

Community-Based Child Abuse Prevention (CBCAP) Grant FY2024 Application

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III. Governor Documentation and Assurances

As the Chief Executive Officer of the Commonwealth of Kentucky, Governor Andy Beshear, designates the Cabinet for Health and Family Services, Department for Community Based Services as the lead agency to receive funds through the Community Based Child Abuse Prevention Grant to provide community based and prevention focused programs and activities designed to strengthen and support families to prevent child abuse and neglect.

- Lead Agency Designation Letter—included as an attachment
- Governor's Assurances--included as an attachment

IV. Lead Agency Assurances — Attachment B

V. Leverage Claim Form—Attachment C

Refer to the completed Leveraged Funds Worksheet attached to this application (Attachment C). Claims totaling **\$76,897,953.11** are submitted from birth certificate registry trust funds and general funds to support network activities for community based, prevention focused programs.

VI. Budget –Attachment D

- Format budget to clearly display line-item expenditures for both Federal and non-federal funds
- Must include 25% Cash Match (state or private funds). The 25% match should be determined based on the population-only portion of the formula
- Must include funds for at least two staff members to attend a 2–5-day Federal Mandatory CBCAP Grantees Meeting
- Up to 20% of available funds may be budgeted for administrative purposes

<input checked="" type="checkbox"/>	Administrative Expenses do not exceed 20% of total costs
<input checked="" type="checkbox"/>	Travel to CBCAP Grantees Meeting is included

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Expenditures	Federal Funds \$	Non-Federal \$	Total \$
Administration	\$105,970		\$105,970
Technical Assistance/Travel to Grantees Meeting	\$275,000		\$275,000
Network Coordination and Training	\$32,844		\$32,844
Parental Involvement	\$18,395		\$18,395
Evaluation	\$10,000		\$10,000
CQI	\$10,000		\$10,000
Child Abuse Prevention Month	\$20,000		\$20,000
Regional Network Meetings	\$15,000		\$15,000
Parent Engagement Meetings	\$66,237		\$66,237
In-Home Based Services	\$80,050		\$80,050
Community Family Resource and Support Services		\$76,095,702.11	\$76,095,702.11
Prevention Awareness		\$802,251.00	\$802,251.00
Totals	\$633,496	\$76,897,953.11	\$77,531,449.11

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VII. Description of the CBCAP Lead Agency's Leadership Role in State Prevention Activities

- Describe the role of the lead agency and how it will lead the child maltreatment prevention activities in the state. This section describes the interdisciplinary, collaborative, and public-private structure, including its representation from private and public sector parents and service providers that will direct and support coordinated child abuse prevention resources and activities to better strengthen and support families (section 204(1)).
- This section should also include a description of how programs and activities will operate including how community-based child abuse and neglect prevention programs and activities provided by public and private, nonprofit organizations, including faith-based programs and those funded by programs under this Act, will be integrated into a developing continuum of family-centered, holistic, preventive services for children and families; (section 204(2)).

The Cabinet for Health and Family Services (CHFS/Cabinet) is the lead agency for the Community Based Child Abuse Prevention (CBCAP) grant. CHFS is home to most of the state's human services and health care programs, including the Department for Medicaid Services (DMS), Department for Community Based Services (DCBS/Department), the Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID), the Department for Public Health (DPH), and the Department of Aging and Independent Living (DAIL).

The CBCAP grant has always been housed within DCBS', previously within the Division of Protection and Permanency, and now within the new Division of Prevention and Community Well-Being (DPCW). The new division will continue to allow prevention services to grow and be enhanced and continue to be informed by lived experts and community partners. Parents and stakeholders are instrumental in creating future changes to services for families across Kentucky as an effort to prevent child welfare involvement, enhance protective factors, and promote community well-being.

As the lead agency for child maltreatment prevention activities, the Cabinet's primary use of CBCAP funds is through a partnership with Community Collaboration for Children (CCC). Kentucky has 17 service areas, which cover the entire state through CCC. CCC utilizes grant funds for prevention services to low-risk families using available resources in local communities. Service areas are allocated funding based upon a formula developed by the Cabinet, which blends funds from CBCAP and title IV-B, subpart 2 of the Social Security Act to meet the community's needs in the areas of safety, permanency, and well-being. The DPP Information and Quality Improvement (IQI) Unit provides for oversight of the In-Home Services Database and data reporting.

