



Tara McGuire, CPS
*Alcohol Prevention
Enhancement Specialist*
Tara.mcguire@newvista.org
Twitter.com/KYPrevention
Facebook.com/KYPrevention
www.kyalcoholprevention.org



Samantha R. Whelan, CPS
*Faith Based and Community
Initiative Prevention
Enhancement Specialist*
Srclark@communicare.org
www.kyfaithbasedprevention.com
Facebook.com/
KYFaithbasedprevention



Elizabeth Shultz Valett, MPH
*Nicotine Prevention
Enhancement Specialist*
Elizabeth.valett@newvista.org
www.kynicotineprevention.org



Cathy Prothro
*Suicide Prevention
Enhancement Specialist*
Cathy.prothro@ky.gov

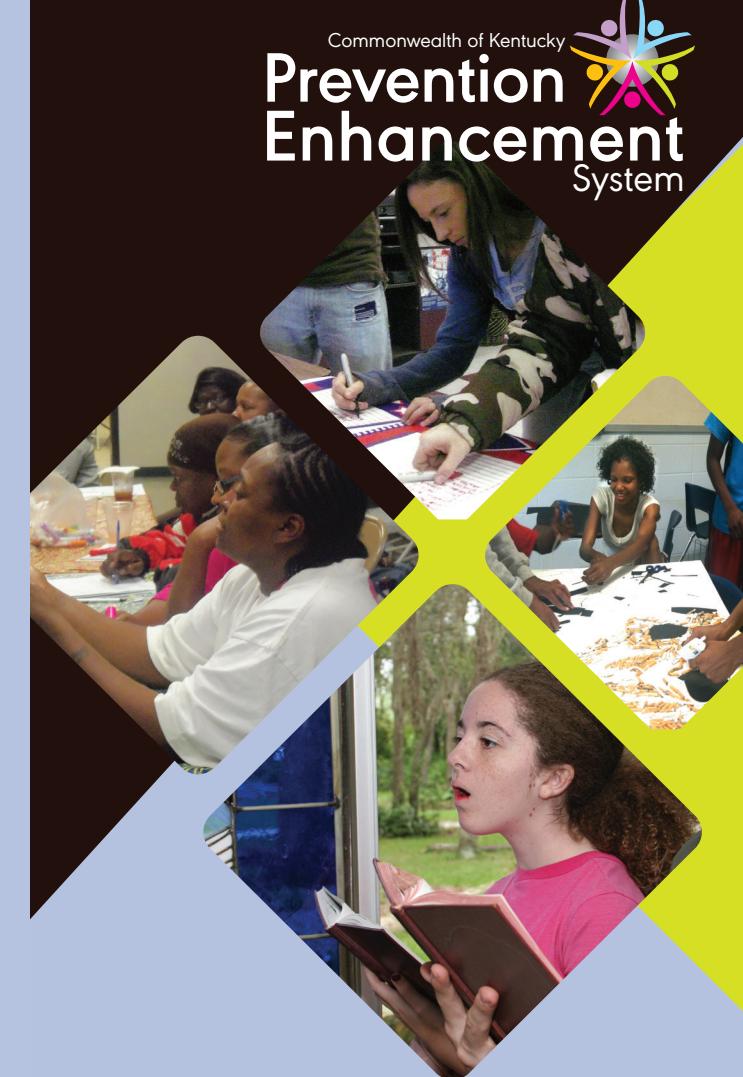
*Marijuana Prevention
Enhancement Specialist
currently vacant.*

Kentucky Cabinet for Health and Family Services
Department for Behavioral Health
Developmental and Intellectual Disabilities
275 E. Main Street
Frankfort, KY 40621-0001
Phone: 502.564.4456 | Fax: 502.564.9010



Find Help Now KY
1-833-8KY-HELP (859-4357) | findhelpnowky.org

National Suicide Prevention Lifeline
1-800-273-TALK (8255) | suicidepreventionlifeline.org



**Empowering the communities
of our Commonwealth to decrease
the availability of alcohol, tobacco
and other drugs, improve mental
health wellness and increase
engagement of community partners.**



The Prevention Enhancement System

The Prevention Enhancement System (PES) provides technical assistance and training to Regional Prevention Centers and their partner prevention planning boards, faith based groups, and other stakeholders on best practices in Alcohol, Tobacco and Other Drug (ATOD) use/misuse prevention and mental health awareness.

Working within the Strategic Prevention Framework, the Prevention Enhancement System is instrumental in increasing the effectiveness of local community efforts to decrease the availability of ATOD and increase engagement of community partners.

A key focus of the PES is to empower the communities of the Commonwealth to decrease the use/misuse of ATOD, improve mental health, and increase engagement of community partners.

Our Services

The PES helps provide support on:

- COMMUNITY COLLABORATION
- CAPACITY BUILDING
- DATA COLLECTION
- EVIDENCE-BASED EDUCATION PROGRAM SELECTION
- CURRENT RESEARCH AND TRENDS
- POLICY AND PROCEDURE REVIEW
- RESOURCES
- PREVENTION PRESENTATIONS ON A CASE-BY-CASE BASIS
- OTHER NEEDS IDENTIFIED BY COMMUNITIES

PES services are free of charge to prevention providers in Kentucky.

Five Prevention Specialists

The system includes five prevention specialists, each with a particular expertise:

- 1 ALCOHOL
- 2 FAITH BASED & COMMUNITY INITIATIVES
- 3 MARIJUANA
- 4 NICOTINE
- 5 SUICIDE

