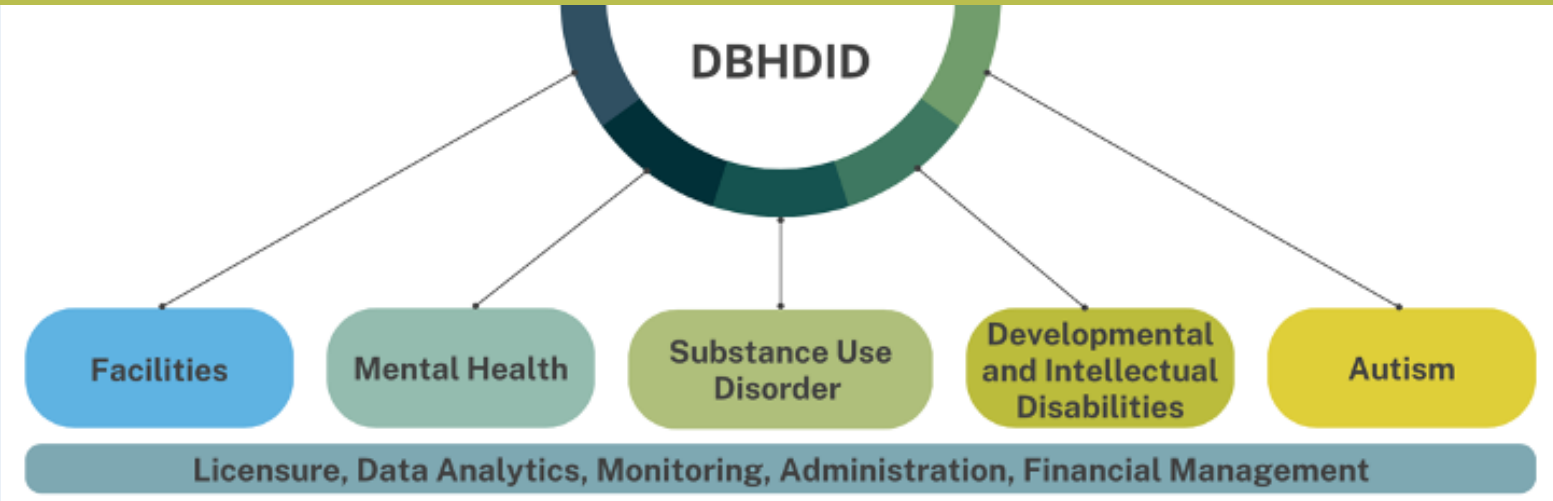


State Fiscal Year 2023

**Mission:** Promote health, well-being, and resilience for all; facilitate recovery for people affected by mental illness and substance use; and support people with intellectual/other developmental disabilities.



Key Priority 1	Key Priority 2	Key Priority 3
Increase <b>access</b> to behavioral health and intellectual disability services and supports.	Improve <b>quality</b> of care in the behavioral health and intellectual disabilities service delivery system.	Reinforce a resilient, inclusive, and equitable organizational <b>workforce</b> culture.

IN 2023, THE DEPARTMENT...