The cabinet allocates funds to contract with quasi-governmental non-profit agencies to provide CCC in-home services, Parent Engagement Meetings (PEMs), and statewide regional networks. These local collaborative groups will be responsible for the coordination of child abuse prevention resources and activities in their communities, to better strengthen and support families, as well as assist families in locating resources. The networks'

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membership will continue to include representation from the private and public sector, parents, and service providers. To receive funds from CHFS, all contracting agencies will be required to provide a 25% match, allowing local funds to blend with federal funds. CHFS will provide contract review and oversight for adherence to policies consistent with established standards and overall quality, to ensure the best value in both programming and achieving outcomes and providing fiscal and program monitoring.

DCBS will continue to integrate an array of in-home services into family-centered, holistic preventive services for families and children. The DCBS Division of Prevention and Community Well-Being will provide a continuum of in-home services. These services are designed to meet a wide spectrum of families' needs from those with the lowest risk to those of moderate or high risk of child abuse and neglect. Kentucky's in-home continuum includes the following programs:

- CCC Prevention Services
- Family First Prevention Services
- Kentucky Strengthening Ties and Empowering Parents (KSTEP)
- Sobriety Treatment and Recovery Team (START)
- Family Preservation and Reunification Services
- Diversion Program
- Community Response
- Multisystemic therapy
- Intercept pilots

The in-home continuum array will be discussed and shared with agency, and community partners on a regular basis through CCC Regional Networks and the Child and Family Services Plan (CFSP) statewide stakeholder group.

Kentucky's CBCAP CCC logic model displays the mission, services and both short-term and long-term outcomes of the services offered (Attachment E).

VIII. Actions to Advocate for Systemic Change

- A description of the actions that the CBCAP lead agency will take to advocate systemic changes in state policies, practices, procedures and regulations to improve the delivery of community-based child abuse and neglect prevention programs and activities.
- Explain how the states plans to continue or to begin conducting prevention planning efforts and how these efforts will be integrated with other strategic planning efforts in child welfare, early childhood, or other related systems. Examples may include the CBCAP lead agency's anticipated involvement in the program implementation plan (PIP), other title IV-B planning activities, such as the child and family services plan (CFSP), network activities and other related interagency systems change efforts, as applicable.

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As the lead agency, CHFS develops the IV-B state plan where CBCAP funded activities are incorporated into the states service array. CCC specialists continue to participate in the ongoing implementation of the Child and Family Services Plan (CFSP) through active participation in stakeholder meetings including presentations and any other assistance as requested. The CCC parent leader is actively involved in the CFSP through her participation on the statewide stakeholder group among other committees as requested leading to an increased parental involvement in state decision-making. After completion of Kentucky's round two Child and Family Services Review (CFSR), and PIP implementation, goal progress will continue to be shared with community partners and parents at local regional network meetings, with many attending statewide stakeholder meetings. Regional networks will continue to provide progress updates on the Family First Prevention Services Act in Kentucky, and Continuous Quality Improvement (CQI).

Regional networks will continue to seek out early childhood representatives, including Head Start, Early Head Start, and health departments, adding to the diversity of the community partners. The expertise of these agencies in early childhood further enhances the prevention of child abuse and neglect, especially for children under five. Regional networks discuss community needs and service gaps, problem-solve for possible solutions, and support service providers through resource linkages and/or trainings. Needs identified at the local level by networks advise state system decisions. The lead agency will continue to operate regional networks to inform systemic changes.

CHFS will continue to combine CBCAP funds with Promoting Safe and Stable Family (PSSF) funds to contract with quasi-governmental, non-profit agencies. In general, these quasi-governmental agencies serve their communities in a visible way, so their services and programs are well known by community partners, parents, and local citizens alike. Parents/Caregivers are often more comfortable seeking services or requesting information from these agencies because they sponsor other community programs in which the family may already participate. The CCC service providers and regional networks assist CHFS in becoming more responsive to community's local needs and maintaining children safely in their homes without child welfare involvement.

Kentucky was one of the jurisdictions selected for the second round of the Thriving Families, Safer Children initiative. Supplemental CBCAP funds also support this initiative through alignment with primary and secondary prevention. This includes the goal of increasing the availability of supports, services, and resources within local communities to assist families in becoming successful in raising safe and healthy children while enhancing the well-being of families. In addition, Kentucky is a participant in the Prevention Mindset and Poverty Institute. The FRIENDS NRC developed both Institutes to promote the prevention of child abuse and neglect. Kentucky is actively participating with the Prevention Mindset Institute and working diligently on goals developed to enhance services in our state. Both Institutes will assist Kentucky with prevention efforts. The Prevention Mindset Institute is focused on being proactive versus reactive when working with families. The Poverty Institute focuses on strengthening support for impoverished families by changing their systems of approach.

