



CABINET FOR HEALTH
AND FAMILY SERVICES

Medicaid 101

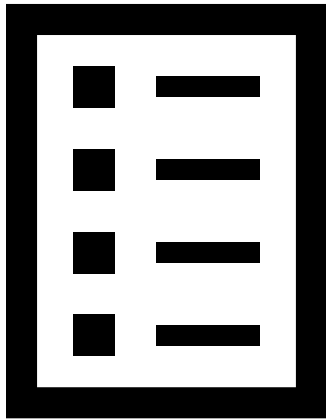
An Overview of Long-Term Services and Supports

What are Long-Term Services and Supports?



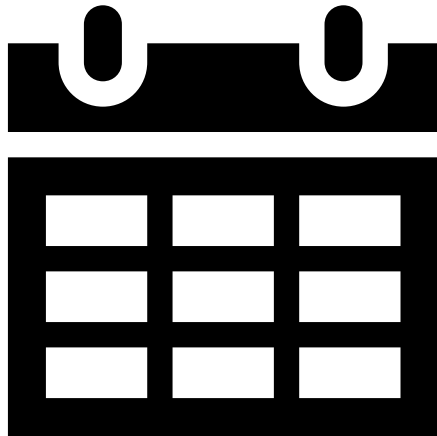
- Care can be institutional or home and community-based.
- LTSS is needed by individuals of all ages with different types of physical or cognitive disabilities or complex conditions.
- Kentucky offers both institutional and home and community-based options.

Home and Community-Based Options



- 1915(c) Home and Community Based Services Waivers
- Kentucky Transitions
- Program of All-Inclusive Care for the Elderly

A History of Medicaid and Long-Term Care



- **1965:** Medicaid is created to provide health care to low-income individuals. Long-term care is only covered in institutions.
- **1981:** 1915(c) Home and Community Based Services (HCBS) waivers are created as a long-term care option.

What are 1915(c) HCBS Waivers?



- HCBS waivers **complement** the coverage available under the Medicaid state plan.
- HCBS waivers offer the services individuals who are aged or have a disability need to live in the community. **“In the community”** means the individual lives at home or in a non-institutional setting, such as a residential home.

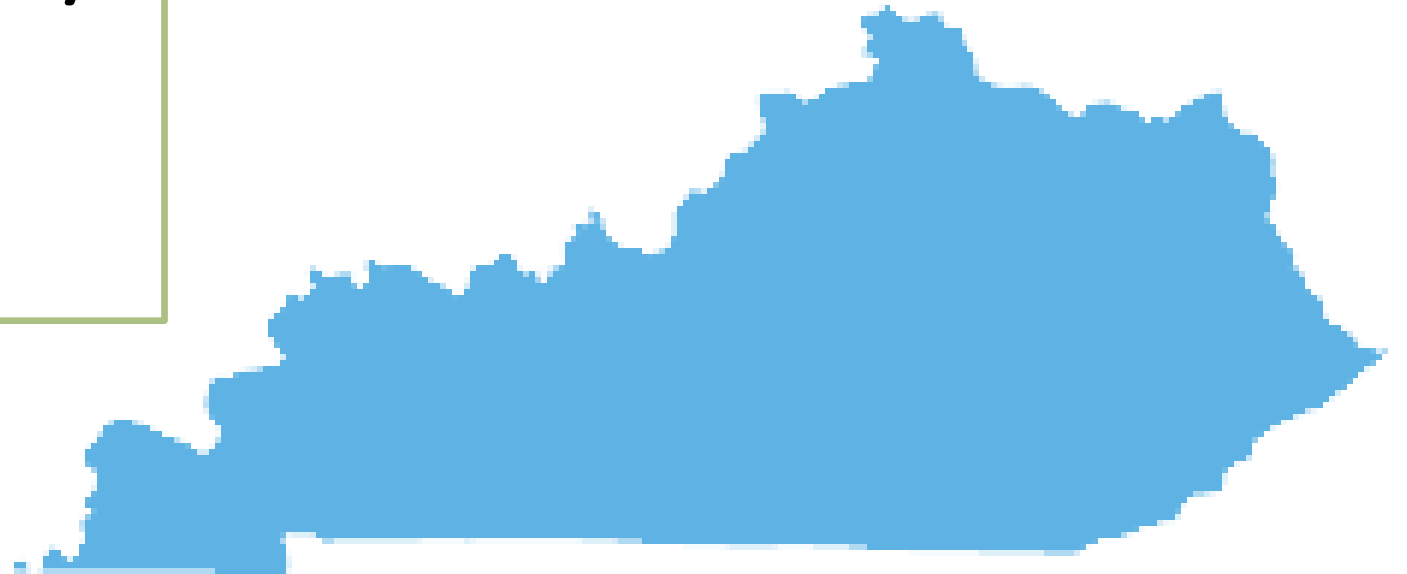
State Requirements for 1915(c) HCBS Programs



