

RECONNECT







Deputy Secretary Carrie Banahan

Kentucky Cabinet for Health and Family Services



CABINET FOR HEALTH AND FAMILY SERVICES



CABINET FOR HEALTH AND FAMILY SERVICES

Department for Medicaid Services

KY Medicaid MCO Forum Spring 2023

Lisa Lee, Commissioner



Department at a Glance

Fiscal Management	Health Care Policy	Health Plan Oversight
Information Systems	Long-Term Services and Supports	Program Integrity
	Quality and Population Health	

Kentucky Medicaid at a Glance

Approximately 1.7 million members

Over 600,000 children – more than half of the children in Kentucky

649,000 Expansion members

Over 69,000 enrolled providers

\$15.1 billion in total SFY 2022 expenditures (Administrative and Benefits combined)

2023 Federal Poverty Level (pre-tax)

		2023 Federal Poverty Level for the 48			
Contiguous States (Annual Income)					
100%	138%	150%	200%		
\$14,580	\$20,120	\$21,870	\$29,160		
\$19,720	\$27,214	\$29,580	\$39,440		
\$24,860	\$34,307	\$37,290	\$49,720		
\$30,000	\$41,400	\$45,000	\$60,000		
\$35,140	\$48,493	\$52,710	\$70,280		
\$40,280	\$55,586	\$60,420	\$80,560		
\$45,420	\$62,680	\$68,130	\$90,840		
\$50,560	\$69,773	\$75,840	\$101,120		
	100% \$14,580 \$19,720 \$24,860 \$30,000 \$35,140 \$40,280 \$45,420 \$50,560	100%138%\$14,580\$20,120\$19,720\$27,214\$24,860\$34,307\$30,000\$41,400\$35,140\$48,493\$40,280\$55,586\$45,420\$62,680\$50,560\$69,773	100% 138% 150% \$14,580 \$20,120 \$21,870 \$19,720 \$27,214 \$29,580 \$24,860 \$34,307 \$37,290 \$30,000 \$41,400 \$45,000 \$35,140 \$48,493 \$52,710 \$40,280 \$55,586 \$60,420 \$45,402 \$62,680 \$68,130		

Add \$5,140 for each person in household over 8 persons

Average Kentucky Expenses

Family of 4		
Medicaid Income Limit	\$41,400.00	
Taxes	\$12,420.00	
Housing	\$11,664.00	Cost of Living in Kentucky (2023) SoFi
Utilities	\$ 4,812.00	
Food and Groceries (non restaurant)	\$14,324.16	
Total Expenses	\$43,220.16	

Additional expenses not considered in above calculation: Clothing, transportation, auto insurance, telephone, misc. expenses related to schoolaged children

KY Medicaid Enrollment Demographics



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KY Medicaid Enrollment



NOTE: Aetna includes 28,045 SKY members <u>www.chfs.ky.gov/agencies/dms/stats/KYDWMMCC032023.pdf</u>

KY Medicaid Enrollment Percentage by County



Created with paintmaps.com

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CORONAVIRUS PANDEMIC

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Imppact of COVID-19 on Medicaid Program

- Increased enrollment
- Decrease in-person medical visits
- Increase in telehealth
- Increase in expenditures
- Increased need for behavioral health services
- Remote workforce



Covid Expenditures

SFY2020 Total	\$20,785,618.57
SFY2021 Total	\$298,464,929.02
SFY2022 Total	\$426,884,720.62
SFY2023 Total (through February 2023)	\$166,899,730.72
Grand Total	\$913,034,998.93

FFS total members: 40,169 FFS amount per member: \$11,973 MCO total members: 349,114 MCO amount per member: \$1,238 Notable Program Changes

- Single prescription drug list for all Medicaid members enrolled in MCO effective 11/2021
- Program of All-inclusive Care for the Elderly (PACE)
- 12 months coverage for post-partum
- Vision, hearing, and dental for adults
- Created Health Diversity and Equity Technical Advisory Council
- Created Persons Returning to Society from Incarceration Technical Advisory Council



Notable Legislation

2020

- SB50 required the Department to establish a single pharmacy benefit manager implemented 07/01/2021
- HB8 established an Ambulance Provider Assessment Program

2021

- SB55 permanently ended co-pays for Medicaid members
- HB140 Makes telehealth option permanent
- SB51 removes prior authorizations for any medication used to treat alcohol or opioid use disorders
- HB183 established the Hospital Reimbursement Improvement Program pays average commercial rate

2022

- HB7 presumptive eligibility
- HB525 directed the Department to reimburse for Community Health Workers
- SB90 directed DMS to investigate and apply for approval to establish a recovery housing benefit
- SB178 expanded Medicaid eligibility to 12 months for postpartum

2023

- HB75 established outpatient improvement program for hospitals
- HJR35 recommends the Department submit state plan amendment to improve ambulance services and service options

Activities to Incorporate CHW Services in Kentucky Medicaid



Certification

- Legal US resident;
- Resident of Kentucky or employed as a CHW in the state of Kentucky;
- At least 18 years of age; and
 - Complete a competency-based CHW training and mentorship program offered by an organization approved by DPH; or
 - Meet requirements established by DPH for certification based on relevant and verifiable past community health worker experience
- Certifications must be renewed annually



Covered Services

Must be ordered by a:

- Physician
- Physician Assistant
- Nurse Practitioner
- Certified Nurse Midwife
- Dentist

Services must be delivered according to plan of care and may include:

- Health system navigation
- Health promotion and coaching
- Health education and training



Reimbursement

- CPT 98960
 - 1 patient
 - \$21.87 per 30 minute increment
- CPT 98961 2 4 patients
 - 2-4 patients
 - \$10.30 per 30 minute increment
- CPT 98962
 - 5 8 patients
 - \$7.72 per 30 minute increment
- No wrap for Federally Qualified Health Care Centers, Rural Health Clinics,
- Managed Care Organizations
- Hospitals



Priorities Going Forward





CABINET FOR HEALTH AND FAMILY SERVICES

Public Health Emergency Unwinding

Veronica Judy Cecil, Sr. Deputy Commissioner April 2023





Public Health Emergency (PHE)

The Secretary for the Department of Health and Human Services declared a PHE on January 31, 2020, due to COVID-19



The PHE allowed states several flexibilities by:

- Triggering a variety of federal emergency powers
- Temporarily waiving certain Medicaid and Children's Health Insurance Program (CHIP) requirements
- Permitting continuous coverage with 6.2% enhanced Federal Medical Assistance Percentage (FMAP)



PHE flexibilities remain in effect for 90 days

- The PHE has been extended numerous times
 - Most recent extension is to April 11, 2023
 - White House announced end on May 11, 2023



The Consolidated Appropriations Act 2023 separates continuous coverage from the PHE effective March 31, 2023 and phases out the enhanced FMAP through December 31, 2023



Upon PHE expiration

- ✓ Unwind PHE flexibilities
- Resume temporarily waived requirements and conditions
- Identify flexibilities to permanently integrate into state plan or waivers

Kentucky's PHE Unwinding Goals



High Level Timeline for Renewals



Renewal Caseload Planning

All individuals requiring renewal will be distributed across a 12-month period, based on the state's renewal distribution plan

May – June – July – August – September – October – November – December – January – February – March – April



KY Medicaid Renewal Process



Example Notices

Example Notice of Eligibility:



Whose coverage will end

Name Program		Program	Effective Date
		Medicaid	February 01, 2023
		eceive benefits because your e rules in: 907 KAR 20:060.	SSI payment has stopped.

You may check the rules online at https://apps.legislature.ky.gov/law/kar/TITLE907.HTM.

Important Medicaid Information

If you will be turning 65 in the next 90 days, or become eligible for Medicare due to a disability, there may be actions you need to take. Please refer to the IMPORTANT: You may soon be eligible for Medicare insert included in this notice.

Example RFI:



Example Renewal Packet:



Renewals: How patients respond to a notice

Completing and Returning Forms	 Fill in all requested information Return by fax to 502-573-2005 or 502-573-2007 Return by mail to P.O. Box 2104, Frankfurt, KY 40602
Self-Service Portal	 Log in to kynect at https://kynect.ky.gov/benefits Click on <i>Review Benefits</i> or <i>upload requested information in RFI</i>
Call kynect or DCBS	 Call kynect (1-855-459-6328) Mon-Fri 8:00 am to 4:30 pm ET Call DCBS (1-855-306-8959) Mon-Fri 8:00 am to 4:30 pm ET and Saturdays from 9:00 am to 12:00 pm ET
Visit a kynector, insurance agent of DCBS office	 Find a kynector or agent office* and visit Mon-Fri 8:00 am to 4:30 pm local time Find a DCBS office* and visit Mon-Fri 8:00 am to 4:30 pm local time

*Find a kynector or agent office here: <u>https://kynect.ky.gov/benefits/s/auth-reps-assisters?language=en_US</u> *Find a DCBS office here: <u>https://kynect.ky.gov/benefits/s/find-dcbs-office?language=en_US</u>

Renewals: What's Next?

What to expect and what you can help patients do!



Patients should keep their contact information updated so Kentucky Medicaid is able to reach them when it is their time to renew!

Update contact information as soon as possible!

Visit <u>kynect.ky.gov</u> or call kynect at **855-4kynect (855-459-6328)** with questions and to update mailing address, phone number, and email!



Be on the look out for any mail or outreach from Kentucky Medicaid and be sure to respond!

Renewals: Need help?

There are people in your community who can help your patients!

kynector or licensed insurance agent available online and by calling **1-855-4kynect** (1-855-459-6368)

If they're 65+ call the SHIP Hotline at (877) 293-7447 (**option #2**) or call DAIL at (502) 564-6930 and ask for a SHIP counselor to learn about Medicare options!

Check out Kentucky's website for all things Medicaid Renewals and PHE Unwinding! <u>https://khbe.ky.gov/Enrollment/Pages/PHEUnwinding.aspx</u>



Members * Providers * State Agencies * Managed Care Organizations * Advocacy & Community Based Organizations



Proactive Approaches to Help Members



Support Patients Through Renewals

Renewals will occur over a 12-month period.

The first to go through a renewal are those having a May 31, 2023 end date.

Notices for these individuals went out in April.

Here is how to find your patient's renewal date in KYHealthNet.

