

# Choosing Your Own Path: How Home and Community Based Services Can Help

## The Benefits of 1915(c) HCBS Waivers

- 1915(c) Home and Community Based Services (HCBS) waivers offer special, Medicaid-paid services to individuals who are aged or who have a disability.
- The goal of HCBS is to help individuals with special needs be part of their chosen community and live as independently as possible.
- Service plans are person-centered, taking into account an individual's needs, preferences, and goals.
- Individuals receiving services in a 1915(c) HCBS waiver program also have access to Medicaid state plan services to meet their medical and other non-community-based needs.
- Individuals can use community resources to close gaps when a waiver or Medicaid state plan service isn't available.

## Which 1915(c) HCBS Waiver is Right for Me?

- Acquired Brain Injury (ABI)
  - For individuals age 18 and older who need assistance to re-enter the community after a brain injury
- Acquired Brain Injury Long Term Care (ABI LTC)
  - For individuals age 18 and older who need long-term support to live in the community after a brain injury
- Community Health for Improved Lives and Development (CHILD)
  - For children and youth up to age 21 who require stabilization support due to high-intensity behavioral health or developmental needs
- Home and Community Based (HCB)
  - For individuals age 65 or older and/or individuals with a physical disability
- Michelle P. Waiver (MPW) and Supports for Community Living (SCL)
  - For individuals with intellectual or developmental disabilities
- Model II Waiver (MIIW)
  - For individuals using a ventilator 12 or more hours a day

## Waiver Services

Needed services are determined by a waiver participant's functional assessment and the person-centered planning process. Services vary by waiver program. [A complete list is available online](#) (<https://bit.ly/kyHCBSbywaiver>). Services may include:

- Companion
- Community Living Supports
- Personal Care
- Positive Behavior Supports
- Assistive Technology
- Residential Services
- Non-Specialized Respite
- Medicaid State Plan
- Medical Supplies, Equipment, and Appliances
- Home Health/Private Duty Nursing
- Behavioral Health
- Inpatient Hospital
- Outpatient Services

Case managers, support brokers, or service advisors are responsible to use person-centered planning to help participants identify and access all needed services and community resources.

## Service Delivery Options

ABI, ABI LTC, HCB, MPW, and SCL waiver participants can receive services in one of three ways.

1. Traditional Services
  - a. A participant receives all 1915(c) HCBS waiver services from agencies.
2. Participant-Directed (PDS)
  - a. A participant finds and hires their own employees to deliver some services.
3. Blended
  - a. Participants can opt to receive some services from traditional agencies and others from employees they hire themselves.

Service delivery options should be discussed during person-centered planning meetings. If you want to know more about your options, your case manager, support broker, or service advisor can help you.

## Key Contacts and Links

- [How to Apply](https://bit.ly/applyforKYwaiver) (<https://bit.ly/applyforKYwaiver>)
- [Waiver Information and Resources](https://bit.ly/LearnMoreAboutKYHCBS) (<https://bit.ly/LearnMoreAboutKYHCBS>)
- ABI, ABI LTC, CHILD, or MIIW
  - Contact the Department for Medicaid Services at (844) 784-5614 or [1915cWaiverHelpDesk@ky.gov](mailto:1915cWaiverHelpDesk@ky.gov)
- HCB
  - Contact the Department for Aging and Independent Living at (877) 315-0589 or [HCBInquiries@ky.gov](mailto:HCBInquiries@ky.gov).
- MPW or SCL
  - Contact the Department for Behavioral Health, Developmental and Intellectual Disabilities at (502) 564-7700 or [DDID.Info@ky.gov](mailto:DDID.Info@ky.gov)
- State Plan Services
  - Call (502) 564-6890
- [Subscribe to Email Updates](https://bit.ly/getkywaiverupdates) (<https://bit.ly/getkywaiverupdates>)
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- [X](https://x.com/KentuckyDMS) (<https://x.com/KentuckyDMS>)