FY 2026 NOTICE OF FUNDING OPPORTUNITY KENTUCKY PROBLEM GAMBLING ASSISTANCE FUND: BEHAVIORAL HEALTH WORKFORCE DEVELOPMENT

Announcement Date: March 13, 2025

BACKGROUND:

Per KRS 230.826, the Kentucky Department for Behavioral Health, Developmental, and Intellectual Disabilities (BHDID) has established funding to increase awareness of problem gambling, including the signs of a problem as well as risk and protective factors, and to increase access to treatment and resources for individuals and families impacted by problem gambling and substance use disorder.

The Kentucky Council on Problem Gambling (KYCPG) has estimated that more than 100,000 Kentucky adults experience problem gambling. Research shows that increased access to betting opportunities can increase the risk of problem gambling.

While gambling can be a fun pastime for many people, for others, it can have devastating outcomes on personal relationships, financial security, and mental health. Gambling disorders are highly correlated with other mental health and substance use disorders¹:

- 96% of individuals with gambling disorders have been diagnosed with at least one other mental health condition.
- 76% have been diagnosed with substance use disorders.
- 60% have been diagnosed with anxiety disorders, including panic disorder, generalized anxiety disorder, phobia, and PTSD.
- 55% have been diagnosed with mood disorders, including depression and bipolar disorder.

In addition, individuals with gambling disorders are at high risk of suicide².

- 31% of those with gambling disorder report suicidal ideation in their lifetime,
- 17% report having a plan for suicide in their lifetime
- 16% report a suicide attempt in their lifetime.

PURPOSE:

To ensure that the existing behavioral health workforce is adequately prepared to respond to the changing needs of Kentuckians, DBHDID is accepting applications to the Problem Gambling Assistance Fund to strengthen the ability of the existing behavioral health workforce to understand, identify, and treat problem gambling issues. The awarded vendor(s) will support the development and provision of training on problem gambling-related issues for behavioral health workers.

References

1. Kessler, R. C., Hwang, I., LaBrie, R., Petukhova, M., Sampson, N. A., Winters, K. C., & Shaffer, H. J. (2008). DSM-IV pathological gambling in the National Comorbidity Survey Replication. Psychological Medicine, 38(9), 1351-60. https://doi.org/10.1017/S0033291708002900

2. Armoon, B., Griffiths, M. D., Mohammadi, R., & Ahounbar, E. (2023). Suicidal behaviors and associated factors among individuals with gambling disorders: a meta-analysis. Journal of gambling studies, 1-27.

Training programs should:

- Focus on increasing the knowledge and skills related to problem gambling, targeting a variety of behavioral health professionals, including, behavioral health clinicians, peer support specialists, case managers, and community health workers.
- Be made available at no cost to the individual.
- Support the certification of behavioral health professionals to address problem- and disordered- gambling.

ELIGIBLE APPLICANTS:

- Applicant must be a 501(c)3 organization.
- Applicant must have a documented history of at least two years of providing training and technical assistance to individuals who may be impacted by problem gambling.
- If awarded, please be prepared to provide the following information within ten (10) business days of award notification:
 - A Vendor Code from the Finance Cabinet: https://finance.ky.gov/office-of-the-secretary/FinanceForms/EZ%20Vendor%20Registration%20Application.pdf
 - A Kentucky Secretary of State Vendor Code https://onestop.ky.gov/Pages/default.aspx\

SCOPE OF WORK

Funds may be used to cover:

- a) The costs associated with the development of an individual training or series of trainings on gambling topics for behavioral health professionals, including but not limited to, behavioral health clinicians, peer support specialists, case managers, and community health workers.
 - Training topics may include, but are not limited to:
 - Problem Gambling Screening and Assessment
 - Identifying High-Risk Gambling and Engaging in Treatment
 - Evidence-Based Approaches to Treating Problem Gambling
 - Relapse Prevention and Recovery Support
 - Special Populations and specific risks related to problem gambling:
 - Youth
 - Older Adults
 - Gender Differences
 - LGBTQ+
 - Cultural/Racial Minorities
 - Military/Veterans
 - Co-morbidities/Co-occurring disorders
 - Mental Health
 - Substance Use Disorder
 - Suicide
 - Understanding Social Determinants of Health
 - Impacts of sports betting/online gambling
 - Convergence with gaming and esports
 - Additional topics related to the prevention, identification, or treatment of problem gambling may be considered on a case-by-case basis.

