

Choosing Your Own Path: How Home and Community Based Services Can Help

The Benefits of 1915(c) HCBS Waivers

- 1915(c) Home and Community Based Services (HCBS) waivers offer special, Medicaid-paid services to individuals who are aged or who have a disability.
- The goal of HCBS is to help individuals with special needs be part of their chosen community and live as independently as possible.
- Service plans are person-centered, taking into account an individual's needs, preferences, and goals.
- Individuals receiving services in a 1915(c) HCBS waiver program also have access to Medicaid state plan services to meet their medical and other non-community-based needs.
- Individuals can use community resources to close gaps when a waiver or Medicaid state plan service isn't available.

Which 1915(c) HCBS Waiver is Right for Me?

- Acquired Brain Injury (ABI)
 - For individuals age 18 and older who need assistance to re-enter the community after a brain injury
- Acquired Brain Injury Long Term Care (ABI LTC)
 - For individuals age 18 and older who need long-term support to live in the community after a brain injury
- Community Health for Improved Lives and Development (CHILD)
 - For children and youth up to age 21 who require stabilization support due to high-intensity behavioral health or developmental needs
- Home and Community Based (HCB)
 - For individuals age 65 or older and/or individuals with a physical disability
- Michelle P. Waiver (MPW) and Supports for Community Living (SCL)
 - For individuals with intellectual or developmental disabilities
- Model II Waiver (MIIW)
 - For individuals using a ventilator 12 or more hours a day

Waiver Services

Needed services are determined by a waiver participant's functional assessment and the person-centered planning process. Services vary by waiver program. [A complete list is available online \(https://bit.ly/kyHCBsbywaiver\)](https://bit.ly/kyHCBsbywaiver). Services may include:

- Companion
- Community Living Supports
- Personal Care
- Positive Behavior Supports
- Assistive Technology
- Residential Services
- Non-Specialized Respite
- Medicaid State Plan
- Medical Supplies, Equipment, and Appliances
- Home Health/Private Duty Nursing
- Behavioral Health
- Inpatient Hospital
- Outpatient Services

Case managers, support brokers, or service advisors are responsible to use person-centered planning to help participants identify and access all needed services and community resources.

Service Delivery Options

ABI, ABI LTC, HCB, MPW, and SCL waiver participants can receive services in one of three ways.

1. Traditional Services
 - a. A participant receives all 1915(c) HCBS waiver services from agencies.
2. Participant-Directed (PDS)
 - a. A participant finds and hires their own employees to deliver some services.
3. Blended
 - a. Participants can opt to receive some services from traditional agencies and others from employees they hire themselves.

Service delivery options should be discussed during person-centered planning meetings. If you want to know more about your options, your case manager, support broker, or service advisor can help you.

Key Contacts and Links

- [How to Apply](https://bit.ly/applyforKYwaiver) (<https://bit.ly/applyforKYwaiver>)
- [Waiver Information and Resources](https://bit.ly/LearnMoreAboutKYHCBS) (<https://bit.ly/LearnMoreAboutKYHCBS>)
- ABI, ABI LTC, CHILD, or MIIW
 - Contact the Department for Medicaid Services at (844) 784-5614 or 1915cWaiverHelpDesk@ky.gov
- HCB
 - Contact the Department for Aging and Independent Living at (877) 315-0589 or HCBInquiries@ky.gov.
- MPW or SCL
 - Contact the Department for Behavioral Health, Developmental and Intellectual Disabilities at (502) 564-7700 or DDID.Info@ky.gov
- State Plan Services
 - Call (502) 564-6890
- [Subscribe to Email Updates](https://bit.ly/getkywaiverupdates) (<https://bit.ly/getkywaiverupdates>)
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