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IX. Collaboration and Coordination

- Describe the extent and nature of the CBCAP lead agency's existing and/or future partnerships and collaborations with other Federal, State, local, or private efforts and how they intersect with the State's child maltreatment prevention programs and activities.
 - Examples may include current or anticipated participation in the Child and Family Services Review (CFSR), PIP, CFSP, or other title IV-B programming, as well as collaborations with Early Childhood Comprehensive Systems, Strengthening Families initiatives, Early Head Start, or Head Start. Other examples are listed in the introduction of the PI, as well as Attachments 4 and 5).
- Highlight how the CBCAP lead agency's work may be anchored and connected to established prevention and promotion activities in public health or other human services. The report should include information about strength of the collaborations and coordination efforts, the nature and quality of those relationships and what other impacts these connections and partnerships have made.

Please check all collaborations/partnerships that apply:

- | | |
|---|---|
| <input checked="" type="checkbox"/> Child Welfare | <input checked="" type="checkbox"/> CFSR |
| <input checked="" type="checkbox"/> IV-B | <input checked="" type="checkbox"/> CFSR PIP |
| <input checked="" type="checkbox"/> FFPSA/Title IV-E Plan | <input checked="" type="checkbox"/> CFSP |
| <input checked="" type="checkbox"/> Head Start/Early Head Start | <input checked="" type="checkbox"/> Maternal, Infant, & Early Childhood Home Visiting |
| <input checked="" type="checkbox"/> Early Childhood Comprehensive Systems | <input checked="" type="checkbox"/> Substance Abuse |
| <input checked="" type="checkbox"/> Public Health/ACEs | <input checked="" type="checkbox"/> Business Community |
| <input checked="" type="checkbox"/> LGBTQIA2S+ Organizations | <input checked="" type="checkbox"/> Mental Health |
| <input type="checkbox"/> Strengthening Families | <input type="checkbox"/> Other (Please specify in narrative) |

The lead agency is the state's health and human services agency, Cabinet for Health and Family Services (CHFS) including child welfare, family support, and public health among others. Kentucky's CHFS has a Division of Prevention and Community Well-Being designated to offer a continuum of services for families on every level including primary, secondary, and tertiary prevention. The state implemented the Family First Prevention Services Act October 2019 and continues to work diligently to expand and enhance prevention services.

Many of the agencies encompassed within CHFS are engaged in a variety of interactions and collaborations across child welfare, adult welfare, early child development, community health programs and behavioral health programs that service families and children throughout the state. Specifically, concerning child maltreatment prevention activities, regional networks maintain representation from childcare providers, early education providers, representatives from public health, mental health, and domestic/family violence agencies. CHFS also maintains Family Resource and Youth Services Centers (FRYSC). Family Resource and Youth Services Centers were established as a component of the historic Kentucky Education Reform Act (KERA) of 1990. The mission of these school-based centers is to help academically at-risk students succeed in school by helping to minimize or eliminate non-cognitive barriers to learning. The impact of these partnerships assists

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CCC in-home services staff and regional networks in a wider array of service possibilities in meeting various needs of families. Early childhood comprehensive systems, Head Start, Maternal, Infant, and Childhood Home Visiting, mental health, substance abuse, public health, and the business communities are a wealth of resources for the families served by CCC through in-home services and collaboration within the local regional networks.

As the lead agency, CHFS develops the CFSP where CBCAP funded activities are incorporated into the states service array. Kentucky completed the Child and Family Services Review (CFSR) and a PIP was implemented and completed, with many of these community partners attending the statewide stakeholder meetings and participating in the PIP.

X. Needs Assessment and Criteria for Funded Programs

- Describe how the current inventory of unmet needs and the current array of community-based child abuse and neglect prevention programs and activities will be used to inform the criteria for funding new programs and activities for the upcoming year.
- Describe the criteria that the CBCAP lead agency will use to develop or select and fund evidence-informed or evidence-based community-based child abuse and neglect prevention programs and activities.
- This can be met by including the State's current announcement of the priority for local grant awards or request for proposals (or other process, as applicable).

CBCAP allocates funds for community-based prevention focused in-home services through contractual agreements with community quasi-governmental agencies. The contracts, renewable every two years, require each of the providers to serve every county within their CCC service area. Community Collaboration for Children uses several components for a needs assessment process. Some of those components include the current CFSP, the DCBS In-Home Services Comparison Data System, and regional networks including DCBS regional staff, community partners, parents and CCC state lead staff. Each of these components contains elements of Kentucky's prevention service array. Currently all CCC in-home service providers are required to use an evidence-based curricula when working with families. CCC state leads review evidence-based curriculums based upon information from the Children's Bureau.