- Note: DBHID has awarded funding for the development of a 30-hour an International Problem Gambling and Gaming Certification (IPGGC) Board-approved training curriculum for the International Certified Gambling Counselor I (ICGC-I). Additional funds will not be granted to applicants for this purpose.
- b) The costs of developing and providing technical assistance to increase the capacity of organizations to provide problem gambling-related services.
- c) The costs associated with provision of training course(s) and/or technical assistance; this may include but is not limited to:
 - Retaining speakers
 - Hosting an in-person training event
 - Providing scholarships to training attendees to cover registration and/or travel
 - Development of an online system to allow on-demand access to training courses
- d) The costs associated with the development of a program or system to track counselor progress toward certification and/or build a database of trained and/or certified behavioral health providers.

Note: all training materials must be reviewed and approved by DBHDID prior to service provision. All materials should incorporate the Team Kentucky logo.

All proposals must include:

- 1) Timeline for the project including major benchmarks and milestones.
- 2) Detailed budget outlining the expected costs of each aspect of the project.
- 3) Plan for evaluation and quality improvement of the project.

FUNDING PARAMETERS

- Funds cannot be used to pay for any activities not covered under 908 KAR 2:300, which states that funds from the problem gambling assistance account may be used in the following activities:
 - a) Providing support to agencies, groups, organizations, and persons that provide education, assistance, and counseling to persons and families who experience difficulty as a result of substance use disorder or problem or compulsive gambling;
 - b) Promoting public awareness of, and providing education about problem gambling;
 - c) Establishing and funding programs to certify problem gambling counselors;
 - d) Promoting public awareness of assistance programs for those experiencing consequences of problem gambling; or
 - e) Paying the costs associated with treatment of addictions.
- Funds cannot be used to supplant current funding of existing activities. "Supplant" is defined as replacing
 funding of a recipient's existing program with grant funds to meet the exact existing deliverables. Expansion and
 enhancement of those deliverables and their related outcomes are acceptable.
- Funds cannot be used to pay for the purchase, construction, or renovation of any building or structure to house any part of the awardee's contracted work.

PROPOSAL SUBMISSION REQUIREMENTS

- 1. **Application Deadline:** April 24, 2025.
- 2. Project Summary

Using the fillable application form attached to this announcement (pages 7-9), provide a brief "At a Glance" project summary that highlights the most important components of the proposal.

3. Supplemental Questions

Answer all questions in the Supplemental Questions section of this announcement (page 6).

- Responses to the Supplemental Questions should be double-spaced using Times New Roman 12-point font and attached to the Project Summary section. Responses to this section should not exceed 5 pages.
- 4. **Detailed Budget Worksheet and Narrative** using DBHDID template. The budget worksheet is available for download on the Problem Gambling Assistance website: https://tinyurl.com/problemgamblingKY
- 5. Copy of the 501c3 IRS letter indicating non-profit status.
- 6. All application materials must be submitted by COB on April 24, 2025.

Proposal Submission Format

- The Project Summary and Supplemental Questions should be submitted in a combined PDF titled DBHDID_GAMBTRAININGFY26_date of submission_name of your agency. For example, GAMBTRAININGFY26_03.13.25_AgencyABC.
- The Detailed Budget Worksheet and Narrative should be saved as an excel file titled
 DBHDID_GAMBTRAININGFY26_date of submission_name of your agency_budget. For example,
 GAMBTRAININGFY26_03.13.25_AgencyABC_budget.
- All materials should be submitted to kyproblemgamblingassistance@ky.gov.

MULTI-TIERED REVIEW AND SELECTION PROCESS:

- Proposals will be screened to ensure they meet minimum eligibility requirements.
- DBHDID will assess proposals meeting minimum eligibility requirements. All aspects of the proposed project will be evaluated and DBHDID may decide to provide partial funding for individual elements, rather than the entire proposal.
- Proposals containing insufficient information may be rejected or returned to the applicant for minor corrections and resubmission.

Evaluation Criteria:

Criteria	Description	Weight (%)	Score 1-5	Score X Weight =	Comments
Project Relevance	How well does the project align with the grant's goals and priorities?	20%			
Organizational Capacity	Does the organization have the experience, personnel, and resources to successfully implement the project?	10%			
Data Support	Does the application utilize current and applicable data to justify the need for the services and to identify the target population(s)?	15%			
Feasibility	Is the project plan realistic and achievable within the proposed timeframe and budget?	15%			

Evaluation	Does the proposal outline an evaluation plan that allows for identification of outcomes?	10%		
Impact and Outcomes	What is the potential impact of the project? Are the outcomes measurable and meaningful? Is there a plan for will the impact to be sustained beyond the end of the project?	15%		
Budget Justification	Is the proposed budget reasonable and well-justified for the activities and outcomes?	15%		