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riday 24 March 2023	07:55 am				
	- 282N00000X 🗸				
Select Lookup Type:	Member ID Lookup	✓ Servi	ice Type: Emergency S	ervices	A Search
			Family Planni	ng	
			Health Plan C	overage	
Member ID:	24				
From Date: 03/24/2	023	To Date: 0	3/31/2023		
Verification No. 2308	30000C - 3/24/2023	Status: Acti	ive		Print
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			(
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			Medicare B:		
Medicare C:				×	
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How can I help my patients?

- Ask them to update their information in kynect by logging into <u>kynect.ky.gov</u> or calling 855-4kynect (855-459-6328)
- Remind them to watch for notices. Medicaid will contact them when it is their time to renew.
- If their renewal date is coming up, make sure they are aware.

PHE Flexibilities Ending on May 11, 2023

NOTE: HCBS Appendix K flexibilities do not end until 6 months after the end of the PHE

Providers

- Suspension of provider revalidations
- Suspension of recoupments and payment intercepts
- Temporary provider enrollments
- Use of unlicensed facilities as an alternative location
- Use of a temporary expansion site or other areas that do not comply with requirements
- Use of SNF beds for patients not meeting SNF requirements

Members

Second Presumptive Eligibility (PE) period in a calendar year

Provider Reimbursement

- Hospital 20% add-on to DRG for COVID-19 diagnosis
- Nursing Facility \$270 per diem add-on

NOTE: This is not a comprehensive list of flexibilities that may end. Some flexibilities are still under review.
PHE Flexibilities Extended

Members

- Disregard for excess resources for LTC members for 12 months past the PHE.
- Period to file an appeal and for the state to make a decision
- Re-enrollment of member to previous MCO if within 120 days

Covered Services

- Required coverage of COVID-19 vaccines, testing and treatments without cost sharing (ARPA)
- Telehealth audio-only, non-HIPAA compliance platforms (CAA, 2023)
- Methadone take-home doses for OUD (SAMSHA extension)

NOTE: This is not a comprehensive list of flexibilities that may be extended. Some flexibilities are still under review.

PHE Flexibilities Permanently Implemented

Provider

• Nurse Aide applicants use of I-9 instead of Social Security Card (907 KAR 1:250)

Covered Services

• Expanded telehealth (907 KAR 3:170)

NOTE: This is not a comprehensive list of flexibilities that may be implemented permanently. Some flexibilities are still under review.

Provider Revalidations

If your revalidation was due during the Public Health Emergency (PHE) and you have not yet done so, we encourage you to complete and submit your revalidation (RVL). Submitting your RVL now will allow KY DMS to review and process your RVL in accordance with Federal guidance in a timely manner.

WHERE TO FIND REVALIDATION DUE DATE:

The revalidation date can be found on your dashboard under KY

Medicaid provider IDs.

Revalidation Newsletter

Search by Medicaid ID Status or Provider Type						Search by Medicaid ID			
Medicaid ID Status		Provider Type				Medicaid ID			
All	*	All		~					
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Medicaid Provider ID	Medicaid ID Status	View	Provider Name	K) NPI		Search C Medicaid Provider ID Effective Date	Medicaid Provider ID End Date	Revalidation Due Date	Actio

How to stay informed...

Kentucky's Medicaid Renewals and PHE Unwinding Website - <u>MedicaidUnwinding.ky.gov</u>





CABINET FOR HEALTH AND FAMILY SERVICES

Division of Health Plan Oversight David Verry, Assistant Director



The Kentucky Health Benefit Exchange kynect

Assistant Director – David Verry (email: <u>David.Verry@ky.gov</u>)





What is the Exchange?

An online marketplace for individuals and employees of small businesses to shop for health insurance offered by insurers and compare those plans based on price and quality.

Individuals may receive tax subsidies to make premiums, copays and deductibles lower. Small businesses may qualify for tax credits as well.

Individuals may also apply for Medicaid or the Kentucky Children's Health Insurance Program (KCHIP) coverage through the single kynect application.



Types of Marketplaces

Federally-facilitated Marketplace (FFM): In a Federally-facilitated Marketplace, HHS performs all Marketplace functions. Consumers in FFM states apply for and enroll in coverage through Healthcare.gov.

State-based Marketplace-Federal Platform (SBM-FP):

These states are considered to have a State-based Marketplace and are responsible for performing all marketplace functions for the individual market, except that the state will rely on the federal Healthcare.gov website for eligibility and enrollment functions. Consumers in these states apply for and enroll in coverage through Healthcare.gov **State-based Marketplace (SBM)**: States running a State-based Marketplace are responsible for performing all marketplace functions for the individual market. Consumers in these states apply for and enroll in coverage through marketplace websites established and maintained by the states.



Integrated System

kynect: an umbrella platform that allows individuals to apply for assistance through kynect health coverage, kynect benefits, and kynect resources.



kynect health coverage: Kentucky's State Based Marketplace. One Stop Shop to seek eligibility and enroll in health coverage including Medicaid, KCHIP, ACA compliant Qualified Health Plans with financial assistance if eligible



kynect benefits: Individuals can also apply for other state programs: Supplemental Nutrition Assistance Program (SNAP), Kentucky Transitional Assistance Program (KTAP), Child Care Assistance Program (CCAP), and Kentucky Integrated Health Insurance Premium Payment (KI-HIPP) program.

kynect Resources: Individuals can connect with community partner organizations through an interactive portal. Individuals can seek assistance or referrals based on their interests and needs.



