



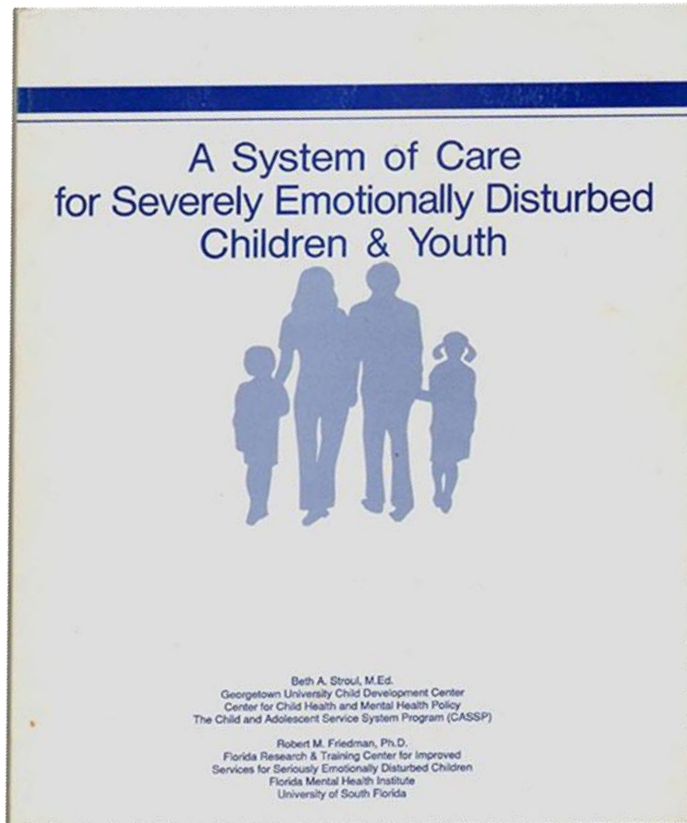
CABINET FOR HEALTH
AND FAMILY SERVICES

Regional Interagency Council (RIAC)

Orientation:

Kentucky's Regional System of Care Governance Body

Kentucky's Alignment with System of Care (SOC) Approach



*The system of care concept holds that all **life domains** and needs should be considered rather than addressing mental health treatment needs in isolation, and so systems of care are organized around overlapping dimensions.*

Pires, S. (2002). Building Systems of Care: A Primer

System of Care

A spectrum of **effective** community-based **services and supports** for children and transition-age youth, with or at risk of behavioral health needs or other challenges, and their families that...

- Is organized into a **coordinated network**,
- **Builds meaningful partnerships with families and youth**, and
- Addresses their cultural and linguistic needs