**was awarded nearly \$84 million** in federal grants



**disseminated \$440 million** in contracts to community partners



**140** contracts with providers and partners to deliver quality services and supports

Department Impact

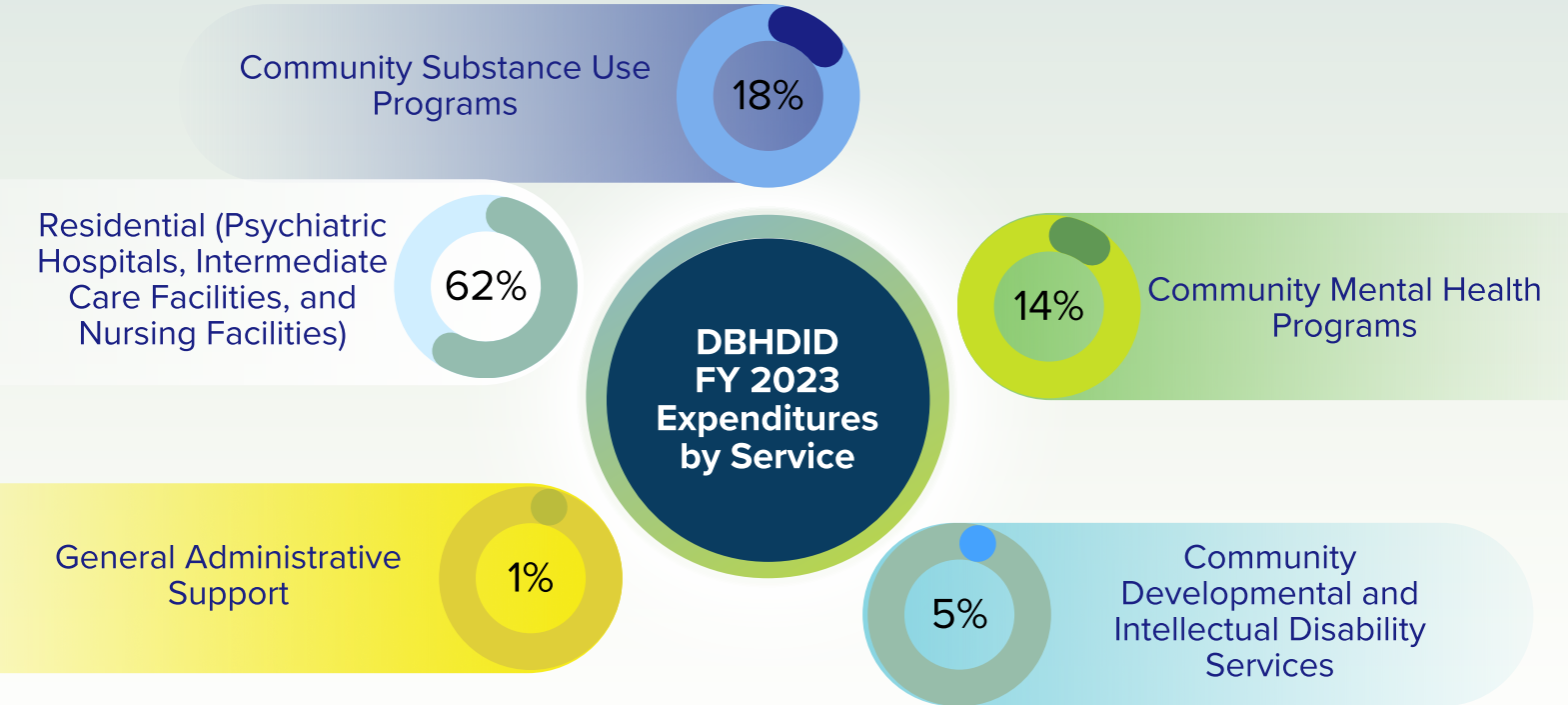

**152,034 Kentuckians** with mental health issues, substance use disorders, or a developmental or intellectual disability were served by **Community Mental Health Centers (CMHCs)**

**6,881 clients served by facilities**

**Kentucky ranked #1** in rates of access to care and lower mental illness prevalence

**&**


Kentucky saw a 5% decrease in opioid overdose deaths



PRIORITY 1: ACCESS

Behavioral Health Promotion  
and Substance Use Prevention


Children & Youth Behavioral Health





33,774,932

universal prevention intervention **touch points** aimed at reducing substance use and improving community education, health and wellbeing

Reduction in past 30-day substance use among 10th graders from 2010 to 2021:  
*(KY Incentives for Prevention (KIP) survey)*

 43% decrease in past 30-day cannabis use


 50% decrease in past 30-day alcohol use

 79% decrease in past 30-day cigarette use

700


first-time visitors

to the **12** Transition-Age Youth Launching Realized Dreams (TAYLRD) drop-in centers





116%

increase

 in # of individuals receiving Youth Peer Support at CMHCs

Childhood Severe Emotional Disturbance (SED)

 **22,624** youth with SED served by CMHCs

 Kentucky System of **Care FIVE:**  
Families - Involved! Valued! Empowered!