The following services will be funded through CCC:

In-Home Based Services (birth through 17)

In-home based services are designed to educate, strengthen, and support families. These services are provided using the Nurturing Parenting Program which is an evidence-based, nationally recognized comprehensive parenting curriculum designed to build overall parenting skills with families. Services

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empower the family unit by teaching problem solving skills, discussing appropriate discipline techniques, assisting parents in becoming self-sufficient, and coordinating available community resources. Services combine skill-based intervention with flexible scheduling to better serve family needs. In-home based service staff demonstrate positive parenting/caregiver techniques to assist families in remaining safely together, while addressing their immediate needs.

Each contractual agency funds a supervisor position as well as staff to provide in-home based services. Supervisors and staff providing in-home based services complete the following trainings: In-Home Foundational Training; North Carolina Family Assessment Scale-General (NCFAS-G); NCFAS Trauma Well-Being, Trauma and Post Trauma Well-Being Assessment; and the *Ages and Stages Questionnaire: Third Edition (ASQ:3)* and *Ages and Stages Questionnaire: Social Emotional (ASQ:SE)*. In addition, staff must obtain training in the Nurturing Parenting Program.

Goals and tasks are developed with the family based on the NCFAS-G and Trauma Assessment intake results. If there are significant changes within the family dynamics an interim NCFAS-G assessment may be completed. A follow-up NCFAS-G and Trauma Well-Being is completed at closure as a post-test measure. All information will be collected through the cabinet's web based in-home services (activities) data collection system, which collects quantitative and qualitative data.

In-home based staff utilize the *Ages and Stages Questionnaire: Third Edition (ASQ-3)* and the *Ages and Stages Questionnaire-Social Emotional (ASQ: SE)*. The use of the ASQ-3 screening tool assist providers in identifying children under age six with possible developmental delays in need of services, as well as educating parents/caregivers on developmental milestones. The ASQ: SE screens for social and emotional competence relative to developmental stage. In addition, the ASQ-3 and ASQ:SE are used to assist staff in developing an action plan with specific activities to assist parents/caregivers meet the identified needs of their child(ren) and equip them with developmental activities. In addition, this tool helps parents prepare their children for school.

In-home services at greatest intensity do not exceed two to four hours a week for twelve weeks. In-home services must achieve outcomes as listed on the CBCAP Conceptual Framework (Attachment G). All services must include both short-term and long-term measurable outcomes and many of those outcomes will be based upon the NCFAS-G and Trauma Well-Being intake, interim, and closure scores.

Parent Engagement Meetings/Educational Neglect

Parent Engagement Meetings (PEMs) are currently provided in twenty-two counties statewide including rural and metro areas. There are 114 schools served through PEMs. The mission is to prevent abuse, neglect, and unnecessary trauma in the lives of children and families through early intervention, resource education, and multi-organizational support. The program began in 2012 and has become extremely successful in diverting families from ever becoming involved with child welfare. PEMs were expanded to

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a rural region in 2019 as an effort to serve communities with limited resources. Another expansion took in 2021 due to receiving funds from the American Rescue Plan Act. Expansion for PEMs may continue but may be limited due to funding.

Through this program, families, school officials and community partners work together and develop a plan to resolve issues existing within a family and better prepare the parent(s) or caregivers with skills and/or resources to ensure children attend school. Referrals come from local school systems. Referrals are specific for any children ages 5-11 at risk of educational neglect. A referral for a PEM is made prior to child welfare involvement. All PEMs utilize a strength-based approach, as the family is given an opportunity to share barriers and challenges in getting their children to school. During the PEM action plans are negotiated, and referrals are made to community partners to assist with any supports families may need. Follow-up contacts are completed with each family to evaluate their progress of their plan and make additional referrals as needed. All data by the PEM providers is compiled into the GenTrack state database. Annually, PEM providers compile data utilizing the GenTrack data system in comparison to the school and child welfare agency to evaluate ongoing effectiveness of the program.

Regional Network

The regional network members are comprised of caregivers, parents, the state's early childhood council, family resource and youth service centers, the state's health department, the state's behavioral health agency, the court system, a representative from the medical profession, other child serving agencies, and community leaders, including the faith community, and the state's child welfare agency. The regional networks are responsible for CCC planning, funding, implementation, and evaluation of activities, and events within their local communities. The mission of the regional network is to build awareness and support prevention activities related to child abuse and neglect. Additional goals include educating the public, collaborating within communities, strengthening families, building parent leadership, engaging the faith-based community, and promoting father's involvement in the lives of their children. Regional networks discuss local needs and service gaps and strategize possible solutions. Each regional network is allocated funds to support the mission and goals. The network makes suggestions and recommendations for the expenditure of the funds. Collaboration occurs within the networks and continues to strengthen working relationships between child welfare, parents, service providers, citizens, faith-based organizations, and other community partners.