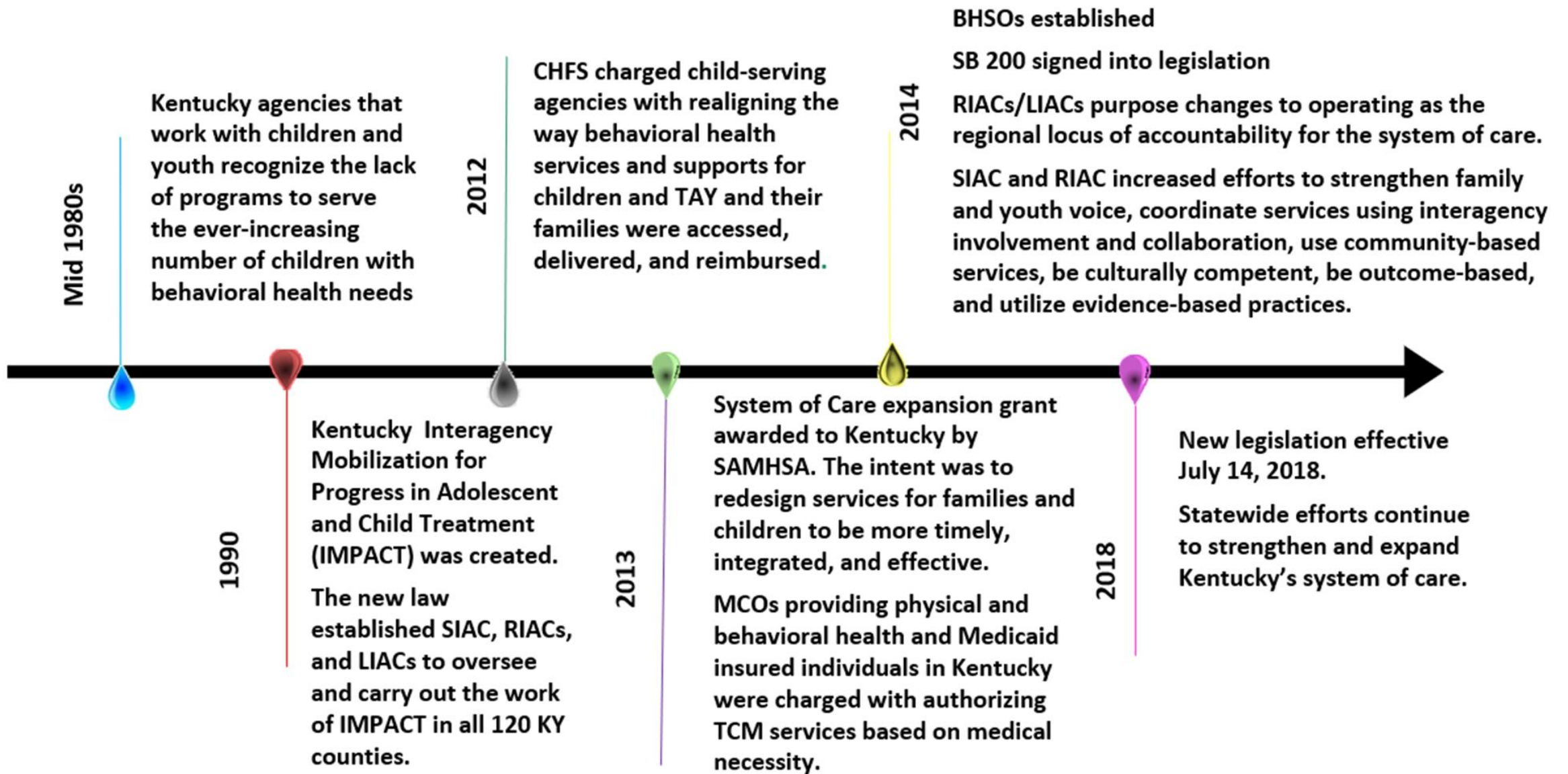
...in order to help them function better at home, in school, in the community, and throughout life.

Stroul, B. & Friedman, R.M. (1986). A system of care for children and youth with severe emotional disturbances (rev ed.). Washington, DC: Georgetown University Child Development Center, National Technical Assistance Center for Children's Mental Health.

Stroul, B. & Blau, G. (Eds.) (2008). The System of Care Handbook: Transforming Mental Health Services for Children, Youth and Families. Baltimore, MD: Paul H. Brookes Publishing Co.

Stroul, B., Blau, G., & Friedman, R. (2010). Updating the system of care concept and philosophy. Washington, DC: Georgetown University Center for Child and Human Development, National Technical Assistance Center for Children's Mental Health.

Stroul, B., Blau, G. & Larson, J. (2021). Evolution of the system of care approach. Baltimore: The Institute for Innovation and Implementation, School of Social Work, University of Maryland.



THE EVOLUTION OF KENTUCKY'S REGIONAL INTERAGENCY COUNCILS

RIAC Mission

Promoting healthy children and transition-age youth across Kentucky:
Building a collaborative system of care to promote children's
and transition-age youth's social, emotional and behavioral well-being
where they live, learn, work, and play.



RIAC Purpose

Per KRS 200.505 (effective July 14, 2018)

RIACs operate as the regional locus of accountability for the system of care; providing a structure for

- coordination,
- planning, and
- collaboration of services and supports at the local level to children and transition-age youth, with or at risk of developing behavioral health needs, and their families.