476 youth served by SOC FIVE funded providers


Early Serious Mental Illness/First Episode Psychosis

iHOPE: early intervention services for youth and young adults at risk of, or with symptoms of, psychosis


94%


94% of referrals to a prescriber are seen within seven days.


 7 DAYS



Early Childhood Supports


 **1,336** CMHC staff trained by Early Childhood Mental Health specialists to support behavioral health needs for young children and families

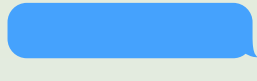



 **4,939** direct education and consultation services provided by Early Childhood Consultants for **1,008 pregnant and parenting women** and **463 children** impacted by substance use

Crisis and Disaster Response

Crisis Response


 **118,801** calls


 **118,801** texts


 chats

addressed through CMHC crisis lines

**29,000** 988 calls (a 30% increase from FY22)



 **98%** of callers achieve crisis de-escalation by call center staff

 **KCCRT**  
KENTUCKY COMMUNITY CRISIS RESPONSE TEAM


Kentucky Community Crisis Response Team provides critical incident stress management to first responders and communities

37 KCCRT responses


serving


150 first responders

Residential crisis stabilization units served **1,085 youth** and **2,161 adults**  
*(average 5.8 nights) (average 5.3 nights)*




CMHCs provided


 mobile crisis services to **1,286 youth** and **5,309 adults** experiencing a mental health or substance use crisis

 telehealth crisis intervention to **4,417 youth** and **12,149 adults**


Disaster Response

 **70,798** Kentuckians served with **psychological first aid** to support behavioral health recovery efforts for

**23,000** survivors of the December 2021 tornado disaster




**47,798** survivors of the July 2022 floods



Substance Use Disorder

Kentucky Opioid Response Effort

Opioid and stimulant use services and supports

 **34,489** Received treatment and/or recovery services through KORE-funded initiatives

Local Health Department Impact

**36,195** received harm reduction services + **42%** accepted referral to treatment/recovery

96,768 naloxone kits distributed

4,645 suspected reversals


UNSHAME KY

7,599,710 social media posts

11% less social discrimination  
8% less prejudice

**71.3%** of those exposed to the campaign were **confident in finding treatment** as opposed to 28.8% of those not exposed to the campaign

Launched **#UnderstandFentanyl** campaign to increase fentanyl awareness



**14%** of Kentuckians—or over **472,000** adults—were exposed to the UNSHAME campaign in its first year.





**838** pregnant or postpartum women at-risk for substance use were served by KY MOMS MATR and provided access to prevention education and case management services



**605** new residential beds made available to pregnant and parenting women

**11** grants totaling **\$2,984,000** awarded to treatment agencies to prevent and address neonatal abstinence syndrome and support family attachment and reunification

**Housing and Employment**

are social determinants of health that support healthy functioning, quality of life, and long-term recovery.



**714** individuals housed in Oxford Recovery Housing

**115** Oxford Houses → **914** recovery beds

**1,440** Kentuckians served with Supported Employment Services across **22** Supported Employment sites



**145** employers serving **45,300** employees enrolled in Kentucky Transformational Employment Program, a pathway for businesses and employers to help more Kentuckians reach and remain in long-term recovery



**Mental Health**

**Comprehensive Services for Adults with Serious Mental Illness (SMI)**

**43,899** clients with Serious Mental Illness served by CMHCs



**14** Assertive Community Treatment teams served **724** individuals across **92** counties

**165** Kentuckians served through the Olmstead Housing Initiative to meet the housing needs of persons with SMI who are transitioning from long-term stays in an institution, or who are at risk of institutionalization.