AWARD INFORMATION

- Funding Source: The Kentucky Problem Gambling Assistance Fund
- Funding Mechanism: To be determined based on entity.
- Award Ceiling: \$100,000; one or more awards may be made to address the capacity needs of the state.
- Budget: Submit a 12-month budget with anticipated start date of October 1, 2025.
- Cost Sharing/Match Requirement: No
- Service Delivery Date: To begin no later than 30 days from execution of contract.
- Length of Project: 12 months. All projects must be completed between October 1, 2025 and December 31, 2026.
 This funding does not automatically renew, but there may be similar funding opportunities available in the future.
- Reporting Requirements: The awardee must participate in regularly scheduled planning meetings and submit monthly progress reports.
 - The frequency of planning meetings will be determined by the DBHDID staff and the Awardee upon execution of contract.
 - Quarterly reports should include:
 - 1) the number of individuals trained by the project;
 - 2) the types of training and related services provided to those individuals; and
 - 3) detailed costs for the numbers of individuals trained and the training and related services provided during the reporting period.

CONTACT:

Please submit questions regarding proposals to <u>kyproblemgamblingassistance@ky.gov</u>. Questions will be directed to the appropriate staff.

SUPPLEMENTAL QUESTIONS

Instructions:

Answer all questions fully, providing as much detail as necessary. Responses should be double-spaced using Times New Roman 12-point font and should not exceed 5 pages. Please include your responses in a combined PDF with the other required materials listed in the Notice of Funding Opportunity.

A. Organizational Capacity

- Describe they organization's capacity for designing a comprehensive workforce development or technical assistance program aimed at equipping professionals and/or organizations in the behavioral health field with the necessary skills and knowledge to provide problem gambling-related services.
 Please include specific strategies for identifying training needs, developing curriculum, and ensuring the program is accessible, effective, and aligned with best practices.
- 2. Describe the experiences and credentials of team members implementing this project. For each team member, indicate their role in the project and their credentials.
- 3. Briefly describe the organization's experience managing similar state or federal projects or grants.

B. Description and Implementation

- 1. Identify the population served by the project. Please include any relevant research and data points to provide evidence that this population is in need of the proposed services.
- 2. Identify the project goals and measurable objectives of this project. Ensure that the objectives are SMARTIE: specific, measurable, attainable, relevant, time-limited, equitable, and inclusive.
- 3. Provide an anticipated timeline for completing the project.

 Note: All projects must be completed between October 1, 2025 and December 31, 2026.

C. Evaluation and Sustainability

- 1. Describe the data that will be collected and/or metrics that will be tracked to evaluate the success of the proposed project.
- 2. Describe anticipated short and long-term impacts of this project on the population served.
- 3. Describe how the project and its impacts can be sustained in the future.

Kentucky Gambling Assistance Application

Applicant Type (check 1)
☐ Individual (e.g., behavioral health professional) ☐ Organization/Agency (e.g., CMHC, BHSO, 501(c)(3), etc.)
Applicant Information
Applicant Name:
Address:
Email address:
Phone Number:
Contact Name (if different from applicant name):
Provide details of past performance of the organization/agency or individual requesting funding:

Project Overview

Activity Type (check all that apply)	
☐ Provision of support to agencies, groups, organization, counseling to persons and families experiencing difficu	
☐ Promotion of public awareness and/or provision of ed	ucation about problem gambling
 Certification of gambling counseling professionals (incline the project description below) 	ude the names and credentials of all individuals to be certified
\square Development of certifying organization-approved trair	ning or continuing education program
\square Promotion of awareness of assistance programs for th	ose experiencing problem gambling
\square Provision of financial assistance to cover the costs and	expenses associated with treatment of problem gambling
Provide an overview of the proposal, including:	Those applying for certification should include:
 Brief description of project/activities Purpose and key anticipated outcomes Individuals or communities served Amount of funding requested Overview of how the funds will be spent Timeline 	 Type of certification Purpose of certification Proposed training/education course Plan to obtain required experience Two professional references for each individual requesting certification Recommendation from on-site supervisor for each individual requesting certification Signed contract for board approved clinical supervision for each individual requesting certification Timeline for completion of training and examination Amount of funding requested

Performance Measurement Plan

Describe how key anticipated outcomes will be measured, including:

- The specific aspects of the program that will be measured
- The criteria that define success
- The methods to be used to collect the data necessary to assess progress
- A timeline for completing benchmarks toward progress

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Please submit completed application and supporting documentation to:
DBHDID, 275 E. Main Street, 4W-G, Frankfort, Kentucky 40621 or via email kyproblemgamblingassistance@ky.gov