No Wrong Door **DCBS Caseworkers** kynectors **Insurance Agents Contact Center**



Here to help...

Navigators are contracted kynectors who help Residents and small businesses find health coverage through kynect. Navigators are required by KHBE to hold outreach, education, and enrollment events.

Certified Application Counselors (CACs) are noncontracted kynectors who are staff members or volunteers of designated public or private organizations that include: hospitals, Federally Qualified Health Centers (FQHCs), health coverage providers, and agencies providing social services. CACs are trained by KHBE to help Residents find health coverage in kynect. Agents are licensed by the Commonwealth and registered with kynect to assist consumer in enrolling in health insurance plans.



Here to help...

Call Center Representatives are available to assist individuals. Persons can complete an application and enroll over the phone.

Department for Community Based Services (DCBS) staff are available to assist individuals. Individuals can receive assistance over the phone or at local offices.



Single Stream Application kynect.ky.gov





Medicaid to Qualified Health Plan kynect.ky.gov

Medicaid	QHP/APTC
Completely free	Premiums, copays, deductibles
Can enroll whenever an individual qualifies	Open Enrollment in the fall
Retroactive coverage	Almost always only going forward





A Qualified Health Plan (QHP) is an insurance plan certified by the Kentucky Health Benefit Exchange (KHBE) that complies with the requirements of the Affordable Care Act (ACA).



Individuals may apply for and enroll in a QHP online, over the phone, using a paper application, at a DCBS office, with help from an agent or kynector



QHPs are available in up to five metal levels and meet the requirements to be Minimum Essential Coverage



QHP metal levels are based on the plan's Actuarial Value – the percentage of total costs for covered benefits that a plan covers.



Premiums can only be based on:

- Age
- Rating area (zip code)
- Tobacco use
- Guaranteed Issue
- Essential Health Benefits



QHP Metal Levels include Expanded Bronze, Bronze, Silver, Gold and Platinum. QHP metal levels do not reflect the quality or amount of care the metal plans provide.







- Anthem
- CareSource Marketplace
- Molina Healthcare
- WellCare Health Plans

There are fifty-three (53) health plan options for Residents to choose between.



- Anthem Dental
- Best Life & Health Insurance
- There are eight (8) dental plans for Residents to choose between.



VSP

There are two (2) vision plans for Residents to choose between.







Premium

A health insurance premium is the monthly cost associated with the plan that the Individual is responsible for paying.

Coinsurance

The coinsurance is the allotted amount that an Individual pays for a covered health service.

Copayment

A copayment is the fixed amount that an Individual pays for a doctor's visit.

Deductible

The deductible for a health insurance plan is the amount an Individual pays out-of-pocket before the plan begins to pay for healthcare costs.



The Big Transition from Medicaid to QHP

Individuals MUST take action!

Individuals must choose a health plan before Medicaid coverage ends to avoid gap in coverage

- Coverage Start Date is the first of the month following plan selection
- Coverage will not be effectuated until first binder payment is received and processed
- Choosing a health insurance plan can be challenging—adverse selection can be costly



The Advance Premium Tax Credit

Advance Premium Tax Credit (APTC)

- The Advance Premium Tax Credit (APTC) is a tax credit Individuals can use to help lower the monthly cost of health insurance. This tax credit is only available when an Individual gets their plan through kynect health coverage and is based on income and household size. APTC is also called Payment Assistance.
- Eligibility for APTC is determined by using the MAGI methodology.
- Individuals cannot have access to of be enrolled in employer-sponsored insurance or other types of MEC: Medicare, Medicaid, VA health care benefits, or Tricare.
- Individuals must be lawfully present and file taxes
- Tax Credit can be taken at the end of the year when an individual files taxes or, more commonly, used each month to pay for premiums
- Individuals then reconcile with the IRS at the end of the year.



The Advance Premium Tax Credit

Generally speaking, higher household income levels result in lower amounts of APTC.

Below is the percentage of annual income a household can expect to pay for the Second Lowest Cost Silver Plan (SLCSP) or Benchmark Plan. This is based on where their household income falls on the Federal Poverty Level (FPL).

Income Range (% of FPL)	Range of Expected Contributions (as a % of annual income)
138-150%	0%
150-200%	0-2%
200-250%	2-4%
250-300%	4-6%
300-400%	6-8.5%
400% and higher	8.5%

There is no upper income limit on APTC, meaning households above 400% of the FPL can purchase kynect coverage and receive payment assistance if the premium for a SLCSLP or less expensive plan exceeds 8.5% of their overall household income



Cost Sharing Reductions

- Cost Sharing Reduction (CSR) subsidies are a means of keeping out-ofpocket health care costs affordable for individuals with modest incomes.
- CSR benefits are available to enrollees with household income between 100% and 250% of the federal poverty level (FPL).
- CSRs lower coinsurance, copays, deductibles, and maximum out-of-pocket costs—in some cases substantially—some Silver plans have a higher Actuarial Value than Gold or Platinum
- Must enroll in a Silver Plan (unless Native American)



Small Business Health Options Program (SHOP)

The kynect Small Business Health Options Program (SHOP) is an affordable, flexible, and convenient way for small employers to provide health and/or dental insurance to their employees.

Generally speaking, a business or non-profit organization must have 1-50 employees to qualify for kynect SHOP.

