

**Kentucky Department for Medicaid Services**  
**Community Resource Listing for 1915(c) HCBS Waiver Participants**



**Summary:** The Department for Medicaid Services (DMS) encourages participants in the 1915(c) Home and Community Based Services (HCBS) waiver programs to utilize community resources when services under their 1915(c) HCBS waiver program and/or the Kentucky state Medicaid program do not meet one of their needs. Below is a list of programs, resources, organizations, and support groups where individuals and their families may find additional help and support. This is not an exhaustive list of all resources available across Kentucky. If you have a suggested resource for this list, please email [MedicaidPublicComment@ky.gov](mailto:MedicaidPublicComment@ky.gov)

**Navigating the List:** Specific help categories are listed below. To view the resources for a specific category, just click the category name. You can also search the entire list by keyword. Just click CTRL and F and enter the keyword in the search box.

**Disclaimer:** Please note the below are listed as *potential* sources of assistance and do not guarantee assistance will be provided. Individuals must contact the agency providing the support or service for more information and to determine if they qualify.

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## Advocacy/Resource Centers

<b>kynect Resources</b>  <b>Overview:</b> A place to find local programs and services that can help with housing, food, employment, transportation, health, finances, education, mental health and addiction, legal, and more	<a href="https://kynect.ky.gov/resources/s/?language=en_US">https://kynect.ky.gov/resources/s/?language=en_US</a>
<b>Aging and Disability Resource Center (ADRC)</b>  <b>Overview:</b> For information and referrals to aging and disability information, programs, and services	<a href="https://www.chfs.ky.gov/agencies/dail/Pages/adrc.aspx">https://www.chfs.ky.gov/agencies/dail/Pages/adrc.aspx</a> (877) 925-0037
<b>The Arc of Kentucky</b>  <b>Overview:</b> For individuals with intellectual and developmental disabilities to promote and protect their rights and support community inclusion	<a href="https://thearc.org/chapter/the-arc-of-kentucky/">https://thearc.org/chapter/the-arc-of-kentucky/</a> (502) 875-5225
<b>Cabinet for Health and Family Services (CHFS) Office of the Ombudsman</b>  <b>Overview:</b> Advocate for Kentucky citizens and works to ensure individuals seeking public services are treated fairly	<a href="https://chfs.ky.gov/agencies/os/omb/Pages/default.aspx">https://chfs.ky.gov/agencies/os/omb/Pages/default.aspx</a> (502) 564-5497 or (800) 372-2973

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<b>Commonwealth Council on Developmental Disabilities</b>  <b>Overview:</b> Advocates for systemic change to promote community inclusion for individuals with developmental disabilities	<a href="https://ccdd.ky.gov/Pages/index.aspx">https://ccdd.ky.gov/Pages/index.aspx</a> (502) 564-7841 or (877) 367-5332
<b>Community Action Kentucky</b>  <b>Overview:</b> Information and referrals to help with employment, education, housing, utilities, food, and other resources	<a href="https://www.capky.org/">https://www.capky.org/</a> (502) 875-5863 or (800) 456-3452
<b>Kentucky Family Resource and Youth Service Centers (FRYSC)</b>  <b>Overview:</b> Provides programs and services to address student physical and mental well-being and student achievement including kindergarten readiness, transitions from school to adult life, and parent engagement	<a href="https://www.chfs.ky.gov/agencies/dfrcv/dfryc/Pages/default.aspx">https://www.chfs.ky.gov/agencies/dfrcv/dfryc/Pages/default.aspx</a> (502) 564-4986
<b>Kentucky Partnership for Families and Children</b>  <b>Overview:</b> Provides support and training to families of children with social, emotional and behavioral challenges	<a href="https://kypartnership.org/">https://kypartnership.org/</a> (502) 875-1320 or (800) 369-0533
<b>Kentucky Special Parent Involvement Network (SPIN)</b>  <b>Overview:</b> Links families of children with special needs to resources	<a href="http://www.kyspin.com/">http://www.kyspin.com/</a> (502) 937-6894 or (800) 525-7746
<b>Kentucky State Coordinator for Americans with Disabilities Act (ADA)</b>  <b>Overview:</b> State of Kentucky ADA information	<a href="https://extranet.personnel.ky.gov/Pages/ada.aspx">https://extranet.personnel.ky.gov/Pages/ada.aspx</a>
<b>Kentucky United Way</b>	<a href="https://www.kentucky211.org/">https://www.kentucky211.org/</a>

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<b>Overview:</b> Help with housing, utilities, food, legal help, healthcare, transportation and other needs	Dial 211 from your phone Text your zip code to 898211
<b>Learning Disabilities Association of Kentucky</b>  <b>Overview:</b> Offers information about learning disabilities, support, and testing/assessment, legal, and teaching/learning resources	<a href="http://ldaofky.org/">http://ldaofky.org/</a> (877) 587-1256 or (502) 473-1256
<b>Kentucky Protection and Advocacy</b>  <b>Overview:</b> Provides legally-based, individual or systemic advocacy and education	<a href="http://kypa.net/">http://kypa.net/</a> (502) 564-2967 or (800) 372-2988
<b>Kentucky Youth Advocates</b>  <b>Overview:</b> Advocate for children and families by working with elected officials and policymakers, providing case-specific advocacy directly to families, and by training youth to be advocates	<a href="http://kyyouth.org/">http://kyyouth.org/</a> (502) 895-8167 or (888) 825-5592
<b>Neighborhood Place</b>  <b>Overview:</b> Eight locations in Louisville designed to assist with helping connect individuals to resources as housing assistance, food benefits, and Medicaid	<a href="https://louisvilleky.gov/government/neighborhood-place">https://louisvilleky.gov/government/neighborhood-place</a> (502) 574-5050  List of Neighborhood Place locations <a href="https://louisvilleky.gov/government/neighborhood-place/services/find-your-nearest-neighborhood-place-site">https://louisvilleky.gov/government/neighborhood-place/services/find-your-nearest-neighborhood-place-site</a>

