

# KY-MOMS MATR

Maternal Assistance  
Toward Recovery



## WHAT IS KY-MOMS MATR?

KY-Moms MATR is a program designed to educate the public about the impact of substance abuse on pregnancy & child-rearing. The program emphasizes the importance of smoking cessation & positive lifestyle choices to help babies to be born healthy & drug-free. It also links expectant mothers to services that will help them have healthier babies. Mothers seeking recovery assistance will receive preference in admission to the program.

## SERVICES OFFERED

- Prevention education classes
- Case management
- Referral to prenatal & well-baby care
- Referral to medical providers
- Support & encouragement
- Help w/ tobacco, alcohol, & drug use
- Information about available community services such as:
  - *Housing & other basic needs*
  - *Mental health services*
  - *Domestic violence services*
  - *Smoking cessation*

## HOW DO I KNOW IF I NEED THIS PROGRAM?

- Are you feeling unsafe in any way in the relationship w/ your current partner or w/ a previous partner?
- Are you, your family, or friends concerned about your drinking or drug use?
- Over the past few weeks, has worry, anxiety, depression, or sadness made it difficult for you to work, get along w/ others, or take care of things at home?

If you answered “yes” to any of these questions, KY-Moms MATR may be able to help. All participants will receive incentives for engagement with the program!



606-324-1141



1-800-562-8909 (Toll-free in Kentucky)



[pathways-ky.org](http://pathways-ky.org)

Serving Boyd, Carter, Elliot, Greenup,  
Lawrence, Bath, Menifee, Montgomery,  
Morgan & Rowan Counties