

## Our Leadership Message



Wendy Morris,  
Commissioner



Dr. Allen Brenzel,  
Clinical Director



Stephanie Craycraft,  
Deputy Commissioner



Dr. Shambra Mulder,  
Deputy Commissioner

We are pleased to present this 2020 annual report and share our vision for 2021 and beyond. The year 2020 was filled with unique challenges as we strived to meet the needs of the individuals we served during the COVID-19 global pandemic crisis. The Department rapidly implemented new safety measures and strategies focused on meeting its goals. The credit for our success is clearly due to the hard work and dedication of the Department's 1,300 employees and our partner agencies!

We take pride in our accomplishments, but much work remains to be done to ensure accessible, quality, evidence-based, trauma-informed services for our clients across the Commonwealth. We have taken time at the beginning of this calendar year to reflect upon the goals we did not reach, identify necessary changes, and plan for the future. We look ahead with determination to preserve the behavioral health safety net and to mitigate adverse behavioral health outcomes exacerbated by the pandemic and racial inequity. Please join us and our partner organizations as we continue to work to improve Kentuckians' overall health by promoting access to vital behavioral health services.

### Central Office

#### Hospitals:

- Appalachian Regional Healthcare
- Central State Hospital
- Eastern State Hospital
- Kentucky Correctional Psychiatric Center
- Western State Hospital

#### Long Term Care:

- Glasgow State Nursing Facility (GSNF)
- Western State Nursing Facility (WSNF)

### Intermediate Care Facilities:

- Bingham Gardens
- Hazelwood (Del Maria, Meadows, Windsong)
- Oakwood
- Outwood

### Specialty Clinics:

- Hazelwood Specialty Clinic
- Lee Specialty Clinic
- Oakwood Specialty Clinic

### Personal Care Homes

- Central Kentucky Recovery Center

### Community-Based Residential Substance Abuse Programs:

- Genesis
- Serenity House
- Women's Renaissance Center

### Community Mental Health Centers (CMHC)

- Adanta
- Communicare
- Comprehend, Inc.
- Cumberland River
- Four Rivers Behavioral Health
- Kentucky River Community Care
- LifeSkills/Pennyroyal Regional Center
- Mountain Comprehensive Care
- NewVista
- NorthKey
- Pathways
- RiverValley Behavioral Health
- Seven Counties Services



## Our Partners

We collaborate with Kentucky's Community Mental Health Centers (CMHC) to improve the lives of those who have been affected by mental illness, intellectual or other developmental disabilities, and substance abuse.



# The Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities

2020



Our mission is to provide leadership, in partnership with others, to **prevent disability**, **build resilience** in individuals and their communities, and **facilitate recovery** for people whose lives have been affected by **mental illness**, **intellectual disability** or **other developmental disability**, or **substance abuse**.

## Our Vision for 2021 and Beyond...



Expand the recovery-oriented system of care to address the opioid crisis and other substance use disorders.



Support and promote the behavioral health and wellness of children and families involved with or at risk of involvement with the child welfare system.



Mitigate adverse behavioral health outcomes exacerbated by the pandemic and racial inequity while preserving and enhancing the behavioral health safety network.



Advance efficient and effective operations of state inpatient and residential facilities.



Assure a safe and adequate system of care for people with intellectual and other developmental disabilities.

TEAM  
KENTUCKY

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KENTUCKY  
Cabinet for Health and  
Family Services

# The Kentucky Department for Behavioral Health, Developmental & Intellectual Disabilities (DBHDID)


## 2020 Year in Review



Continued to develop and expand the recovery-oriented system of care to address the opioid crisis and other substance use disorders.



Supported and promoted the behavioral health and wellness of children and families involved with or at risk of involvement with child welfare.



Preserved and enhanced the behavioral health safety network to ensure access to meaningful, trauma-informed services for at-risk and underserved populations.



Advanced efficient and effective operations of the Department's inpatient and residential facilities.