## Aging Care

<p><b>Kentucky Department for Aging and Independent Living</b></p> <p><b>Overview:</b> Oversees the administration of state programs and services for individuals who are aged or disabled</p>	<p><a href="https://www.chfs.ky.gov/agencies/dail/Pages/default.aspx">https://www.chfs.ky.gov/agencies/dail/Pages/default.aspx</a></p>
<p><b>Aging and Disability Resource Center (ADRC)</b></p> <p><b>Overview:</b> For information and referrals to aging and disability information, programs, and services</p>	<p><a href="https://www.chfs.ky.gov/agencies/dail/Pages/adrc.aspx">https://www.chfs.ky.gov/agencies/dail/Pages/adrc.aspx</a> (877) 925-0037</p>
<p><b>Personal Care Attendant Program</b></p> <p><b>Overview:</b> Subsidizes the costs of personal attendant services for individuals age 18 and older who have a physical disability and want to remain at home</p>	<p><a href="https://chfs.ky.gov/agencies/dail/Pages/pcap.aspx">https://chfs.ky.gov/agencies/dail/Pages/pcap.aspx</a> (502) 564-6930</p>
<p><b>Kentucky Caregiver Support Services</b></p> <p><b>Overview:</b> Offers flexible benefits and support services to caregivers in a variety of situations</p>	<p><a href="https://www.chfs.ky.gov/agencies/dail/Pages/caregiversupport.aspx">https://www.chfs.ky.gov/agencies/dail/Pages/caregiversupport.aspx</a> (502) 564-6930</p>
<p><b>Kentucky Homecare Program</b></p> <p><b>Overview:</b> Provides support services and care coordination for individuals age sixty or older who require assistance with daily needs to remain at home</p>	<p><a href="https://chfs.ky.gov/agencies/dail/Pages/homecare.aspx">https://chfs.ky.gov/agencies/dail/Pages/homecare.aspx</a> (502) 564-6930</p>
<p><b>State Health Insurance Assistance Program (SHIP)</b></p> <p><b>Overview:</b> Provides information, assistance and counseling to seniors, individuals with disabilities</p>	<p><a href="https://www.chfs.ky.gov/agencies/dail/Pages/ship.aspx">https://www.chfs.ky.gov/agencies/dail/Pages/ship.aspx</a> (877) 293-7447, option #2 or (502) 564-6930 and ask for at SHIP counselor</p>

and their families and caregivers regarding Medicare	
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## Behavioral Health, Substance Use, and Crisis Help

<b>Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities</b>  <b>Overview:</b> Connects individuals to programs and services to promote mental health and well-being	<a href="https://dbhdid.ky.gov/kdbhdid/default.aspx">https://dbhdid.ky.gov/kdbhdid/default.aspx</a> (502) 564-4527 or (800) 374-9146
<b>Community Mental Health Centers</b>  <b>Overview:</b> 14 organizations located across Kentucky that link individuals to resources that can help with mental health, substance use, intellectual and developmental disabilities	Find your local CMHC: <a href="https://dbhdid.ky.gov/cmhc/">https://dbhdid.ky.gov/cmhc/</a> List of CMHC crisis phone numbers by county: <a href="https://dbhdid.ky.gov/crisisnos.aspx">https://dbhdid.ky.gov/crisisnos.aspx</a>
<b>Free or Low-Cost Rehab Centers in Kentucky</b>  <b>Overview:</b> List of free or low-cost rehab centers in Kentucky	<a href="https://www.addictionresource.net/free-rehab-centers/kentucky/">https://www.addictionresource.net/free-rehab-centers/kentucky/</a>
<b>Kentucky Suicide and Crisis Lifeline</b>  <b>Overview:</b> Connect with suicide prevention, mental health, and substance use counselors 24/7, 365 days per year	<a href="https://988.ky.gov/">https://988.ky.gov/</a> Dial or text 988 from your phone
<b>KY HELP Statewide Call Center</b>  <b>Overview:</b> Provides personalized assistance and resources to individuals seeking substance use disorder for themselves or others and support for families	1-8338-KYHELP (1-833-859-4357) or <a href="mailto:KYHELP@OperationUnite.org">KYHELP@OperationUnite.org</a>  Phone lines are staffed 7 a.m. – 10 p.m. Eastern, Monday-Friday and 8:30 a.m. – 5:30 p.m. Saturday and Sunday  <a href="https://operationunite.org/programs/kyhelp-call-center/">https://operationunite.org/programs/kyhelp-call-center/</a>
<b>Find Help Now KY</b>	<a href="https://findhelpnowky.org/ky">https://findhelpnowky.org/ky</a>

