



CABINET FOR HEALTH
AND FAMILY SERVICES

Medicaid 101

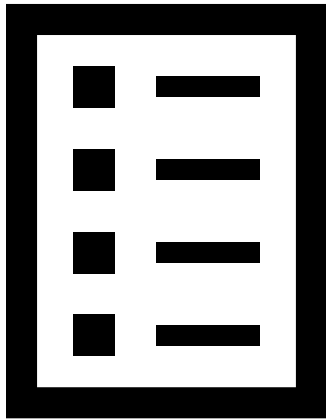
An Overview of Long-Term Services and Supports

What are Long-Term Services and Supports?



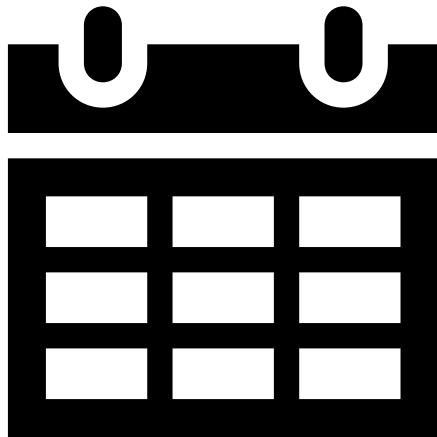
- Care can be institutional or home and community-based.
- LTSS is needed by individuals of all ages with different types of physical or cognitive disabilities or complex conditions.
- Kentucky offers both institutional and home and community-based options.

Home and Community-Based Options



- 1915(c) Home and Community Based Services Waivers
- Kentucky Transitions
- Program of All-Inclusive Care for the Elderly

A History of Medicaid and Long-Term Care



- **1965:** Medicaid is created to provide health care to low-income individuals. Long-term care is only covered in institutions.
- **1981:** 1915(c) Home and Community Based Services (HCBS) waivers are created as a long-term care option.

What are 1915(c) HCBS Waivers?



- HCBS waivers **complement** the coverage available under the Medicaid state plan.
- HCBS waivers offer the services individuals who are aged or have a disability need to live in the community. **“In the community”** means the individual lives at home or in a non-institutional setting, such as a residential home.

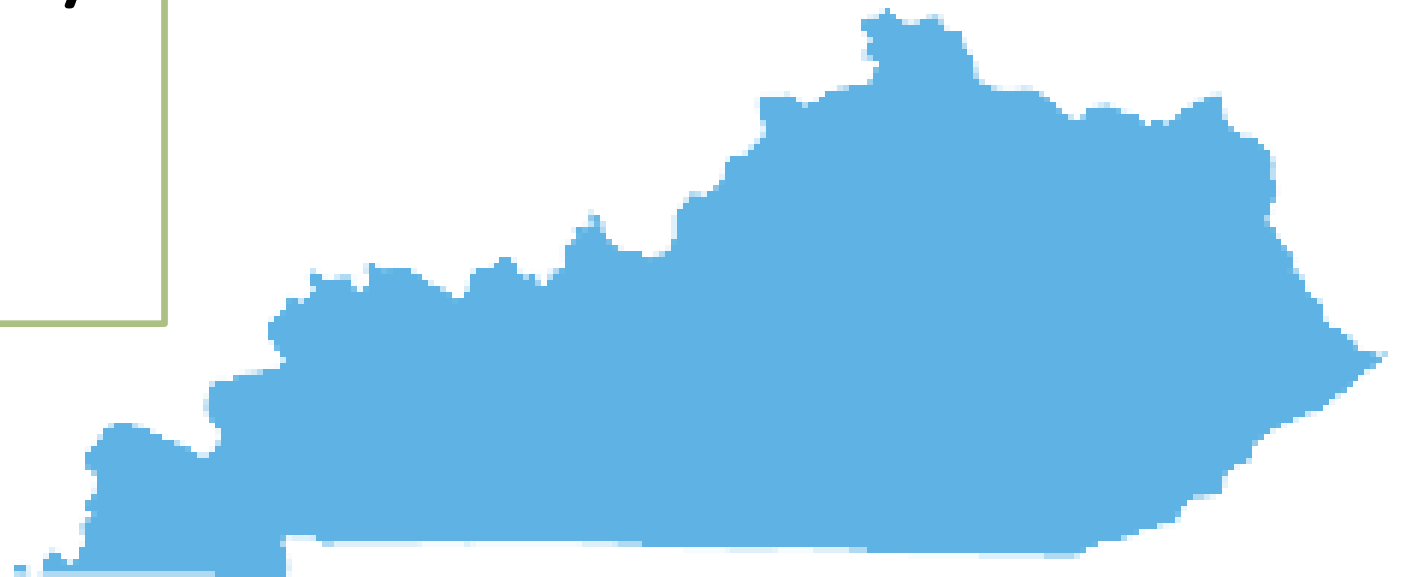
State Requirements for 1915(c) HCBS Programs



