

DEPARTMENT FOR MEDICAID
BEHAVIORAL HEALTH
TECHNICAL ADVISORY COMMITTEE MEETING

Via Videoconference
May 14, 2026
Commencing at 2:00 p.m.

Theresa Prokop
Certified Voicewriter

A P P E A R A N C E S

BOARD MEMBERS:

Dr. Sheila Schuster, TAC Chair
Steve Shannon
TJ Litafik (not present)
Valerie Mudd
Tara Hyde (not present)

1 DR. SCHUSTER: Are we at the 2:00?

2 MS. DAVIS: We are. And I will
3 just keep a lookout for TJ.

4 DR. SCHUSTER: Okay. Thank you
5 very much.

6 MS. DAVIS: Yes, ma'am.

7 DR. SCHUSTER: Welcome, everyone to
8 the Behavioral Health Technical Advisory
9 Committee meeting, known affectionately as
10 the BH TAC.

11 I should start keeping track of the
12 number of meetings we've had, because it's
13 been a lot. It's six a year for almost 10
14 years, or more than 10 years. That's a lot
15 of meetings.

16 Anyway, we welcome you all. I'm Sheila
17 Schuster, Executive Director of the Kentucky
18 Mental Health Coalition, and the long-time
19 Chair of the BH TAC.

20 And Steve and Val, do you want to
21 introduce yourselves, please?

22 MR. SHANNON: Steve Shannon with
23 KARP, association of 12 of the 14 mental
24 health centers.

25 DR. SCHUSTER: Great.

1 And Valerie?

2 MS. MUDD: Valerie Mudd, NAMI
3 Lexington, National Alliance on Mental
4 Illness and Participation Station up here
5 around peer operated center. I represent
6 folks living with mental illness, like
7 myself.

8 DR. SCHUSTER: Great. And Melissa,
9 do you want to mention what PAR is, please?

10 MS. ALLGEIER: Yep. Melissa
11 Allgeier. People Advocating Recovery. I
12 represent people in recovery.

13 DR. SCHUSTER: Great. Thank you.
14 And we are expecting TJ Litafik to join us,
15 but we do have a quorum.

16 We have two openings right now on the
17 TAC. Mary Haas resigned about a year ago and
18 we're still looking for a replacement to
19 represent the Brain Injury Association of
20 America.

21 And recently, Misty Agne, who was
22 representing the Brain Injury Association of
23 Kentucky had to resign because of a work
24 conflict with timing and we do not have a
25 replacement there yet. So, hope to have that

1 by our next meeting.

2 I very belatedly sent out very detailed
3 and long minutes of our March meeting. When
4 we have such good discussion, the minutes get
5 longer and longer, but I did send those out
6 to I think everybody I have on my e-mail
7 list. Could I get a motion to approve the
8 minutes, please?

9 MR. SHANNON: So moved. Steve
10 Shannon.

11 DR. SCHUSTER: Okay. And a second?

12 MS. MUDD: Second.

13 DR. SCHUSTER: All right. Any
14 additions, corrections, omissions,
15 misspellings or otherwise?

16 (No response.)

17 DR. SCHUSTER: All right. All
18 those in favor of approving the minutes,
19 signify by saying aye.

20 TAC MEMBERS: Aye.

21 DR. SCHUSTER: All right. And
22 those opposed, like sign.

23 (No response.)

24 DR. SCHUSTER: Okay. Let's go very
25 quickly to delays in paying claims for the

1 newly certified CCBHCs. We had this on the
2 agenda last time and we were hoping to have
3 it shaped up by April 1st. And Steve, I'm
4 looking to you to tell us whether that's
5 happened or not.

6 MR. SHANNON: It's better than it
7 was. There's still a couple waiting to go
8 through the final process to get claims
9 processed. I spoke to one yesterday, and
10 they're hoping, they had a test claim go
11 through that was okay, but they're still
12 somewhat concerned about the process. But I
13 -- but progress has been made since our
14 previous meeting.

15 DR. SCHUSTER: Okay. When you talk
16 about a test run or something, is that on
17 the part of the MCO or is that on the part
18 of the CCBHC?

19 MR. SHANNON: CCBHC submits a test
20 claim to the MCO and then, you know, if it
21 goes through. And they were hoping that
22 was -- went through the process. That just
23 happened recently, and they had -- the
24 person I spoke to didn't know the outcome
25 yet, but they were hoping that it would be

1 processed. So, I think progress is being
2 made. It varies across the new CCBHCs and
3 the MCOs, but it's better than it was.

4 DR. SCHUSTER: Okay. Well, we like
5 to hear about progress. DO any of the
6 providers or any of the MCOs have any
7 particular comments or questions they want
8 to ask or statements?

9 (No response.)

10 DR. SCHUSTER: All right. I'll
11 take that assent that progress is being
12 made. We will put it on the agenda for the
13 July meeting as well, Steve, and hopefully
14 by then we can say that they're all
15 (crosstalk). Yeah. Getting their approval.
16 Thank you.

17 There have been a number of continuing
18 questions about the rescinded approval of the
19 code for extended sessions, and also the PAs
20 around individual, family, and group
21 therapies.

22 You will remember that we discussed this
23 at the last meeting in terms of approval by
24 DMS to WellCare to go on and do PAs for those
25 services. We expressed a good deal of

1 concern. We did submit a recommendation to
2 the MAC that approval granted to WellCare to
3 require PAs for outpatient individual,
4 family, and group therapy be rescinded.

5 Steve, you were -- you presented that at
6 the MAC meeting, as I was out of town, and
7 you were told at that meeting, I believe,
8 that it had been rescinded.

9 MR. SHANNON: Yes. Yes, I was.
10 And then I confirmed it again. We had a
11 call with -- some folks expressed concerns
12 that WellCare was still requiring one and
13 that was clarified. Thanks to Leigh Ann
14 Fitzpatrick for that. But I think that will
15 pertain to the group and family therapy.

16 DR. SCHUSTER: Yeah. I got an
17 actually an e-mail from one of the providers
18 this afternoon saying that they were still
19 having trouble with the family and group.
20 So, I don't know if Leigh Ann is on, but is
21 somebody on from DMS that can absolutely say
22 for the benefit of everyone on that those
23 PAs have been rescinded?

24 DR. HOFFMANN: Dr. Schuster, this
25 is Leslie and I've got Chelsea on. Chelsea,

1 do you have an update for us on number -- I
2 think it's number 4 on the agenda. I'm
3 sorry. Yeah, number 4.

4 DR. SCHUSTER: It is number 4.

5 MS. AGEE: Hi. Yes. Good
6 afternoon. We do -- we can confirm, DMS can
7 confirm that that was, approval for the H004
8 PA was rescinded. We confirmed with
9 WellCare that that system configuration, you
10 know, they reverted back to no PA for that,
11 back to the April 1st date.

12 We have asked them to do a claim sweep
13 to ensure that, you know, when they were
14 operationalizing that recension that no
15 claims or services were kind of caught in
16 that interim period when they were making
17 those changes back from their system.

18 So, they are going to be doing that
19 claim sweep and providing an impact analysis
20 to DMS to determine if any providers, you
21 know, you need to -- if they need to work
22 with any providers on looking at those
23 authorizations again.

24 DR. SCHUSTER: Okay. So, it has
25 been rescinded, which is what we had

1 recommended. And we appreciate that. If
2 any of the groups' providers are still
3 having that problem, what should they do
4 with that information, Chelsea or Leslie?

5 MS. AGEE: I would advise working
6 directly with the MCO through your provider
7 representative, because, you know, again,
8 WellCare is aware that they are doing a kind
9 of a look back on the claims and services
10 that were requested over the last few weeks
11 just to ensure that anything that, again,
12 was caught kind of in that interim of the
13 system change is being corrected.

14 MS. SANBORN: Is the recension just
15 for H0004 or was the 90847 and 90853
16 included in that?

17 MS. SANTINE: Just the H0004. Oo,
18 I'm sorry.

19 MS. AGEE: Oh, no, you're good.
20 Yes. Just the H0004.

21 MR. SHANNON: So, is a PA required
22 for family and group? I thought it wasn't.

23 DR. SCHUSTER: No, we were told
24 that it was not. Our recommendation was
25 that all of those be rescinded, and we were

1 told that they were rescinded. And I think
2 that's what you heard back from Leigh Ann
3 Fitzpatrick.

4 MR. SHANNON: Yeah, it is.

5 DR. HOFFMANN: Sherri, are you on?
6 Can you assist with this as well?

7 MS. STALEY: Right. Yes. Hello,
8 this is Sherri Staley, Behavioral Health
9 Supervisor with Medicaid. The original
10 document that was sent for approval by DMS
11 was rescinded. It is my understanding that
12 it was supposed to be the entire document.
13 So, if that is different than what our
14 understanding is, we would need WellCare to
15 confirm that.

16 MS. SANTINE: The entire document
17 contained, I think, physical health and
18 behavior health codes, so the entire
19 document was not rescinded. It was just the
20 H0004 code that was rescinded.

21 DR. SCHUSTER: That is not what we
22 submitted recommendation to the -- to the
23 MAC, and it's not what we were told at the
24 MAC meeting had happened. I think I just
25 read to you, Behavioral Health TAC

1 recommends that the approval granted by DMS
2 to the request made by WellCare to begin
3 requiring prior authorization for outpatient
4 individual, family, and group therapy be
5 rescinded. That's exactly what we sent to
6 the MAC and we were told at the MAC meeting
7 that that's what had happened.

8 DR. HOFFMANN: Dr. Schuster, let us
9 take this back then and we'll try to get
10 some clarification and get that back out to
11 you. And if we can do it before -- like it
12 doesn't have to wait until another meeting.
13 We'll try to get information to you as
14 quickly as possible.

15 DR. SCHUSTER: Yeah. I would
16 really appreciate it, because obviously
17 we're all confused and the providers are
18 very confused, because we've been telling
19 them on the basis of what Steve was told at
20 the MAC meeting that that -- our
21 recommendation had been approved, which
22 clearly is for all of those therapy codes.

23 And that was the basis of our complaint,
24 quite frankly, was not on the extended
25 session. It was on the fact that WellCare is

1 breaking the mold of what MCOs and insurers
2 have been doing for years, and that is not
3 requiring PAs for individual, group, and
4 family therapy. It's not worth their money.
5 It's not worth their time. And it delays
6 care, which is what our biggest concern is.

7 DR. HOFFMANN: Right. I remember
8 that. All right, we'll follow up on that
9 one.

10 DR. SCHUSTER: All right. Can you
11 follow-up in a way that I can absolutely
12 share it out then to all the providers?

13 DR. HOFFMANN: Yes.

14 DR. SCHUSTER: And will be sure
15 that all of the providers are made aware,
16 because we really are --

17 MR. SHANNON: Confused.

18 DR. SCHUSTER: Again, confused.

19 MS. HENSEL: Hey, Dr. Schuster, I
20 just -- on behalf of the MCOs, I just wanted
21 to chime in. Completely agree with you. I
22 think historically, there has not been a
23 concern enough around quality of care in the
24 therapy space for it to be a place that MCOs
25 or health insurers have -- have felt the

1 need to authorize.

2 That being said, I think everybody is in
3 a heightened state of looking at and
4 exploring fraud, waste, and abuse, as driven
5 by a lot of the federal focus in that area as
6 well. And so, if analysis shows any type of
7 concerns in that space, I think that's
8 typically why you would see, and I know
9 United hasn't gone this path, but just on
10 behalf of all the MCOs, again, I would say
11 typically the reason you see an authorization
12 added on something where it historically
13 hasn't is something has spiked in our
14 analysis that would indicate there might be
15 fraud, waste, or abuse concerns in a code
16 area.

17 DR. SCHUSTER: So when -- you
18 raised an interesting point, Krista. So
19 when WellCare submitted their document,
20 which of course is blind to us, and actually
21 DMS's response to WellCare was not made
22 known to us directly, did WellCare submit
23 data to indicate why they were asking for
24 this? Was there justification? I guess
25 that's a question for Sherri or for somebody

1 at DMS.

2 MS. STALEY: The document did not
3 contain data. The document just contained
4 requests for new authorization approvals.

5 DR. SCHUSTER: I have a -- I'm
6 sorry, but I have a real problem with this.
7 And I think I expressed it strongly at the
8 last meeting. If all -- if what we were all
9 about is making sure that people get what
10 they need in the behavior health space, and
11 for years and years, as Krista has
12 acknowledged, there has not been PAs for
13 those, you know, therapy services, I guess I
14 have a real concern about DMS approving this
15 without at least asking WellCare what the
16 basis is for, because we know that PAs
17 delays services.

18 MR. SHANNON: Right.

19 DR. SCHUSTER: And I guess I'm not
20 asking you directly, Sherri, I guess I would
21 like to have some clarification from DMS
22 about what that process looks like. If
23 people can show data that there's a lot of
24 waste, fraud, and abuse in those therapy
25 sessions or in the numbers of them or

1 whatever the issue is, I would sure like to
2 see that data.

3 MR. SHANNON: And Sheila, I'd like
4 to see it across providers. Not one, two,
5 three, five providers in the behavior health
6 field, but, you know, is it pervasive?

7 DR. SCHUSTER: We had that problem
8 with the psycho-ed.

9 MR. SHANNON: Yeah.

10 DR. SCHUSTER: You know, there were
11 many of us that were not doing waste, fraud,
12 or abuse around psycho-ed, but there were
13 some providers that were, and we all got
14 caught up in that.

15 So, I would just like to go on record as
16 saying I would sure hope that DMS would be
17 asking for some data as the rationalization,
18 as a reason. And Krista raised that issue.
19 And I, you know, I think waste, fraud, and
20 abuse, quite frankly, gets thrown around to
21 be a reason for a lot of stuff, and I would
22 sure like to see the data that it's
23 happening. But we will move on.

24 MR. BALDWIN: Dr. Schuster?

25 DR. SCHUSTER: Yeah.

1 MR. BALDWIN: Just a -- this is
2 Bart. Just a closing thought on that. I
3 think if, in the role of the TAC, I just,
4 you know, that's better than I, but if
5 that's something that's been identified by
6 one of the MCOs, I think the data and a
7 solution to that could be a discussion with
8 this group for education and support for --
9 I mean, if it's intentional that's one
10 thing, but if you see trends of poor
11 performance, and I think that's something
12 that's -- that groups want to know about.
13 What can we do for additional education or
14 training in the providers. I think, kind of
15 proactively, not -- I mean, I know that if
16 you justify the PA on something or you
17 wouldn't, I understand that if you have the
18 data to back it up. But also, I think
19 there's another way, other solutions to that
20 as well.

21 DR. SCHUSTER: Excellent point,
22 Bart. And I will make note of that, because
23 I do think that's an excellent -- an
24 excellent thought.

25 MR. SHANNON: It's provider

1 education if it's those cases, right?

2 DR. SCHUSTER: Yeah. Yeah. If
3 there's something that's going on and
4 providers are not -- and we are going to get
5 into this discussion, I think, around
6 medical necessity. Because that's another
7 area where I think providers need to know
8 what the medical necessity criteria are and
9 if they're meeting them and how they're
10 going to meet them.

11 So --

12 MS. SANBORN: Dr. Schuster, the
13 Children's Alliance would like to see if the
14 Behavior Health TAC would be willing to make
15 some formal recommendations to the MAC
16 around this -- this was a particular example
17 when this PA came out. The H0004 and the 2
18 -- the 2027, the psycho-ed, was on a line
19 that -- that said substance abuse treatment.
20 And then the others were on a psychotherapy
21 line. So it wasn't even clear. I think
22 some of our providers thought those things
23 were just for substance abuse treatment, and
24 so we had to kind of seek clarity.