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<b>Overview:</b> Website allows you to search hundreds of facilities statewide for an addiction treatment facility that is taking new clients	
<b>Find Mental Health Now KY</b>  <b>Overview:</b> Website allows you to search for mental health providers who are accepting new clients	<a href="https://findhelpnow.org/ky/mentalhealth">https://findhelpnow.org/ky/mentalhealth</a>
<b>Find Recovery Housing Now KY</b>  <b>Overview:</b> Website allows you to search for recovering housing statewide and offers tips on what to look for in recovery housing	<a href="https://www.findrecoveryhousingnowky.org/">https://www.findrecoveryhousingnowky.org/</a>
<b>Angel Initiative</b>  <b>Overview:</b> Allows individuals with substance use disorder to get help finding treatment by going to any Kentucky State Police Post	<a href="https://operationunite.org/wp-content/uploads/2019/09/Angel-Initiative-2019-Brochure-copy.pdf">https://operationunite.org/wp-content/uploads/2019/09/Angel-Initiative-2019-Brochure-copy.pdf</a>
<b>Kentucky Harm Reduction Program</b>  <b>Overview:</b> Resources related to reducing negative consequences of substance use for individuals, their families and communities	<a href="https://www.chfs.ky.gov/agencies/dph/Pages/harmreduction.aspx">https://www.chfs.ky.gov/agencies/dph/Pages/harmreduction.aspx</a>
<b>Kentucky Harm Reduction Coalition</b>  <b>Overview:</b> Provides naloxone distribution and training, syringe services program listing, and testing for HIV and Hepatitis C	<a href="https://kyhrc.org/">https://kyhrc.org/</a>
<b>Online Naloxone Training from the Centers for Disease Control</b>  <b>Overview:</b> Online modules and fact sheets about naloxone and how to use it	<a href="https://www.cdc.gov/opioids/naloxone/training/index.html">https://www.cdc.gov/opioids/naloxone/training/index.html</a>
<b>National Alliance on Mental Illness (NAMI), Kentucky Affiliate</b>	<a href="https://namiky.org/">https://namiky.org/</a> (800) 257-5081

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<b>Overview:</b> Provides education, support, and advocacy for the well-being of individuals affected by mental illness	
<b>NAMI Lexington</b>  <b>Overview:</b> Provides education, support, and advocacy for the well-being of individuals affected by mental illness	<a href="https://www.namilexington.org/">https://www.namilexington.org/</a> (859) 272-7891
<b>NAMI Lexington Training List</b>  <b>Overview:</b> Listing of trainings conducted by NAMI and other organizations	<a href="#">NAMI and Other Training Programs List</a>
<b>DBHDID Listing of Crisis Hotlines</b>  <b>Overview:</b> Lists contact information for the National Domestic Violence Hotline, the National Sexual Assault Hotline and other crisis hotlines	<a href="https://dbhdid.ky.gov/kdbhdid/hotlines.aspx">https://dbhdid.ky.gov/kdbhdid/hotlines.aspx</a>

## Blind

<b>Kentucky Career Center Blind Services Division</b> <b>Overview:</b> Assists individuals with visual disabilities in becoming more independent at home, in school, in the workplace, and in the community	<a href="https://kcc.ky.gov/Vocational-Rehabilitation/seeking-services/Blind-Services/Pages/Blind-Services-Division.aspx">https://kcc.ky.gov/Vocational-Rehabilitation/seeking-services/Blind-Services/Pages/Blind-Services-Division.aspx</a>  (502) 564-4440 (800) 372-7172 (TTY)
<b>Bluegrass Council of the Blind</b>  <b>Overview:</b> Offers peer support and assistive technology and training to adults affected by vision loss and their family, friends or co-workers	<a href="https://bcbky.org/">https://bcbky.org/</a>  (859) 259-1834
<b>KATS Network Resources for the Blind and Visually</b>	<a href="https://www.katsnet.org/docs/BVlresources.pdf">https://www.katsnet.org/docs/BVlresources.pdf</a>



<b>Overview:</b> Listing of programs providing services and items for visually impaired individuals	
<b>Visually Impaired Preschool Services (VIPS)</b>  <b>Overview:</b> Provides early intervention services such as evaluation, in-home visits, and access to resources	<a href="https://vips.org/">https://vips.org/</a>  Louisville: (502) 636-3207 or (888) 636-8477 Lexington: (859) 276-0335 or (888) 254-8477

## Brain Injury

<b>Brain Injury Alliance of Kentucky</b>  <b>Overview:</b> Provides advocacy, education and support o individuals with brain injuries	<a href="http://www.biak.us">http://www.biak.us</a> (502) 493-0609 or (800) 592-1117
<b>Traumatic Brain Injury Trust Fund</b>  <b>Overview:</b> Provides funding to individuals with disabilities caused by a brain injury to cover some service needs	<a href="https://www.chfs.ky.gov/agencies/dail/Pages/tbitrust.aspx">https://www.chfs.ky.gov/agencies/dail/Pages/tbitrust.aspx</a> (502) 564-6930 or (855) 816-9577

## Children/Families

<b>Kentucky Early Intervention System (First Steps)</b>  <b>Overview:</b> Provides early intervention services to children from birth to age three with developmental disabilities or medical conditions that may lead to developmental disabilities	<a href="https://www.chfs.ky.gov/agencies/dph/dmch/ecdb/Pages/keis.aspx">https://www.chfs.ky.gov/agencies/dph/dmch/ecdb/Pages/keis.aspx</a> (502) 564-3756, option 1 or (877) 417-8377
<b>Commission for Children with Special Health Care Needs</b>  <b>Overview:</b> Provides medical services, therapy services, hearing loss services, and other support to children with special health care needs	<a href="https://www.chfs.ky.gov/agencies/ocshcn/Pages/default.aspx">https://www.chfs.ky.gov/agencies/ocshcn/Pages/default.aspx</a> (502) 429-4430 or (800) 232-1160

