2023 MCO Extra Benefits/Services



Aetna Better Health® of Kentucky



Medicaid

Humana

Healthy Horizons™ in Kentucky







Up to \$1,500 to help with services like utilities, groceries, gym memberships for members diagnosed with specific chronic conditions

New moms earn gift cards, crib, and car seat

In-home health screenings

Gift card rewards for doctors' visits

Transportation for groceries and interviews

Sports physicals

GED support and job skills trainings

Home-delivered meals

Carpet cleaning, bedding for members with asthma

Back-To-School supplies

Health tools like blood pressure cuff, glucose meter

Cooking classes and no-cost slow cookers

Smoking and addiction recovery services

Chronic pain management resources (massage, acupuncture)

No-cost hearing aids and eyeglasses

No-cost smartphone/data

SKY members eligible for iPads, laptops, YMCA membership, and more

No-cost Eyeglasses every year or \$50 credit for contact lenses (adults 21 and over)

No-cost Laptop

Smartphone

Housing flex-fund to help pay for utilities, rent, and more for homeless/at-risk members

Electric Toothbrush and Dental Kit

Up to \$200 in Gas Cards or Quarterly Bus Passes

Healthy Rewards for well visits and health screenings up to \$755 in retail gift cards

Up to \$175 in baby items for moms-to-be and new moms

Breast Pump

Boys and Girls Club Memberships

Over-the-Counter Drugs

Criminal Expungement services

Smoking Distraction kit

Online Wellbeing and Substance Use Disorder support

Healthy lifestyle aids including blood pressure monitor and hearing aid batteries

Weight Watchers membership

Home-delivered Meals

\$750 in reward Gift Cards for healthy activities

Families can receive more than \$1,200 in rewards for healthy behaviors

\$125 in gift cards, a Portable Crib or Car Seat, & Doula services for pregnant moms

Back-to-School Haircuts

Additional Adult Dental cleaning per year

Adult Eyeglasses or up to \$150 for Contact Lenses

Workforce Development: Childcare, Interview Prep, Transportation Vouchers

Smart Phone with data, talk and unlimited text

Digital Apps for Diabetes Management & Pregnancy Support

Digital weight scale and blood pressure monitor*

Home delivered fresh fruits and vegetables*

Home delivered meals following inpatient stay

24/7 Telehealth Access

GED Test Assistance

Criminal Expungement

Tobacco Cessation & Weight Management

Sports Physicals

*for eligible members

Up to \$100 for Adult Eyeglasses or Contacts every 2 calendar years

Contacts for member 14 through 20 years of age

\$10-\$50 Gift Cards for healthy behaviors

Smartphone with unlimited talk, text, and data

Blood Pressure Cuff

Dental Cleaning every 6 months for adult members

GED Test and \$50 gift card for passing!

Home Colon Cancer Screening Kit

Reward for Follow-Up to Colorectal Cancer Screening

Infant Carrier, Convertible Car Seat or

Booster Seat Mobile App

Over-the-Counter Drugs

Quit Tobacco Program

Sports Physical

Weight Watchers

Denture benefit for members in Care Management Adult Eyeglasses

Additional Adult Dental cleaning per year

Diapers for babies*

Doula services for Pregnant Members*

Pregnant Members can earn gift cards & rewards

Gift cards for completing preventive services

Boys & Girls Club Membership

Smartphone with talk, text and data

Sports Physicals

Smoking Cessation

Acupuncture*

Home-delivered meals*

Enhanced Case Management for those receiving Cancer treatment*

Disease Management for those with kidney disease*

Home Colon Cancer Screening Kit*

24/7 Telehealth Visits

Online housing, employment & money management skills training

Help finding community resources

At-home diabetes & weight management resources

*for eligible members within plan limits

Adult Eyeglasses or Contacts every year

Health and Hygiene Items Up to \$300 in products shipped free to your home

Healthy Rewards up to \$335—including \$75 Nike gift cards, Amazon Prime, Fitbits and gift cards

Weight Watchers Membership

Internet Hotspot In select rural areas

Cell Phone and Unlimited Data. Talk and Text

Healthy Baby Program Choose a baby gift

State Issued ID Card

Criminal Record Expungement

Steps2Success + GED
Job coaching and more

Girl Scouts & Boy Scouts

Sports Physicals

Tutoring Sessions

\$1,000 College and Trade School Scholarships

24/7 Telehealth Services

At-home diabetes & weight management coaching

Assistance with food, housing, utilities, childcare, and transportation