Each network is facilitated by a CCC regional coordinator. The regional coordinator is responsible for maintaining and building partnerships with parents and local communities. The coordinator manages and monitors the use of the funds, submits all required reports in a timely manner, ensures all meetings and funded activities/resources are recorded on the cabinet's Primary Prevention Meeting and Events Tracking System (PP-MET), attends meetings and trainings, and participates in a continuous quality improvement process (CQI).

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XI. Outreach Activities for Special Populations

- Describe outreach activities that the CBCAP lead agency and the community-based and prevention-focused programs and activities will provide to maximize the participation of (please check all that apply):

- | | |
|---|--|
| <input checked="" type="checkbox"/> Parents | <input checked="" type="checkbox"/> Adult former victims of child abuse and neglect or domestic violence |
| <input checked="" type="checkbox"/> Racial and ethnic minorities | <input checked="" type="checkbox"/> Members of other underserved or underrepresented groups (i.e. Fathers) |
| <input checked="" type="checkbox"/> Children and adults with disabilities | <input type="checkbox"/> Other option – Please describe in your narrative |
| <input checked="" type="checkbox"/> Homeless families and those at-risk of homelessness | |
| <input checked="" type="checkbox"/> Unaccompanied homeless youth | |

Outreach activities will continue to special populations statewide across all CCC services. CCC is a program designed to prevent child abuse and neglect, support and strengthen families, and encourage communities to work together knowing local services are the family's best resource. CCC services are available to any family regardless of age, race, gender, ethnicity, religion, sexual preference, or disability. CCC serves various racial and ethnic minorities across the state. Staff are trained annually in implicit bias as an effort to ensure the program provides culturally relevant services. CCC has a diverse statewide parent group. Many of the statewide parents are active in advocating for change in their local communities. For the upcoming fiscal year parent involvement, lived experience, and leadership will be in the forefront for all statewide parent groups. CCC statewide parents are connected as mentors to families struggling with issues related to children, finances, housing, resources, and any other needs identified. The CCC program consists of regional networks, in-home services, and PEMs. Regional networks and in-home services are offered statewide. PEMs are currently available in 22 counties.

CCC services educate, strengthen, and support families to prevent child abuse and neglect. CCC empowers the family unit by promoting the safety, well-being, strength, and stability of children and families by teaching problem solving skills, appropriate discipline techniques, self-sufficiency, and coordinating community resources. Services address children's physical, mental, and emotional needs, among others, while strengthening and supporting families. CCC accepts referrals from community partners, self-referrals, family, friends, and DCBS (with no open case or substantiated finding). CCC services are free and available to any family with children in their custody, including the following categories race, color, religion, gender, sexual orientation, national origin, disability, or age. This may include both relatives and non-relatives. Each in-home service worker makes appropriate referrals to local resources, as family needs are identified and currently unmet. With ARPA funding concrete supports are offered to CCC in-home families. These have been instrumental in decreasing barriers for family stability and well-being.

CCC's always accepts referrals from any group in the state which includes but is not limited to the following:

- Children with disabilities;

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- Teenage parents and parents who are young adults;
- Parents with disabilities;
- Single family households;
- Families with young children;
- Low-income families/families in poverty;
- Families who are struggling with safety and well-being issues;
- Children who are truant or exhibiting concerns in a school system;
- Grandparents or caregivers raising children;
- Homeless families and those at risk of homelessness;
- Adult former victims of child abuse and neglect or domestic violence; and
- Unaccompanied homeless youth

Regional network coordinators continue to identify linkages with agencies and entities working with special populations to ensure their representation at network meetings, and ongoing planning for network activities. Regional networks continue to strive to include a diverse representation reflective of the communities they serve. Many of the networks have parent representation from their local communities. The parents attending the regional networks are often aware of issues within their own culture and neighborhoods. This information is valuable to community partners during network meetings as they share their knowledge regarding needs and gaps in services. It is imperative parents feel as though their voice is just as important as any other community partner at the network meetings and they have an equal seat at the table.

Work has begun to institute the Building Effective Parent/Practitioner Collaboration (BEPPC) to strengthen the leadership skills of parents. Parents must be included in decision-making regarding services offered in their local community as they are the experts of family needs. Their voice is imperative when planning services. The parent and practitioner partnership will continue to focus on giving parents a voice and creating a mutual respect between one another.