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such as Autism, cerebral palsy, and cleft lip and/or palate	
<b>Christian Appalachian Project</b>  <b>Overview:</b> Organization providing hunger and poverty services, children and family development, disaster relief, and elder services in Appalachia	<a href="https://www.christianapp.org/">https://www.christianapp.org/</a>
<b>Infant Resource Project – South Louisville</b>  <b>Overview:</b> Offers help with diapers, formula, and baby food	1143 S. Third Street, Louisville (502) 584-2343  Open Monday and Thursday, from 9:30-11:15 a.m. and Wednesday from 1-3 p.m.  Parent must have photo ID and birth certificate of child
<b>Golden Arrow Center – Louisville</b>  <b>Overview:</b> Provides assistance to mothers and children	Golden Arrow 835 East Gray Street, Louisville (502) 589-3537  Open Tuesday-Thursday 9 a.m. – Noon  Clients must bring current photo ID and birth certificate, social security card, or medical insurance card for their child/children. New clients must arrive 30 minute prior to closing. <a href="https://stmartinofourslouisville.org/golden%20arrow.htm">https://stmartinofourslouisville.org/golden%20arrow.htm</a>
<b>South Louisville Community Ministries</b>  <b>Overview:</b> Offers assistance with rent, utility medication, food, household supplies, babies on wheels and other needs	<a href="https://slcm.org/our-services">https://slcm.org/our-services</a> (502) 367-6445

<p><b>The Nest – Lexington</b></p> <p><b>Overview:</b> Provides education, counseling, advocacy, and resources to help families in crisis</p>	<p><a href="https://www.thenestlexington.org/contact-us">https://www.thenestlexington.org/contact-us</a> Contact The Nest Crisis Care Coordinator by calling 859-259-1974, ext. 222.</p>
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## CPR and First Aid

<p><b>American Red Cross CPR and First Aid</b></p> <p><b>Overview:</b> Search for CPR and first aid classes offered through the American Red Cross</p>	<p><a href="https://www.redcross.org/local/kentucky/take-a-class/cpr">https://www.redcross.org/local/kentucky/take-a-class/cpr</a></p>
<p><b>Seizure Recognition and First Aid Certification</b></p> <p><b>Overview:</b> Online course to educate the public on the Epilepsy Foundation’s approved procedures for recognizing seizures and responding to one</p>	<p><a href="https://learn.epilepsy.com/courses/seizure-first-aid-cert-ondemand">https://learn.epilepsy.com/courses/seizure-first-aid-cert-ondemand</a></p>
<p><b>Louisville Division of Fire CPR Center</b></p> <p><b>Overview:</b> Offers CPR classes to the public, including BLS for health providers and Heartsaver CPR with AED</p>	<p><a href="https://louisvilleky.gov/government/fire/services/take-cpr-class">https://louisvilleky.gov/government/fire/services/take-cpr-class</a></p>

## Developmental, Physical and/or Intellectual Disability

<b>The Arc of Kentucky</b>  <b>Overview:</b> Advocates for the rights of individuals with intellectual and developmental disabilities	<a href="https://thearc.org/chapter/the-arc-of-kentucky/">https://thearc.org/chapter/the-arc-of-kentucky/</a> (502) 875-5225
<b>Community Action Kentucky</b>  <b>Overview:</b> Provides a range of services and assistance including senior support, workforce development, food, transportation, utility, and housing support	<a href="https://www.capky.org/">https://www.capky.org/</a> (502) 875-5863
<b>HART Supported Living</b>  <b>Overview:</b> Provides funds to individuals with disabilities to help them remain at home, participate in the community, and reach their goals	<a href="https://www.chfs.ky.gov/agencies/dail/Pages/hslp.aspx">https://www.chfs.ky.gov/agencies/dail/Pages/hslp.aspx</a> (502) 564-6930
<b>Epilepsy Foundation of Kentuckiana</b>  <b>Overview:</b> Provides advocacy and support for individuals with epilepsy	<a href="http://www.efky.org/">http://www.efky.org/</a> (502) 637-4440 or (866) 275-1078
<b>Kentucky Autism Training Center</b>  <b>Overview:</b> Provides resources and support to families and training to the community on Autism Spectrum Disorder	<a href="http://louisville.edu/education/kyautismtraining/">http://louisville.edu/education/kyautismtraining/</a> (502) 852-4631 or (800) 334-8635
<b>Spina Bifida Association of Kentucky</b>  <b>Overview:</b> Provides resources for children, adults and families affected by spina bifida	<a href="http://spinabifidakentucky.org/">http://spinabifidakentucky.org/</a> (859) 268-5798
<b>Kentucky Advisory Council on Autism</b>  <b>Overview:</b> Provides resources, information and support to families of individuals who have Autism Spectrum Disorder	<a href="https://www.kyaca.org/">https://www.kyaca.org/</a> f

## Deaf or Hard of Hearing

<b>Kentucky Commission on Deaf and Hard of Hearing</b>  <b>Overview:</b> Provides advocacy services and referrals for individuals who are deaf or hard of hearing	<a href="http://www.kcdhh.ky.gov">http://www.kcdhh.ky.gov</a> (502) 573-2604 or (502) 416-0607 (Video Phone)
<b>Free Deaf or Hard of Hearing Smoke Alarm Aid</b>  <b>Overview:</b> Individuals living in the Louisville Fire District/Urban Services District who are deaf or hard of hearing can apply for a device that works with the smoke alarm to alert them in case of fire	<a href="https://louisvilleky.gov/government/fire/services/request-deaf-or-hard-hearing-smoke-alarm-aid">https://louisvilleky.gov/government/fire/services/request-deaf-or-hard-hearing-smoke-alarm-aid</a>
<b>Support for Deaf or Hard of Hearing Drivers</b>  <b>Overview:</b> Drivers can ask their county clerk's office to add a special code to their vehicle registration, alerting police if the driver has a communication barrier when they run the license plate number.	<a href="https://drive.ky.gov/Pages/CD.aspx">https://drive.ky.gov/Pages/CD.aspx</a>

