

## Which 1915(c) HCBS Waiver is Right for Me?

### Acquired Brain Injury (ABI)

For individuals age 18 and older who need assistance to re-enter the community after a brain injury

### Acquired Brain Injury Long Term Care (ABI LTC)

For individuals age 18 and older who need long-term support to live in the community after a brain injury

### Home and Community Based Waiver (HCB)

For individuals age 65 and older and/or individuals with a physical disability

### Michelle P. Waiver (MPW) Supports for Community Living (SCL)

For individuals with intellectual or developmental disabilities

### Model Waiver II (MIIW)

For individuals using a ventilator for 12 or more hours a day.

## Contact Information

### General Waiver Information

1915cWaiverHelpDesk@ky.gov  
(844) 784-5614

### Participant Directed Services

(502) 564-6930

### State Plan Services

(502) 564-6890

## Find Us Online



### DMS Division of Community Alternatives website

<https://bit.ly/kyhcbswaiverinfo>

### Cabinet for Health & Family Services (CHFS) Facebook

<https://www.facebook.com/kychfs/>

### CHFS Twitter

<https://twitter.com/CHFSKY>

### Subscribe to Email Updates

<https://bit.ly/getkywaiverupdates>

## Choosing Your Own Path



## Making the Most of your 1915(c) Home and Community Based Services (HCBS) Waiver



Department for Medicaid Services

Division of Community Alternatives  
275 East Main Street 6W-B  
Frankfort, KY 40621  
(502) 564-7540

## What are the Benefits of the 1915(c) HCBS Waiver program?

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- 1915(c) HCBS waivers typically offer Medicaid-paid services you can't receive through Kentucky's state Medicaid program.
- Services are **person-centered** meaning they take into account an individual's needs, preferences, and goals.
- The goal of these services is to help individuals with special needs be part of the community and live as independently as possible.
- Individuals receiving 1915(c) HCBS waiver services can also receive services through Kentucky's state Medicaid program to meet their non-community based needs.
- Individuals can use community resources to close gaps when a waiver or state Medicaid program service isn't an option.

## Available Services

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Needed services should be determined by a waiver participant's functional assessment and the person-centered planning process. Some 1915(c) HCBS waiver services can include:

- **Companion/Personal Assistance**
- **Positive Behavior Supports**
- **Assistive Technology**
- **Residential Services**
- **Non-Specialized Respite**

*\*Note: Not all services listed here are available in every 1915(c) HCBS waiver. The names of some services may also vary by waiver.*

## State Medicaid Program Services

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- **Durable Medical Equipment**
- **Home Health**
- **Private Duty Nursing**
- **Behavior Health**
- **Inpatient Hospital**
- **Outpatient Services**

Case managers, support brokers and/or service advisors are responsible to use person-centered planning to identify and help participants access needed state Medicaid program services.

## Service Delivery Options

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ABI, ABI LTC, HCB, MPW and SCL waiver participants can receive services in one of three ways.

1. **Traditional:** Under this model, a participant receives all 1915(c) HCBS waiver services from agencies.

2. **Participant Directed Services (PDS):** PDS allows a participant to find and hire their own employees to deliver some services.

3. **Blended:** Participants can opt to receive some services from traditional agencies and others from employees they hire themselves.

## More Information

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Service delivery options should be discussed during person-centered planning meetings. If you want to know more about your options, your case manager, support broker or service advisor can help.