

Healthiest Nation 2030

Public Health: *Start Here.*

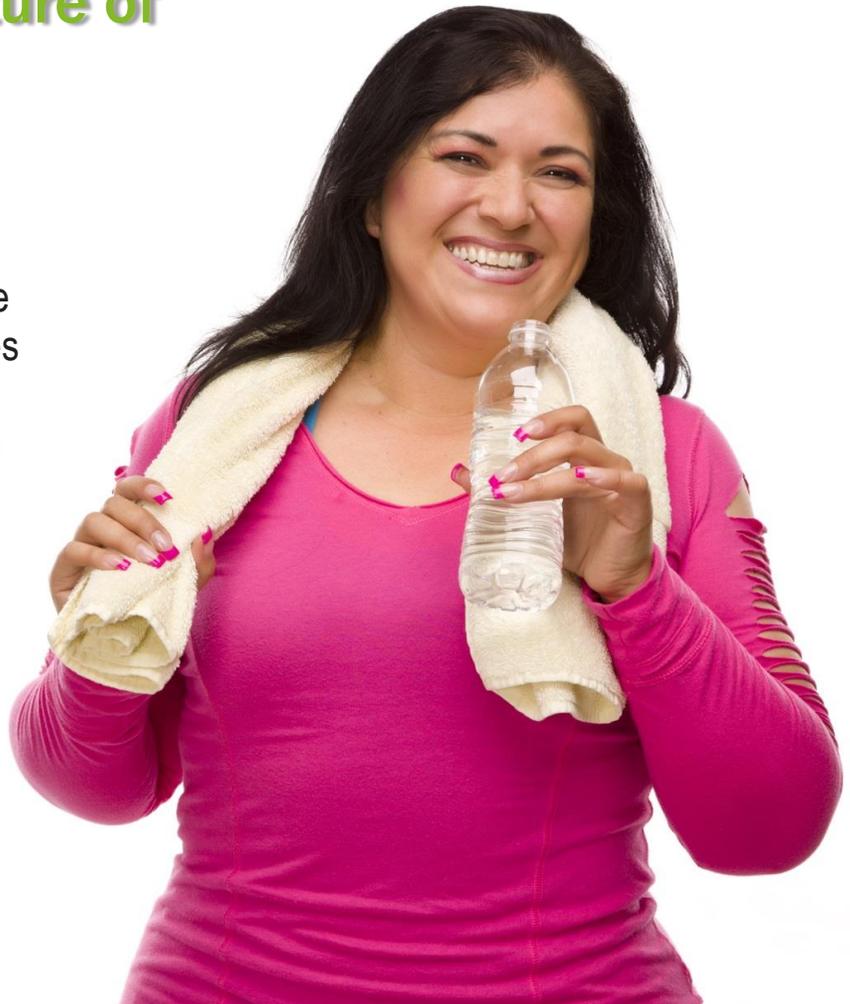
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Help us create a culture of health in Kentucky!

More than half of all cancer deaths and many chronic diseases could be prevented by making healthy choices such as not smoking, staying at a healthy weight, eating right, keeping active, and getting recommended screening tests.



Public health officials are providing opportunities for you to practice wellness at work, at school, and in your community.

THANK A PUBLIC HEALTH WORKER TODAY!



Kentucky Public Health

Prevent. Promote. Protect.