## Education and Career

<b>Kentucky Office of Vocational Rehabilitation</b>  <b>Overview:</b> Program to help Kentuckians with disabilities be an essential part of the workforce	<a href="https://kcc.ky.gov/Vocational-Rehabilitation/Pages/Kentucky-Office-of-Vocational-Rehabilitation.aspx">https://kcc.ky.gov/Vocational-Rehabilitation/Pages/Kentucky-Office-of-Vocational-Rehabilitation.aspx</a>
<b>Comprehensive Transition and Postsecondary Programs (CTP)</b>  <b>Overview:</b> List of colleges and universities in Kentucky that offer CTP options for individuals with intellectual disabilities who want to receive further academic, career, and technical instruction	<a href="https://kshep.hdiuky.org/ctp-programs-in-kentucky/">https://kshep.hdiuky.org/ctp-programs-in-kentucky/</a>
<b>Project SEARCH</b>	<a href="https://ukhealthcare.uky.edu/diversity-equity-inclusion/career-pathway-programs">https://ukhealthcare.uky.edu/diversity-equity-inclusion/career-pathway-programs</a>

<b>Overview:</b> Internship for young people with intellectual or developmental disabilities to learn more about career field of choice	
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## Financial Literacy, Information and Assistance

<b>Community Action Kentucky</b>  <b>Overview:</b> Provides a range of services and assistance including senior support, workforce development, food, transportation, utility, and housing support	<a href="https://www.capky.org/">https://www.capky.org/</a> (502) 875-5863
<b>Low Income Home Energy Assistance Program (LIHEAP)</b>  <b>Overview:</b> Federally-funded program to help pay for energy bills	<a href="https://www.chfs.ky.gov/agencies/dCBS/dfs/pdb/Pages/liheap.aspx">https://www.chfs.ky.gov/agencies/dCBS/dfs/pdb/Pages/liheap.aspx</a>
<b>MoneyGeek: Supporting Neurodivergent People in Personal Finance</b>  <b>Overview:</b> Tips on money management for individuals who are neurodivergent	<a href="https://www.moneygeek.com/financial-planning/support-for-people-with-learning-disabilities/?fbclid=IwAR2pIKd4VR-DzBT1agkISwuJn0yYbilujeYGqWhOQPhaLmZ53etfsk8vv80">https://www.moneygeek.com/financial-planning/support-for-people-with-learning-disabilities/?fbclid=IwAR2pIKd4VR-DzBT1agkISwuJn0yYbilujeYGqWhOQPhaLmZ53etfsk8vv80</a>
<b>STABLE Kentucky</b>  <b>Overview:</b> Helps Kentuckians with disabilities establish and investment account to save money and invest money without losing eligibility for certain public benefits programs	<a href="https://stablekentucky.com/">https://stablekentucky.com/</a>
<b>ABLE National Resource Center</b>  <b>Overview:</b> Connecting people with information about the Achieving a Better Life Experience (ABLE) Act and ABLE accounts	<a href="https://www.ablenrc.org/">https://www.ablenrc.org/</a>
<b>Kentucky Financial Empowerment Commission</b>	<a href="https://kyfec.org/kentucky-bank-on-network">https://kyfec.org/kentucky-bank-on-network</a>

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**Community Resource Listing for 1915(c) HCBS Waiver Participants**

<b>Overview:</b> Group dedicated to increasing access to bank accounts for a wide range of individuals, including those who are aging or have a disability	
<b>Kentucky Disability Benefits 101</b>  <b>Overview:</b> Resources and tools to help individuals understand how jobs and benefits can work together	<a href="https://ky.db101.org/">https://ky.db101.org/</a>
<b>Life Plan of Kentucky</b>  <b>Overview:</b> Resources and information on Special Needs Trust accounts in Kentucky	<a href="https://lifeplanofky.org/">https://lifeplanofky.org/</a>
<b>National Disability Institute – Financial Resilience Center</b>  <b>Overview:</b> Financial resources and information for individuals with disabilities and chronic health conditions	<a href="https://www.nationaldisabilityinstitute.org/financial-resilience-center/">https://www.nationaldisabilityinstitute.org/financial-resilience-center/</a>
<b>National Disability Institute – Small Business Hub</b>  <b>Overview:</b> Resources for small business owners who have a disability	<a href="https://www.disabilitysmallbusiness.org/">https://www.disabilitysmallbusiness.org/</a>

## Food Assistance

<b>Community Action Kentucky</b>  <b>Overview:</b> Provides a range of services and assistance including senior support, workforce development, food, transportation, utility, and housing support	<a href="https://www.capky.org/">https://www.capky.org/</a> (502) 875-5863
<b>Emergency Food Options – South Louisville</b>	<a href="#">South Louisville Emergency Food Options</a>

<b>Overview:</b> Listing of places to find hot meals or small food orders in south Louisville	
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## Health Care/Insurance