**Forensic Services**

**Kentucky Correctional Psychiatric Center (KCPC)**

- Competency and criminal responsibility evaluations
- Competency restoration
- 202C involuntary hospitalization



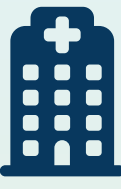
**Civil Commitments**

202A Involuntary hospitalization of a person with a mental illness → **11,394** evaluations conducted by CMHCs

202B Involuntary admission of a person with an intellectual disability → **77** 202B evaluations

202C Petition for involuntary hospitalization → **18** court reports completed by KCPC for persons with pending petition for 202C commitment

504 Inpatient competency evaluations under KRS 504 → **263** patients admitted for competency evaluations



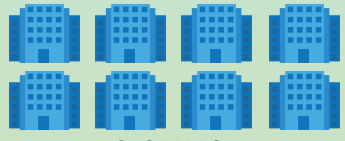
**Tim's Law (Assisted Outpatient Treatment) provides treatment coordinated by CMHCs and state psychiatric hospitals to individuals under court order**



**106** unique AOT consumers in 2023

**63** AOT consumers successfully discharged from the AOT program

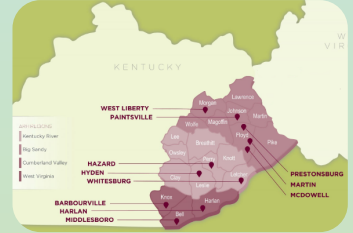
**Pilot expanded** with state general fund to include:



**8 CMHCs**



**Eastern State Hospital**



**Appalachian Regional Hospital catchment area**

**Behavioral Health Jail Triage** provides screening for suicide risk, recommends interventions, and arranges follow-up assessments with local mental health



**23,110**  
mental health consultations



CMHCs provided to local jails



The **Adult Diversion from the Justice System** program served **10,084** adults through CMHCs as a result of a court order

**Behavioral Health Conditional Dismissal Program (SB 90)** pilots an alternative to incarceration by allowing eligible defendants to receive treatment for a substance use and/or mental health disorder with **189 participants in Year 1**



**Judicial Commission on Mental Health** supports transformational changes to improve system-wide responses to justice-involved individuals experiencing mental health needs, substance use, and/or intellectual and developmental disabilities


