the Kentucky Department for Public Health recommends:



STAY UP
TO DATE
WITH
VACCINES



STAY
HOME
IF SICK



WASH
HANDS
OFTEN



COVER
YOUR
COUGH
AND
SNEEZES



CONSIDER
WEARING A
MASK
IF YOU ARE
HIGH-RISK FOR
SERIOUS
ILLNESS



Kentucky Public Health

Prevent. Promote. Protect.