25 So we would just ask that maybe a

1 recommendation is sent to the MAC that the
2 MCOs, if they're going to implement new prior
3 auths, that those are current and clear to
4 providers.

5 Also, when they issued that -- that
6 change, it's not listed on their current list
7 of -- of PAs. And when I was asking about
8 it, I was given a -- a link to an October
9 2025 list of PAs, and that's what's out on
10 the website. And it's really hard in May
11 of 2026 to look at a list that's -- that's
12 effective 2025.

13 And so I think when -- the
14 recommendation would be that when a current
15 -- when an MCO implements a new PA, that they
16 update their list on the website so that
17 agencies are clear on what's included as a PA
18 and what's not.

19 And we would ask that they notify
20 providers of those changes on their website
21 so that they're not requiring the providers
22 to look every single day, several times a
23 day, to find out what's the new and latest
24 thing, right? That there's -- there's time
25 and they're given 30 days to do that.

1 So, again, clear communication, 30-days'
2 notice, and some kind of format, and then a
3 current PA list. Not a six month or seven
4 month or eight-month-old PA list on their
5 website so providers know. Because today,
6 they just don't know what's current.

7 DR. SCHUSTER: Yes. I appreciate
8 that, Michelle. And actually a couple of us
9 had talked about the concerns with MCOs
10 putting changes of all kinds on their
11 websites and then really requiring providers
12 to check the websites at least once a day if
13 not several times a day.

14 And we were looking at a recommendation
15 that they be required to send out an email to
16 all providers alerting them, but I think
17 updating and keeping current the list of PAs
18 added to that. So, we will discuss that
19 later in the meeting. Thank you.

20 MS. COX: Can I weigh in? My name
21 is Tammy Cox and I am with Aegis Mental
22 Health. I'm on -- in the new business, I'm
23 hoping to be able to address an issue I have
24 with Aetna. But I also agree that the
25 Children's Alliance.

1 As coming from a standpoint from a
2 provider, we just learned last week that
3 Aetna had implemented a psychoeducational PA
4 back in June of last year that we were not
5 aware of. Nothing -- it was put on the
6 website. We were not made aware that our
7 psychologist would need a prior authorization
8 for his psych evals.

9 DR. SCHUSTER: Wow.

10 MS. STALEY: Hey. This is Sherri.
11 I just have to weigh in here. We are making
12 efforts to keep that side-by-side comparison
13 up to date. It certainly has been updated
14 since 2025. It might not be exactly current
15 at this moment, but we are making efforts to
16 do that.

17 Also, the MCOs have contractual
18 obligations to send out provider
19 notifications about changes. And so people
20 should be getting those from their MCOs as
21 well.

22 I also would like to just caution folks
23 to remember, if you have a particular issue
24 with one MCO, if you would like to resolve
25 that with the MCO through the proper

1 channels, and also with DMS if you feel it is
2 a breach of policy or contractual
3 obligations, then you can certainly go
4 through the DMS process as well.

5 I know that this is an open forum, but
6 it really, sometimes it's best just to go
7 through the proper channels for a specific
8 incident, because it could have been a number
9 of issues that we see. Sometimes people will
10 bring things to me, and when we dig in deeper
11 it was actually just a billing error that
12 could easily be corrected, or there were
13 notices sent out but it might not have gotten
14 to every single person in your agency.

15 So, I would just ask that people really
16 try to go through the steps to look at the
17 appeals and denial reasons, and start with
18 your MCO reps first. Then if there is no
19 resolution and it is different from the
20 policies that are supposed to be followed,
21 that then they contact the contract
22 monitoring branch at DMS for those specific
23 incidents.

24 MS. ALLEN: I would also like to
25 weigh in. I'm so sorry. This is Jodi Allen,

1 Behavioral Health Supervisor with DMS.

2 Thank you, Sherri. Yes, that is very
3 true, and I have seen many providers that
4 have come through those processes like you
5 were speaking of, and have gotten the help
6 that they needed.

7 Also, I want you to know that we do hear
8 you. I know sometimes when things don't
9 happen very, very quickly, it can feel like
10 you're not being heard or that we don't
11 understand the issues. And I just want you
12 to know that we truly are, as a team,
13 actively working to address these concerns.

14 We are reviewing our policies. We are
15 going through the websites and looking at
16 what MCOs -- we are addressing some of the
17 review processes in-house that we have. And
18 I just want you to know that. We do hear
19 you. We do here that these are issues, and
20 we do understand. So, I just want you to
21 know that we are listening, and we are truly
22 working towards resolve going forward.

23 MS. HENSEL: Well, hopefully when
24 you get to new business and you hear my
25 other issue that somebody from DMS can weigh

1 in and help me, because I have reached out a
2 couple of times to DMS for this and I
3 haven't gotten any response, so that's why
4 I'm on here today.

5 MS. ALLEN: Okay.

6 MS. HENSEL: I don't mean to cause
7 any trouble. I'm just trying to get
8 resolution to a problem that we're having.

9 MS. ALLEN: I understand. Okay.
10 Yeah.

11 DR. SCHUSTER: And that's what this
12 forum is for. I will say, in doing the
13 minutes, and I actually went back to the
14 court reporter. I usually do the minutes
15 out of my own notes, but I was having
16 trouble reading them. So, I actually went
17 to the discussion that we had back in March,
18 and provider after provider after provider
19 was saying, we don't know what these changes
20 are, because the MCOs are not sending us
21 e-mails.

22 And I guess there was some communication
23 from providers that they were getting too
24 many e-mails, so the MCOs, I think all of
25 them decided, we're just going to put it on

1 the website and then it's up to you to check
2 the website. And that's where, Jodi and
3 Sherri, that's where this is coming from is
4 the frustration around that, because --

5 MS. SANBORN: Well, and today --

6 DR. SCHUSTER: -- they're not
7 getting notifications.

8 MS. SANBORN: Yeah. I looked on
9 the link today around this H0004 and when I
10 go to look on a comprehensive list on the
11 behavior health page, it includes all sorts
12 of medical PAs, but they're all October
13 of 2025. And we brought this issue up in
14 March.

15 And so in March, when it was back and
16 forth, the website should have been updated
17 so that I know today what the current PA list
18 is for each MCO.

19 This isn't just one MCO. This would be
20 helpful for all the MCOs, that there's a
21 place, when changes happen, it should be an
22 automatic. And so that I can look at that
23 list every day, if I'm going to have to do
24 that, and I don't get the notifications or
25 whatever. But having an updated list of your

1 current PAs would be very helpful, because
2 right now the H0004 the 90848 or 90847 and
3 53, they're not on there, because that was
4 October. These issues weren't even talked
5 about until February.

6 So, it -- it just would be nice to have
7 current PA lists available, because my
8 providers do not know what's current because
9 of the back and forth. And again, the
10 eight-month-old list that's out there on the
11 website.

12 MS. ALLEN: Thank you for bringing
13 that to us. And we do hear you and are
14 actively working towards resolve.

15 DR. SCHUSTER: Okay. thank you.
16 And that's helpful to have that.

17 I'm so confused about where we are. Are
18 there other -- well, let's go to five.
19 Update on the resumption of prior auths for
20 Medicaid BH services. Clearly, we've already
21 gotten into some of these. And the fact that
22 people -- most providers do not know what the
23 current PA list is, whether it's for psych
24 testing or whether it's for the individual,
25 group, and family therapies or any other

1 items. What else do we have under this
2 agenda item?

3 (No response.)

4 DR. SCHUSTER: You've made your
5 recommendation, Michelle, which I think
6 would go for this as well, to have
7 notification and an updated list, and I
8 think Medicaid is hearing us, and I
9 appreciate that.

10 Are there any other issues around PAs
11 that anybody wants to bring forward at this
12 point?

13 (No response.)

14 DR. SCHUSTER: Krista puts, UHC
15 provider PA list -- I'm sorry, I just lost
16 it. Can you just say that, Krista? I just
17 lost the chat.

18 MS. HENSEL: Sure. Everybody had
19 the link for the United Healthcare pieces.
20 So there is a Kentucky-specific website
21 that's always kept up-to-date and includes
22 who our provider advocates are, the current
23 PA list. And so I just wanted to make sure
24 if anybody didn't have easy access to it
25 that I put it in this location so you guys

1 could document it and share with the various
2 provider groups that you represent.

3 DR. SCHUSTER: All right.
4 Anything? Going once, going twice.
5 Anything else on prior auths?

6 (No response.)

7 DR. SCHUSTER: And Leslie, you're
8 going to get back to us about the questions
9 we have with the H0004?

10 DR. HOFFMANN: Yes. I've asked
11 Sherri to take the lead on that, and she'll
12 work with Leigh Ann and Chelsea.

13 DR. SCHUSTER: Okay. Thank you.
14 Liz Stearman apparently is putting their
15 link in. But it still requires the
16 providers to go to every MCOs website to get
17 that information.

18 MS. STEARMAN: That's in addition
19 to the other notices. Sorry, I didn't mean
20 to post that in exclusion. We also send a
21 mailing, an e-mailing, and do verbal updates
22 in our joint operating committees and all
23 meetings with providers.

24 DR. SCHUSTER: Okay. Thank you.

25 MR. SHANNON: Including KARP.

1 DR. SCHUSTER: Including KARP. All
2 right. Okay.

3 MS. KOENIG: Dr. Schuster, this is
4 Stephanie. And just to kind of provide some
5 -- I mean, and agreement, we do provide
6 similar notice as well out to our provider
7 community with UHC, but just from like an
8 overarching for providers to understand, as
9 MCOs go through the process, we do submit
10 this first to the state for approval.

11 And so when we're talking about updates
12 to our systems, we have to wait and are
13 dependent on DMS to provide us the approval,
14 which then, you know, there is a timing
15 factor for us to get the information up to
16 date in our system. So just for the
17 providers to be aware, you know, we are
18 expected to give them 30-day notice once it's
19 been approved. And then that hopefully
20 allows us the time to get our systems up to
21 date.

22 So there is -- there is a delay that
23 sometimes you may not see that -- that
24 information immediately as soon as you see
25 that notice, but just also wanted the

1 providers to also understand, we have to go,
2 you know, as MCOs, through a -- through a
3 process as well.

4 DR. SCHUSTER: Yeah. I understand
5 that you have to get permission from DMS for
6 any PA changes. Correct?

7 MS. KOENIG: Yes, that is correct.

8 DR. SCHUSTER: Either instituting
9 them are dropping them. Okay. And you
10 cannot notify providers until you have that
11 permission.

12 MS. KOENIG: Correct.

13 DR. SCHUSTER: Approved. Okay.
14 And you cannot start implementing it until
15 30 days has gone by from the time of the
16 notification of the providers, right?

17 MS. KOENIG: That's correct.

18 DR. SCHUSTER: Okay. So are you
19 saying there is sometimes there is an
20 additional delay because sometimes your
21 systems are not ready?

22 MS. KOENIG: No. I'm just
23 indicating sometimes when we're accessing
24 maybe the provider portals, there may be
25 delays on our internal systems to make sure

1 that that information is up to date. And so
2 I heard some people speaking up. I know
3 that there was a delay for us with our
4 communications team. So, while we've --
5 we've updated our PA with approval,
6 sometimes it may not always align in our
7 portal. So, I just want to -- I mean, ours
8 is up to date, but I just wanted to ensure
9 that providers understood the process for
10 MCOs.

11 DR. SCHUSTER: Okay. And have you,
12 Stephanie, if you have a new PA added or one
13 that's been taken down, are you sending
14 e-mails to providers to notify them?

15 MS. KOENIG: Yes. And then we have
16 a monthly kind of top-of-mind article that
17 providers get updates on each month.

18 DR. SCHUSTER: Okay. All right.
19 Thank you.

20 Anything else on PAs? We're all just so
21 excited that they're back with us.

22 (No response.)

23 DR. SCHUSTER: Let's go to audits.
24 That's also been a source of great
25 discussion. Any updates in the discussion

1 around audits?

2 MS. SANBORN: So, recently we've
3 heard a lot of our providers are getting
4 prepayment audits. Prepayment reviews. And
5 I think we were previously told that that
6 kind of prepayment reviews was a pretty
7 serious offense and there should be a lot of
8 prework prior to our agencies being put on a
9 prepayment review.

10 And then also, MCOs should be getting
11 approval from DMS before doing a prepayment
12 review.

13 So I started inquiring, how would our
14 agencies know if they were put on these
15 prepayment reviews, because some of the
16 contractual language that I shared with them,
17 they were like, we have never done that, or
18 haven't experienced that, or I haven't had
19 these conversations.

20 They gave me copies of these letters and
21 they were all very similar that they were on
22 these prepayment reviews. And then I was
23 told that there's something called a claims
24 edit audit, but prepayment review is still on
25 the letter.

1 So, just trying to understand what's
2 allowed in regards to our providers providing
3 services and then not getting paid until
4 their -- until a review is done. I just
5 don't think that's a good practice. I don't
6 mind that we do audits and follow an audit
7 process for those that maybe we suspect
8 aren't providing good services. And I
9 certainly don't mind, you know, some
10 prepayment reviews, again, on those egregious
11 organizations. But I had a handful of
12 agencies and none of them were on a
13 prepayment review list.

14 And then I was told something about some
15 audit claim process that I know nothing about
16 and know nothing about the rights of the
17 providers around that. So just trying to get
18 clarity on what that is.

19 MS. COX: I would like -- I'm
20 sorry. I would like clarity on that as
21 well, because we are on two prepayments.
22 One with Aetna, one with Humana. And we
23 also just did -- got an audit back from
24 Aetna that said we didn't include a lot of
25 our stuff from Aetna. As far as the TRIS

1 account, I don't know if you can see this,
2 but right here is everything that we sent as
3 far as each individual TRIS account.
4 They're saying we didn't send a lot of
5 stuff.

6 Every audit we do, we keep on a hard
7 drive every piece of paper that is sent.
8 They are currently asking us back for \$66,000
9 on stuff that we actually sent that they're
10 saying we did not send.

11 We're also on a prepayment with Aetna
12 for our CSA services that we were not made
13 aware of. We were given no training,
14 nothing. We just got something in the mail,
15 and we're not even able to contact Aetna
16 right now. The lady, the special -- the SI
17 unit person has failed to return our calls
18 for over a month now on where we're at on
19 getting off this.

20 DR. SCHUSTER: Who do we have from
21 DMS that could respond to this?

22 DR. HOFFMANN: Dr. Schuster, I've
23 got Chelsea still on. And I don't know if
24 Jeremy's on, but Chelsea is on.

25 MS. KENNEDY: I can. Well --

1 DR. HOFFMANN: Or Corey.

2 MS. KENNEDY: Oh, I'm sorry. Corey.
3 I'm on phone here. But Chelsea, you go
4 ahead and I'll come in if you need me.

5 MS. AGEE: Okay. Yeah. I was just
6 going to -- so, you know, for the Aetna
7 concern, I'm -- I'm going to address
8 Michelle's comments first, because I'm not
9 familiar with the Aetna concern.

10 But the concern that was brought up was
11 a couple of our MCOs were utilizing a vendor.
12 That vendor was putting the term prepayment
13 -- excuse me, in their letters, in their
14 notices that were going out to providers.

15 And once we did an inquiry with the
16 MCOs, we determined that this was not
17 prepayment as defined in the DMS MCO
18 contract. This was a claim review for
19 medical necessity.

