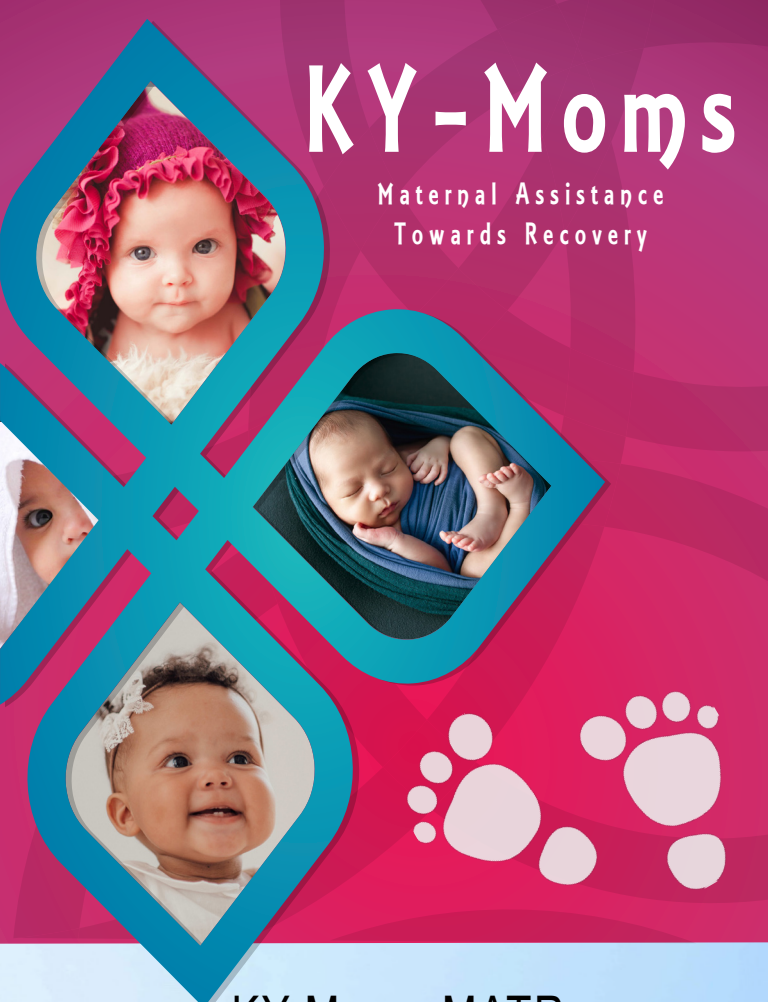


KY-Moms

Maternal Assistance
Towards Recovery



KY-Moms MATR:

Healthy Communities Start With Mom

KY-Moms MATR (Maternal Assistance Towards Recovery) is a vital program designed to empower expectant mothers in Kentucky, who are at risk for substance use during and after pregnancy. Through collaboration with health departments, prenatal clinics, and community mental health centers, KY-Moms provides essential support and resources to address the risks associated with maternal substance use. Our goal is to ensure that all children have a healthy start to life by promoting maternal health and well-being. Join us in nurturing thriving families and building healthier communities with KY-Moms MATR.

What is KY-Moms Maternal Assistance Towards Recovery?

- Substance use screening and assessments
- Case management
- Prevention Education
- Addressing risk factors
- Counseling referrals
- Services for at-risk or with identified substance use disorder
- Community setting or home
- Assistance with other medical needs or family-based services

Prevention Services:

Healthy Baby Workshop

A two-hour class for pregnant and postpartum women that discusses the importance of remaining abstinent and the risks associated with alcohol, tobacco, and substance use during pregnancy and breastfeeding. We will also address the identification of signs of postpartum depression and domestic violence, emphasizing the significance of self-care during the perinatal period. Additionally, we will provide guidance on safe sleep practices for newborns to ensure their safety and well-being.

Other prevention services are available to further strengthen family bonding.

Case Management Services:

KY-Moms Case Management: Compassionate Support for Healthy Beginnings

Connect with our dedicated case managers who specialize in substance use and family issues to access essential services for you and your baby. Our unique approach to case management ensures that pregnant women receive personalized support, referrals to prenatal and well-baby care, and encouragement throughout their journey. Case Management Services may be provided throughout pregnancy up to 1 year postpartum as a stand alone service or in combination with substance use treatment. Join us in promoting healthier pregnancies and nurturing your family's well-being with KY-Moms.



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A D A N T A
Enhancing Lives