**Peer Support Specialist (PSS) Training**

**2,974** Peers trained in FY23: 2,879 Adult PSS, 65 Youth PSS, 30 Family PSS

**35% increase** in PSS trained in TRIS in FY23



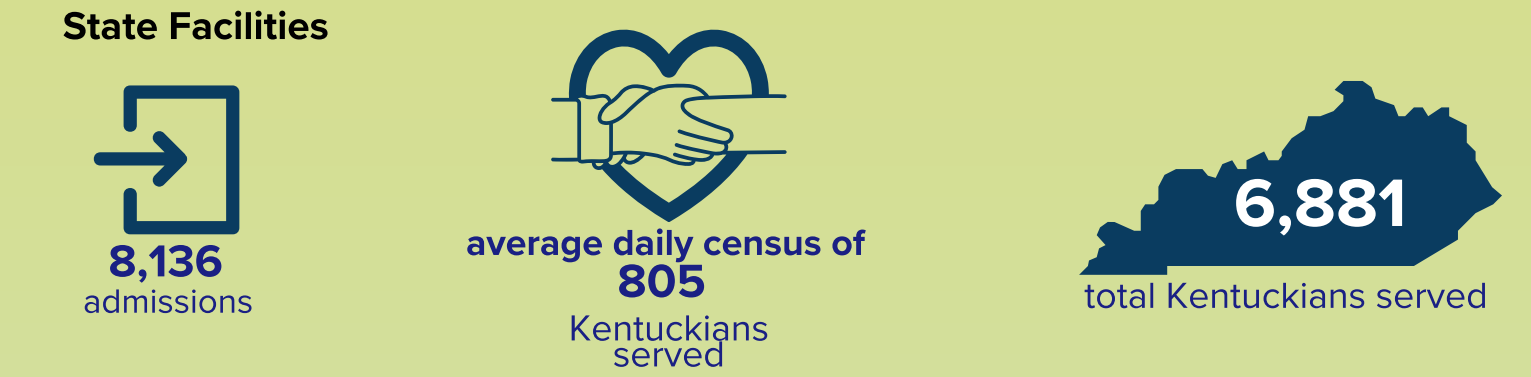
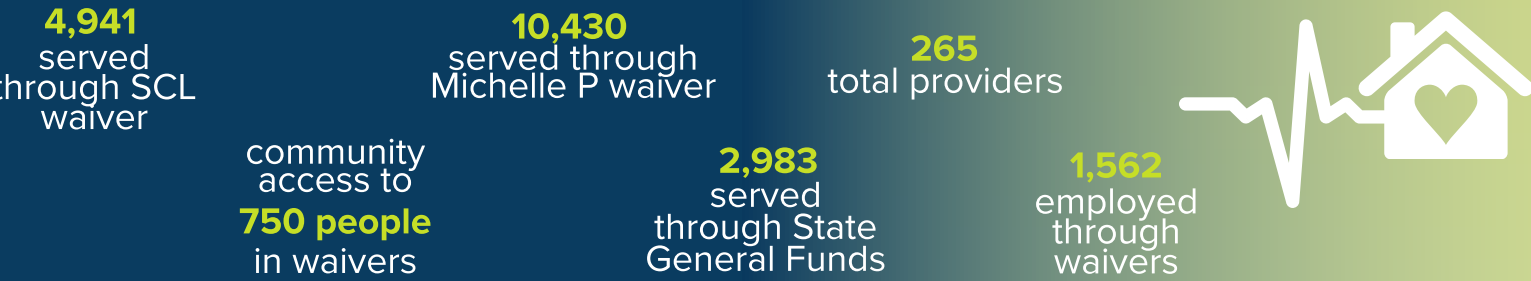
Statewide capacity for behavioral health services for those who identify as **Deaf and Hard of Hearing**