20 Typically, most of the requests that we
21 received, it was requesting medical records
22 to support codes that were billed, which is
23 not what DMS defines in our contract for the
24 purposes of fraud, waste, and abuse, as
25 prepayment.

1 So there was concern, you know, and DMS
2 did address with those MCOs, the language
3 that was being used in those letters, because
4 claim -- claim reviews, medical record
5 reviews, that does not fall under what we are
6 defining prepayment review as in our
7 contract.

8 So, we did work with the MCOs. I can
9 confirm that we received updated information
10 from one of them to make sure that the letter
11 was corrected. And so it does, it removes
12 the term prepayment. And it defines it as
13 what it truly is, which is a claims review.

14 And so, now if we're talking about
15 prepayment in terms of how it's defined in
16 the DMS contract, that is based on a
17 sustained or high level of payment error that
18 results from an analysis, and it identifies a
19 problem that could possibly relate to fraud,
20 waste, and abuse.

21 And so, in that instance, yes, the MCOs
22 are required to provide information to DMS
23 about wanting their request to place
24 providers on prepayment review. Our division
25 of program integrity and our Division of

1 Health Plan Oversight reviews those requests
2 and approves or denies them.

3 And then the MCO must notify the members
4 of that prepayment review. It is a very
5 clear language that we request that they use
6 in that letter.

7 It has to have very specific details
8 according to our contract, and it also has to
9 explain how a provider can be removed from
10 prepayment review, which is typically
11 sustaining that error rate, essentially to
12 where they're not having error rates and they
13 can take them off prepayment review and they
14 can continue billing.

15 So there is a distinction between the
16 types of reviews that we're talking about
17 here, one being more related to the fraud
18 waste and abuse and one which is not a
19 prepayment review, it's that clinical -- or
20 excuse me, it's that claim review.

21 So, you know, again, the MCOs are
22 correcting that language to make sure that
23 it's clear in the letter what the request is
24 pertaining to.

25 MS. SANBORN: So, Chelsea, I just

1 need a little bit of help understanding. A
2 claims review is a prepayment review.
3 They've done a service and now they're being
4 asked to justify medical necessity before
5 they get paid.

6 MS. COX: Yes.

7 MS. SANBORN: Versus an audit,
8 which is that an audit is you do the
9 service, you get paid, you get audited, and
10 only to find out that you've not met medical
11 necessity, so there could be a recoupment.

12 MS. COX: Yes. And we have been
13 told through Aetna --

14 MS. SANBORN: Excuse me. So, if --
15 if we're allowing the MCOs to check medical
16 necessity on every claim, that's a
17 prepayment review. It's a prepayment audit.
18 Why don't we implement prior auths for those
19 services so that they could justify medical
20 necessity before I do the service and I'm
21 out the money. Does that make sense?

22 MS. COX: Yes. Absolutely.

23 MS. SANBORN: And now my right's to
24 have an audit.

25 MS. COX: Yes, I -- I agree. And

1 Aetna cannot tell you what your percentage
2 is. We have talked to several different
3 people, and they'll say it's this
4 percentage, or we don't have a percentage.
5 We've been on prepayment with Aetna, which
6 means we -- they do the service, they send
7 in the notes. Then Aetna says they have 45
8 days to review the notes. We've been on
9 prepayment with Aetna since September with
10 no way of knowing what our percentage rate
11 should be before we come off.

12 MS. AGEE: So, again, I'm -- with
13 the Aetna concern, you know, I don't want to
14 address that, just because I don't have the
15 information in front of me. I don't want to
16 say, you know, give you the wrong
17 information. I mean, we have our Aetna
18 partners on here, and I'm sure they'd be
19 happy to talk with you about that.

20 But as far as, you know, Michelle, what
21 you're talking about, you know, maybe doing
22 PAs instead, you know, the -- the technical
23 part of this in the contract, you know, the
24 MCOs are -- are using Edison audits in their
25 system regarding the NCCI guidelines, and

1 it's a mechanism to identify potentially
2 erroneous claims, and then, you know,
3 requesting those medical records to further
4 review.

5 So that is a technical mechanism in the
6 contract that the MCOs have to, you know,
7 have in --

8 MS. SANBORN: But I'm -- I'm still
9 trying to understand why they can't pay it
10 and then --

11 MR. SHANNON: Right.

12 MS. SANBORN: -- and then ask for
13 the documentation and do a recoupment if
14 it's not medically necessary.

15 MR. SHANNON: Michelle --

16 MS. SANBORN: I mean, why does a
17 provider have to go without being paid for
18 the services they provided in good faith?
19 That's the question.

20 MS. COX: And you have to pay your
21 employee that did that service, so if you
22 are an owner or if you're not, you're doing
23 stuff yourself, then you're out paying that
24 person all the way around. I agree with
25 what Michelle is saying, and I have a

1 therapist sitting in the back. She's on
2 board with Michelle that, you know, just do
3 prior offices for everything then.

4 MS. AGEE: I'm not -- you know, I'm
5 not sure if just doing prior auths on
6 everything is necessarily the solution,
7 because I know we've just spent a lot of
8 time discussing prior auths and how they can
9 be -- they can, you know, prevent you from
10 -- from providing your services, right? So,
11 I'm not sure that that's -- that's the
12 solution here, but I will just say
13 contractually, the MCOs are within
14 compliance with how they are processing the
15 claims review and the prepayment review.

16 The part of the issue that we saw that
17 was out of compliance was using that
18 prepayment language in those notices when it
19 wasn't truly prepayment as defined in the
20 contract. Which we have corrected.

21 MS. SANBORN: Ao, yeah. And so
22 thank you, Chelsea, because I think that's
23 what we're trying to understand is, I'm
24 trying to make some conversation or
25 discussion around these claims reviews, and

1 is that the appropriate way that we would
2 want our contractual language to be to allow
3 this, or is there other options such as
4 paying providers then doing a post-payment
5 audit where there's a lot of parameters and
6 rights set up for providers, or can we maybe
7 set up clearer maybe discretion and -- and
8 rights for providers for these -- again,
9 it's a prepayment audit is what it is.

10 DR. SCHUSTER: Yeah, I'm concerned.
11 Michelle, you raise a really good question.
12 I mean, I'm concerned about what's the
13 criteria that the MCO is using in picking
14 this, this, or that, or are they doing it by
15 providers, or are there certain services
16 that it's happening on most frequently?

17 I mean, it puts the providers in just a
18 terrible situation where they are actually
19 putting in the work and then they're waiting
20 I don't know how long for this to come up
21 after the fact.

22 MS. HENSEL: I wonder if it could
23 be helpful. You know, we spent a little bit
24 of time earlier in the call talking about
25 fraud, waste, and abuse, and it's the

1 Department of Program Integrity that has a
2 real mastery of that space. And I'm just
3 wondering if it might be helpful in an
4 upcoming agenda for the BH TAC to hear a
5 little bit from the Department of Program
6 Integrity in terms of what their
7 expectations are across the Medicaid system
8 and the pressures we're seeing and the
9 (indistinct) we're seeing in the fraud,
10 waste, and abuse space. I think that could
11 be helpful for this group, especially in
12 this portion of the conversation.

13 MR. BALDWIN: Yeah.

14 MS. HENSEL: So, I don't mean to
15 overstep my bounds, Dr. Hoffman or Chelsea
16 or anybody from the team, but I'm just
17 wondering. That seems to be a missing voice
18 that could be helpful in this conversation.

19 MR. BALDWIN: Yeah, Dr. Schuster, I
20 -- just real quick. Krista, I agree. I
21 appreciate that comment. I think
22 understanding and clarity is what we're
23 seeking on this, so that providers will know
24 what the rules are. We'll get into that
25 more, I guess, on the next item, but in

1 terms of this particular piece, one of the
2 things that -- a question that I have, and
3 if you take out the denials or the
4 recoupments for medical necessity, that's a
5 separate, but I think my question is,
6 clarity on what are the grounds for
7 recoupment, when an MCO does a recoupment?

8 Because my assumption is, it's tied to
9 waste, fraud, and abuse, but what we're
10 seeing is in audits where people are getting
11 recouped funding based on it's supposed to be
12 48 hours of signature and then happen in 72
13 hours.

14 MR. SHANNON: Right.

15 MR. BALDWIN: Okay. That is an
16 audit finding. I'm not denying that that is
17 out of compliance, but is that something
18 that would be grounds for recoupment? My
19 assumption is, is that if you're going to
20 recoup dollars then you have to show
21 justification of waste, fraud, and abuse,
22 not an administrative, I mean, we're talking
23 about situations where even a prior auth was
24 approved, the service was delivered, the
25 service was documented. It was delivered by

1 an appropriately credentialed provider, but
2 based on an administrative or clerical
3 issue, recoupments are happening.

4 I'm not saying it's not a finding, I'm
5 not saying it shouldn't be even a corrective
6 action claim or something (indistinct)
7 provider, but I think that what is the real
8 justification, cause we're seeing, and this
9 is across the board.

10 (garbled speech)

11 DR. SCHUSTER: Excuse me, Tammy.

12 MR. SHANNON: Tammy, can you mute
13 yourself? Can you mute? Thank you.

14 DR. SCHUSTER: Thank you.

15 MR. BALDWIN: But I think that's
16 just a question of where is that authority,
17 because it seems an overreach for -- and I'm
18 not saying people can -- not to be
19 compliant, but if it's a finding, then an
20 action plan, a corrective action plan, these
21 are the findings. But if the service was
22 done, met medical necessity by an
23 appropriately credentialed person, then --
24 then there might be a finding, an action,
25 but should not be grounds for recoupment.

1 And maybe I'm wrong, but I'd love to, to
2 your question or to your comment, Krista, on
3 the training, you know, clarification on that
4 would be really helpful for the providers and
5 the recipients of services.

6 DR. HOFFMANN: So, Bart --

7 MR. SHANNON: Some action before
8 recoupment.

9 DR. HOFFMANN: This is Leslie. I
10 -- I noticed Liz just put this in the chat
11 too. I believe Jennifer did a presentation.
12 She's the Director for Program Integrity.
13 We can have her to come back if you want to
14 for one of the meetings and then we can have
15 the discussion. But I believe she did a
16 presentation. I thought it was to the
17 Behavioral Health. Dr. Schuster, do
18 remember, could it have been the MAC maybe?

19 MR. BALDWIN: She did one to the
20 TAC, but she only talked about audits. She
21 never really addressed our request. The
22 presentation -- because this was a couple
23 years ago, she did one around audits and
24 (indistinct). It wasn't the waste, fraud,
25 and abuse that Krista was talking about, but

1 it was around audits. But it was when
2 Medicaid does an audit, not when the MCO
3 does an audit. And so, obviously --

4 DR. SCHUSTER: I think it was a
5 piece of it, but it was not this piece that
6 we're talking about, Leslie.

7 DR. HOFFMANN: Okay. So, Chelsea,
8 can you take that back to Jeremy and talk
9 that through and see if we can come up with
10 something? And then, Dr. Schuster, we could
11 maybe come back at one of the next
12 Behavioral Health TACs and do a
13 presentation.

14 DR. SCHUSTER: Yeah.

15 MS. SANBORN: But I think doing the
16 -- doing the claims audits, and again, when
17 I have a group of 12 providers in the room
18 and almost half of them had experienced one
19 in the last month, I wouldn't call that
20 waste, fraud, and abuse. I call that
21 there's a new process in town to determine
22 medical necessity and get out of paying the
23 providers.

24 Because if all of those providers are
25 truly waste, fraud, and abuse type providers

1 where they really probably need to be on the
2 prepayment review process, we're in trouble,
3 right? This is a new process without
4 guidelines and without clear rights and --
5 and rules. We don't know how many days do
6 they have to respond, when do they have to
7 pay, what if we don't provide the right
8 services?

9 I mean, there's just a lot of questions
10 around these new claims audits that I'd never
11 heard anything about until now. And they're,
12 you know, again, they're not prepayment
13 reviews and they're not being approved, and
14 they're being done widespread. And I think
15 more than one or two codes. I can go back
16 and find out the different codes, but I
17 just -- we just need clarity on that process,
18 because it's just not fair for providers to
19 provide the service and not get paid.

20 MS. COX: I agree, Michelle. You
21 are absolutely correct. Or they'll tell you
22 to look between their guidelines or the KSR
23 guideline. They'll tell you -- you never
24 know which guideline to go with, because
25 they revert back between the two so much.

1 DR. SCHUSTER: Yeah --

2 MS. ALLEN: I was going to say --
3 oh, I'm sorry, Dr. Schuster, go ahead.

4 DR. SCHUSTER: Yeah, I was just
5 going to say, I think -- I think what
6 providers are looking for, you know, 99% of
7 providers, I'm going to say, want to follow
8 the rules, and they want to provide the
9 service, and they want to get paid for it,
10 whatever that payment is. But you can't
11 follow the rules if you don't know what the
12 rules are or if the rules keep changing.
13 And I think that's the piece that is so
14 frustrating.

15 And all through my notes, as I was going
16 back over our long discussions last -- last
17 meeting, and I could have gone back to the
18 court report, you know, for meetings before
19 then, it's the lack of consistency, both
20 between MCOs and within MCOs. I mean, that's
21 what we hear over and over and over again.

22 MR. SHANNON: And changes over
23 time.

24 DR. SCHUSTER: And it changes over
25 time. But we have -- I hear from providers

1 who call me and say, I don't know what to
2 do, you know? I talked to staff person X
3 from MCO Y and they tell me this, and that's
4 what I do, and then I talk to staff person Z
5 from that same MCO and they tell me
6 something completely different.

7 And we get a lot of that. And the
8 providers are really caught in the middle.
9 So the lack of predictability on the part of
10 the providers -- I mean, it's bad enough that
11 Medicaid is not the greatest payer in the
12 world. Most of the providers that are on
13 this Zoom and the ones that are out there are
14 doing this because that's the work that they
15 do, and this is -- the Medicaid population is
16 the population they want to serve, and
17 they're really trying their best to serve
18 them.

19 And, yes, there are errors. But when I
20 see some of the clerical errors, Bart said it
21 very well. These are not -- you know, you
22 provided a service that was not what was
23 ordered, or you provided a service that was
24 inappropriate, or you provided a service and
25 it was not done well.

1 These are people that -- what was the
2 one that you had Steve? They put the address
3 in and they put an S for South instead of
4 spelling South.

5 MR. SHANNON: Right, and those were
6 denied.

7 DR. SCHUSTER: And it was denied.
8 I mean, come on, folks. We've got more
9 important stuff. And I would think the MCOs
10 have more important stuff to do than to do
11 that kind of thing. It's increasingly
12 frustrating to me that we're putting
13 barriers up there that don't need to be
14 there.

15 So, however we can get it done, and I
16 would really like Jeremy or whoever to really
17 zone in on waste, fraud, and abuse.

18 MS. ALLEN: I'll also take this
19 back to our Behavior Health Directors
20 meeting with the MCOs just for additional
21 discussion to see if there are already
22 things that are being done. I mean, you
23 know, these MCOs are national, a lot of
24 them, and so just to see if there are things
25 that are already being done to help with

1 this issue.

2 I'm just constantly trying to think of a
3 way to resolve, and what can we do to move
4 forward. So, I'll take that --

5 DR. SCHUSTER: Yeah, I agree. I
6 appreciate that, Jodi. And we have always
7 known, and some of us have been in this
8 field a lot longer than others.