Local interagency councils (LIACs) may be formed at the discretion of the RIAC to advance the functions of the RIAC at the city, county, or other local community level.

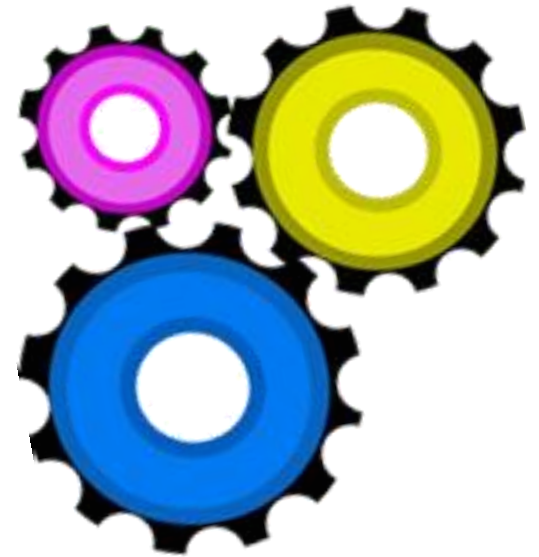
RIAC Population of Focus

Per KRS 200.503 (effective July 14, 2018)

- “Child with a behavioral health need” means a child or transition-age youth with, or at risk of developing an emotional disability, substance use disorder, or mental, emotional, or behavioral needs
- “Child with an emotional disability” means a child or transition-age youth with a clinically significant disorder of thought, mood, perception, orientation, memory, or behavior that is listed in the current edition of the American Psychiatric Association’s Diagnostic and Statistical Manual of Mental Disorders
- “Child with a serious emotional disability” means a child or transition-age youth with a clinically significant disorder of thought, mood, perception, orientation, memory, or behavior that is listed in the current edition of the American Psychiatric Association’s Diagnostic and Statistical Manual of Mental Disorders

Necessary Components of each RIAC

- Strategic planning
- Resource sharing
- Promoting the System of Care framework across sectors



System of Care Core Values*

A System of Care IS:



Youth- & Family-Driven



Community-Based



Culturally- & Linguistically-Responsive

System of Care Guiding Principles*

Children, Youth, & Families have access to:

A comprehensive array of services and supports that are:

- Individualized, strength based
- Trauma-informed
- Developmentally appropriate
- Provided in the least restrictive, natural environment

Utilizing:

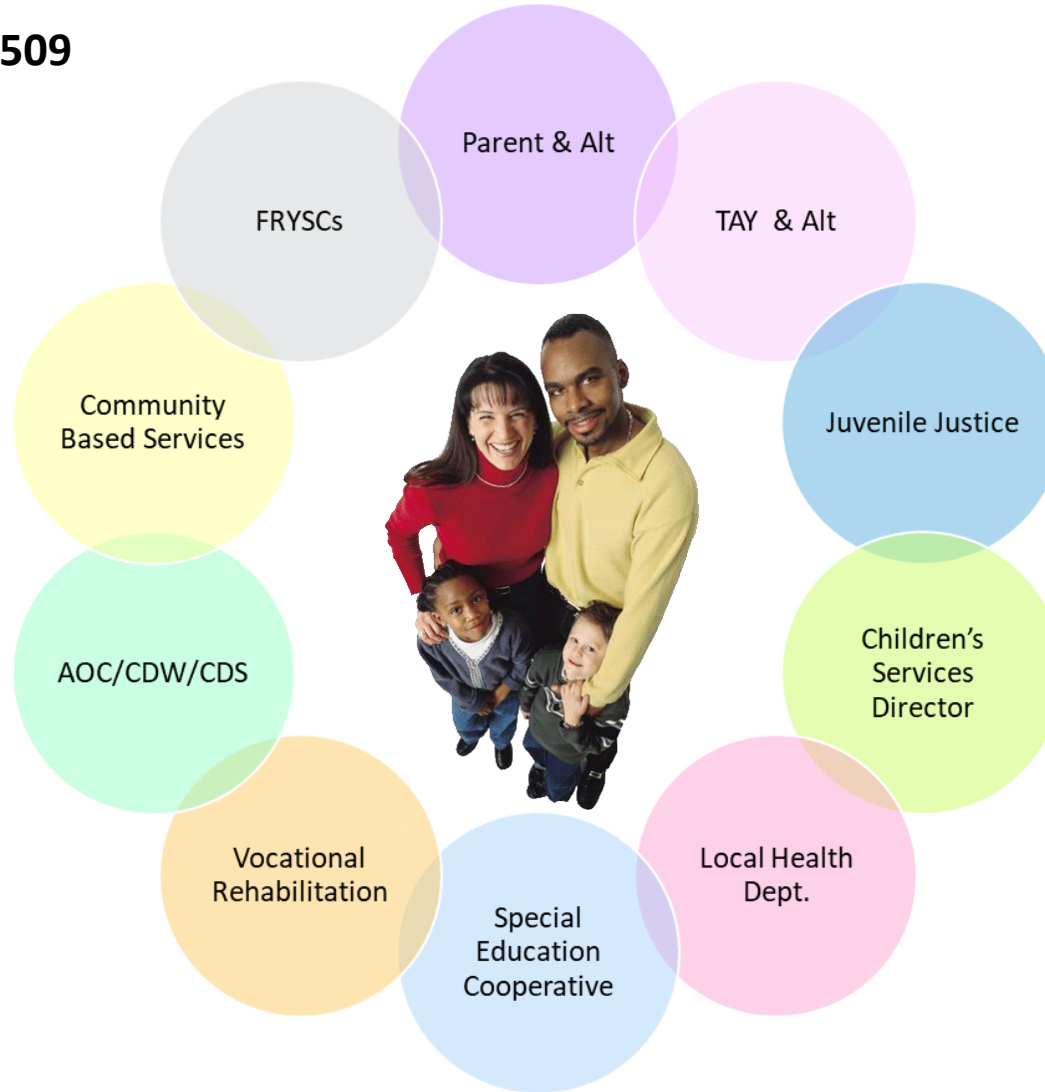
- Evidenced-informed practices and practice-based evidence
- Partnerships with families and youth at all levels

- Interagency collaboration at the system level
- Care coordination at the service delivery level
- Health-mental health integration
- Public health approach
- Mental health equity
- Data driven and accountability

That protect their rights and promote advocacy.

KY's System of Care Partners

RIAC Mandated Members: KRS. 200:509



RIAC Parent & Youth Reps

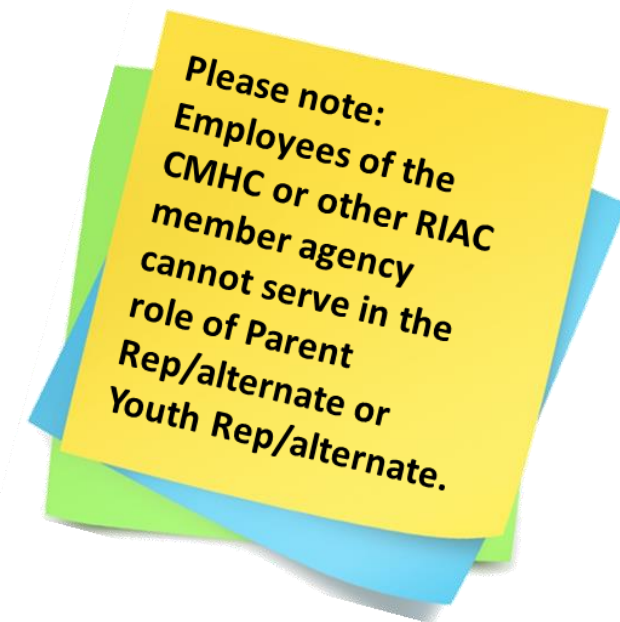
KRS. 200:509

Parent (biological, adoptive, or relative caregiver with permanent legal custody) who is raising or has raised a child with mental health or co-occurring mental health and substance use challenges who has been or is a client of at least one service to address these challenges, prior to the age of 21