If a business or non-profit qualifies, there is no need to wait for an Open Enrollment Period. You can offer kynect SHOP coverage to your employees any time during the year



The American Rescue Plan

As part of the Inflation Reduction Act, signed into law on August 16, 2022, these enhanced subsidies have been extended through 2025.

AVERAGE YEARLY SAVINGS:

\$800.00 PER PERSON



The Family Glitch

Generally, Individuals with Employer-Sponsored Insurance (ESI) coverage do not qualify for tax credits (Advance Premium Tax Credit) with kynect health coverage. There is an exception if the ESI coverage does not meet minimum standards or fails the affordability test. Most ESI plans meet the minimum standards. Previously, the affordability rules didn't consider the cost of ESI family coverage. This was called the "Family Glitch."

The <u>IRS finalized the rule change</u> in October 2022, a few weeks before the start of the open enrollment period for 2023 individual/family health coverage.



Open Enrollment









Enrollment by Age





Enrollment Metal Level









The Special Enrollment Period (SEP) is a period where an Individual may enroll in or change their existing enrollment due to a qualifying event.

Components of SEP

Qualifying Events

The following are examples of qualifying events which requires proof to confirm the SEP eligibility:

- Lost qualified health insurance coverage in last 60 days
- Will lose qualified health insurance coverage in next 60 days
- Gain of dependent due to marriage in last 60 days
- Gain of dependent due to adoption, or placement of adoption in last 60 days
- Someone in the household has moved to a new coverage area in last 60 days
- The Individual or a dependent plans to move to a new coverage area in next 60 days
- Gain of dependent through a child support order or other court order in last 60 days

Time Period

An Individual has a specified time period to report the qualifying event, which includes:

- 60 days prior to the event occurring
- 60 days after the event has occurred

The Public Health Emergency

Medicaid Unwinding



Special Enrollment

There will be an Unwinding Special Enrollment Period (SEP) for individuals who have lost Medicaid and submit a new application or update an existing application between March 31, 2023 and July 31, 2024.

- Individuals who are eligible for this Unwinding SEP will have 60 days after they submit their application to enroll in a QHP even if it has been longer than 60 days since they lost Medicaid.
- Coverage will start the first day of the month following plan selection but the first payment must be paid before the coverage is effective.

If an individual is uninsured months from now...they may still qualify for a Special Enrollment



Helpful Resources





Thank you










CABINET FOR HEALTH AND FAMILY SERVICES

Behavioral Health Initiatives

Leslie Hoffmann, Deputy Commissioner



Behavioral Health Initiatives

As Medicaid enrollment continue to increase, so does the need for Behavioral Health services. Today we will highlight a few of the current BH initiatives.



CCBHC Timeline

Certified Community Behavioral Health Clinics

Protecting Access to Medicare Act of 2014

Outlines the creation of a demonstration program.

Kentucky Selected for Participation

Kentucky implements the eight-quarter demonstration on 01/01/2022, with an end date of 12/31/2023.

Bipartisan Safer Communities Act (BSCA) 2022

Due to the passage of this legislation, recent communication from CMS directs that Kentucky's demonstration will now end 12/31/2027.

Strengthening System of Care

CCBHCs must provide a comprehensive range of mental health and substance use disorder services to vulnerable individuals to increase access to services,.

POPULATIONS IMPACTED



CCBHCs must provide care regardless of ability to pay or place of residence, providing care for those who are on Medicaid, uninsured, underserved, homeless, and for <u>active-duty military or veterans.</u>



MST Multisystemic Therapy



POPULATION IMPACTED

Medicaid enrolled children between the ages of 10-17 that are at risk for entering the Juvenile Justice system. The goal is to work intensively with the youth and family to prevent justice involvement and out of home placements.

MULTISYSTEMIC THERAPY PILOT



Evidence-Based

MST is an evidenced based intensive treatment process that focuses on diagnosed behavioral health disorders and on environmental systems 8-8 0

Partnerships

DCBS, DJJ, MCOs, and other community providers have referred to the programs during the first year of the pilot.



Three-Year Project

DMS, along with DCBS, has partnered with 3 Pilot providers that are licensed by the MST Institute for the delivery of this intensive service.

SMI, Severe Mental Illness, 1115 Overview



Kentucky 1915i SPA



Kentucky Mobile Crisis Continuum



https://www.chfs.ky.gov/agencies/dms/Documents/MobileCrisisInterventionAssessment.pdf

- September 30, 2021: DMS Awarded CMS Mobile Crisis Intervention Services Planning Grant, \$796,894
- January March 2022: MCI Stakeholder Engagement & Research
- April 2022: MCI Needs Assessment Completed
- October 2021 December 2022: Design & develop crisis intervention models
 - Commonwealth Model in accordance with CMS requirements for enhanced funding
 - Community Crisis Co-response Model to close the loop in the crisis continuum – on-going development.
- November 2022: HRSA Grant Application Submitted to Support Rural Co-Response Implementation
- January March 2023: Co-Response Stakeholder Engagement & Research
- March 2023: Governor Beshear announced the MCI Proposal <u>https://youtu.be/7qh9yT5_jzQ</u>

Diversion from Jails and Hospitals

Building a comprehensive crisis continuum for all Kentuckians

SAMHSA's National Guidelines for Behavioral Health Crisis Care



Someone to Talk to

Crisis lines accepting all calls and dispatching support based on the assessed need of the caller.