**357** interpreter sessions provided 

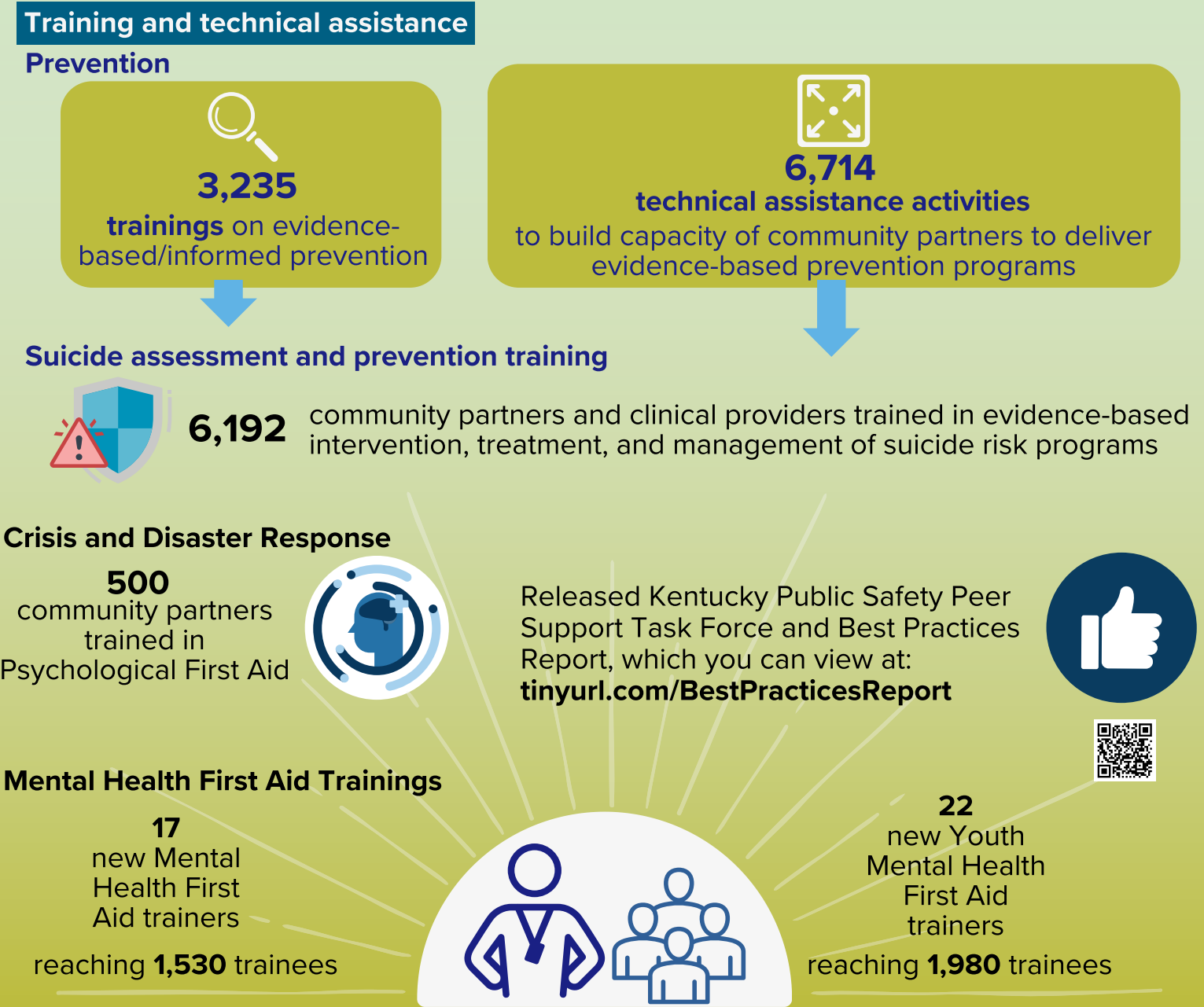
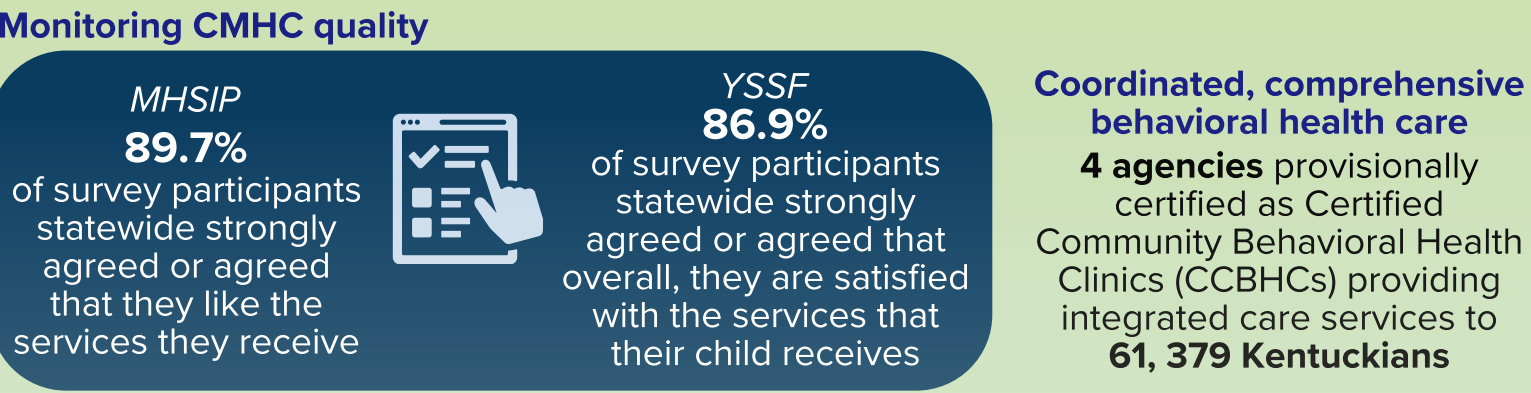
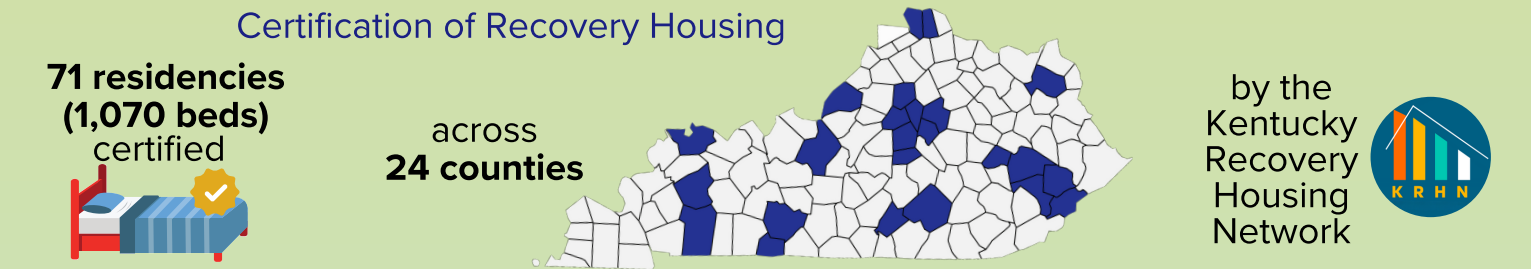
**5,391** Deaf, Hard of Hearing or DeafBlind clients served by CMHCs