A parent alternate that meets the same criteria as the parent rep

Youth – a transition-age youth between the ages of 16-25 who has a behavioral health disorder and who is receiving or has received a service to address mental health, substance use, or co-occurring mental health and substance use disorder before the age of 21

A transition-age youth alternate that meets the same criteria



RIAC Membership

- The RIAC may choose to add non-mandated members to the RIAC that represent other agencies/entities that provide services and supports to children and transition-age youth with or at risk of developing a behavioral health need
- This should occur by majority vote of the RIAC members
- All members (mandated and non-mandated) are included in the RIAC's quorum when conducting business. A quorum of the council exists if 55% or more of the total members are present.
- RIAC meetings are open to the public. Agencies/entities may attend RIAC meetings to learn about the local system of care, share information about their services and supports while not becoming a voting member

Examples of Non-mandated Members & Guests

Family Organizations	Court Appointed Special Advocates (CASA)
Law Enforcement	Peer Support Specialists
Independent Living Coordinators	Family Judges
International Centers	Local Hospitals
Local Housing Authority	Regional Youth Councils
Faith-based Organizations	Local Colleges
City/County Government Officials	Community Centers
PTAs	Early Childhood Mental Health Specialists
Managed Care Organizations (MCOs)	Regional Prevention Centers
United Way	Boys & Girls Club

RIAC Members:

- Consistently attend RIAC meetings
- Actively participate
 - Use data from their agency to identify and/or assess/support identified gap and needs/what's working well
 - Promote data-driven decision making
 - Use family-centered language
- Support/encourage Action Plan follow-through
- Bridge the work being done by their agency to the RIAC to promote system-level work
- Expand their knowledge and align their efforts and their agency's efforts with the system of care core values and guiding principles
- Promote system of care core values and guiding principles across the community and provide education across all sectors, including their agency, regarding ways in which supporting the system of care can benefit the entire community



... = better outcomes for Kentucky's children, youth & their families.

RIAC Members Vote On....

- ✓ RIAC's Area of Focus
- ✓ Action Plan Goals, Objectives, and Activities
- ✓ Grant and Funding Opportunities
- ✓ RIAC Chair & term of the Chair
- ✓ RIAC Parent and Youth representatives and their alternates
- ✓ Adding non-mandated voting members
- ✓ RIAC Policies and Procedures
- ✓ Approval of RIAC minutes/adjournment
- ✓ RIAC's Budget (Form 131, Plan and Budget, and semi-annual expense reports)
 - ✓ Training/Professional development opportunities for Parent/Youth Representatives
 - ✓ Activities related to the RIAC Action Plan



RIAC Leaders

Each RIAC has two RIAC Leaders:

- Local Resource Coordinator (LRC)
- RIAC Chair



The LRC

Coordinates the work of RIAC, providing technical assistance and oversight, by:

- Updating the Action Plan monthly with progress, barriers and/or current status (active or completed)
- Sending RIAC minutes, agenda, current Action Plan, and meeting reminders at minimum one week prior to the RIAC meeting
- Serving as a system of care champion, sharing information and community resources with RIAC member agencies and system of care partners
- Providing support to the RIAC members (RIAC Orientation, training on system of care framework, etc.)
- Utilizing the Quorum Tracker to capture RIAC member and guest attendance and contacting member agencies when representation is missing
- Being knowledgeable about the statutes that govern RIAC and RIAC Policy & Procedures
- Monitoring the RIAC budget, sharing Form 131 with the RIAC for approval prior to semi-annual expense report submissions and during Plan and Budget and/or as needed, and signing off on Form 131 after RIAC approval
- Ensuring a RIAC mandated member, per KRS 605.035, attends monthly FAIR Team meetings
- Meeting all LRC contract deliverables