- 988
- Regional Crisis Call Centers
- Public Safety Access Points (PSAP) i.e., 911



Someone to Respond

Mobile crisis teams dispatched to wherever the need is in the community.

- Regional Mobile Crisis Providers (CMHC, CCBHC, and BHSO)
- MRSS for children/youth response
- Community Paramedicine
- Co-Response and Law Enforcement
- Prevention/Deflection/Diversion/Inclusion



A Place to Go

Crisis receiving and stabilization facilities that serve everyone that comes through their doors from all referral sources.

- Least restrictive next level of care
- 23-Hour Short-Term Crisis Observation and Stabilization
- First Responder Drop-Off Options
- Post-Crisis Follow-up

Source: SAMHSA's National Guidelines for Behavioral Health Crisis Care: Core services and best practices

Behavioral Health Crisis Services for anyone, anywhere, anytime. No Wrong Door

KENTUCKY MEDICAID RACIAL & HEALTH EQUITY INITIATIVES



CABINET FOR HEALTH AND FAMILY SERVICES



DMS Racial & Health Equity Initiatives

- Medicaid developed a Racial and Health Equity plan to align with the Cabinet's initiatives
- Medicaid Identified tools to better assess tasks and projects trough the lens of cultural humility.
- Medicaid set goals for each Division in Medicaid and developed strategies with the MCOs
- Medicaid currently assists with the Cabinet's first
 Health Disparity and Equity Technical Advisory
 Committee (TAC).
- Medicaid was granted participation in the Medicaid

Innovative Collaborative (MIC)

MEDICAID INNOVATION COLLABORATIVE



IOWA KENTUCKY NEVADA NEW YORK



Through this collaborative DMS can work with other states on racial equity programs and initiatives.



MIC is a structured approach for states and MCOs to source and deploy tech-enabled solutions that address inequities in Medicaid.



Members receive primary research, technical assistance, support, and other key resources to effectively collaborate on health equity innovation.



Social Determinants of Health Cohort seeks to identify scalable solutions to close gaps in social needs for Medicaid beneficiaries.

THANK YOU

DMS HOME



DMS BH PAGE



DMS ISSUES







CABINET FOR HEALTH AND FAMILY SERVICES

Department for Behavioral Health, Intellectual and Developmental Disabilities



DEPARTMENT VISION AND MISSION

- Vision: All Kentuckians have access to quality services and supports to live full and healthy lives.
- **Mission:** To promote health and well-being by facilitating recovery for people whose lives have been affected by mental illness and substance use; supporting people with intellectual or other developmental disabilities; and building resilience for all.

DEPARTMENT OVERVIEW: SERVICES

Central Office

Hospitals:

- Appalachian Regional Healthcare
- Central State Hospital
- Eastern State Hospital
- Kentucky Correctional Psychiatric Center
- Western State Hospital

Long Term Care:

- Glasgow State Nursing Facility (GSNF)
- Western State Nursing Facility (WSNF)

Intermediate Care Facilities:

- Bingham Gardens
- Hazelwood (Del Maria, Meadows, Windsong)



Central Kentucky Recovery
 Center

Community-Based Residential Substance Abuse Programs:

- Serenity House
- Women's Renaissance Center



Community Mental Health Centers (CMHC)

• Adanta

- Cumberland River
- NewVista of the Bluegrass
 Four Rivers Behavioral Health
- CommunicareComprehend, Inc.
- Kentucky River Community Care
 - LifeSkills

- Mountain Comprehensive Care
- NorthKey
- Pathways
- Pennyroyal Regional Center

- RiverValley Behavioral Health
- Centerstone

Kentucky Opioid Response Effort

✓ End stigma

- ✓ Carry and distribute naloxone
- ✓ Link clients to treatment
- \checkmark Link clients to quality recovery housing
- \checkmark Access free technical assistance
- \checkmark Incorporate tobacco cessation training



UNSHAME Kentucky is a statewide campaign to destigmatize opioid use disorder by providing education, increasing awareness of fentanyl, and sharing the stories of people whose lives have been affected by opioid use.

How to Get Involved: Visit UnshameKY.org







Become an UnshameKY Champion



Attend a Monthly Webinar

Help Save Lives –

Carry naloxone (Narcan[™]) and learn how to use it

- Free, brief training is available online for providers and patients
- Visit kphanet.org/kore to learn how your organization can help



- Medicaid fully covers naloxone
- Over-the-counter naloxone will be available by Fall 2023
- KORE Copay Program reduces the cost of co-pays for non-Medicaid beneficiaries
- Visit kphanet.org/copay

Link Clients to Treatment

Visit FindHelpNowKy.org to find addiction treatment

Have questions about treatment and recovery? Call **1-877-318-1871**





Link Clients to Quality Recovery Housing

- Visit FindRecoveryHousingNowKy.org to find recovery housing in KY
- Learn about quality recovery housing standards
- Apply to become a certified recovery residence



Free Training and Technical Assistance

OpioidResponseNetwork.org

- Community trainings on the prevention and treatment of opioid use disorder
- Education and training in evidencebased clinical practices
- Educational materials to help your community address stigma



Mental Health Initiatives:

✓ End stigma

✓ Expand access to community-based resources/treatment

✓ Support recognition of and access to care for suicidal crises

✓ Increase access in crisis situations

✓ Provide support during disasters and after trauma



Enhance Access to Community-Based Resources

988 SUICIDE & CRISIS

WHAT IS 988? 988 IN KY FAQS CALL CENTERS PARTNERS

SHORTER NUMBER. BROADER MISSION.