System of Care for Developmental or Intellectual Disabilities



PRIORITY 2: QUALITY





CMHC Early Childhood Mental Health Program staff hosted



**150+** professional development events, reaching **1,500** individuals

PaRK (Partnership for a Resilient Kentucky) website



[www.resilient-ky.org](http://www.resilient-ky.org)



**239** providers trained in First Episode Psychosis services

Office of Autism



[tinyurl.com/katc-children](https://tinyurl.com/katc-children)  
[tinyurl.com/katc-adults](https://tinyurl.com/katc-adults)

Office of Autism hosts quarterly Community of Practice with autism providers statewide

PRIORITY 3: WORKFORCE & ORGANIZATIONAL CULTURE

DBHDID Trauma & Resilience

Training/presentations on trauma-informed/resilience-oriented practice, programming, and policy to **more than 2,070 participants**



**6** educational videos on Professional Well-Being  
**view all 6 videos here:**  
<https://taplink.cc/CHFS6videos>

Developed, facilitated dissemination of, and oversaw data analysis of CHFS-wide Staff Resilience Questionnaire:



**2200+ respondents** across CHFS, with **161** identified as working in DBHDID

Equity

KORE, along with the Dept. for Public Health Office of Health Equity, partnered with the Foundation for a Healthy Kentucky to **provide grants to 11 minority-led organizations** to reduce overdose fatalities among underserved communities.

Workforce Resilience

- 60** Well@Work podcasts produced with **31,165** views
- 15** ECHO sessions on workforce resilience conducted with **553** registrants
- 3,404** workforce resilience self-assessment tools completed