9 MS. ALLEN: Yeah.

10 DR. SCHUSTER: Behavioral health is
11 very difficult because we don't have X-rays
12 of broken bones and we don't have, you know,
13 some the things that are so much easier on
14 the physical health side --

15 MS. ALLEN: Yes.

16 DR. SCHUSTER: -- to mark whether
17 people are improving or not or what the
18 service was. You either set the bone or you
19 didn't. You know, we're dealing with all
20 that soft stuff. I used to say --

21 MR. SHANNON: And not all
22 interventions are the same, right?

23 DR. SCHUSTER: And not all
24 interventions are the same.

25 MR. SHANNON: But it doesn't mean

1 they're not good or bad, they're just, you
2 know, different approach.

3 DR. SCHUSTER: And no one patient
4 is the same as another patient --

5 MR. SHANNON: Right.

6 DR. SCHUSTER: -- as you all know.
7 Or client. So, yeah, I think we just need
8 to keep working on this, so let's keep this
9 on the agenda and keeping it moving forward
10 for sure.

11 Do you have anything else on that, on
12 the prepayment that you want to bring up,
13 Michelle?

14 MS. SANBORN: No. Just more
15 clarity on the claims edits process and the
16 rights for providers, which I call
17 prepayment reviews.

18 DR. SCHUSTER: Yeah. Leslie, if
19 you could let Jeremy know or whoever from
20 Program Integrity, we do need to know what
21 the rights of the providers are, the types
22 of claims that are coming up or what the
23 type of process, because we really are not
24 clear on that.

25 DR. HOFFMANN: It sounds like we've

1 got a couple of issues going on. I was just
2 asking if Chelsea could get with Jeremy and
3 then Program Integrity actually would be
4 Jennifer Dudinskie, but I want to make sure
5 that she, like you said before, what her
6 last presentation was on is maybe not
7 exactly what you were looking for, so maybe
8 if I can get those two to work together, we
9 can come up with -- with a better
10 presentation. Not that Jennifer's
11 presentation wasn't good, but more what
12 you're looking for.

13 DR. SCHUSTER: No, it was -- it was
14 a piece of it, but not this piece. And I --
15 Leslie, you know me, I would be happy to
16 talk with you and Jennifer and Jeremy if
17 that would be helpful.

18 DR. HOFFMANN: Yeah, we've been
19 talking about, if our liaison wants to speak
20 to us, we've been talking about if there's
21 specific things we need to meet with you
22 about on particular TACs if we need to meet
23 to better understand what you're wanting so
24 that we can work on it and get it done so
25 that we're not bringing back something

1 that's not necessarily what you wanted. So,
2 I did include Behavioral Health TAC as one
3 of those that we might want to have
4 in-between conversations. I know this
5 morning. And IDD TAC. I get lots of
6 questions from the IDD TAC.

7 DR. SCHUSTER: I think that would
8 be helpful. And I know Danni, I was on
9 vacation, and she was trying to get some
10 clarification on some of our items. And the
11 more that we could let you know what our
12 questions are. And I've been asking people,
13 when they bring something to me, to say,
14 have you let DMS know. I know that Michelle
15 had been in touch with Jodi and some other
16 folks about some of these issues. So, let's
17 -- let's do a little more communicating
18 between meetings in preparation.

19 DR. HOFFMANN: I think I will reach
20 out to you, Dr. Schuster, for a short
21 meeting.

22 DR. SCHUSTER: Yeah. Yeah, that
23 would be great. Thank you. Anything else
24 on that before we go?

25 We've got a good item here on that Bart

1 and his folks would like to talk about on
2 number 7.

3 Oh, Tammy, let me get back to you and
4 just say, why don't you reach out to DMS
5 directly. Would it be with -- who would it
6 be with, Leslie? Chelsea maybe?

7 DR. HOFFMANN: Jeremy's on. Yeah.

8 MR. ARMSTRONG-DEROSSITT: Yeah.

9 So, Tammy, I'm going to put a contact in the
10 chat for you to be able to reach out and
11 further engage with our internal DMS folks.

12 MS. COX: Okay, thank you.

13 DR. SCHUSTER: Thank you, very
14 much, Jeremy.

15 DR. HOFFMANN: Thanks, Jeremy.

16 DR. SCHUSTER: And we appreciate
17 your being on and bringing your issue,
18 Tammy. That's what we're here for.

19 MS. COX: Well, I have one more
20 issue, and I don't know if I need to wait
21 til new business. I was told by -- I don't
22 know if anybody knows who Ivy Livengood
23 is -- this would be the place to address
24 that issue, so I was just kind of waiting to
25 new business to bring it up.

1 DR. SCHUSTER: Yeah, we've got
2 something else in new business too, but
3 let's wait, if you don't mind, let's wait.

4 MS. COX: I don't mind at all.

5 DR. SCHUSTER: Okay. And Jeremy
6 just put the email for you in the -- in the
7 chat.

8 MS. COX: Thank you, Jeremy.

9 DR. SCHUSTER: Yeah. Bart and
10 Shannon and -- I just blocked on. Anyway,
11 you all, let's talk about provider access to
12 the MCO medical necessity. Number 7.

13 MR. BALDWIN: Yes. This is
14 something that -- thank you, Dr. Schuster.
15 This is something that we keep hearing
16 consistently, and it's come up already in
17 terms of the prior auth discussion and the
18 audits, in terms of clarity on what is the
19 medical necessity criteria that services are
20 being reviewed against. Having access to
21 those criteria, and frankly, when those
22 criteria change, what is the notification.

23 So, that's kind of what we're hearing.
24 We -- Shannon's going to give you a little
25 bit of a review or analysis. Because we've

1 reached out to -- you know, we've run -- you
2 know, we have ABA advocates and KHRA, you
3 know, a couple of associations that we lobby
4 for, but also have members and have clients
5 in the behavioral health space and kind of
6 reached out to everybody to get their
7 feedback.

8 We contacted Michelle and she reached
9 out to her members to get feedback.

10 And so Shannon's going to just kind of
11 give you based on what we heard, really the
12 questions we have at this point. And it --
13 and it goes back to really much along the
14 same lines, themes we've been talking about
15 or the clarity around the expectation,
16 clarity around when the -- when the
17 requirements or the rules change, how are our
18 providers notified.

19 So Shannon, do you want to take it from
20 there?

21 MS. O'CONNOR: Yeah. Thanks, Bart.
22 Yeah, thanks, Dr. Schuster. Yeah, you set
23 up this agenda very nicely, because I feel
24 like this conversation is encompassing of
25 everything we've had up until this point.

1 And as Bart mentioned, we have a very, very
2 wide range of behavioral health clients in
3 our portfolio. And when reaching out to
4 them heard the same thing from everyone.
5 From folks who were in substance abuse who
6 are community mental health centers or ABA
7 clients, our behavioral health clients, our
8 substance abuse clients.

9 Everyone is very confused as to how to
10 access medical necessity standards, where to
11 access medical necessity standards. And when
12 they ask, they're not receiving it. And
13 really just want to hear from the MCOs and
14 from DMS what -- what is the medical
15 necessity standard that everyone is supposed
16 to be using?

17 You know, in the regs, InterQual is
18 listed first, however, in the state contract,
19 MCG and InterQual are permissible.

20 We've noticed that some MCOs may have
21 switched to MCG, and many of our providers
22 don't feel like they have ever received
23 notice of that change, which, as we have been
24 talking about throughout this conversation,
25 that provider notice may be lacking, and that

1 this seems like a big one.

2 But then also what rules? Is it the
3 state contract or is it the state regs? Just
4 would love an understanding of what that
5 expectation is.

6 And then it does specifically state in
7 the state contract that providers, upon
8 request and on each contractor's website, is
9 supposed to be clear access to the medical
10 necessity guidelines, and we just are hearing
11 consistently that that is not happening.

12 And so we'd love to hear what is the
13 definition of access, where can we find those
14 criteria, and how can we educate providers
15 and get them this access so that everyone's
16 on the same playing field?

17 So hopefully we can reduce some of these
18 prior authorization denials and these claim
19 denials and, you know, prepayment review,
20 and, you know, post payment audits. I just,
21 if we can all get on the same page and have
22 some clarity on this issue, that would be
23 great.

24 I have a couple other thoughts, but I
25 think that's plenty to start with.

1 MS. AGEE: Hey, this is Chelsea
2 with the DMS. So, just want to clarify,
3 contractually, MCOs, they have to adopt
4 InterQual or MCG. And then ASAM. I think
5 someone is also putting some comments in the
6 chat as well. ASAM for behavioral health
7 services.

8 The way that the MCO would post that
9 would be either UM policies. So if they had
10 a change to one of those UM policies, they
11 would have to, you know, anything that's
12 public-facing, provider-facing, they have to
13 get those documents approved by DMS prior to
14 posting or issuing. And then they would --
15 that would require a 30-day notification to
16 the provider if a change had happened. So
17 once that, you know, DMS approves that
18 document for the MCO, they would then,
19 obviously, have to give 30-day notice to the
20 provider network of those changes.

21 And I do see some of the MCOs are
22 putting in the chat maybe some -- some links
23 to their websites. But I would, you know,
24 let each of them kind of speak directly about
25 their process as far as the notification and

1 review process. But just contractually,
2 that's the parameters that they're working
3 within.

4 MS. MARLER: Chelsea, can you speak
5 to if -- how that aligns with the reg that
6 just names InterQual?

7 MS. AGEE: What are you -- I guess
8 I'm trying to understand. You mean as far
9 as letting them use MCG or InterQual?

10 MS. MARLER: Right.

11 MS. AGEE: Um, I wouldn't be able
12 to speak to that in particular. I just
13 know, you know, that's -- I think been in
14 our contract for the last two iterations.

15
16 MS. PARKER: Chelsea, this is
17 Angie. I can answer that.

18 MS. AGEE: Oh, perfect. Thank you,
19 Angie.

20 MS. PARKER: I'm sorry. I'm not on
21 camera because I'm on my phone, but there
22 was a lawsuit regarding the use of InterQual
23 and Milliman. So, I believe that regulation
24 has changed to allow either/or.

25 MS. STEARMAN: The regulation has

1 actually never been updated. It all still
2 references InterQual, which is very
3 confusing, and we've brought that up.
4 Unfortunately, you know, because of the
5 lawsuit, there was a mandate that came out
6 after that that supersedes that -- that
7 regulatory language. Because I believe it
8 has to be corrected through, you know,
9 legislative processes versus the court
10 processes. But -- and Angie, do we still
11 have that memo posted somewhere so that we
12 could maybe reference that when -- when we
13 get questions?

14 MS. PARKER: That is a very good
15 question, Liz.

16 MS. STEARMAN: It's like a historic
17 document at this point, so yeah.

18 MS. PARKER: We can try to locate
19 that. I just know that early on in my
20 beginning with Medicaid that this was an
21 issue and that I didn't realize that it
22 hadn't been updated. I mean, I know that as
23 long as it's approved by Medicaid, InterQual
24 or Milliman or ASAM criteria can be
25 utilized. Also, MCOs can develop their own

1 based on evidence-based medicine as long as
2 it's approved by Medicaid.

3 MS. MARLER: That is tremendously
4 helpful. Thank you. We figured there was
5 experience here somewhere.

6 Is it -- if it would be possible to
7 share that memo, that would be super helpful
8 just so we all understand the framework
9 within that decision-making around which
10 criteria is used.

11 And I know we're going to get into
12 understanding, but is there any kind of
13 uniform definition of access or accessibility
14 for the criteria that each -- that MCOs are
15 all held accountable for?

16 MS. PARKER: I don't know if I
17 understand the question. Whether
18 accessibility for the providers?

19 MS. MARLER: Yes. Since the
20 requirement is that if providers request
21 access to the criteria, they can receive it
22 and that there should be access virtually.
23 What is that standard?

24 MS. PARKER: The standard is, if
25 you as provider want to see the criteria

1 that was used to make a decision, you
2 request that of the MCO and they have to
3 give it to you.

4 MS. O'CONNOR: And that is what we
5 are coming up against. That is not how
6 (inaudible) routinely. And yeah, Ben I see
7 (inaudible).

8 MR. DAVIS: Yeah. If I may. I
9 actually received a letter from an MCO
10 today. An e-mail that stated that they -- I
11 needed to pay for InterQual access
12 personally. I've been requesting through
13 provider rep, phone call, and website visits
14 for over a month and have not been able to
15 gain access. And that's where my concern
16 comes from as a provider. I think some MCOs
17 are different than others, but as a
18 provider, we've been told even in UM
19 decisions that InterQual is proprietary and
20 that they cannot help us with access.

21 MS. PARKER: It is proprietary;
22 however, they cannot give you direct access,
23 but they can copy, print out a copy of the
24 criteria utilized within that decision
25 making. So if that would be helpful. No,

1 they can't give you access to InterQual in
2 and of itself, but they can make a copy of
3 the criteria and send it to you.

4 MR. DAVIS: That would be
5 beneficial. What's hard is, that criteria,
6 I assume, would change over time as well.
7 And being able to keep up with that, for us,
8 is almost impossible. And we do see other
9 states, maybe like New York, where some MCOs
10 are providing InterQual portal access. And
11 I'm not saying that we need to go to that
12 expense or extreme, but we having to request
13 it, almost is on the same issue that we have
14 with prior authorization earlier. We're not
15 receiving notifications of changes even
16 though our UMs seem to reflect it.

17 MS. PARKER: Well, typically,
18 changes are made in InterQual and Milliman
19 on an annual basis. Now what type -- what
20 part of the year I don't know. But they are
21 -- it is contractually required that they
22 have the most up-to-date criteria, "they"
23 being the MCOs.

24 MS. MARLER: Angie -- I apologize.
25 Angie, is there formal written guidance on

1 how MCOs -- sort of in the vein of what you
2 just said, on how MCOs should respond to
3 requests for access to the criteria so that
4 they do -- so that there is broad
5 understanding that official documentation
6 should be provided?

7 MS. PARKER: Well, even if
8 something is denied, then in the denial
9 letter it should state that you may request
10 the criteria.

11 MS. MARLER: And is there guidance
12 on how MCOs must respond to that request
13 specific to what you just said about they
14 should copy and paste the relevant sections
15 and release those to the provider?

16 MS. PARKER: Well, I don't know.
17 To be honest with you, I'd have to look that
18 up. I don't know if there is specific
19 statute regarding that.

20 MR. DAVIS: If it help --

21 MS. STEARMAN: It is in the MCO
22 contract though. So, yeah.

23 MR. DAVIS: It's also in 97KR 1130,
24 I believe. It's available through website
25 and phone call. But off the top of my head.

1 MS. KOENIG: And Mandy, I'm gonna
2 drop a link. I mean, it is proprietary for
3 InterQual, however, we do have the InterQual
4 criteria on UHC's portal, so that can be
5 accessed by a provider. So, I will drop in
6 the link to our portal. That is the
7 information that is allowed to be shared.
8 As everybody has been indicated, it is
9 proprietary, so that is the guidelines that
10 are being reviewed. So, I will share that
11 here.

12 DR. SCHUSTER: Thank you,
13 Stephanie. So those are the criteria for
14 any MCO to choose InterQual as their medical
15 necessity definition. Those would be the
16 criteria used in making reviews of claims,
17 services, so forth. Correct?

18 MS. KOENIG: Sorry. Yeah.

19 DR. SCHUSTER: For medical
20 necessity. Yeah.

21 MS. KOENIG: And the only caveat
22 is, if you're not enrolled or in our
23 network, and you need access, you're gonna
24 have to set up the appropriate access to log
25 in to the portal. So.