<b>Kentucky Children's Health Insurance Program (KCHIP)</b>  <b>Overview:</b> KCHIP provides free health insurance for children younger than 19 and based on family size and income	<a href="https://kidshealth.ky.gov/Pages/index.aspx">https://kidshealth.ky.gov/Pages/index.aspx</a> (877) 524-4718 or (877) 524-4719 TTY/TDD
<b>State Health Insurance Assistance Program (SHIP)</b>  <b>Overview:</b> Provides information, assistance and counseling to seniors, individuals with disabilities and their families and caregivers regarding Medicare	<a href="https://www.chfs.ky.gov/agencies/dail/Pages/ship.aspx">https://www.chfs.ky.gov/agencies/dail/Pages/ship.aspx</a> (877) 293-7447, option #2 or (502) 564-6930 and ask for at SHIP counselor
<b>Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP)</b>  <b>Overview:</b> Provides financial assistance to help eligible Medicaid members pay for their employer-sponsored insurance	<a href="https://www.chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx">https://www.chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx</a> (855) 459-6328
<b>Kentucky Prescription Assistance Program (KPAP)</b>  <b>Overview:</b> Helps qualifying individuals identify sources of free and low-cost medications	<a href="https://www.chfs.ky.gov/agencies/dph/dpqi/hcab/Pages/kpap.aspx">https://www.chfs.ky.gov/agencies/dph/dpqi/hcab/Pages/kpap.aspx</a> (800) 633-8100
<b>Local Health Departments</b>  <b>Overview:</b> Local health departments offer a variety of free or reduced cost health care services and other information and support	To find your local health department: <a href="https://www.chfs.ky.gov/agencies/dph/dafm/Pages/lhd.aspx">https://www.chfs.ky.gov/agencies/dph/dafm/Pages/lhd.aspx</a>



## Health/Safety

<p><b>Kentucky Child / Adult Protective Services Reporting</b></p> <p><b>Overview:</b> To report instances of neglect, abuse or exploitation of an adult or child in Kentucky</p>	<p>Online (for non-emergency reports) <a href="https://prd.webapps.chfs.ky.gov/reportabuse/home.aspx">https://prd.webapps.chfs.ky.gov/reportabuse/home.aspx</a></p> <p>Phone (877) 597-2331</p> <p>If reporting a life-threatening situation, call 911.</p>
<p><b>Free Smoke Alarms – City of Louisville</b></p> <p><b>Overview:</b> Louisville residents living in an owner-occupied, single-family dwelling can request a free smoke alarm through the city of Louisville</p>	<p><a href="https://louisvilleky.gov/government/fire/services/request-smoke-alarm">https://louisvilleky.gov/government/fire/services/request-smoke-alarm</a></p>
<p><b>Free Deaf or Hard of Hearing Smoke Alarm Aid – City of Louisville</b></p> <p><b>Overview:</b> Individuals living in the Louisville Fire District/Urban Services District who are deaf or hard of hearing can apply for a device that works with the smoke alarm to alert them in case of fire</p>	<p><a href="https://louisvilleky.gov/government/fire/services/request-deaf-or-hard-hearing-smoke-alarm-aid">https://louisvilleky.gov/government/fire/services/request-deaf-or-hard-hearing-smoke-alarm-aid</a></p>
<p><b>Fire Safety and Education – City of Louisville</b></p> <p><b>Overview:</b> Fire and safety education, such as talks, fire extinguisher training, and CPR</p>	<p><a href="https://louisvilleky.gov/government/fire/safety-education">https://louisvilleky.gov/government/fire/safety-education</a></p>
<p><b>Free Smoke Alarm – American Red Cross</b></p> <p><b>Overview:</b> Provides up to three free smoke alarms for qualified households, assistance in testing current smoke alarms, and discuss fire safety and other hazards</p>	<p><a href="https://www.redcross.org/local/kentucky/about-us/our-work/home-fire-campaign/home-fire-safety-visit.html">https://www.redcross.org/local/kentucky/about-us/our-work/home-fire-campaign/home-fire-safety-visit.html</a></p>
<p><b>Kentucky Diabetes Prevention and Control Program</b></p>	<p><a href="https://www.chfs.ky.gov/agencies/dph/dpqj/cdpb/Pages/diabetes.aspx">https://www.chfs.ky.gov/agencies/dph/dpqj/cdpb/Pages/diabetes.aspx</a> (502) 564-7996</p>

<p><b>Overview:</b> Provides educational programs to help individuals with diabetes and pre-diabetes prevent or cope with the condition and includes listing of resources</p>	
<p><b>Kentucky Cancer Program Tobacco Prevention and Cessation</b></p> <p><b>Overview:</b> Free one-time class to help individuals who use tobacco make a customized quite plan</p>	<p><a href="https://www.kcp.uky.edu/community/tobacco/ptbtf.php">https://www.kcp.uky.edu/community/tobacco/ptbtf.php</a></p>
<p><b>Kentucky Poison Control Center</b></p> <p><b>Overview:</b> 24-hours hotline for individuals to call in the case of a suspected poisoning</p>	<p>(800) 222-1222</p> <p>Hotline is open 24 hours a day, 365 days a year. Calls are free and confidential.</p>

## Housing Resources

<p><b>Homeless Outreach Services – Louisville</b></p> <p><b>Overview:</b> List of Louisville-area resources for individuals who are homeless and/or coping with mental illness and/or substance use disorder</p>	<p><a href="https://louisvilleky.gov/government/homeless-services-division/homeless-outreach-services">https://louisvilleky.gov/government/homeless-services-division/homeless-outreach-services</a></p>
<p><b>HPI</b></p> <p><b>Overview:</b> Non-profit in Louisville that specializes in creating affordable housing opportunities for Kentuckians</p>	<p><a href="https://wearehpi.org/">https://wearehpi.org/</a> (502) 585-5451</p>