All contracts require language interpretation services, and these are available for families as needed. CCC service providers will continue to reach out to diverse populations in both service provision and regional activities. CBCAP State Leads will continue to sponsor training to service providers enhancing cultural competency.

CCC State Leads will continue to explore training possibilities for direct service staff to enhance their skills in serving diverse populations. Assisting staff to engage and work closely with children who have disabilities will continue to be a priority. In addition, agencies will be encouraged to seek resources for parents with children who have disabilities, as well as for parents who themselves have disabilities.

Emphasis on increasing the involvement of fathers, grandfathers, and other male caregivers with children will continue. Regional networks will recruit and include fathers, and other male caregivers in their membership and activities. The father voice needs to be represented as currently the CCC parent advisory council does not have any representation as past members have retired after serving for numerous

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years. Regional network coordinators enter all information into the PP-MET database. CCC state lead staff provide training for direct service staff on enhancing father engagement.

Kentucky will continue to build awareness of homeless families, families who are at risk of homelessness, and unaccompanied homeless youth, as well as adults who are former victims of child abuse or domestic/family violence through the local community regional networks and CCC services offered to these populations. Many of the networks have members working directly with this population. CCC in-home staff will continue to provide services and support to these populations.

Domestic/family violence and mental health professionals will continue to be encouraged to attend the regional network meetings. Domestic/family violence and mental health issues are present in many of the families served by CCC services. The involvement of domestic/family violence and mental health community partners aids in linking families to appropriate resources. The regional network meetings provide in-home service providers an opportunity to network with staff from many community resources and create partnerships.

The LGBTQIA2S+ community is an underserved population in Kentucky. Enhancing parent, caregiver, community partner, and public awareness of the issues and difficulties faced by this diverse group is necessary. CCC is focused on education regarding the stigma and difficulties this population faces. CCC Regional Networks are offering trainings specific to this group and presented by an individual who is part of the LGBTQIA2S+ community. This outreach will continue to increase services to this population, while assisting to bring awareness regarding the issues faced within this community (including a higher percentage of youth suicide attempts). CCC will continue to work diligently to overcome any barriers in serving this population.

XII. Plans for Parent Leadership and Family Involvement

- Describe how the CBCAP lead agency will implement activities and training to enhance parent participation and leadership.
- Include information on how parents are and will be involved in funded programs, including:
 - planning,
 - implementation and
 - evaluation
- This section should also describe anticipated training and technical assistance related to parent leadership and family involvement.

CCC will continue to increase parental involvement within the regional networks and in statewide parent meetings. CCC has one parent leader actively involved for the state of Kentucky. The parent leader will remain active in statewide, CFSR, and CCC meetings. Recognizing the value and importance of parental input, CCC will continue to contract with a parent to serve as a parent leader. In addition to serving as

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Kentucky's current statewide parent leader, she served on the National FRIENDS Parent Advisory Council, the Prevention Mindset Institute, Poverty Institute, and provided a training for the Children's Bureau during Child Abuse Prevention Month. The duties of the CCC parent leader include:

- Facilitating statewide parent meetings;
- Preparing statewide parent meeting agendas;
- Tracking statewide parent attendance;
- Preparing parent stipends for reimbursement;
- Serving on the CCC Parent Core Team;
- Participating in the CFSP stakeholder CQI meetings;
- Serving on the CCC peer exchange/CQI team;

The Statewide Parent Advisory Group consists of parents from each regional network service area. They elect officers for both the state parent meetings and Parent Core Team. The parent officers include a president, vice president, secretary, historian, and parent leaders. The other members of the Parent Core Team are parent facilitator, program staff, and CCC state leads. The Parent Core Team will continue serve as liaisons between the statewide parent group and the CCC state leads. This group meets a minimum of five times per year to review meeting minutes, evaluations, and address identified concerns parents may have. The group will discuss the results of the Peer Exchange/Continuous Quality Review (CQI) and decide how to incorporate any suggestions into parent meetings. Including suggestions ideas directly from the parents allows the meetings to be more productive and provide valuable information for planning and ongoing parent engagement.

All regional networks across the state actively recruit a minimum of three local parent members to attend statewide meetings. All new parent members are provided an orientation, which assists them in building their role in the group. Any parent involved in their local regional network is encouraged to attend and be involved in the statewide parent group/meetings. The statewide parent group continues to grow, and their expertise is invaluable to CCC. Kentucky is working to enhance this group with the assistance of FRIENDS and the Prevention Mindset Institute.