988 is up and running in Kentucky

Kentuckians in crisis can now connect with suicide prevention, mental health and substance abuse counselors using a nationwide, easier-to-dial phone number – 988. Phone service providers will now direct 988 calls to the existing national lifeline with its 13 Kentucky call centers. And connection to additional crisis services will be provided if necessary.

If you or someone you know is in crisis, someone to talk to is just a click away.

CALL 988*

<u>www.988.ky.gov</u>

Enhance Access to Community-Based Resources



KENTUCKY CALLS BY MONTH

Suicide Prevention, Intervention & Postvention

2023-2024

Kentucky Department of Behavioral Health Recommendations for School Suicide

Prevention Training





https://rb.gy/ze782

Suicide Prevention, Intervention & Postvention

MISSION

WARNING SIGNS

PROTECT YOUR HEALTH

SUPPORTERS

PUTTING THE FOCUS ON FARMER HEALTH

Help and Hope Are Right Here

Debt, extreme weather, unstable prices, and isolation have created a storm of stress for the people who feed the rest of us. We see you, we appreciate you, and we are here to help. If you or someone you know is feeling depressed or overwhelmed or is struggling with their mental well-being, please don't hesitate to reach out. Call or text the 988 Suicide & Crisis Lifeline 24/7 for free and confidential emotional support.

Call 988 now

Text 988 or chat at 988lifeline.org



RESOURCES

www.raisinghopeky.com

Disaster Preparedness & Recovery

Were you affected by the flooding in Eastern Kentucky?

You are not alone. We are here for you.

ARE YOU INTERESTED IN...

- Talking with someone
- Recognizing disaster reactions
- Building coping skills
- Managing stress

WE PROVIDE...

- InformationEducation Emotional
- support Links to
- resources

OUR SERVICES ARE...

- Confidential
- Anonymous
- Free
- In-person or virtual

& ARE AVAILABLE AT...

- Meetings
- Workplace
- Places of worship

PROJECT RECOVERY Building Resilience

dividuals and communities recover from the

KENTUCKY RIVER COMMUNITY CARE

www.krccnet.com / 1-800-262-7491 Deaf and Hard of Hearing: 1-800-787-5043 (TTY) Letcher, Leslie, Perry, Knott, Breathitt, Owsley, Lee, Wolfe

MOUNTAIN COMPREHENSIVE CARE CENTER

www.mtcomp.org / 1-800-422-1060 Pike. Martin, Flovd, Magoffin, Johnson

> www.projectrecoveryky.com Project Recovery •building resiliency 2





SUPPORTING BEHAVIORAL HEALTH WELLNESS IN
EASTERN KENTUCKY

Natural Disaster Anniversary Kit for Eastern Kentucky Communities



www.projectrecoveryky.com

2023

Care After Traumatic Events



KENTUCKY COMMUNITY CRISIS RESPONSE TEAM (888) 522-7228

www.kccrt.ky.gov





Meet the Medicaid







CABINET FOR HEALTH AND FAMILY SERVICES

Kentucky Department for Medicaid Services Division of Health Plan Oversight



Division of Health Plan Oversight Director: Edith Slone

Assistant Director – David Verry (email: <u>David.Verry@ky.gov</u>)

Eligibility and Enrollment Branch

Human Services Program Branch Manager: Jiordan Griffin (email: Jiordan.Griffin@ky.gov)

Assistant Director – Jeremy Armstrong-DeRossitt (email: <u>Jeremy.Armstrong@ky.gov</u>)

Appeals and Complaints Branch (email: <u>SB20@ky.gov</u>)

Human Services Program Branch Manager – Stephanie Hodges (email: <u>Stephanie.Hodges@ky.gov</u>) <u>Contract Monitoring Branch (email: ProviderMCOInquiry@ky.gov</u>) HSPBM – Vacant



Eligibility and Enrollment Branch

Kentucky Health Benefit Exchange (KHBE) – General questions regarding APTC/QHP (email: <u>KHBE.Program@ky.gov</u>)

Eligibility questions or concerns can be referred to <u>DMS.Eligibility@ky.gov</u>

Suggestion to discuss Incarceration segments



Appeals and Complaints Branch

Provider receives a denial of services or claim denial or underpayment

MCO Appeal Process

Two Paths to Appeal

Member

KAR 17:010 Member Appeals

907 KAR 1:563 State Fair Hearing

Provider

907 KAR 17:015 Provider Appeals 907 KAR 17:035 External Independent Third-Party Review 907 KAR 17:040 Administrative Hearing KRS 205.646



Appeals and Complaints Branch continued...

Member Appeals

- Providers may appeal on behalf of the member, but it is still considered a member appeal.
- Member must provide written consent for their provider to represent them in an appeal.
- Must be received by the MCO within 60 days from the date of the adverse determination notice.
- Decision by MCO within 30 days.
- Expedited appeals must be resolved in 3 working days.
- Continuation of services is allowed.
- Next step is state fair hearing, if service is denied.