- **To offer HCBS programs, states must:**
 - Determine who is eligible, services and settings offered, and set rates and payment for providers.
 - Provide a level of care equal to what an individual would receive in an institution.
 - Demonstrate the cost of care in the community is **equal to or less than** the cost of institutional care.
 - Assure the quality of services and supports individuals receive.

States receive federal dollars to pay for 1915(c) HCBS waiver programs by meeting these requirements.

1915(c) HCBS Waiver Programs in Kentucky



Kentucky's 1915(c) HCBS Waiver Programs

Acquired Brain
Injury (ABI)

Home and
Community
Based (HCB)

Michelle P.
Waiver (MPW)

Acquired Brain
Injury Long Term
Care (ABI LTC)

Model II Waiver
(MIIW)

Supports for
Community
Living (SCL)

Who Is Eligible for Waiver Services?

Individuals must meet either nursing facility or intermediate care facility level of care. Their need for assistance must be due to their disability and unrelated to any age-appropriate dependencies.

Nursing Facility (NF)

- Requires high-intensity nursing care or rehabilitation services
- Complex medical needs that can only be performed or supervised by a professional
- Unstable medical condition with at least two care needs in specific areas
- Stable medical condition with at least two care needs in specific areas

Intermediate Care Facility (ICF)

- Intellectual disability or related condition diagnosed prior to age 18 or 22 (depending on condition)
- Has deficits in at least one activity of daily living
- Requires a planned treatment program or protected environment to live safely in the community

NF and ICF level of care is defined in [907 KAR 1:022](#)

Who Is Eligible for Waiver Services?

Financial Eligibility

Individuals must meet the financial qualifications for Medicaid; however, special financial considerations are made when applying for 1915(c) HCBS waivers.

Who Is Eligible for Waiver Services?

ABI

- Age 18 or older
- Have a brain injury
- Meet NF level of care
- Need **acute** rehabilitation

ABI LTC

- Age 18 or older
- Have a brain injury
- Meet NF level of care
- Need **long-term, intensive support**

Who Is Eligible for Waiver Services?

HCB

- Age 65 or older and/or physically disabled
- Meet NF level of care

MIIW

- Ventilator dependent 12 or more hours a day
- On an active, physician-monitored weaning program
- Meet NF level of care

Who Is Eligible for Waiver Services?

MPW

- Have an intellectual or developmental disability
- Meet NF or ICF level of care

SCL

- Have an intellectual or developmental disability
- Meet ICF level of care

Waiver Services Offered in Kentucky

Services vary by waiver and may include, but are not limited to:

- Goods and Services
- Environmental and Minor Home Modifications
- Respite
- Personal Care and Homemaking
- Adult Day Health or Adult Day Training
- Counseling and Behavior Services
- Residential Services
- Supported Employment
- Skilled Services (MIIW only)
- A full listing of services is available at <https://bit.ly/kyHCBsbywaiver>.

Waiver participants also have access to services offered by Kentucky's Medicaid state plan.

Waiver Services Offered in Kentucky

Traditional

- Participants use agencies to deliver all their waiver services.