1 MR. DAVIS: Stephanie, that's
2 honorable. As a provider, thank you for
3 doing that.

4 MS. KOENIG: You're welcome.

5 MR. BALDWIN: And I think the other
6 layer of that is, I think it was mentioned
7 earlier that MCOs can develop their own
8 medical necessity guidelines beyond, without
9 limited to that, and sometimes that makes a
10 lot of sense if there's something that's not
11 particularly, service that's not adequately
12 addressed in the criteria or if there's
13 reasons. You know, it could be other
14 reasons or clinical guidelines to add more.
15 And I think that it kind of falls into the
16 same area of what those are and what -- and
17 when they change, how does the provider
18 know?

19 I mean, we don't want medical necessity
20 or other guidelines driving clinical care.
21 We want the clinician driving clinical care,
22 but we -- they also need to know what
23 guidelines they are getting reviewed under,
24 whether it's prior auth or audits. And so
25 it's just a matter of clarity and

1 transparency is what we're really seeking
2 here.

3 MS. PARKER: Now, I believe, and
4 you'd have to ask -- call each MCO, but any
5 criteria that they develop, it should be on
6 their websites. That is not proprietary.

7 MR. BALDWIN: Right. Well, the
8 other piece is the access issue that we're
9 -- which it's inconsistent. I mean, we can
10 see just by the chat here that we're
11 (indistinct) inconsistency. So, and I think
12 that's why Mandy was asking what is the --
13 what is DMS's guidance and expectation on
14 that.

15 MS. MARLER: Right. I think that
16 would be -- I mean, we know there's
17 contractual language that requires this, but
18 since we are getting inconsistent
19 application, how might we provide further
20 detailed guidance about how to meet that
21 standard.

22 UHC posts online in a portal. Is that
23 the standard? Is that what it means when we
24 say post online? Does it mean we will copy
25 relevant portions and send those upon

1 request? Does it mean both of those things?
2 I just wonder if there's opportunity for us
3 to maybe get a more detailed understanding.

4 MS. HENSEL: The other thing I
5 would just highlight is whether it's
6 Milliman or InterQual there's a high
7 percentage of overlap between the two,
8 right? There is not -- because it is set on
9 evidence-based guidelines primarily by the
10 large various medical associations and stuff
11 represented, but the overlap is really high.
12 So, I don't want folks to walk away from
13 this conversation thinking that it's
14 100 percent different in terms of the
15 guidelines. I don't know the exact
16 percentage off the top of my head, but when
17 we've looked at it in the past, it is a very
18 high percentage of overlap. So, I think for
19 the majority of providers practicing
20 up-to-date, evidence-based guidelines,
21 billing to that guideline, this becomes a
22 non-issue.

23 So, recognize that it sounds like this
24 is painful for a small few and want to make
25 sure we're addressing around the margins

1 versus reinventing things that are, you know,
2 again, at the margins.

3 MR. BALDWIN: Right. Yeah, we're
4 not advocating for one or the other. We
5 wouldn't, you know, necessarily, or good or
6 bad. It's just a matter of accessing it.

7 MS. MARLER: Yeah. I don't think
8 providers are creating -- having confusion
9 operating within between the two, because
10 there is such significant overlap. I think
11 the inconsistency among what happens when
12 they request access to the criteria is where
13 we're getting a lot of challenge.

14 MS. O'CONNOR: And lack of
15 notification of any change or updates.

16 MS. HENSEL: Our legal team would
17 say, like, our legal team would say, we
18 can't fully just like give a provider the
19 guidelines, in part because InterQual also
20 sells their tool to providers, right? So
21 their business decision and the license
22 agreements that providers sign with them,
23 the license agreements that payers sign with
24 them, prohibit a full sharing of those
25 licenses. We share where we can.

1 To Angie's point, we absolutely share
2 when there's a denial that comes out, to
3 articulate specifically here was the gap
4 between what we did not see in medical
5 records to make this approval, so that that
6 ongoing learning can take place, right?

7 Our goal is that over time there's
8 fewer. But it is not good for a payer either
9 to have to do the administrative work. So it
10 is a collaborative way, but again, from a
11 legal perspective we can't open the gates
12 fully, because we're prohibited by the
13 InterQual license agreements.

14 MS. MARLER: No, Krista, completely
15 understood. And I think, you know, what
16 you've just described as kind of the gold
17 standard for what we would hope the response
18 is when access is requested. I think my
19 push, Angie, is, again, and then I'll drop
20 it, is just to see if we can get some more
21 detailed definition and explanation of
22 operationally what it means to post that on
23 your website or to provide it when providers
24 request it so that we do get something
25 consistent across the board.

1 MS. HENSEL: Yeah, and providers
2 are, you know, perfectly, you know, welcome
3 to purchase the guidelines from InterQual or
4 Milliman as well, right? And I get that
5 that's different in the behavioral health
6 space, but we see in our large medical space
7 is they built it into their EMRs and it
8 really, they build it that way. I think,
9 obviously, the behavioral health space is a
10 much different provider environment in terms
11 of technology and practice size, et cetera.

12 DR. SCHUSTER: Yeah. Very much so.

13 MR. DAVIS: If I may, on that, as
14 provider, one last thing. And again, I also
15 will drop it, is that that still means we
16 are aiming utilization attempts at a -- can
17 be or seem to be kind of a blind threshold.
18 And I've not had experience with you,
19 Krista, or UHC, but like I have had that
20 experience with other MCOs. And the
21 particular, you know, kind of instance of
22 their expecting. I had one a while back
23 that told me that I'm not allowed to
24 recommend so much because they're in school.
25 And we don't know where those criteria are

1 coming from, often. And that's part of the
2 concern we have with this. And again, we do
3 see other states that allow and pay for
4 provider access for the full criteria. New
5 York, I believe, being one of them, and
6 maybe as well as Ohio. And I don't think
7 that's full what we need, but, again, just
8 some guidance.

9 MS. KOENIG: And I guess from the
10 provider community I would offer up --
11 Stephanie from United Healthcare. I mean, I
12 think all of us have a peer-to-peer review
13 process, you know? And I think that is
14 always an opportunity for providers. And
15 so, if through the Utilization Management, a
16 Med Nec review, with that submission, you
17 know, that is part of the provider's rights
18 to request that, you know, and I'm not
19 saying that is the ideal solution. That is
20 still administrative on both ends, but, you
21 know, I think if we're still all new to the
22 prior authorization space, thus far where we
23 are today, that may be, you know, the
24 opportunity to do some collaboration when
25 we're walking through that process.

1 MS. O'CONNOR: Yeah, Stephanie and
2 Krista, I really appreciate it and
3 appreciate your willingness to contribute.
4 I would just like to note, there are other
5 MCOs here, and we're experiencing this
6 across MCOs. And so, while it seems that
7 United is -- is doing a really great job
8 sharing these criteria and maybe have some
9 internal policies, we are just not seeing
10 this happen consistently, and our providers
11 are telling us that there are changes from
12 peers to peers and from different
13 utilization managers that different criteria
14 are being applied to the same services that
15 they are requesting.

16 And so just any -- I think to Mandy's
17 point, any consistency that can be applied to
18 the expectation that the MCOs have for
19 sharing this criteria, interpreting this
20 criteria, and implementing it, and then
21 provider communication from the MCOs when
22 those changes occur, is what we are most
23 asking for.

24 (Crosstalk)

25 MR. CHAPMAN: (indistinct) really

1 quick.

2 MR. CROWLEY: Go ahead, Jeff.

3 MR. CHAPMAN: Thanks, Dave. So, I
4 went and put in the chat. We do put all of
5 our clinical and reimbursement policies on
6 the website, so any of those clinical
7 policies that were specific to Passport by
8 Molina would get posted on there. And we do
9 try to include a reference and citations to
10 the medical guidance that's published out
11 there as well as the regulations if it's a
12 reimbursement.

13 And then to what Krista was saying, so,
14 we use MCG, it is, of course, proprietary,
15 but MCQA does require us to provide any sort
16 of denial reasons when you do receive those
17 adverse determination letters. So, they'll
18 give you the criteria on what wasn't meant
19 and what would have been there, what they're
20 looking for, and then I would say you could
21 always use that information to go ahead and
22 correct and resubmit a new application or
23 modify the existing one. Whatever is easiest
24 for you all.

25 But if there's any sort of question or,

1 I guess, like in-depth information that
2 you're looking for, or best practices, I know
3 one ABA provider recently sent me their like
4 treatment plan draft that they had updated
5 and asked if we could look at it. So, I
6 looked at it, shared it with our ABA team,
7 sent some feedback back to it, say, here,
8 here's what we're looking for. That way we
9 can both save some time, because we don't
10 want to review it twice either. And I know
11 you don't want to submit it twice.

12 But if you have specific questions, and
13 I know Dave Crowley was on here, behavioral
14 health related. Dave can always meet with
15 you all. We can pull denials if you're
16 looking at any information there. Look at
17 examples. So, I think if there's anything
18 that we can provide, we certainly will. And
19 go individually through notification we'll
20 publish a notification on our website. And
21 then we do incorporate those into our JOC
22 decks.

23 So, I will put the contact information
24 too for our provider reps in the chat see you
25 all have that link. But you're welcome to

1 request like a monthly meeting with your
2 provider rep to see if there are any updates
3 or just put it in the books and cancel it if
4 you don't have any questions. But, yeah.
5 So, I'll leave it at that. Let me know if
6 you have any questions though.

7 DR. SCHUSTER: Yeah, thank you,
8 Jeff.

9 Who else do we have on from the MCO
10 world?

11 MS. JONES: Hi, there, this is Kat
12 Jones. We too also have a link if you're
13 one of our PAR providers that can't access
14 the MCG criteria. And I'll pop that link
15 into the chat.

16 And we also publish all of our
17 reimbursement and clinical policies on our
18 Aetna provider website. We have -- we do
19 have Constant Contact as our provider
20 notifications and all providers are free to
21 sign up for those -- for those
22 communications. Any changes to or additions
23 to reimbursement policies or medical
24 necessity criteria do have to be approved, as
25 has been said by DMS. And we make those

1 notifications at least 30 days in advance.
2 The notification is posted on our website.
3 Also sent out via Constant Contact to our
4 provider network. And also posted at that
5 time on the provider resources page.

6 DR. SCHUSTER: Thanks for that,
7 Cat.

8 MS. STEARMAN: Hey. This is Liz
9 Stearman from Humana. Similar to other
10 folks here, I've also placed our link.
11 Humana uses MCG criteria except for
12 Substance Use Disorder, which we use ASAM.
13 We publish any Humana-specific guidelines,
14 like I said, on that link. And if anything
15 on those change, we give between a 30 and 60
16 sometimes a 90-day notice if we're getting,
17 really ahead of ourselves there on any
18 changes that might happen, and those go out
19 to all impacted providers.

20 As of today, Humana has only -- uses one
21 -- has only one additional clinical criteria
22 policy outside of MCG and ASAM and it's for
23 psychoeducation. So it will be retired in
24 the next couple of months. And that website
25 you go to will be completely blank for

1 behavioral health.

2 But again, if you have questions or
3 concerns, give us a call. We do not
4 currently post the portal, so if you're -- if
5 you have questions about the MCG criteria
6 used, there are -- there's information on the
7 denial letters. It says exactly how you can
8 request that. And we will print off and send
9 a copy to you or you can just go to Aetna's
10 site, since Cat already said they've posted
11 the portal for MCG. So that's fantastic.
12 And like we said, those are national
13 standards.

14 To the point about, you know, them
15 getting updated, I feel that pain too.
16 Sometimes I'm like oh, we updated the
17 criteria, I did not even realize that. But
18 one of the things that we can do even if you
19 are not -- because those are national
20 standards that change, you know, MCOs are not
21 necessarily going to send out -- everybody's
22 not going to send out, oh, ASAM criteria got
23 updated, because that is not our criteria
24 necessarily, but you can always set those
25 Google or I know that's a back-end way to do

1 that, but just trying to figure out how to
2 get you guys more clued in on some of those
3 things that do happen kind of in the
4 environment that aren't specifically like
5 managed by an MCO to MCO.

6 Our own criteria we absolutely notify
7 about.

8 DR. SCHUSTER: Very helpful, Liz.
9 Anybody have any questions for Liz or for
10 Cats or for Jeff?

11 MR. CHAPMAN: If I may, I have one
12 for Beth Santine's provider. I received
13 guidance from WellCare on a national level
14 today that CPBH 104 is the current medical
15 necessity criteria. And, to be fair, this
16 is one of the MCOs I've had a concern with.

17 Beth, could I maybe follow up with you
18 directly on that or could you provide me with
19 someone where I -- someone who I can, because
20 your link indicates CPBH 500. Any advice
21 there would be helpful. Thank you. I'm
22 sorry to detract.

23 MS. SANTINE: I'm going to have you
24 follow up with our UM manager, and you can
25 reach out to both of us for that one.

1 DR. SCHUSTER: What criteria is
2 WellCare using?

3 MR. DAVIS: Thank you, Beth.

4 MS. SANTINE: Sorry. Forgot.
5 Sorry, I just answered his question and
6 forgot. We use InterQual and ASAM. If
7 there is a criteria that is not covered by
8 one of our clinical policies, which I put
9 the link in there for InterQual or ASAM, we
10 would look to LOCUS or CALOCUS.

11 And all of our clinical guidelines are
12 approved in advance of being posted, and
13 there is advance notice of those.

14 Same with what everybody else said. We
15 would not be able to provide advanced notice
16 of changes or criteria that is not something
17 we have written.

18 DR. SCHUSTER: Okay. Thank you.
19 So I think we've heard from all of the MCOs.
20 We appreciate that.

21 Anything else, Bart, that you or -- and
22 I'm sorry, Mandy that I blanked on your name
23 earlier. I had an old age brain fart, I
24 think. But you and Shannon.

25 MS. MARLER: There's only 100 of

1 us, Sheila. How could you forget?

2 DR. SCHUSTER: And think how many
3 years I've been doing this. How many names
4 I've learned. 120. So anything else that
5 you all want to put out here for discussion?
6 This has been an excellent discussion. I
7 think very helpful.

8 I guess I wonder if we want the reg to
9 be updated. It would seem to be reasonable
10 that the reg would be updated.

11 MR. BALDWIN: Yes.

12 DR. SCHUSTER: Yeah. I think we'll
13 make a --

14 MR. BALDWIN: (indistinct) Clarity.

15 DR. SCHUSTER: Yeah. I think we'll
16 make a recommendation to that effect. Do
17 you all have that reg number available? I
18 bet you do.

19 MS. MARLER: Shannon, put it in the
20 chat. I'll double check.

21 DR. SCHUSTER: Okay. All right.
22 So thank you --

23 MR. BALDWIN: Thank you.

24 DR. SCHUSTER: Yeah. Thanks very
25 much.

1 Do you all want any follow-up on this?
2 Do you want it on the agenda in two months?

3 MR. BALDWIN: You know, I think
4 that -- I know we've gotten some words, from
5 just kind of part of this discussion today,
6 and a lot of kind of on-the-fly, you know,
7 stuff in the chat, which I really appreciate
8 the responsiveness and sharing that. But
9 you know, maybe we can think about it as a
10 topic in the future, just a more formal
11 presentation on this. And really to Mandy's
12 point, maybe from DMS about what is the --
13 what is the clear expectation for
14 notification and some consistency. So, I
15 think that that -- I think that would be a
16 nice next follow-up and we can see where
17 things are at that point.

18 But, you know, I think just the --
19 certainly we've captured all the links that
20 have been shared in the chat, and we'll be
21 getting that notification out to providers so
22 they have access to that if they don't have
23 it already. So, I think that's a good next
24 step.