Workforce Innovation and Development

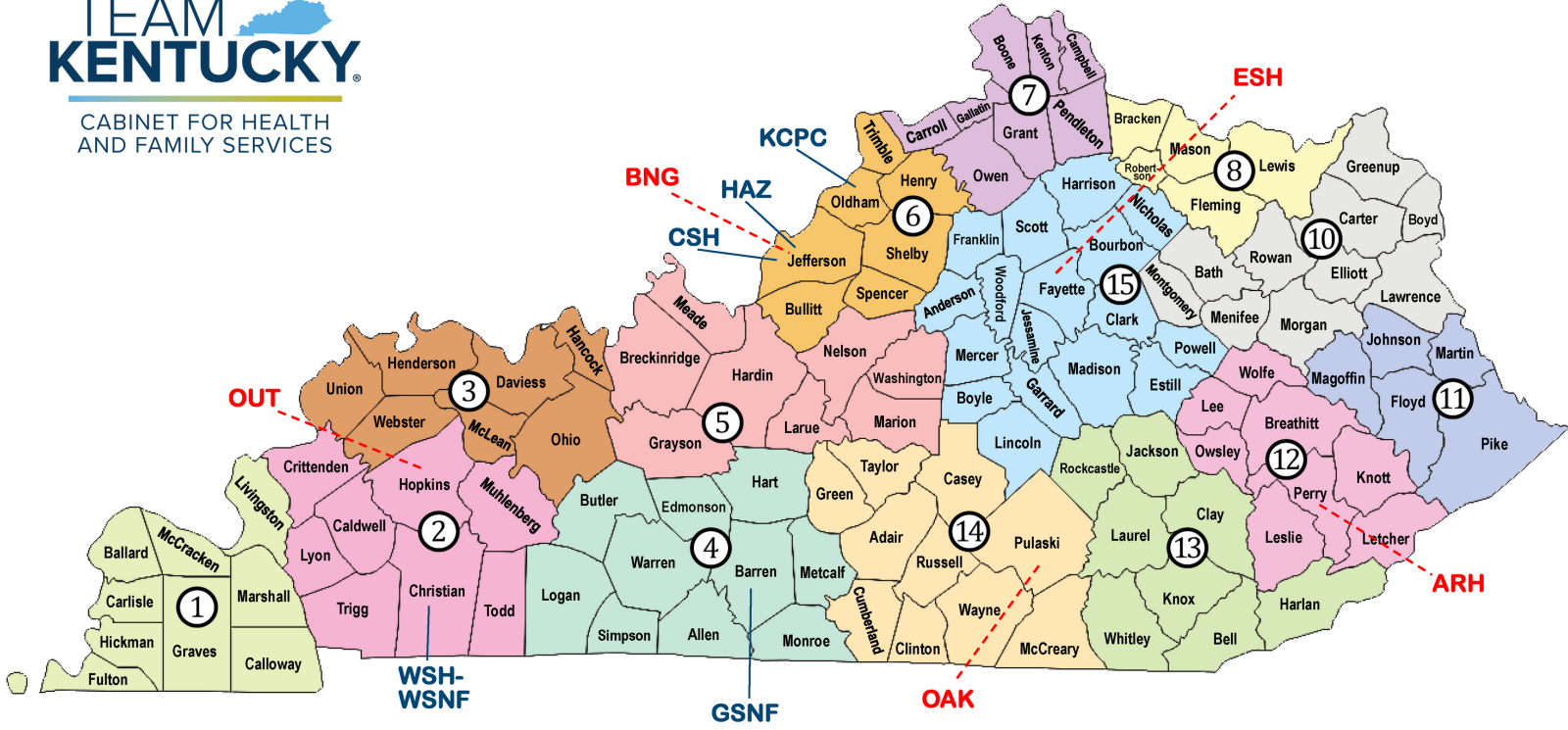
**3** Workforce Innovation and Development Collaborative Convenings with an average of **117** participants each session



KCPC launched Kentucky’s first behavioral health technician registered apprenticeship, resulting in the recruitment and retention of 10 new employees



Facilities Map



FACILITY KEY

ARH	Appalachian Regional Healthcare
BNG	Bingham Gardens / ICF
CSH	Central State Hospital
ESH	Eastern State Hospital
GSNF	Glasgow State Nursing Facility
HAZ	Hazelwood / ICF
KCPC	Kentucky Correctional Psychiatric Center
OAK	Oakwood / ICF
OUT	Outwood / ICF
WSH-WSNF	Western State Hospital / Western State Nursing Facility

COMMUNITY MENTAL HEALTH CENTERS

1 Four Rivers Behavioral Health	8 Comprehend, Inc.
2 Pennyroyal Regional Center	10 Pathways, Inc.
3 RiverValley Behavioral Health	11 Mountain Comprehensive Care
4 Lifeskills	12 KY River Community Care
5 Communicare	13 Cumberland River
6 Seven Counties Services	14 Adanta
7 NorthKey	15 New Vista