Appeals and Complaints Branch continued...

Provider Appeals

- Timeframe for provider to request is determined by MCO provider internal appeal process.
- There is only one provider internal appeal and it applies to prior authorizations, service denials, claim denials, etc.
- MCO must make an internal appeal decision within 30 calendar days.
- Peer to peer reviews are not required, but may occur separately from the internal process. This does not affect the 30-day decision requirement.
- 14 day extensions shall be granted if requested by the MCO or provider.
- Include all documentation to support the appeal.
- Upon receipt of the final internal appeal decision, providers have 60 calendar days to request an External Independent Third-Party Review



External Independent Third-Party Review

- Senate Bill 20, KRS 205.646, or 907 KAR 17:035
- Medical necessity determinations or service coverage requirements
- Must be requested within 60 calendar days of the internal appeal decision.
- Applies to dates of service after 12-1-16
- The MCO appeal decision letters provide directions on how to request the external independent third party review.
- Providers send the request to the MCO. The MCO forwards the request to DMS.
- If a member has an active state fair hearing request for the same service, the external review will not be granted.
- External review decision should be rendered in no more than 45 days.









CABINET FOR HEALTH AND FAMILY SERVICES Department for Medicaid Services

Andy Beshear Governor

275 East Main Street, 6E-D Frankfort, KY 40621 www.chfs.ky.gov Lisa D. Lee Commissioner

Edith Slone Director

Eric C. Friedlander Secretary

DATE

PROVDIER ADDRESS ATTN:

RE:

The Kentucky Department for Medicaid Services (DMS) has reviewed your request for an external independent thirdparty review.

Your request is being returned due to being deficient for the following reason(s).

- 1. Request was not submitted by the provider (self or through attorney), or designee as authorized in writing
- 2. Date of service prior to 12/01/16____
- 3. Did not identify each specific issue and dispute___
- 4. Does not state the basis for which the decision is believed to be erroneous
- 5. Designated contact information missing _
- 6. Was not received within 60 days of MCO final decision _____
- 7. Did not exhaust provider internal appeal_
- Rate/Contract disputes are not eligible for review under KRS 205.646_____

Should you have any questions regarding this determination, please contact DMS by email at SB20@ky.gov.



Provider Administrative Hearing

- Must be requested within **30** calendar days of the external independent third-party review decision.
- May be requested by either the MCO or provider.
- The party that receives the adverse final order pays a fee of **\$600** to the Department within **30** days.



Key takeaways EIR

• Keep in mind the type of appeal you are requesting from the MCO.

REMEMBER

For example... if a provider requests an expedited or peer to peer review/appeal this will lead to a member appeal which does not qualify for the external independent review.

- Always make the request in writing and submit ALL documentation that supports the reason you disagree with the decision.
 - The External Reviewer can only review items that were reviewed during the internal appeal
 - If no medical records are provided a provider cannot prove medical necessity *send all documents*



Contract Monitoring Branch

- State of Kentucky contracts with 6 Managed Care Organizations:
 - 1. Aetna Better Health
 - 2. Anthem Blue Cross/Blue Shield
 - 3. Humana Healthy Horizons
 - 4. Passport by Molina
 - 5. United Healthcare Community
 - 6. WellCare



Contract Monitoring Branch

Responsible for providing oversight of contractual requirements with State and Federal Regulations

- Provider Complaint Form (<u>ProviderMCOInquiry@ky.gov</u>) Complaint Examples: Issues relating to claims processing, credentialing, and/or coverage of services provided to members, etc...
- Subcontractor and Policy Review MCOs are required to obtain Department approval prior to disseminating to the provider networks with an at minimum 30 day notification of the change to the appropriate provider network in contract with said MCO's.
- Encounter Penalty Monthly Calculations: MCOs are contractually monitored and required to submit encounters data. A monthly assessment penalty is calculated based on accuracy, timeliness, and completeness. Encounters are specifically claims data information shared with the Department.



KENTUCKY DEPARTMENT FOR MEDICAID SERVICES

PROVIDER COMPLAINT FORM

Have you filed an Appeal/EIR (External Independent Review) or dispute with the MCO regarding the claim(s)? If so, STOP completing this form, and inquire with the SB20@ky.gov regarding the Appeal/EIR. No action may be taken if an External Independent Third Party Review has been requested. If no EIR, please complete this form and submit by mail, email, or fax to:

Division of Program Quality & Outcomes Department for Medicaid Services 275 E. Main Street 6C-C Frankfort, KY 40621 502-564-9444 502-564-0223 Fax ProviderMCOInquiry@ky.gov

GENERAL PROVIDER INFORMATION

Provider Name:	NPI #:
Provider Specialty:	
Provider's Place of Service Address:	
City:	St: ZIP:
Provider's Contact Person's Name:	
Contact Person's Company:	
Mailing Address:	
City:	St: ZIP:
Phone: Fax:	E-mail:



Key Takeaways Provider Complaints

• Always contact the provider representative first.

- Don't forget to remember!
- **Provide** all documentation that applies to the complaint(s) including email correspondence, a brief description of issue, claims information, etc....
- **Identify** the MCO(s) when requesting a complaint. This is important if a provider has similar issues with multiple MCOs.
- If a provider has gone through the MCO internal appeal process and wants to file a complaint **include** that information in the complaint.