25 DR. SCHUSTER: Okay, great. Thank

1 you. And thank you for bringing this up.

2 Let's go to the status of the psycho-ed
3 service code. Which has been -- that's
4 H2027, which has been back and forth.

5 Steve, do you want to bring us up to
6 date on this?

7 MR. SHANNON: Yeah. I mean, House
8 Bill 470, you know, it was removed as that
9 code. It was not captured in the emergency
10 clause. That section was not included in
11 470. That's the peer support bill. And it
12 did have an emergency clause. So,
13 appreciate that.

14 But a communication was sent out
15 psycho-ed would end April 10th. But then I
16 think another communication was sent out
17 would not end until the effective date, which
18 is July 15th.

19 So, as I understand it, it's July
20 15th is when that's would then be --
21 psycho-ed would be discontinued. No longer a
22 billable code.

23 MS. STALEY: That is correct.

24 DR. SCHUSTER: And did that
25 communication from Commissioner Lee, which

1 is dated April 24th, did that go out to all
2 behavioral health providers?

3 MS. STALEY: Yes.

4 DR. SCHUSTER: Okay. Everybody
5 should have that. Yeah.

6 MR. BALDWIN: Am I correct that
7 billed as an individual code, it is no
8 longer accessible, but as part of an
9 intensive outpatient program you can still
10 -- that could be one? Do I have that
11 correct?

12 MS. STALEY: It is just a service
13 that should be incorporated into individual
14 therapy, group therapy, family therapy,
15 PPHP. Anywhere that a clinician would see
16 fit. It's just not going to be a
17 stand-alone paid for service.

18 MR. BALDWIN: Okay. Thanks,
19 Sherri.

20 DR. SCHUSTER: Yeah. That's
21 helpful. Because I think that's the way a
22 lot of clinicians were using it. I mean,
23 they were billing separately, they thought.
24 They saw it as part of their clinical
25 service. But, thank you, Sherri.

1 MS. HENSEL: There is a concern
2 that I just want to raise to this group for
3 an awareness perspective. We had heard
4 rumblings in the market that some providers,
5 probably none of which are on this call,
6 were contemplating since it's on non-covered
7 code, leveraging the non-covered code
8 language to bill the receiving member
9 patient directly for those services, which,
10 obviously, we find very concerning that
11 someone would want to bill a Medicaid
12 member. So I would just, especially for
13 those of you that are very plugged in in
14 your local communities, if you hear of that,
15 I think the faster we raise it up after July
16 15th so we can figure out a way to ensure
17 that that does not happen. I really do not
18 want to see Medicaid members that are going
19 through mental health or substance use
20 treatment to then receive a bill from a
21 provider. So, just a courtesy heads-up and
22 a request to help keep us posted if you see
23 any of that happening.

24 MS. ALLEN: And, Krista, we have
25 had a few reaching out in the DMS issues box

1 and have been able to address that
2 accordingly. So, I'm glad that you brought
3 that up, and we are continuing to respond in
4 that way.

5 MS. HENSEL: Thank you. We're
6 definitely making our call centers aware of
7 how to support members through that.

8 DR. SCHUSTER: I appreciate that so
9 much, Krista, because I think those of us
10 who work with family members, for instance,
11 and other people, that that's aware were
12 going to hear it. And so we really need to,
13 you know, I agree with you that I think the
14 providers, you know, that typically come to
15 the BH TAC and so forth are not likely to be
16 going in that direction. But we do not want
17 that to happen.

18 MS. HENSEL: Correct.

19 DR. SCHUSTER: And we can certainly
20 get that word circulated that that is not
21 appropriate and should not be tolerated, and
22 should be -- and I guess I would ask, Jodi,
23 should it be reported to DMS when we hear
24 about it? Who should we be letting know
25 about it?

1 MS. ALLEN: I mean, I think,
2 definitely sending to the DMS issues box if
3 there's something that's a concern, to start
4 with. And then if it's something that's
5 more of a reportable issue, then we can
6 connect you with other areas within DMS.

7 DR. SCHUSTER: Okay, because I do
8 think that we need to be on the lookout for
9 that, and I appreciate that heads up, Krista
10 and Jodi.

11 MS. KOENIG: Dr. Schuster, can I
12 ask Jodi a question really quick in response
13 to like what has been DMS's response back?
14 Because, you know, in balance billing, my
15 concern is, you know, with written consent.
16 Not all members, really, at the time of
17 walking into rehab or sub-residential or an
18 inpatient mental health, they're really
19 understanding all the information they're
20 signing, right? And so, that's probably the
21 concern when I think about from a member
22 standpoint.

23 MS. ALLEN: No, that's a good
24 point, yeah.

25 MS. KOENIG: And so, does DMS

1 anticipate a response? Because, again, I
2 don't think our members, I mean, I'm not
3 saying that this is -- I shouldn't make the
4 general assumption, but are probably as
5 familiar with House Bill 470 as we are.

6 MS. ALLEN: Oh, absolutely. Yeah.
7 Yeah.

8 MS. KOENIG: You know, and so they
9 may not understand the implications to that.
10 So, I didn't know what DMS's response back
11 is.

12 MS. ALLEN: Sure. I will say that
13 we haven't -- I mean, I haven't seen that
14 particular issue with what they're signing.
15 It's just more of an inquiry about are we
16 able to charge our Medicaid members for
17 services that are not billable.

18 So, I don't know that I have a
19 particular response unless anyone else on my
20 team does.

21 DR. SCHUSTER: So you've been
22 basically saying, as of July 15th, no?

23 MS. ALLEN: Correct.

24 MS. STALEY: Right. We have been
25 saying we would expect that this be

1 incorporated into the regular therapy codes.

2 DR. SCHUSTER: The regular
3 services, yeah. And not billed separately.

4 MS. STALEY: And not a standalone
5 service.

6 DR. SCHUSTER: Yeah, I think that's
7 a great perspective.

8 MS. ALLEN: I'm not sure I
9 understood Stephanie's question.

10 MS. KOENIG: No, you're fine. I
11 think you both answered the question. I
12 think more than anything I was coming from
13 the perspective of understanding balance
14 billing. And many times if there's written
15 consent, that the member understands that
16 the provider has the ability to balance
17 bill.

18 MS. ALLEN: Right.

19 MS. KOENIG: But many of our
20 providers, I don't think at the time of this
21 treatment, you know, are really thinking
22 through all the, you know, the, you know,
23 the documentations they're signing. And
24 knowing, you know?

25 MS. DAVIS: Yes. Yes. But, yes,

1 that is our response, what Sherri was
2 saying, that we expect by the date in July,
3 that that would no longer be a standalone
4 billed service.

5 DR. SCHUSTER: Yeah, and I would
6 just point out that the Commissioner's
7 letter says on or after July 15th. So it
8 also includes any services on July 15th.
9 So, sometimes we get kind of crossways about
10 when things start, you know, after, before,
11 that kind of thing. But it's very clear.
12 Not on or after.

13 All right. Thank you very much. Let's
14 see. We had information provided in the chat
15 about the 1915(i) RISE SPA. So, please check
16 that for your information.

17 What about reentry waiver and CHILD
18 Waiver. Do we have some reports there,
19 please?

20 DR. HOFFMANN: I think Angela's on
21 for reentry. And for CHILD, I believe
22 Carmen put -- oh, she's put waitlist in the
23 chat as well. But Carmen's on for CHILD.
24 So Angela for reentry and Carmen for CHILD.

25 DR. SCHUSTER: Okay, great. Thank

1 you.

2 Angela, what's goin' on? We went live,
3 right?

4 MS. SPARROW: There is a lot.
5 That's right.

6 DR. SCHUSTER: Bravo. Bravo.

7 MS. SPARROW: Good to see everyone.
8 Again, I'll always start off and say, in
9 terms of the projects, we couldn't do it
10 without everyone's support on this call. So
11 thank you all again, and thanks to all of
12 our partners always. This has been a truly
13 -- a team effort to get this implemented.
14 So, we did fully implement on April 1st. We
15 do have individuals in our Kentucky state
16 prisons and our Youth Development Centers
17 enrolled in their prerelease eligibility
18 period, which, as a reminder, is 60 days
19 prior to release.

20 We do have our DOC and our DJJ partners
21 contracted with our managed care
22 organizations.

23 We did deploy our systems. We are still
24 working through some of those system changes,
25 some of those system updates, making sure

1 that we are getting the information, accurate
2 information to the managed care entities.
3 And so in terms of those eligibility
4 segments, what services, they're again, what
5 kind of category of services, if you will,
6 that the individuals fall into when those
7 start dates are, when those end dates are,
8 when they're releasing. That is also really
9 driving, with our MCOs, the case management
10 component of that. The MCOs who are
11 providing case management inside of our state
12 prisons. So, again, really trying to staff
13 up.

14 I know they've done a great job in
15 getting those case managers trained ahead of
16 implementation, getting them to our locations
17 across the state, our state prisons. So they
18 are making in-person visits. We've had those
19 occur. We do have communication and
20 collaboration between DOC discharge planners,
21 our reentry coordinators, and are MCO case
22 managers.

23 We, again, have had some challenges in
24 terms of locations, correct addresses,
25 getting some information to the MCOs around

1 expected release dates, but we are working
2 through that, and they have been very, very
3 patient in doing so.

4 So we are six weeks in. It is still
5 very green at this point in time, but we're
6 very fortunate. Just to give you a few
7 numbers, since April 1st, we've had over 800
8 individuals roll into prerelease eligibility.

9 What we've talked about with our
10 partners is, what we have to remember is, a
11 large portion of our adult population in
12 state prisons, they are deemed eligible on
13 their earliest expected release date, which
14 may be a parole date. So, that individual,
15 again, may go in front of the parole board.
16 They may not be granted parole. There is a
17 chance. They can or they may not.

18 A large number of those individuals,
19 again, will not be released. Will not make
20 that parole date, and will be pushed out to a
21 later date. So, when that does occur, they
22 will often fall outside of their prerelease
23 eligibility period. And so, although we've
24 had a higher number of individuals fall in
25 that prerelease, a large number have fallen

1 outside of that. So, we've actually had, I
2 think, 170, near 170 releases. So that,
3 again, will kind of give you an idea of the
4 volume there that do fall outside.

5 That is challenging. Certainly
6 challenging for our MCOs, for our DOC
7 partners. We are really trying to talk
8 through, work through how we can prioritize
9 those releases. And, again, when we know
10 that a high volume may not fall -- who may
11 not actually be released.

12 So, we are working through those. We've
13 had, I think, over 100 individuals enroll in
14 case management services. We have had some
15 denied. It's been a lower volume, and kind
16 of working through that. This is still a new
17 program, trying to understand the program,
18 trying to build trust, rapport.

19 So that, again, we are tracking and
20 monitoring. Our MCOs, collectively, have
21 made over 100 in-person visits to the state
22 prisons. So, they are getting inside the
23 walls, if you will.

24 Their case managers, again, are becoming
25 more familiar. It's certainly a transition

1 period for all, but so that's kind of where
2 we are today. Working through, again, some
3 of those systems. Making sure our MCOs, our
4 partners, have the most up-to-date
5 information to make sure that we're able to
6 provide services for those individuals. And
7 then, again, follow them in the community.
8 But overall, I know we've heard some great
9 success stories.

10 Again, it is still new. We will
11 continue to move forward. We'll continue to
12 make improvements, but we're excited to be
13 able to launch and be able to start making
14 those connections.

15 DR. SCHUSTER: Wonderful.

16 And Steve, you had your TAC meeting this
17 morning, so I guess you all were celebrating.

18 MR. SHANNON: Correct. We were all
19 very excited. Good work done by Angela and
20 her team and our MCO partners. So, we
21 actually spent two years talking about this,
22 right, Angela? We're now in a place where
23 folks are getting services, which is what
24 it's all about, really.

25 DR. SCHUSTER: Yeah. That's

1 interesting about the parole issue.

2 MR. SHANNON: Yeah.

3 DR. SCHUSTER: There may be a time
4 when this program gets to be more known,
5 where the parole board may see that as a
6 positive if people are enrolled in a program
7 like this.

8 MR. SHANNON: I was wondering that
9 as well. That may be something --

10 DR. SCHUSTER: Obviously, we're
11 brand-new, and I can see the issue where
12 they might get released, so you've got to
13 put them in as pre-release, but then when
14 they get denied. But, you know, hopefully
15 over time, as this program shows that it's
16 working, and it sounds like the MCOs are
17 doing a great job in getting people out and
18 into the prisons to meet with the clients.

19 MR. SHANNON: Yeah.

20 DR. SCHUSTER: That's great. Thank
21 you. That's very uplifting. Exciting.

22 MR. BALDWIN: Dr. Schuster, I have
23 a quick question.

24 DR. SCHUSTER: Yeah.

25 MR. BALDWIN: Yeah, just also

1 echoing, it's been a long time coming. And
2 certainly congratulations on getting this
3 off the ground. It's really exciting and
4 groundbreaking.

5 The only quick question is, is, as
6 they're rolling out or being released, are
7 they -- how do you know which MCO they're
8 going to? Are they just being auto-assigned
9 or is there a history there? Just curious,
10 just when you were talking, Angela. I just,
11 a thought that went up.

12 MS. SPARROW: You've got a good
13 question, Bart. Like you said, there is a
14 history there. So, again, all individuals,
15 they're screened for Medicaid eligibility at
16 the time that they are -- that they enter
17 their correctional facility into the state
18 prison. At that point in time, if they are
19 eligible, they are suspended.

20 They're enrolled. So, if they've
21 already been enrolled within MCO, they are
22 suspended with that MCO. They do have an
23 opportunity. It follows, again, very much
24 the same policy. They can elect any MCO at
25 any point in time prior to pre-release.

1 Excuse me.

2 We are trying, since it is a very short
3 period, not to change during that pre-release
4 period at this point in time. That they are
5 electing that before they're eligible, just
6 because of the time frame and the way that,
7 again, that the process is working.

8 So, at this point, we are kind of
9 monitoring that. But, yes, you are correct.
10 If they do not select one, then they are
11 auto-assigned.

12 MR. BALDWIN: Thank you.
13 Appreciate it.

14 DR. SCHUSTER: All right. Thank
15 you very much, Angie. Appreciate that.
16 And Carmen, the CHILD Waiver, please.

17 MS. HANCOCK: Yes, ma'am. Hi,
18 Dr. Schuster. And hello, everyone.

19 DR. SCHUSTER: Hi, Carmen.

20 MS. HANCOCK: Hello. Carmen
21 Hancock, Division Director for Long Term
22 Services and Supports with Medicaid. We did
23 kick off our CHILD Community Health for
24 Improved Lives and Development waiver
25 January 1st. The total capacity of this

1 waiver is 100 youth. So that would be youth
2 up to the age of 21.

3 At this point, we do have 51 unique
4 applicants that have applied for the waiver.
5 Twelve of those have been approved. We do
6 have some active PAs out there, which is --
7 it's been fantastic developing that provider
8 network, getting everyone up and running.
9 Actually seeing services getting started.
10 So, that is very exciting.

11 We do have several that are still in
12 review. They're, you know, we've requested
13 additional information where we have a lack
14 of information. We've got four kiddos out
15 there that are waiting for assessments, but
16 again, 12 approved participants of that 51
17 unique applicants.

18 And making some good progress on
19 providers as well. We've received 15
20 provider applications, and that's across all
21 of the services that are being offered with
22 the CHILD Waiver. And we do have a handful
23 that are, you know, for instance, statewide
24 case management or statewide clinical
25 therapeutic services, so we've been really

1 excited about that.

