Research Findings – Analysis Update

Kentucky's Behavioral Health Status



Data Analysis Findings: Regions





Data Analysis Findings: Safety Net Score

This map shows safety net scores that were developed based on population density, poverty, Medicaid coverage, and communication in English.

The regions with the highest scores, meaning most risk due to these factors, are 11, 12, 13, and 14, which are found in the southeastern potion of the state.





Data Analysis Findings: Overdose Deaths

This map shows overdose deaths per thousand population.

The regions with the greatest numbers of overdose deaths per capita are the eastern regions, including 9, 10, 11, 12, 13, 14, and 15.





This information is count of distinct claims for SFY 2023. Only the listed billing provider types are included in this and later slides

BHSOs, in light blue, provide the most procedures, followed closely by Behavioral Health Multi-Specialty Groups, in orange.

Other large provider types include CCBHCs in dark brown and CMHCs in dark blue.

The next slide shows the variation of provider types across the regions. Some provider types are summarized for readability.

Count of Medicaid Claims for Behavioral Health Billing Provider Types Source: Data provided by CHFS.









This information is count of distinct claims for SFY 2023. Only the billing provider types listed earlier are included.

Psychotherapy, in orange, is the largest service provided.

Evaluation and Management, Peer Services, and other OP services are also significant.

The next slide shows the variation of service types across the regions.

Count of Medicaid Claims for Behavioral Health Billing Provider Types Source: Data provided by CHFS.









This information is count of distinct claims for SFY 2023. Only the billing provider types listed earlier are included.

Practitioner types are determined based on procedure modifier, and cases where there is no practitioner modifier are excluded.

Licensed Counselor/Therapist/Behavior Analyst, in orange, and Licensed Associate, in brown, are the most common practitioners.

The next slide shows the variation of practitioner types across the regions. Some practitioners are summarized for readability.

Count of Medicaid Claims for Behavioral Health Billing Provider Types Source: Data provided by CHFS.









Data Analysis Findings: Provider Locations

The most populous regions of the state have the most behavioral health providers. Areas with populations of greater need have providers that are more geographically sparse.

The central eastern region, namely Breathitt, Owsley, Lee, Estill, Powell, Menifee which have disproportionately high rates of deaths due to overdose, have relatively few providers.

Western counties, namely Hickman, Carlisle, and Union, which have higher rates of suicide and self-inflicted injury deaths, have relatively few providers.

Counties with lower safety net scores, namely Meade, Hancock, and McLean in the northwest central region, also have fewer providers.





Data Analysis Findings: Provider Locations

This slide shows the CMHC counts by region.

We have supplemented the CMHC counts with 2022 SAMHSA data and 2025 location data from CMHC websites.

The SAMHSA data is on a location basis and provides a count of physical locations.

Region**	Medicaid Recipients (FY23)	CMHC Physical Locations	Locations Per 100,000 Members
Region 01 – Four Rivers	73,419	5	7
Region 02 – Pennyroyal	74,218	6	8
Region 03 – RiverValley	79,497	12	15
Region 04 – LifeSkills	126,256	16	13
Region 05 – Communicare	98,902	16	16
Region 06 – Seven Counties*	351,654	17	5
Region 07 – NorthKey*	126,512	10	8
Region 08 – Comprehend	24,746	5	20
Region 09/10 – Pathways*	94,702	20	21
Region 11 – Mountain	72,450	5	7
Region 12 – Kentucky River	61,177	7	11
Region 13 – Cumberland	132,031	11	8
Region 14 – Adanta	104,016	18	17
Region 15 – New Vista*	275,253	16	6

Key Providers by Region – 2025 CMHCs (Revised)

* Regional CMHC is also a CCBHC.

** Excludes physical locations outside of currently recognized CMHC regional service areas.