## Immigrant and Refugee

<p><b>Multilingual Fire Safety Handouts</b></p> <p><b>Overview:</b> Listing of fire safety handouts in multiple languages from the Louisville Division of Fire</p>	<p><a href="https://louisvilleky.gov/government/fire/multilingual-fire-life-safety-handouts">https://louisvilleky.gov/government/fire/multilingual-fire-life-safety-handouts</a></p>
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<p><b>Americana World Community Center</b></p> <p><b>Overview:</b> Provides services and support such as English classes, GED classes and citizenship classes</p>	<p><a href="https://www.americanacc.org/Americana%20Program%20Brochure">https://www.americanacc.org/Americana Program Brochure</a></p>
<p><b>Kentucky Refugee Ministries</b></p> <p><b>Overview:</b> Assists refugees with resettlement through partnerships with other organizations</p>	<p><a href="https://kyrm.org/">https://kyrm.org/</a></p>

## Military and Veterans

<p><b>Veterans Crisis Line</b></p> <p><b>Overview:</b> Hotline for veterans experiencing a crisis</p>	<p>Dial 988, then press 1 Text: 838255 Online chat available at <a href="https://www.veteranscrisisline.net/">https://www.veteranscrisisline.net/</a></p> <p>Phone line is open 24 hours a day, 7 days a week and is confidential. Hotline is open to veterans, service members, National Guard and Reserve members, their family and friends. Callers <b>do not</b> have to be enrolled in VA benefits or health care to call.</p>
<p><b>Search for Veterans Resources</b></p> <p><b>Overview:</b> Tools to help individuals search for support and services for veterans</p>	<p><a href="https://www.veteranscrisisline.net/find-resources/local-resources/">https://www.veteranscrisisline.net/find-resources/local-resources/</a></p>
<p><b>Kentucky National Guard Child &amp; Youth Services</b></p> <p><b>Overview:</b> Programs and events for youth ages 6-18 connect to the Kentucky National Guard</p>	<p><a href="https://ky.ng.mil/Benefits-Resources/Child-Youth-Services/">https://ky.ng.mil/Benefits-Resources/Child-Youth-Services/</a></p>
<p><b>Operation Military Kids</b></p> <p><b>Overview:</b> Provides programs, support, and education for military children and their families</p>	<p><a href="https://www.operationmilitarykids.org/kentucky/">https://www.operationmilitarykids.org/kentucky/</a></p>

## Technology

<b>Kentucky Assistive Technology Loan Program</b>  <b>Overview:</b> Provides low-interest loans to qualified applicants with disabilities who need assistive technology such as modified vehicles, hearing aids, adapted computers, and communications devices	<a href="http://katlc.ky.gov/Pages/default.aspx">http://katlc.ky.gov/Pages/default.aspx</a> (877) 675-0195
<b>Kentucky Assistive Technology Services (KATS)</b>  <b>Overview:</b> Helps individuals locate assistive technology that is available to borrow, for sale, or free	<a href="https://katsnet.at4all.com/">https://katsnet.at4all.com/</a> (locator website) <a href="http://www.katsnet.org">www.katsnet.org</a> (KATS Network Coordinating Center) (800) 327-5287
<b>Project CARAT</b>  <b>Overview:</b> Accepts donations of assistive technology, refurbishes items, and makes items available for individuals in need	<a href="https://www.katsnet.org/services/at-reuse/">https://www.katsnet.org/services/at-reuse/</a>

## Therapeutic Recreation, Inclusive Sports and Playgrounds

<b>Adaptive Sport of South Central Kentucky</b>  <b>Overview:</b> Offers opportunities for individuals with disabilities to take part in recreational and competitive sports	<a href="https://www.bgky.org/bgpr/adaptive-recreation">https://www.bgky.org/bgpr/adaptive-recreation</a> (270) 393-3484
<b>City of Lexington – Therapeutic Recreation Program</b>  <b>Overview:</b> Provides opportunities for individuals with disabilities to enhance their health, wellness, and social needs through recreation activities, leisure activities, and play	<a href="https://www.lexingtonky.gov/about-tr">https://www.lexingtonky.gov/about-tr</a>
<b>City of Louisville – Inclusive Playgrounds</b>	<a href="https://louisvilleky.gov/government/parks/inclusive-playgrounds">https://louisvilleky.gov/government/parks/inclusive-playgrounds</a>

<b>Overview:</b> List of playgrounds in Louisville with equipment for individuals with disabilities	
<b>Trager Family Jewish Community Center</b>	<a href="https://jewishlouisville.org/playground/">https://jewishlouisville.org/playground/</a>
<b>Overview:</b> Inclusive playground open to the public in Louisville	
<b>Special Olympics Kentucky</b>	<a href="https://soky.org/">https://soky.org/</a>
<b>Overview:</b> Providers year-round sports training and athletic competition for individuals with disabilities	<a href="https://soky.org/localcontacts/">https://soky.org/localcontacts/</a>

## Transportation

<b>Kentucky Transportation Cabinet Listing of Public Transportation Providers</b>	<a href="https://transportation.ky.gov/TransportationDelivery/Pages/Public-Transportation-Providers.aspx">https://transportation.ky.gov/TransportationDelivery/Pages/Public-Transportation-Providers.aspx</a>
<b>Overview:</b> Comprehensive listing of public transportation providers by county	
<b>Human Development Institute (HDI) Transportation Training</b>	<a href="https://transportation.hdiuky.org/">https://transportation.hdiuky.org/</a>
<b>Overview:</b> Training from the University of Kentucky's HDI on how to access paratransit and non-emergency medical transportation	
<b>Ashland Paratransit</b>	<a href="https://www.ashlandky.gov/residents/ashland_bus_system/paratransit_service.php">https://www.ashlandky.gov/residents/ashland_bus_system/paratransit_service.php</a>
<b>Overview:</b> Provides individuals with disabilities in Ashland with low-cost transportation	
<b>Henderson Paratransit</b>	<a href="https://www.hendersonky.gov/202/Paratransit-Services">https://www.hendersonky.gov/202/Paratransit-Services</a>
<b>Overview:</b> Provides individuals with disabilities in Henderson with low-cost transportation	
<b>Woodford Wheels</b>	<a href="https://www.facebook.com/woodfordwheels/">https://www.facebook.com/woodfordwheels/</a> <a href="https://itncountry.org/site-landing/woodford-wheels-ky/">https://itncountry.org/site-landing/woodford-wheels-ky/</a>