2 Of those 15 that have applied, 10 have
3 been certified, and we have had to deny three
4 providers just because they either, you know,
5 they weren't ready, they didn't have the
6 appropriate infrastructure just yet. So, but
7 we're moving along steadily and just very
8 excited to actually see some -- some active
9 PAs out there and kiddos getting services.

10 DR. SCHUSTER: Great. Again,
11 that's -- that's good progress since January
12 for a brand-new program. So, thank you.
13 We'll keep you giving us a report every
14 couple of months. That's helpful, Carmen.

15 MS. HANCOCK: Yes, ma'am.

16 DR. SCHUSTER: And you put the --
17 the waiting list information in the chat for
18 me?

19 MS. HANCOCK: I can drop that in
20 the chat for you. Yes, ma'am.

21 DR. SCHUSTER: Thank you.

22 MS. HANCOCK: Would you like for me
23 to go through it as well or just drop it
24 there?

25 DR. SCHUSTER: Just drop it there,

1 if you don't mind. We've got limited time
2 and a few other things on the agenda.

3 MS. HANCOCK: Not a problem.

4 DR. SCHUSTER: I always say, I'm
5 always optimistic that we can get through
6 the agenda. So, thank you very much. I
7 appreciate that.

8 MS. HANCOCK: Yes, ma'am, thank
9 you.

10 DR. SCHUSTER: Okay. Medicaid
11 Oversight and Advisory board. I believe,
12 unless I've repressed it, Steve, correct me.
13 I don't think we met in either April or May.
14 Is that right?

15 MR. SHANNON: Yes. I don't think
16 so.

17 DR. SCHUSTER: Yeah, that's what I
18 thought. You know, the legislators got very
19 busy with the session and actually we were
20 just as happy. I think our last meeting was
21 late in March, and we went over, again, a
22 number of bills that were being proposed.

23 But the interim schedule has been set.
24 I meant to have those dates out for you. We
25 have a meeting every month June through

1 December. Most of the time it's on a late
2 Wednesday of the month and at 1:00, but I
3 will -- if you don't have that interim
4 calendar -- and, of course, it changes almost
5 daily -- I'll get those dates out to you.

6 There is one date which is in July,
7 where the meeting is on a Friday at 1:00. I
8 think it's the 17th of July. The other
9 meetings June through December are all in --
10 on a Wednesday. So, we will keep you posted.

11 It's a little bit unclear. We do know
12 that House Bill 2 put in a -- essentially, a
13 Medicaid waiver waiting list that is going to
14 be meeting under the auspices of MOAB, and I
15 believe Steve is going to serve on that. And
16 they're continuing to look at those issues.
17 So, we're glad that they're taking a
18 continued look at those issues.

19 Do you have anything else on MOAB,
20 Steve?

21 MR. SHANNON: I don't think so. We
22 don't really know what the next agenda's
23 going to be.

24 DR. SCHUSTER: It's always a
25 surprise. But we'll see when we get to it.

1 A couple bills of interest from the 2026
2 session. One is that, obviously, we had a
3 budget, and the budget was not very favorable
4 either for Medicaid or for Behavioral Health,
5 unfortunately. They were \$400 million short
6 of what had been in the budget before for
7 Medicaid.

8 There is a Medicaid lockbox that was put
9 in for \$290 million, but nobody's sure how it
10 can be accessed or under what conditions.
11 And so, if you count that as not really being
12 Medicaid funding, then you're up to
13 \$691 million shortfall.

14 KYpolicy, if you go on their website,
15 has a very good analysis of what all of that
16 could mean.

17 We were disappointed. We had been
18 working for over a year on funding. We have
19 six new CCBHCs, certified community
20 behavioral health centers, and they need
21 funding for the last quarter, or the last
22 half of the second year of the biennium and
23 the amount of \$12 million. And we got
24 2.4 million, which certainly leaves us short
25 on that.

1 School mental health professionals got
2 their usual 7.4 million, which doesn't buy
3 what it did when it was first put in there
4 maybe three budgets ago.

5 MR. SHANNON: Right.

6 DR. SCHUSTER: So, it's short
7 changing them. There were no increases in,
8 you know, any of the agencies.

9 VOA got some money to do some work
10 requirement kind of help.

11 I think we should all be concerned about
12 a really significant shortfall in DCBS. I
13 think of all of the CHFS agencies. They
14 really got hit the hardest. And they, as you
15 all know, maintain the call line, so that's a
16 real problem when people are calling and
17 needing to get help. So, the budget was,
18 again, not -- not good.

19 HB 2 was the revamp of Medicaid that was
20 put out there by Ken Fleming. The version
21 that was initially filed was very
22 problematic, I think, for most of us, because
23 it started co-pays and work requirements
24 immediately upon passage of that bill. Much,
25 much earlier than HR 1 was going to have

1 them.

2 And the co-pays were \$20 a service,
3 which, I guess, Representative Fleming
4 thought was very reasonable. And those of us
5 who know Medicaid families know that that's
6 far from reasonable. So a lot, a lot of
7 advocacy work was done, and a lot of things
8 were changed.

9 The good news is that the -- all of the
10 implementation timelines, like community
11 engagement, the six0month redeterminations
12 and the co-pays were moved back to align with
13 the federal requirement. So that's a huge
14 relief.

15 The prohibition on self-attestation for
16 age, income, and residency was removed.
17 Again, good.

18 A process for handling return mail was
19 lengthened, and requires a good-faith effort
20 to contact enrollees using more than one
21 method.

22 You know, our Medicaid has been fabulous
23 in the renewal process after the COVID
24 suspension ended. And so, this bill was
25 going to really limit how much contact was

1 around how much effort could be made to keep
2 in touch with people.

3 Co-pays were reduced from \$20 to \$5 for
4 services. And \$1 for prescription. The
5 federal bill actually calls for co-pays of
6 only \$1 for everything. So, I think we still
7 have some work to do, but it certainly is
8 better than \$20.

9 And the data checks are still going to
10 be a problem. We know that any time that
11 people have to respond to something and file
12 something and do something, it's going to be
13 a problem.

14 The Cabinet is prohibited from providing
15 Medicaid benefits that are not expressly
16 authorized by the legislature or required by
17 federal law. And I am not quite sure what
18 the implications of that are, but it could be
19 very negative.

20 And again, DOA received \$5 million each
21 year in the fiscal year, to establish a
22 community engagement program.

23 Do you want to talk about House Bill
24 470, Steve?

25 MR. SHANNON: Yeah. That was the

1 peer support legislation. We already
2 touched upon the psycho-ed piece. And the
3 SUD, Substance Use Disorder peer supports,
4 there's a registration process to be a
5 registered SUD peer through the Alcohol and
6 Drug Counselor Board, and there's also the
7 certification process through DBH.
8 Department for Behavioral Health,
9 Developmental and Intellectual Disabilities.

10 That certification process ended
11 December 31st. So, you had to be registered.
12 Not everyone got registered. You know,
13 complicated. A lot of people just didn't get
14 there.

15 So what 470 did with an emergency
16 provision for this piece of it, effective
17 April 10th, the DBH certification process
18 listed on TWIS is in effect through the end
19 of this year, this calendar year. I was
20 hoping for a bit quicker movement than April
21 10th. We were hoping to get this done sooner
22 than that, but if they're on TWIS, they're
23 up-to-date with DBH, they are now eligible,
24 the certified folks. So, the work force
25 crisis really, cliff that happened January 1,

1 we're not there now. They can go to work
2 now. They're billable now. We'll move
3 forward.

4 And it also creates a work group to
5 figure out the next step for the SUD peers.
6 I think an e-mail went out today if people
7 are interested in serving on that. It is an
8 application process. It's going to be kind
9 of coordinated through the Department of
10 Behavioral Health. Sorry, Department of --
11 yeah, Behavioral Health, and go on from
12 there. They have to get a recommendation by
13 November 1 about what does it look like.

14 There's some advocates who want to have
15 their own peer support board. There's many
16 licensure boards, right, Sheila? This would
17 create a peer support board. Go on from
18 there and see how that happens.

19 I think this area has been pretty
20 confusing the last couple of years of what's
21 eligible, what's not allowed, what's in, you
22 know? Are you registered, are you certified?

23 I would hope that the board mechanism
24 phased in over a couple of years to give
25 people a chance to really figure out where

1 they're at. I would hope there's a
2 grandfathering provision built in, so those
3 folks, you know, aren't going through the
4 application process again.

5 And I also think that there's some
6 people who think this board ought to include
7 community health workers, all Peer Support
8 Specialists. Maybe case managers as well.
9 Targeted case managers. So, we'll see how --
10 what that looks like, but the objective was
11 to get people back to work as quickly as
12 possible and, you know, ensure access to
13 services and supports that peers are
14 invaluable, and that those peers don't lose
15 their job. So, right now they're back to
16 work, but many left the field.

17 One provider I spoke to at CMHC lost
18 about half of their SUD peer workforce during
19 the intervening period.

20 DR. SCHUSTER: It's been a rocky
21 road for sure.

22 Just very briefly, House Bill 485 did
23 not pass on its own, but it was incorporated
24 into Senate Bill 122 along with House Bill
25 418. And 485 is the revamping of KRS 202A.

1 I'll plan at the next meeting to go into
2 a little more detail, because there are some
3 changes, and many of you may have people who
4 provide that QMHP service and the evaluation
5 part, but it basically, we got rid of the
6 courts overriding the evaluations of the
7 QMHP, which is what the original bill called
8 for.

9 But there is going to be more involved
10 in the courts, and there are going to be more
11 opportunities for the court to follow people
12 after they get out of the hospital and also
13 those who are deemed to have a mental illness
14 but are not seen fit to put in the hospital.
15 So they could -- you're going to see more
16 referrals for assisted outpatient treatment
17 or AOT. And I think more referrals for
18 outpatient treatment in the community, which
19 is not defined. So, we're going to have to
20 figure out what that looks like.

21 There is some good language, I think
22 that family members have wanted for a long
23 time, that looks at deterioration of the
24 individual. Psychiatric deterioration of the
25 individual. And there are some criteria now

1 for what we hope to happen as a result of
2 treatment under this statute. So, I'll plan
3 to put that on the agenda for next meeting.

4 As far as new recommendations for the
5 MAC, voting members of the MAC, I think we
6 ought to make a recommendation that MCOs be
7 required to send an e-mail out to all of
8 their providers notifying them of a
9 significant change that is also posted on
10 their website, and include a link to those
11 changes on their website. So that would be
12 my motion. Is there a second for that?

13 MR. SHANNON: Second.

14 DR. SCHUSTER: Any discussion from
15 the voting members of the TAC?

16 (No response.)

17 DR. SCHUSTER: All those in favor
18 of making that motion, signify by saying
19 aye. TAC MEMBERS: Aye.

20 DR. SCHUSTER: All right. And
21 opposed, like sign.

22 (No response.)

23 DR. SCHUSTER: I think we also
24 ought to recommend that the medical
25 necessity regulation be updated to reflect

1 both InterQual and MCG as possible choices,
2 since those are possible choices now. Is
3 there a second to that?

4 MR. SHANNON: Second. Steve
5 Shannon.

6 DR. SCHUSTER: All right. Any
7 discussion? All those in favor, signify by
8 saying aye.

9 TAC MEMBERS: Aye.

10 DR. SCHUSTER: All right. We will
11 make those two recommendations. Thank you.

12 MS. SANBORN: Sheila, is it
13 possible for you all to make a
14 recommendation around having their prior
15 auths list current on their website?

16 DR. SCHUSTER: I don't have any
17 problem with that. So, let's make another
18 recommendation that the MCOs keep a current
19 list of their prior authorizations on their
20 website.

21 MR. SHANNON: Second.

22 DR. SCHUSTER: All in favor,
23 signify by saying aye.

24 TAC MEMBERS: Aye.

25 DR. SCHUSTER: All right. Good

1 idea, Michelle, thank you.

2 Is Dr. Rob Simon on?

3 (No response.)

4 DR. SCHUSTER: He was going to join
5 us with an issue that he had about giving
6 kids -- difficulty in getting kids into a
7 treatment facility in Danville where he is a
8 supervisor. But he may not have been able
9 to join us. I'll get back in touch with him
10 and tell him to get in touch with, I think
11 it's Aetna that he was having the problem
12 with, so I will recommend that he -- would
13 that be you, Cat, that he ought to contact?

14 MS. JONES: Yes, absolutely. I
15 will put my e-mail is in the chat.

16 DR. SCHUSTER: Right, thank you. I
17 will pass that along to him.

18 And Tammy, you wanted to bring something
19 up in new business.

20 MS. COX: Yes. I'm not sure I'm in
21 the right place, but I was directed to come
22 to this meeting today by our credentialing
23 professional, Ivy Livengood out of
24 Lexington. We got a letter from Aetna
25 stating that we were being dropped from

1 their network without cause.

2 I got a call from Abby Wilson on April
3 the 24th that said we'd done nothing wrong,
4 that that we are just, due to new changes and
5 new CEO, they are dropping providers from
6 their network.

7 That's concerning to us, because when
8 our clients have to go other places, it's
9 just not like picking your medical files up
10 from a PCP and going. You have to start your
11 trauma all over again. You don't just go and
12 pick up where you left off with one
13 therapist. You've got to go through your
14 biopsychosocial again. You've got to go
15 through your treatment plan again. You've
16 got to relive all of that trauma again.

17 So, if we've done nothing wrong, we're
18 just concerned for our patients, because some
19 of them have said they will just drop
20 services, and they've come so far. They
21 don't want to relive the trauma, relive
22 everything again.

23 DR. SCHUSTER: So, let me ask DMS,
24 because I don't know what the answer to this
25 is. Are MCOs allowed to drop providers?

1 MS. COX: It says without --

2 DR. SCHUSTER: When it says without
3 cause. It says without cause?

4 MS. COX: Yes, ma'am.

5 DR. SCHUSTER: I don't know who's
6 still on from DMS.

7 MS. SANBORN: Several of them
8 jumped off, so I don't know if anybody still
9 on or not.

10 MS. COX: And, Dr. Schuster, I also
11 have another question from a provider that
12 is leaving us because of this. And they are
13 afraid that they won't be able to be
14 credentialed through any other place because
15 they were -- because they were a billing
16 provider with us and they were -- and if
17 they go anywhere else to be contracted or
18 credentialed, they won't be allowed. I
19 don't know how any of this works. That's
20 why I was directed here.

21 DR. SCHUSTER: Okay. It looks like
22 our DMS folks. Tammy, my e-mail is
23 KYadvocacy@gmail.com.

24 MS. KENNEDY: Dr. Schuster, this is
25 Corey Kennedy.

1 DR. SCHUSTER: Corey Kennedy, okay.

2 MS. KENNEDY: I'm Assistant
3 Director in Program Integrity. The best
4 thing I can say for them to do is to e-mail
5 Jeremy and them's group at the e-mail that
6 he provided to do a complaint, so we can
7 work with the MCO and the provider to get
8 the answers to those questions.

9 MS. COX: Okay. I will do that as
10 well.

11 DR. SCHUSTER: You got that, right?
12 But contact me also, Tammy, just so I can
13 keep tabs on this and see, make sure that
14 you get in touch with people and get some
15 answers, okay?

16 MS. COX: Yes. Can anybody answer
17 the other providers' questions that they had
18 that the ones that are leaving, and when
19 they go to be credentialed with another
20 group if this will affect them from being
21 credentialed with another group? I mean,
22 one of our main providers is leaving.

