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Cathy Prothro
*Suicide Prevention
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*Marijuana Prevention
 Enhancement Specialist
 currently vacant.*

Kentucky Cabinet for Health and Family Services
 Department for Behavioral Health
 Developmental and Intellectual Disabilities
 275 E. Main Street
 Frankfort, KY 40621-0001
 Phone: 502.564.4456 | Fax: 502.564.9010



Find Help Now KY
1-833-8KY-HELP (859-4357) | findhelpnowky.org

National Suicide Prevention Lifeline
1-800-273-TALK (8255) | suicidepreventionlifeline.org

Commonwealth of Kentucky
**Prevention
 Enhancement
 System**



**Empowering the communities
 of our Commonwealth to decrease
 the availability of alcohol, tobacco
 and other drugs, improve mental
 health wellness and increase
 engagement of community partners.**



The Prevention Enhancement System

The Prevention Enhancement System (PES) provides technical assistance and training to Regional Prevention Centers and their partner prevention planning boards, faith based groups, and other stakeholders on best practices in Alcohol, Tobacco and Other Drug (ATOD) use/misuse prevention and mental health awareness.

Working within the Strategic Prevention Framework, the Prevention Enhancement System is instrumental in increasing the effectiveness of local community efforts to decrease the availability of ATOD and increase engagement of community partners.

A key focus of the PES is to empower the communities of the Commonwealth to decrease the use/misuse of ATOD, improve mental health, and increase engagement of community partners.

Our Services

The PES helps provide support on:

- COMMUNITY COLLABORATION
- CAPACITY BUILDING
- DATA COLLECTION
- EVIDENCE-BASED EDUCATION PROGRAM SELECTION
- CURRENT RESEARCH AND TRENDS
- POLICY AND PROCEDURE REVIEW
- RESOURCES
- PREVENTION PRESENTATIONS ON A CASE-BY-CASE BASIS
- OTHER NEEDS IDENTIFIED BY COMMUNITIES

PES services are free of charge to prevention providers in Kentucky.

Five Prevention Specialists

The system includes five prevention specialists, each with a particular expertise:

- 1 ALCOHOL
- 2 FAITH BASED & COMMUNITY INITIATIVES
- 3 MARIJUANA
- 4 NICOTINE
- 5 SUICIDE