**Kentucky Department for Medicaid Services**  
**Community Resource Listing for 1915(c) HCBS Waiver Participants**

<p><b>Overview:</b> Connects individuals in Woodford County with trained and vetted drivers at an affordable price</p>	
<p><b>Federated Transportation Services of the Bluegrass</b></p> <p><b>Overview:</b> Provides various types of transportation for individuals in the Bluegrass region of Kentucky, including transportation to jobs, education, and Medicaid appointments</p>	<p><a href="http://www.ftsb.org/index.html">http://www.ftsb.org/index.html</a></p>
<p><b>Lextran Wheels</b></p> <p><b>Overview:</b> Provides individuals with disabilities in Fayette County with low-cost transportation</p>	<p><a href="https://lextran.com/accessibility/wheels-paratransit/">https://lextran.com/accessibility/wheels-paratransit/</a></p>
<p><b>Owensboro Paratransit</b></p> <p><b>Overview:</b> Provides individuals with disabilities in Owensboro with low-cost transportation</p>	<p><a href="https://transit.owensboro.org/paratransit">https://transit.owensboro.org/paratransit</a></p>
<p><b>TANK Paratransit</b></p> <p><b>Overview:</b> Provides individuals with disabilities in Northern Kentucky with low-cost transportation</p>	<p><a href="https://www.tankbus.org/ramp-paratransit/eligibility/">https://www.tankbus.org/ramp-paratransit/eligibility/</a></p>
<p><b>TARC3 Paratransit</b></p> <p><b>Overview:</b> Provides individuals with disabilities in Louisville with low-cost transportation</p>	<p><a href="https://www.ridetarc.org/getting-around/tarc3/">https://www.ridetarc.org/getting-around/tarc3/</a></p>
<p><b>Road to Recovery</b></p> <p><b>Overview:</b> American Cancer Society program offering free rides to cancer-related medical appointments</p>	<p><a href="https://www.cancer.org/support-programs-and-services/road-to-recovery.html">https://www.cancer.org/support-programs-and-services/road-to-recovery.html</a>        (800) 227-2345</p>

## Supported Decision Making

<b>National Resource Center for Supported Decision-Making</b>  <b>Overview:</b> Resources to help individuals with disabilities in supported decision-making	<a href="https://supporteddecisionmaking.org/">https://supporteddecisionmaking.org/</a>
<b>My Choice Kentucky</b>  <b>Overview:</b> Resources, training, and toolkits to help families with supported decision-making	<a href="https://www.mychoiceky.org/">https://www.mychoiceky.org/</a>
<b>Charting the Life Course</b>  <b>Overview:</b> A framework for individuals, families, and the person-centered planning team to help the individual communicate needs, advocate for support, and plan for the future	<a href="https://lifecoursetools.com">lifecoursetools.com</a>
<b>The ARC Center for Future Planning</b>  <b>Overview:</b> Resources on person-centered planning, supported decision-making, housing options, and financial planning	<a href="https://futureplanning.thearc.org/">https://futureplanning.thearc.org/</a>

## Support Groups

<b>Autism Spectrum Disorder Support Groups in Kentucky</b>  <b>Overview:</b> Listing of support groups for Autism Spectrum Disorder, including contact information	<a href="#">List of ASD Support Groups</a>
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## Other Resources and Resource Guides

<b>Google Disability Support Team</b>	<a href="https://support.google.com/accessibility/answer/7641084?hl=en">https://support.google.com/accessibility/answer/7641084?hl=en</a>
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**Kentucky Department for Medicaid Services**  
**Community Resource Listing for 1915(c) HCBS Waiver Participants**

<b>Overview:</b> Help for individuals with disabilities when using Google	
<b>Kentucky Housing Corporation Community Resource Guide</b>  <b>Overview:</b> Listing of agencies by county for possible assistance	<a href="https://www.kyhousing.org/Programs/Documents/Community%20Resource%20Guide.pdf">https://www.kyhousing.org/Programs/Documents/Community%20Resource%20Guide.pdf</a>
<b>PossAbilities Expo Resource Guide</b>  <b>Overview:</b> Listing of resources, support groups, and other services for individuals with disabilities	<a href="https://www.possabilitiesexpo.org/_files/ugd/a29478_aed0de6e6d9245f08e1090880f831146.pdf">https://www.possabilitiesexpo.org/_files/ugd/a29478_aed0de6e6d9245f08e1090880f831146.pdf</a>
<b>Disability Benefits 101 Kentucky</b>  <b>Overview:</b> Learn about disability programs, how working impacts benefits, and connect with resources and experts	<a href="https://ky.db101.org/">https://ky.db101.org/</a>
<b>Kentucky Disability Resource Guide</b>  <b>Overview:</b> Listing from the University of Kentucky's Human Development Institute of resources for individuals with disabilities by category	<a href="https://resources.hdiuky.org/">https://resources.hdiuky.org/</a>
<b>Commonwealth Council on Developmental Disabilities State Resource Guide</b>  <b>Overview:</b> Searchable list of resources for individuals with developmental disabilities	<a href="https://ccdd.ky.gov/Pages/resources.aspx">https://ccdd.ky.gov/Pages/resources.aspx</a>