Participant-Directed (PDS)

- Participants hire their own employees, including friends, family or natural supports

Blended

- Participants use agencies for some services but hire their own employees for others

How to Apply for Waiver Services

Financial
Eligibility



Waiver Services

Apply online, by phone, or in person



kynect.ky.gov

kynect user guides:

<https://bit.ly/kynectHelpGuides>



Call DCBS at (855) 306-8959

In-person at a DCBS Office

<https://bit.ly/DCBSOfficeSearch>



Apply online or in person



kynect.ky.gov

kynect user guides:

<https://bit.ly/kynectHelpGuides>

In-person at a CMHC or ADRC

<https://bit.ly/CMHCSearch>

<https://bit.ly/ADRCList>



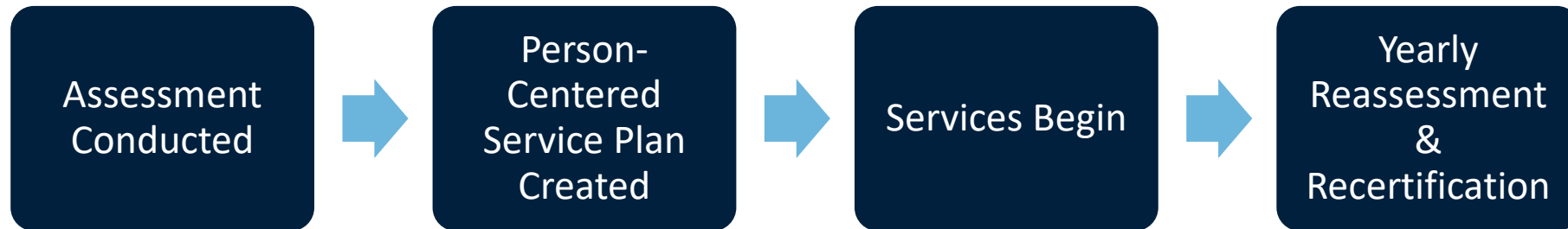
The Department for Community Based Services (DCBS) conducts financial eligibility reviews for Medicaid.

*CMHC: Community Mental Health Center
ADRC: Aging and Disability Resource Center*

From Waiver Application to Services



*Some waivers currently have wait lists. Individuals who qualify for a slot will be placed on the list.



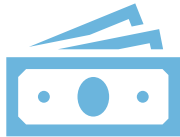
Kentucky Transitions



Kentucky Transitions is funded by the federal Money Follows the Person grant.

- Kentucky Transitions assists individuals leaving a nursing home and returning to the community.
- Individuals must:
 - Be elderly, have a physical disability, a mental illness, an intellectual and/or developmental disability, or an acquired brain injury.
 - Reside in a nursing facility and have been there 60 days or more.
 - Be able to live safely in the community with support and services.
 - Eligible for Medicaid and receiving Medicaid-paid services for at least one day before referral.

Kentucky Transitions



Services

Kentucky Transitions provides up to \$2,500 in one-time supplemental services. Services may include a housing security deposit or household setup, utility start-up deposits, or pest eradication.



Transition Coordinator

Kentucky Transitions provides a Transition Coordinator to assess eligibility, create a transition plan, coordinate post-transition support, and help complete the transition.



Housing Specialist

Kentucky Transitions provides a Housing Specialist to help secure accessible, safe housing in the individual's preferred community.

Kentucky Transitions



Kentucky Transitions

More Information



(502) 564-0330 or (877) 564-0330 (toll-free)



kentucky.transitions@ky.gov



<https://bit.ly/kytransitions>

Kentucky Transitions is supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$63,382,130 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government.

Program of All-Inclusive Care for the Elderly



The Program of All-Inclusive Care for the Elderly (PACE) provides integrated care to aging individuals.



PACE is targeted to individuals who need nursing facility level of care but want to remain at home.



The individual enrolls in a PACE organization which is responsible to provide ALL care the individual needs

Program of All-Inclusive Care for the Elderly

Individuals must...

