

# Which 1915(c) HCBS Waiver is Right for Me?

## Acquired Brain Injury (ABI)

For individuals age 18 and older who need assistance to re-enter the community after a brain injury

## Acquired Brain Injury Long Term Care (ABI LTC)

For individuals age 18 and older who need long-term support to live in the community after a brain injury

## Home and Community Based (HCB)

For individuals age 65 or older and/or individuals with a physical disability

## Michelle P. Waiver (MPW) Supports for Community Living (SCL)

For individuals with intellectual or developmental disabilities

## Model II Waiver (MIIW)

For individuals using a ventilator 12 or more hours a day



## Key Contacts and Links

### How to Apply

<https://bit.ly/applyforKYwaiver>

### Waiver Info & Resources

<https://bit.ly/LearnMoreAboutKYHCBS>

### ABI, ABI LTC, or MIIW

Department for Medicaid Services  
(844) 784-5614  
1915cWaiverHelpDesk@ky.gov

### HCB

Department for Aging and Independent Living  
(877) 315-0589  
HCBInquiries@ky.gov

### MPW or SCL

Department for Behavioral Health, Developmental and Intellectual Disabilities  
(502) 564-7700  
DDID.Info@ky.gov

### State Plan Services

(502) 564-6890

### Subscribe to Email Updates

<https://bit.ly/getkywaiverupdates>

### Facebook

[Facebook.com/KyMedicaidServices](https://Facebook.com/KyMedicaidServices)

### Instagram

[@kentuckymedicaid](https://www.instagram.com/kentuckymedicaid)

### Twitter

[@KentuckyDMS](https://twitter.com/KentuckyDMS)



## Choosing Your Own Path:

## How 1915(c) Home and Community Based Services Can Help



Department for Medicaid Services  
Division of Long-Term Services and Supports  
275 E. Main St. 6W-B  
Frankfort, Kentucky 40621

## Introduction

# The Benefits of 1915(c) HCBS Waivers

- 1915(c) Home and Community Based Services (HCBS) waivers offer special, Medicaid-paid services to individuals who are aged or who have a disability.
- The goal of HCBS is to help individuals with special needs be part of their chosen community and live as independently as possible.
- Service plans are person-centered, taking into account an individual's needs, preferences, and goals.
- Individuals receiving services in a 1915(c) HCBS waiver program also have access to Medicaid state plan services to meet their medical and other non-community based needs.
- Individuals can use community resources to close gaps when a waiver or Medicaid state plan service isn't available.



## Waiver Services

Needed services are determined by a waiver participant's functional assessment and the person-centered planning process. Services may include:

- Companion
- Community Living Supports
- Personal Care
- Positive Behavior Supports
- Assistive Technology
- Residential Services
- Non-Specialized Respite

Services vary by waiver program. A complete list is available at <https://bit.ly/kyHCBSbywaiver>.

## Medicaid State Plan

- Medical Supplies, Equipment, and Appliances
- Home Health/Private Duty Nursing
- Behavioral Health
- Inpatient Hospital
- Outpatient Services

Case managers, support brokers, or service advisors are responsible to use person-centered planning to help participants identify and access all needed services and community resources.

## Receiving Services

# Service Delivery Options

ABI, ABI LTC, HCB, MPW, and SCL waiver participants can receive services in one of three ways.

1. **Traditional Services:** A participant receives all 1915(c) HCBS waiver services from agencies.
2. **Participant-Directed (PDS):** A participant finds and hires their own employees to deliver some services.
3. **Blended:** Participants can opt to receive some services from traditional agencies and others from employees they hire themselves.

Service delivery options should be discussed during person-centered planning meetings. If you want to know more about your options, your case manager, support broker, or service advisor can help you.