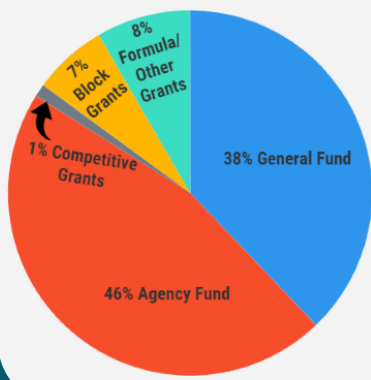
Assured a safe and adequate system of care for individuals with intellectual and developmental disabilities.

**Our Impact**

approx. **170,000** clients with mental health, substance use disorder, or an intellectual disability served by CMHCs

over **7,000** clients served in our state psychiatric hospitals, nursing facilities, and intermediate care facilities

**FY 2020 Revenue**




Awarded \$16.8 million in competitive grants in 2020.

In addition to General Fund, DBHDID oversees Agency Funds, the federal Community Mental Health Services Block Grant Program, Substance Abuse Prevention and Treatment Block Grant Program, Kentucky Opioid Response Effort (KORE), and many aggressively pursued competitive grants.

**3,778** Kentucky families received #HealthyAtHome family activity and mental health resource kits

**670** caregivers and community members participated in training on children's behavioral health topics including challenging behaviors, grief and loss, and coping with anxiety

**58** staff from **7** behavioral health and child welfare organizations participated in a learning collaborative to strengthen organization responses to secondary traumatic stress and build workforce resilience



Managed the COVID-19 Response in 10 state-owned, high-risk, and congregate care settings to ensure continued access to inpatient and residential care to vulnerable populations.

**DBHDID Trauma and Resilience**

Created a trauma website with UK's Center on Trauma and Children

10 podcasts with more than 5000 hits

58 resources posted for professionals

hosted 2 webinars of a 5-part series on maintaining resilience

4 self-assessment tools utilized more than 500 times

**Racial Equity**

Created racial equity communities of practice with our Facility and CMHC partners.

Convened racial equity change teams with a core team comprised of leaders in each department division.

Developed departmental organizational change implementation schedule and racial equity goals.

**1,700** people have participated in monthly department sponsored racial equity programs.

**Tim's Law**

Secured a \$4M, 4-year grant to support a pilot implementation of community-based, court-ordered treatment for qualified individuals.

**Suicide Prevention**

**4%** decrease from 2018 of Kentuckians dying by suicide in 2019

**24,257** Kentucky school staff and students participated in online suicide prevention training by the Society for the Prevention of Teen Suicide.


**621** Kentuckians trained on Youth Mental Health First Aid

System of Care Expansion and Sustainability grant funds were used to streamline access and increase availability to high-need services to services for children and families involved in the child welfare system.


**17,862** individuals received treatment services and recovery support services including peer support, recovery housing, and employment support

**KORE**  
KENTUCKY OPIOID RESPONSE EFFORT


**29,944** free Narcan kits distributed to Kentuckians



**7,247** middle and high school students trained as Sources of Strength Peer Leaders.



**107,170** Kentucky students received the Too Good for Drugs curriculum during the 2019-2020 and 2020-2021 school years.



KENTUCKY ADVISORY COUNCIL ON AUTISM  
[www.kyaca.org](http://www.kyaca.org)


Promotes collaborative efforts and advocates to improve systems of supports for individuals with autism.

**14,800** People have been supported to live in the community through the administration of the SCL and MPW waivers.

**1,129** individual virtual I/DD assessments were completed

**132** SCL providers were virtually re-certified

certified an additional 15 new SCL providers

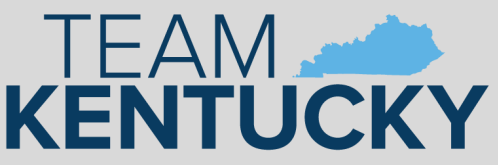


KentuckyWorks

Helps KY students with disabilities transition to work or higher education.



#SCLFamily "A Moment To Connect" held weekly webinars for an average of 175 SCL providers to share public health guidance as it applies to SCLs, celebrate creative ideas, support one another, and recommit to beating COVID-19!



Want to learn more or get more details? Great! Please visit:

[dbhdid.ky.gov](http://dbhdid.ky.gov)