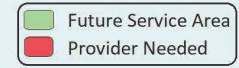
Be age 55 or older

Meet nursing
facility level of care
(907 KAR 1:022)

Be able to live
safely in the
community at the
time of enrollment

Live in an area
covered by a PACE
organization

PACE Active Location Provider Data (as of 032825)



Lexington Location
2409 Members Way
Lexington, KY 40504
P: 859.687.9410
TTY: 800.648.6056
<https://www.bgcarenav.org/page>

Owensboro Location
2050 East Parrish Ave
Owensboro, KY 42303
P: 270.494.5401
TTY: 711
<http://www.boldagepace.com/>

Elizabethtown Location
109 Buffalo Creek Dr
Elizabethtown, KY 42701
P: 270.600.2580
TTY: 270.600.2589
<http://www.careguidepartners.org/PACE>

Benton Location
201 East 11th St
Benton, KY 42025
P: 855.209.5451
TTY: 711
<https://lifecoordinated4u.com/>

Bowling Green Location
1100 Wilkinson Trace
Bowling Green, KY 42103
P: 270.770.3617
TF: 877.676.8581
TTY: 270.599.0780

Monticello Location
939 W Columbia Ave
Monticello, KY 42633
P: 606.753.2999
TF: 877.249.8545
TTY: 606.348.7160

Richmond Location
5008 Atwood Dr, Stes 1-3
Richmond, KY 40475
P: 859.972.8880
TF: 877.676.8583
TTY: 859.353.8287

Somerset Location
27 Imaging Dr
Somerset, KY 42503
P: 606.997.8995
TF: 877.212.7906
TTY: 606.485.4065

Corbin Location	Pikeville Location
14892 N US 25E, Suite 11	419 Town Mountain Rd, Suite 102
Corbin, KY 40701	Pikeville, KY 41501
P: 606.727.2690	P: 606.727.2380
TTY: 711	TTY: 711
https://www.mountainviewpace.com/	

of Northern KY
Florence Location
 47 Cavalier Blvd, Suite 140
 Florence, KY 41042
 P: 859.970.2450
 TTY: 800.648.6057 or 711
<http://www.seniorcommunityca>

of Jefferson Co
Louisville Location
1700 Old Bluegrass Ave, Suite 200
Louisville, KY 40215
P: 502.676.7520
TTY: 711
<http://www.seniorcommunitycarejc.org/>

Care of Kentucky
Louisville Location
960 S 4th St
Louisville, KY 40203
P: 502.676.7550
TTY: 800.648.6056 or 711
<https://www.seniorcommunitycareky.org/>

Program of All-Inclusive Care for the Elderly

DMS PACE Website

<https://bit.ly/KYPaceProgramInfo>

To enroll, contact the local PACE organization

<https://www.chfs.ky.gov/agencies/dail/Documents/EnrolledPACEProviders.pdf>

Department for Aging and Independent Living

(888) 804-0884

PACE@ky.gov

LTSS Resources

Visit Us Online

<https://bit.ly/KYMedicaidLTSSInfo>



- Program information and updates
- Links to regulations and related DMS programs
- Program brochures and information
- Community resources
- How to contact us

Contact Us

ABI, ABI LTC or MIIW	Department for Medicaid Services (844) 784-5614 or 1915cWaiverHelpDesk@ky.gov
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HCB or PDS (all waivers)	Department for Aging and Independent Living (877) 315-0589 or HCBInquiries@ky.gov
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MPW or SCL	Department for Behavioral Health, Developmental and Intellectual Disabilities (502) 564-7700 or DDID.Info@ky.gov
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Kentucky Transitions	(502) 564-0660 or kentuckytransitions@ky.gov
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PACE	(888) 804-0884 or PACE@ky.gov
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All other LTSS programs	(502) 564-7540
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Online	https://bit.ly/KYMedicaidLTSSInfo
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Facebook: KyMedicaidServices

Instagram: @kentuckymedicaid

X: @kentuckydms

To receive email updates	MedicaidPublicComment@ky.gov
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Apply for Medicaid Financial Eligibility	kynect.ky.gov, call DCBS at (855) 306-8959, or in- person at a DCBS Office
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DCBS Office Search https://bit.ly/DCBSOfficeSearch

Apply for Waiver	kynect.ky.gov or in person at a CMHC or ADRC
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CMHC Search: https://dbhdid.ky.gov/crisisnos
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ADRC Search: https://bit.ly/ADRCList
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