Kentucky is continuing work with FRIENDS NRC to offer Building Effective Parent/Practitioner Collaboration (BEPPC) training to CCC staff and parents as an effort to enhance relationships while assisting with efforts to include parents at the table as decision makers with staff.

XIII. Plan for Support, Training, Technical Assistance and Evaluation Assistance

- Describe the State's plan for providing operational support, training, technical assistance and evaluation assistance to community-based, prevention-focused programs.

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- Examples may include training or support related to cultural competence, promotion of strong families, evaluation plans, implementing and sustaining evidence-based or evidence-informed programs and practices.

The Cabinet will fund attendance to the CBCAP grantee meeting and other required or recommended meetings/trainings for the CBCAP state lead(s) or their designee(s). The Cabinet plans to maintain two full-time positions to provide technical assistance and support, for CCC funded services and networks. These staff will attend trainings and meetings offered by the Administration for Families and Children (ACF), Family Resource Information, Education, FRIENDS NRC, and Network Development Service or other agencies as required. To best serve Kentucky families, these individuals will seek technical assistance from FRIENDS, the national resource center that supports CBCAP grantees. They will provide technical assistance, monitor services, and reports in assigned CCC service areas. In addition, they attend local regional network meetings, coordinate statewide CBCAP activities/initiatives, as well as act as the liaisons between CCC networks, regional coordinators, service providers, and DCBS staff.

CCC state leads research trainings based upon statewide needs assessments or requested by service providers or parents. Staff are trained annually in implicit bias as an effort to ensure the program provides culturally relevant services. All staff are currently trained in the Nurturing Parenting curriculum, an evidence-based program used with CCC families. Relevant trainings are provided to all CCC staff and parents statewide. The CCC state lead staff will conduct quarterly meetings for regional coordinators, CCC supervisors, and statewide parents throughout the year.

CCC regional coordinators will track all activities, meetings, events, and training sessions through the PP-MET system. Data collection for all CCC services will continue to be web based. Data is used in consultation between CCC state leads and service providers. CCC state leads will utilize the data analysis for program improvements and the CBCAP annual report.

XIV. Evaluation Plans

- Describe how the CBCAP lead agency's activities, and those of the network and its members (where appropriate), will be evaluated.
- Describe the State's overall evaluation plan and approach that will be used to demonstrate the effectiveness of activities conducted, to include outcomes of monitoring and results of the evaluation.
- Develop evaluation plans that incorporate a continuum of evaluation approaches including quantitative and qualitative data collection methods. This can include a peer review process.

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- Include plans for reporting requirements regarding the percentage of total CBCAP funding used to support evidence-based (EBP) and evidence-informed programs (EIP) and practices, to include infrastructure costs.
- States that use CBCAP funds for network support/development are strongly advised to develop strategies and methods to evaluate the effectiveness of their network and its activities, as well as their funded programs.

The CHFS Division of Administration and Financial Management, Contract Performance Section monitors all CCC contracts for compliance. A monitoring tool is developed annually based on contract requirements. CHFS monitoring staff will conduct a thorough audit and provide each service provider a detailed report. Service providers out of compliance on a particular item will be required to develop a corrective action plan addressing any issues found by the monitoring staff. The action plan is reviewed and approved by CHFS.

All service providers will utilize the Nurturing Parenting Program, an evidence-based parenting curriculum. In-home based services will use the NCFAS-G/Trauma Well-Being assessment tools as well as the ASQ3 and the ASQ-SE screening tools. These tools assist service providers with developing family goals. Service providers will continue to enter family level case data into the In-Home Service activities web-based reporting system, which gathers quantitative and qualitative data. CCC providers use the Nurturing Parenting database to analyze pre- and post-tests with families.

Parent Engagement Meeting staff will use Kentucky's GenTrack web-based reporting system. All regional network activities/events are reported in the PP-MET data system. Data analysis is provided to service providers and included in the CBCAP annual report. Reports will contain outcomes and indicators that are aligned with the Child and Family Services Review (CFSR), and the Child and Family Services Plan (CFSP), which allows data, collected from CCC services to track progress towards those outcomes.

Evaluations must be completed at all CCC funded conferences, activities, meetings, and events. Results will be reviewed to improve the primary and secondary prevention efforts. The evaluation data collected from the statewide CCC meetings will be used to guide future presentations, trainings, and meetings.

A Peer Exchange/Continuous Quality Improvement (CQI) core team is supported by CBCAP funds. This team is comprised of CCC regional coordinators, direct-services supervisors, a parent leader, and two community partners. The CCC state leads and division leadership serve as advisors to the group. The CQI process within CCC and is a major departure from the Peer Exchange program that was in place for 18 years prior. The Peer Exchange/CQI core team will continue to enhance the CQI process with all CCC staff, parents, and regional networks. The Peer Exchange/CQI process will be facilitated by the CCC CQI core team.