- **To offer HCBS programs, states must:**
 - Determine who is eligible, services and settings offered, and set rates and payment for providers.
 - Provide a level of care equal to what an individual would receive in an institution.
 - Demonstrate the cost of care in the community is **equal to or less than** the cost of institutional care.
 - Assure the quality of services and supports individuals receive.

States receive federal dollars to pay for 1915(c) HCBS waiver programs by meeting these requirements.

1915(c) HCBS Waiver Programs in Kentucky



Kentucky's 1915(c) HCBS Waiver Programs

Acquired Brain Injury (ABI)

Home and Community Based (HCB)

Michelle P. Waiver (MPW)

Acquired Brain Injury Long Term Care (ABI LTC)

Model II Waiver (MIIW)

Supports for Community Living (SCL)

Community Health for Improved Lives and Development (CHILD)

Coming Soon!

Who Is Eligible for Waiver Services?

Individuals must meet the appropriate level of care. Their need for assistance must be due to their disability and unrelated to any age-appropriate dependencies.

Nursing Facility (NF)

- Requires high-intensity nursing care or rehabilitation services
- Complex medical needs that can only be performed or supervised by a professional
- Unstable medical condition with at least two care needs in specific areas
- Stable medical condition with at least two care needs in specific areas

Intermediate Care Facility (ICF)

- Intellectual disability or related condition diagnosed prior to age 18 or 22 (depending on condition)
- Has deficits in at least one activity of daily living
- Requires a planned treatment program or protected environment to live safely in the community

Hospital – Inpatient Psychiatric Facility for Individuals Aged 21 and Under

- Under 21 years of age
- Requires inpatient psychiatric services under the direction of a physician and on a daily basis
- Treatment needed to improve and individual's condition or prevent further regression

NF and ICF level of care is defined in [907 KAR 1:022](#).

Hospital – Inpatient Psychiatric Facility is defined in [907 KAR 10:016](#).

Who Is Eligible for Waiver Services?

Financial Eligibility

Individuals must meet the financial qualifications for Medicaid; however, special financial considerations are made when applying for 1915(c) HCBS waivers.

Who Is Eligible for Waiver Services?

ABI

- Age 18 or older
- Have a brain injury
- Meet NF level of care
- Need **acute** rehabilitation

ABI LTC

- Age 18 or older
- Have a brain injury
- Meet NF level of care
- Need **long-term, intensive support**

Who Is Eligible for Waiver Services?

HCB

- Age 65 or older and/or physically disabled
- Meet NF level of care

MIIW

- Ventilator dependent 12 or more hours a day
- On an active, physician-monitored weaning program
- Meet NF level of care

Who Is Eligible for Waiver Services?

MPW

- Have an intellectual or developmental disability
- Meet NF or ICF level of care

SCL

- Have an intellectual or developmental disability
- Meet ICF level of care

Waiver Services Offered in Kentucky

Services vary by waiver and may include, but are not limited to:

- Goods and Services
- Environmental and Minor Home Modifications
- Respite
- Personal Care and Homemaking
- Adult Day Health or Adult Day Training
- Counseling and Behavior Services
- Residential Services
- Supported Employment
- Skilled Services (MIIW only)
- A full listing of services is available at <https://bit.ly/kyHCBSbywaiver>.

Waiver participants also have access to services offered by Kentucky's Medicaid state plan.

Who Is Eligible for Waiver Services?