23 MR. BALDWIN: Dr. Schuster,
24 Chelsea's still on.

25 DR. SCHUSTER: Oh, Chelsea.

1 MS. AGEE: Hi. Yes, thank you. I
2 just wanted to say, you know, obviously,
3 Tammy, we're -- we're happy to -- to look
4 into any inquiries that you send to our
5 provider inquiry box. I put that e-mail
6 address in the chat.

7 But I will say, anecdotally, you know,
8 DMS does not get involved in contract
9 arbitration between providers and the MCO.
10 We stay out of that.

11 So, the only thing that we do, like from
12 a contractual perspective when it comes to
13 enrolling providers, is obviously looking at
14 network adequacy, access and availability,
15 those type of -- of areas. But the actual
16 contracting itself, we would not be able to
17 get involved in the arbitration of your
18 contract. That's just not something that we
19 -- we do.

20 MS. COX: So, that's just something
21 we need to e-mail Jeremy about.

22 MS. AGEE: Jeremy, he is my
23 assistant director. So I can, you know, I'm
24 pretty confident to speak -- speak for him
25 here. You know, we just don't -- we

1 don't -- that's not part of our process is
2 getting involved in the individual
3 contracts.

4 DR. SCHUSTER: But what about my
5 question, Chelsea, which is, can MCOs just
6 simply drop providers?

7 MS. AGEE: IT all depends on what's
8 in your contract. So, that's why, you know,
9 if there is a clause in your contract that
10 you signed with the MCO that states that
11 they can terminate you without cause and you
12 signed that contract, then they do have that
13 ability, contractually.

14 So, I would really encourage you to make
15 sure, you know, when you're contracting, to
16 really go through them with a fine-tooth comb
17 to make sure that you're not, you know,
18 unaware of some of the clauses and then, you
19 know, kind of in this -- this space where
20 you're not sure on the path forward.

21 MS. COX: Okay.

22 MS. AGEE: I don't know about --
23 there was an additional question, I think,
24 about is that going to affect enrollment
25 when they go to other groups.

1 MS. COX: Yes.

2 MS. AGEE: Again, I wouldn't be
3 able to say for sure. It just -- it's
4 really dependent on that contract that you
5 have with the MCO directly.

6 MS. COX: Okay, so it does say in
7 our contract that they can terminate our
8 contract without cause. It does state that.

9 MS. AGEE: Okay.

10 MS. COX: So, does -- when it
11 states, does that -- I'm still not
12 understanding, I guess, if I have another
13 provider leave our group to go to another
14 group, that should not affect them by being
15 credentialed under another tax ID --

16 KRISTA: Hi, Tammy. This is Krista
17 at Optum. I mean, as a provider advocate,
18 we get providers leaving practices all the
19 time. As long as she don't have any pings
20 or anything against her, you know, like
21 fraud or cases or anything. If she signed
22 in under a new tax ID, I don't think it
23 should matter.

24 MS. COX: Okay. Okay. She was
25 just worried. She was just worried

1 (indistinct) to ask.

2 KRISTA: Was it Ivy? Was is Ivy?

3 MS. COX: Ivy's the one that sent
4 me to this group to try to get some clarity
5 on what to go for.

6 KRISTA: Oh, okay.

7 MS. COX: But I have another
8 provider that's been with us for five years,
9 and because Aetna has pulled their contract
10 and her clients are mostly at Aetna, she's
11 going to leave because she doesn't want her
12 clients to have to go through everything
13 again.

14 KRISTA: Well, if she has questions
15 on the United or Optum side, just -- Sheila
16 can send you my e-mail and she can reach out
17 to me directly.

18 MS. COX: Okay. Okay.

19 Dr. Schuster, I'll also keep you
20 updated. I think I have Cat's e-mail. I
21 wrote it down. I'm going to e-mail her to
22 see if there's anything we can do. I mean,
23 if we had done something wrong, I could
24 understand it. But we were told we did
25 nothing wrong. They were just -- just

1 because of a new CEO and new strategies is
2 the reasons we were given.

3 DR. SCHUSTER: Okay. Yeah. Let's
4 stay in touch, Tammy, thank you.

5 MS. COX: Yes, I will e-mail you as
6 soon and I get an update on all of this.
7 And I appreciate you guys for -- for
8 listening and directing me on the right path
9 to take to try to get this resolved, if
10 we're able.

11 DR. SCHUSTER: I hope you can get
12 it resolved. Thank you.

13 MS. COX: Thank you, Dr. Schuster.
14 And thank you, Krista, too.

15 DR. SCHUSTER: Any formulary
16 issues, because we always put that on in
17 case there are. But since we've been on the
18 new PBM we've not had any. So, okay.

19 Next MAC meeting is June the fourth. I
20 think it's well worth your while. Those are
21 10:00 to noon via Zoom. You get a whole
22 different perspective, because you get the
23 very broad perspective, and the
24 commissioner's always on. And, you know,
25 they're just for attending.

1 Our next meeting will be July the 9th.
2 And I need to do my civic duty and remind you
3 all that early voting started today in most
4 places, and the primary election is on
5 Tuesday. And there are some very hot and
6 contested primaries, so I encourage you all
7 to fulfill your civic obligations and go
8 vote.

9 Cameron, you had a question.

10 MS. REDDIX: Yes, sorry. I had a
11 very similar question as Tammy as a behavior
12 health provider in kind of the same region.
13 As extending a request to contract with
14 WellCare and being denied due to adequate
15 provider network, expected utilization was a
16 reason of the services we offer, and the
17 healthcare of the population were the
18 reasons I got. So, I didn't know if that
19 was the same type of follow up as Tammy just
20 now, where are contracts allowed to be
21 denied before they're given for these
22 reasons as well for [Inaudible] providers
23 at-will in Kentucky, an at-will state, for
24 contracts.

25 DR. SCHUSTER: But you were

1 applying to be a new provider under
2 WellCare. Is that right? You don't have a
3 contract with them.

4 MS. REDDIX: Yes.

5 DR. SCHUSTER: So, your question
6 is, and if we've still got DMS people on,
7 that an MCO actually can pick and choose
8 among providers if they are already meeting
9 medical necessity or adequacy of network, I
10 assume. I guess that's the question.

11 MS. REDDIX: Yeah.

12 DR. SCHUSTER: Because they're
13 saying they don't need you. They've already
14 got an adequate network, right?

15 MS. REDDIX: Adequate providers,
16 anticipated enrollment, expected utilization
17 of services, and the healthcare needs of the
18 population were the reasons given. And the
19 number of network providers, of course,
20 which is a common one, and geographic
21 location. But as a rural healthcare center,
22 I just, I didn't see.

23 So I provided some data and some
24 feedback in my follow-up, and then really
25 received no response. Requested a phone call

1 and haven't received any response.

2 DR. SCHUSTER: Where are you
3 located, Cameron?

4 MS. REDDIX: Somerset, Kentucky.

5 DR. SCHUSTER: Yeah, well, I sure
6 here about, you know, more services needed
7 down there.

8 MS. REDDIX: Yeah.

9 DR. SCHUSTER: Which is what you're
10 saying, right?

11 MS. REDDIX: Yeah. Of course. So,
12 I just kind of wanted to request a follow-up
13 phone call, answered e-mail, or if that's
14 even allowed, I'd understand. But, yeah.

15 DR. SCHUSTER: I would, you know,
16 I'd send a question to that e-mail that was
17 --

18 KRISTA: Yeah, and Cameron, you
19 might want to just, just as a provider
20 advocate, you might want to try to find out
21 on their website who the provider advocate
22 is and ask them if they can get you, you
23 know, more information. You don't have to
24 be a provider with them just to e-mail them
25 and find out.

1 MS. REDDIX: Yeah. Because I was
2 in constant communication with a girl named
3 Melanie Pool. I'm not sure if that's a -- I
4 think that is actually a contract negotiator
5 network development.

6 KRISTA: Okay.

7 DR. SCHUSTER: Yeah, but that's a
8 good suggestion, Krista, to look for their
9 provider advocate.

10 KRISTA: Yeah, sometimes they can,
11 you know, they can get with the network
12 contract team to find out if maybe they had
13 already met the adequacy for that area.

14 DR. SCHUSTER: Right.

15 MS. REDDIX: And I mean, I've
16 credentialed multiple providers. I do that
17 on the side. And so, giving this as a
18 reason is usually the next process is the
19 appeal and all of that. So, I'm familiar
20 with the process.

21 KRISTA: And it might be temporary
22 too. You said they had a new CEO? I mean,
23 maybe they're just kind of making some
24 changes.

25 MS. REDDIX: That's a different.

1 That was -- that was Aetna.

2 KRISTA: Okay.

3 DR. SCHUSTER: Yeah. Let me go to
4 Sydney, because we're running -- we're over
5 our time. Sydney, you had a question?

6 MS. AYERS: Painted Grove and Cedar
7 Grove Recovery and we're a residential
8 substance use. I had a question that hasn't
9 been addressed, as far as I know, that's
10 come up real recently in our facilities.

11 We are getting some patients who have
12 dual coverage with Medicare and Medicaid, and
13 we've been getting mixed information from the
14 MCOs on whether or not they'll even process
15 those claims even if we do get auths, because
16 we're nonparticipating with Medicare. Is
17 there any guidance on that officially
18 anywhere?

19 DR. SCHUSTER: I'm sorry, I'm kind
20 of chuckling because Steve Shannon and I
21 have fought this dual eligible issue for all
22 the years we've been together, which is
23 about 30 years that we've been fighting
24 this. It never has made any sense to me
25 that you have people that have coverage by

1 two insurers and they gets less access to
2 services. Where are you located, Sydney?

3 MS. AYERS: (muffled speaking)

4 DR. SCHUSTER: I'm sorry?

5 MS. AYERS: Louisville.

6 DR. SCHUSTER: Louisville. Okay.

7 I don't know. Steve, what's the best way to
8 even find out some of these questions? I
9 mean, we've worked with the MCOs, Herb
10 Ellis, at Humana's been great about how you
11 even bill.

12 MS. AYERS: Yeah.

13 DR. SCHUSTER: Medicare is not
14 going to send you something that says they
15 denied the service, because they don't deny
16 it because they don't offer it. I mean,
17 this is what we run into all the time. So
18 there's supposedly a bypass list.

19 MS. AYERS: Yes. We found that.

20 MR. SHANNON: Right. But you're
21 not a Medicare provider.

22 MS. AYERS: We are not, but we do
23 take Medicaid.

24 MR. SHANNON: Right. So the bypass
25 list probably isn't applicable.

1 KRISTA: Yeah. It seems like you
2 could submit that to submit a claim to
3 Medicare, get a denial, and then send that
4 over.

5 MS. AYERS: We can't submit to
6 Medicare because we're nonparticipating.

7 KRISTA: But wouldn't they send you
8 something and still say you're not a
9 provider, you're out of network? Okay.

10 MS. AYERS: No. They just
11 completely reject the claim.

12 KRISTA: Okay. Well.

13 DR. SCHUSTER: I think we've always
14 been dealing with providers that are both
15 Medicaid and Medicare.

16 MR. SHANNON: Right.

17 DR. SCHUSTER: But even so, it's
18 been an incredible hassle.

19 MR. SHANNON: Herb Ellis, are you
20 still on?

21 (No response.)

22 MR. SHANNON: I guess not.

23 MS. STEARMAN: No, I believe he
24 dropped since we're supposed to be wrapped
25 at 4:00.

1 MS. GRAHAM: Yeah.

2 DR. SCHUSTER: I'm sure.

3 KRISTA: Did you do an appeal on
4 it? I know I don't work for that company,
5 I'm just trying to think of --

6 MS. AYERS: It's been really
7 inconsistent, honestly. Sometimes we get
8 the claims hit, and sometimes we don't. We
9 almost always get the authorizations, it's
10 just whether the claim will pay or not is
11 inconsistent. And I was kind of hoping for
12 some direction on what is supposed to
13 happen, because --

14 KRISTA: Have you reached out to
15 their provider advocate?

16 MS. AYERS: I just did today and
17 I've not heard back yet.

18 KRISTA: Oh, okay.

19 DR. SCHUSTER: Yeah.

20 MS. AYERS: I just didn't know if
21 there were any rules as far as Medicaid
22 themselves were concerned or anything like
23 that.

24 DR. SCHUSTER: What do you think,
25 Steve? I can't even think of anybody at

1 Medicaid who would actually is the person to
2 go to.

3 KRISTA: Could she not use the
4 bypass codes? Isn't there bypass codes?

5 DR. SCHUSTER: She's not a Medicare
6 provider.

7 MR. SHANNON: So she's not
8 bypassing.

9 MS. AGEE: This is Chelsea from
10 DMS. I wonder if this would be a question
11 for our TPL branch, because they help with
12 coordination of benefit questions quite
13 often, and so I can take this back to that
14 branch to see if they have any insight on to
15 what you might be able to do. Sydney, do you
16 mind to put maybe your e-mail --

17 MS. AYERS: Yeah.

18 MS. AGEE: -- in the chat for me,
19 and I will make sure that you get follow up.

20 MS. AYERS: Thank you.

21 DR. SCHUSTER: Thank you, Chelsea.

22 MS. AGEE: You're very welcome.

23 DR. SCHUSTER: What is the TPL
24 branch?

25 MS. AGEE: Third party liability.

1 MR. SHANNON: Third party.

2 DR. SCHUSTER: Third party
3 liability.

4 MS. AGEE: Yeah, they help with
5 coordination of benefits with when there's
6 different payers and stuff, and so they may
7 help.

8 DR. SCHUSTER: That sounds like the
9 place to go. Thank you so much. That's
10 very helpful.

11 MS. AGEE: Yeah. No problem.

12 DR. SCHUSTER: Thank you, Sydney.

13 MR. SHANNON: And Sydney, I'll try to reach
14 out and get an answer from somebody maybe.

15 MS. AYERS: I appreciate that.
16 Thank you.

17 DR. SCHUSTER: Steve is very good
18 at getting answers too. And Herb Ellis may
19 still be somebody that can give us some
20 information. He's the one that did all the
21 --.

22 MS. STEARMAN: I was going to say,
23 I just pinged Herb, but that question is
24 incoming, and we're going to need a
25 response. So he's -- he's working on it.

1 Yeah.

2 MS. AYERS: Thank you.

3 DR. SCHUSTER: Yeah. All right.

4 Well, we are going to let you all go. And I
5 appreciate everybody being on.

6 If you want to send me an e-mail,
7 Sydney, just to keep me in the loop so that
8 you get an answer, it's KYadvocacy@gmail.com.

9 MS. AYERS: Okay, thank you. I
10 will do that.

11 DR. SCHUSTER: Yeah. I'm happy to
12 kind of make sure that communication.

13 This has been a very productive meeting,
14 and we appreciate you all. And hope you have
15 a good Memorial Day weekend and so forth, and
16 we'll see you in hopefully June 4th for the
17 MAC meeting and then July 9th for the BH TAC.
18 Thanks very much and we will adjourn at this
19 point.

20 And thank you, Danni, for keeping us on
21 track, somewhat. It's not your fault that we
22 ran over. I didn't mean that. Thank you.

23 (Proceedings concluded)

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C E R T I F I C A T E

I, Theresa Prokop, Certified Voicewriter,
hereby certify that the foregoing record represents
the original record of the Technical Advisory Committee
meeting; the record is an accurate and complete
recording of the proceeding; and a transcript of this
record has been produced and delivered to the Department
of Medicaid Services.

Dated this 5th day of June, 2026.

Theresa Prokop

Theresa Prokop, Certified Voicewriter