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CCC state leads will utilize the results of the Peer Exchange/CQI process for consideration of potential changes or revisions in procedure, service provision, training and/or addition of services.

XV. Plan for Child Abuse Prevention Month and Public Awareness Activities

- Describe of activities the CBCAP lead agency will coordinate or participate in, and the network's role in the promotion and observance of the upcoming Child Abuse Prevention Month during April

Child Abuse Prevention Month activities are arranged by each regional network across the state. A statewide event is held annually. Each network collaborates with community partners, business leaders, faith-based partners, schools, health departments, local agencies, parents, and among others to plan activities and increase awareness of child abuse. Regional networks have sponsored conferences, local community events, commercials, trainings, fatherhood, and programs within the local schools regarding prevention awareness. Each regional network collaborates with local communities to bring awareness of child abuse and neglect activities and/or events. During April discussions of the importance of child abuse prevention, handling stress, parenting tips, and other relevant information will be available to staff and within local communities. Statewide and regional data will be available to regional coordinators to share with their local communities.

During statewide CCC meetings, Child Abuse Prevention Month activities for each region are highlighted by service providers. All CCC regions will continue to host Child Abuse Prevention Month and Public Awareness campaigns. Each regional network conducts a needs assessment to assist them with planning activities. All Child Abuse Prevention Month activities are captured through the PPMET database.

XVI. Areas for Technical Assistance

- Describe any important contextual factors that may impact the ability of the CBCAP lead agency to implement their proposed plans for the upcoming year.

The lead agency has not identified any barriers to affect the ability to implement the CBCAP plans for the state. Staff retention continues to be an ongoing issue across service regions. The CBCAP program has remained self-sustaining throughout several years in the state of Kentucky. The CCC state leads will reach out to the FRIENDS network to assist with training needs as they arise.

XVII. American Rescue Plan

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- In the space below, provide a narrative updating the state's planned use of the supplemental CBCAP funds provided through the American Rescue Plan.
- The description should include how the state will engage with families, community-based agencies, or other partners to plan for the use of funds and how issues of equity are informing the planned use of the funds.
- Describe any barriers or challenges the state anticipates in being able to access or use the supplemental funds.

Kentucky was awarded \$3,344,975.00 from the American Rescue Plan Act (ARPA). Kentucky began discussions with state stakeholders, parents, and prevention service providers regarding expanding and enhancing prevention efforts across the state prior to implementing a plan for the CBCAP ARPA funds, including a statewide Prevention Collaborative group and statewide plan for primary and secondary prevention. Kentucky continues to implement plans to utilize the supplemental funding to strengthen the prevention infrastructure across the state. Specifically, the ARPA funds will be used to sustain expansions to reduce CCC in-home services waitlists, provide funding for concrete supports for families, and sustain expansion of additional Parent Engagement Meeting (PEM) sites.

CCC provides in-home services free to any family within the state regardless of income or insurance. There were often waitlists for in-home services throughout the state prior to ARPA funds. Once received ARPA funds were utilized to decrease waitlists allowing additional families to receive services in a timely manner.

ARPA funds were utilized to expand and support Parent Engagement Meetings (PEMs) to assist in resolving educational neglect prior to child welfare involvement. The PEM program was originally in two regions, one rural and one urban area prior to receiving the ARPA funds.

The final ARPA expenditure chosen was related to enhance Protective Factor #5, Concrete Support in Times of Need. This is in the form of resource funds available to all CCC In-Home service providers and may be used to provide financial or material support to assist families in meeting their needs to remain safely together. Concrete supports help parents identify and access resources in the community to strengthen the family and assists in preventing unintended neglect sometimes occurring when parents are unable to provide for their children.

Staffing challenges in recruitment and retention exist in Kentucky and may present as barriers or challenges in utilization of funding. However, Kentucky is committed to enhancing prevention efforts and utilizing all ARPA funding available.

Attachments

Submission letter from the Lead Agency

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Lead Agency Assurance Statement

Leverage Claim Form

Budget

Certifications Regarding Lobby

CBCAP Conceptual Framework /Logic Model

Lead Agency Designation Letter

Governor Assurance Statement

CBCAP Executive Summary

DocuSigned by:

Lesa Dennis

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Lesa Dennis, Commissioner

Cabinet for Health and Family Services

Department for Community Based Services

Date: June 2024