CHILD

- Younger than 21
- Have high-intensity behavioral health, intellectual, or developmental disability
- Meet ICF or Inpatient Psychiatric Hospital Level of Care
- Can be safely supported at home or in the community with the right services.

What is the 1915(c) CHILD Waiver?

- **Community Health for Improved Lives and Development**

- The CHILD Waiver is a new Kentucky Medicaid program designed to help Kentucky children and youth with significant behavioral health or developmental challenges get the services they need, while staying at home, in school, and in their communities.
- **Anticipated January 2026.**

- **Serving Children & Youth with Most Complex Needs**

- Focused on children and youth stepping out of acute inpatient care or at risk of out-of-home placement due to requiring intensive behavioral health and residential supports.
- CHILD waiver includes clinical therapeutic services designed to foster a step-down approach, coming from the highest level of care to return to home and the community.

Covered Services

KY 1915(c) CHILD Waiver Services At-a-Glance

	Case Management	Community Living Supports	Environmental and Minor Home Modifications	Planned Respite for Caregivers	Supervised Residential Care	Clinical Therapeutic Services (Step-Down and After Care Support)
Description	Case management activities include assisting participants in gaining access to waiver services and other needed services through the Medicaid State Plan and other non-Medicaid funded community-based programs to support the participant's home and community-based needs.	Community Living Supports are intended to provide direct one-on-one assistance (including hands-on assistance, reminders, cueing, observation, and training) while facilitating independence and promoting integration into the community.	Environmental and Minor Home Modifications are any necessary adaptations to a private or family residence required to ensure the child or youth's health, welfare, and safety.	Respite services are provided on a short-term basis due to the absence of or need for relief of the primary caregiver.	Supervised Residential Care is targeted to children and youth who require 24-hour intense residential services, and the supports provided in a Supervised Residential Care setting are individually tailored to assist with the acquisition, retention, or improvement in skills related to living in the community.	Clinical Therapeutic Services is approved, based on assessed needs, to support children, youth, and their families in understanding, mitigating, and providing long term solutions for behavior challenges. This service is designed to provide family crisis prevention and stabilization supports to the waiver enrolled child or youth, primary caregiver, family (including foster care families).

Waiver Services Offered in Kentucky

	ABI	ABI LTC	HCB	MIIW	MPW	SCL	CHILD
Traditional	✓	✓	✓	✓	✓	✓	✓
PDS/Blended	✓	✓	✓		✓	✓	

Waiver Services Offered in Kentucky

Traditional

- Participants use agencies to deliver all their waiver services.

Participant-Directed (PDS)

- Participants hire their own employees, including friends, family or natural supports

Blended

- Participants use agencies for some services but hire their own employees for others

How to Apply for Waiver Services

Financial
Eligibility



Waiver Services

Apply online, by phone, or in person



kynect.ky.gov

kynect user guides:

<https://bit.ly/kynectHelpGuides>



Call DCBS at (855) 306-8959

In-person at a DCBS Office

<https://bit.ly/DCBSOfficeSearch>



Apply online or in person



kynect.ky.gov

kynect user guides:

<https://bit.ly/kynectHelpGuides>

In-person at a CMHC or ADRC

<https://bit.ly/CMHCSearch>

<https://bit.ly/ADRCList>



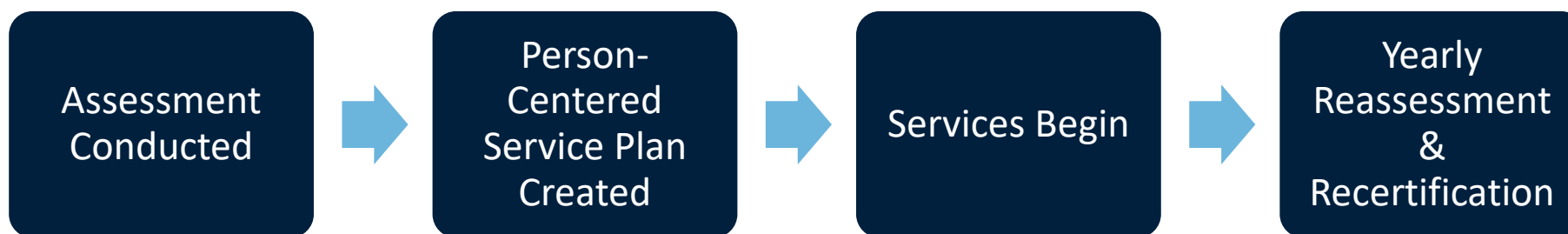
The Department for Community Based Services (DCBS) conducts financial eligibility reviews for Medicaid.

*CMHC: Community Mental Health Center
ADRC: Aging and Disability Resource Center*

From Waiver Application to Services



*Some waivers currently have wait lists. Individuals who qualify for a slot will be placed on the list.



Kentucky Transitions



Kentucky Transitions is funded by the federal Money Follows the Person grant.

- Kentucky Transitions assists individuals leaving a nursing home and returning to the community.
- Individuals must:
 - Be elderly, have a physical disability, a mental illness, an intellectual and/or developmental disability, or an acquired brain injury.
 - Reside in a nursing facility and have been there 60 days or more.
 - Be able to live safely in the community with support and services.
 - Eligible for Medicaid and receiving Medicaid-paid services for at least one day before referral.

Kentucky Transitions



Services

Kentucky Transitions provides up to \$2,500 in one-time supplemental services. Services may include a housing security deposit or household setup, utility start-up deposits, or pest eradication.



Transition Coordinator

Kentucky Transitions provides a Transition Coordinator to assess eligibility, create a transition plan, coordinate post-transition support, and help complete the transition.



Housing Specialist

Kentucky Transitions provides a Housing Specialist to help secure accessible, safe housing in the individual's preferred community.

Kentucky Transitions



Kentucky Transitions

More Information



(502) 564-0330 or (877) 564-0330 (toll-free)



kentucky.transitions@ky.gov



<https://bit.ly/kytransitions>

Kentucky Transitions is supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$63,382,130 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government.

Program of All-Inclusive Care for the Elderly



The Program of All-Inclusive Care for the Elderly (PACE) provides integrated care to aging individuals.



PACE is targeted to individuals who need nursing facility level of care but want to remain at home.



The individual enrolls in a PACE organization which is responsible to provide ALL care the individual needs

Program of All-Inclusive Care for the Elderly

Individuals must...

Be age 55 or older

Meet nursing facility level of care (907 KAR 1:022)

Be able to live safely in the community at the time of enrollment

Live in an area covered by a PACE organization

Program of All-Inclusive Care for the Elderly

DMS PACE Website

<https://bit.ly/KYPaceProgramInfo>

To enroll, contact the local PACE organization

<https://www.chfs.ky.gov/agencies/dail/Documents/EnrolledPACEProviders.pdf>

Department for Aging and Independent Living

(888) 804-0884

PACE@ky.gov

LTSS Resources

Visit Us Online

<https://bit.ly/KYMedicaidLTSSInfo>



- Program information and updates
- Links to regulations and related DMS programs
- Program brochures and information
- Community resources
- How to contact us

Contact Us

**ABI, ABI LTC,
MIIW or
CHILD**

Department for Medicaid Services
(844) 784-5614 or 1915cWaiverHelpDesk@ky.gov

**HCB or PDS
(all waivers)**

Department for Aging and Independent Living
(877) 315-0589 or HCBInquiries@ky.gov

MPW or SCL

Department for Behavioral Health, Developmental and
Intellectual Disabilities
(502) 564-7700 or DDID.Info@ky.gov

**Kentucky
Transitions**

(502) 564-0660 or kentuckytransitions@ky.gov

PACE

(888) 804-0884 or PACE@ky.gov

**All other
LTSS
programs**

(502) 564-7540

Online

<https://bit.ly/KYMedicaidLTSSInfo>

Facebook: KyMedicaidServices

Instagram: @kentuckymedicaid

X: @kentuckydms

**To receive
email
updates**

MedicaidPublicComment@ky.gov

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DCBS Office Search

<https://bit.ly/DCBSOfficeSearch>

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CMHC Search: <https://dbhdid.ky.gov/crisisnos>

ADRC Search: <https://bit.ly/ADRCList>