LRC is Staff to the RIAC – not a member and does not have a voting voice

The RIAC Chair

- Any member, either mandated or non-mandated, of RIAC selected by RIAC majority vote
- Partners with LRC to champion system of care efforts
- Facilitates the RIAC meeting
 - Follows Robert's Rules of Order
 - Votes as a tie-breaker
 - Ensures meeting focus and timeliness
 - Promotes active involvement by members
- Attends:
 - RIAC meetings consistently
 - Quarterly RIAC Leader Peer Group meetings
 - SIAC meetings, quarterly at minimum
- Reviews form 131 with RIAC at least 3 times per year: prior to semi-annual expense report submissions, during Plan and Budget, and/or as needed



RIAC Duties

KRS 200.509

- Conduct regional system of care planning and operations
 - Coordinate system-level continuous quality improvement
 - Identify and develop system of care expansion opportunities
 - Promote system of care awareness
-
- Initiate and adopt interagency agreements as necessary for providing services & supports to children and transition-age youth with behavioral health needs by agencies on the RIAC
 - Advise the SIAC regarding the system of care within the region
 - Ensure one or more RIAC members participate on the FAIR Teams for the purpose of collaborating as appropriate to improve/promote the system of care





KRS 200.501-200.505

- History: Statutorily created body in **1990**
- **Monthly meeting** of membership:
 - Commissioner-level representatives from 12 state agencies (across 5 Cabinets) that serve children, transition-age youth, and their families;
 - Nonprofit Family Organization;
 - Youth Representative;
 - Parent Representative; and
 - Subcommittee for Equity & Justice for All Youth (SEJAY).

RIAC Accountability

KRS. 200.505

- The State Interagency Council for Services and Supports to Children and Transition-age Youth (SIAC):
 - Directs each RIAC to:
 - Serve as the regional governing body of the system of care;
 - Participate on FAIR teams (KRS 605.035); and
 - Assesses effectiveness of RIACs
 - Tasks the SIAC and RIAC Administrators to:
 - Conduct periodic review of the RIAC policies and procedures;
 - Attend (virtually or in person) RIAC meetings;
 - Provide coaching and support to RIACs in the development of the RIAC's Action Plan;
 - Provide technical assistance and support around policies and procedures, the implementation of the Action Plan, and regional system of care efforts.

RIAC Fidelity Monitoring Tool draft

RIAC Fidelity Monitoring Tool

Designed to assist RIACs with ensuring regional system of care efforts align with statute, RIAC Policies and Procedures, and KY's System of Care framework

RIAC:	Chair:
LRC:	Date:
Completed by:	

This tool was developed in collaboration with RIAC Leaders and DBHDID staff, and is designed to assist RIACs with ensuring current regional system of care efforts align with statute (KRS 200.501 – 200.509 https://dbhdid.ky.gov/documents/riac/RIAC_Legislation.pdf), RIAC Policies & Procedures (<https://dbhdid.ky.gov/documents/riac/Policies.pdf>), and Kentucky's system of care framework. This tool should be used routinely by RIAC Leaders and RIAC members to monitor the fidelity, the strengths, and the opportunities for growth of the RIAC for the purpose of supporting optimal outcomes for KY's children, youth, and transition age youth with or at risk of behavioral health needs and other challenges and their families. The SIAC and RIAC Program Administrators will use this tool to inform and guide technical assistance and support across the state.

*All resources with an asterisk are located in the [RIAC Leader Resources](#) folder.

RIAC MEETING ESSENTIALS	YES	NO	IN-PROGRESS	N/A	COMMENTS/SUGGESTIONS
RIAC Leaders use the Quorum Tracker* during meetings to ensure Quorum is met before RIAC business occurs.					
RIAC Leaders ensure meeting participants are aware of member status and guest status for voting purposes, as needed, and that all voices are welcome.					
RIAC Leaders ensure the meeting space is welcoming and provides opportunities for participant input.					
The RIAC has consistent representation from mandated members, per KRS 200.509*					
Each RIAC member has an alternate representative that can attend in the member's absence.					
The RIAC Chair facilitates the RIAC meeting.					
The RIAC Chair follows Robert's Rules of Order*.					
The RIAC Chair votes, as needed, to break a tie. (As a reminder, the LRC is not a member of the RIAC and therefore does not vote or make motions.)					

July 2024

Participants discuss identified needs, gaps, community needs, including FAIR Team trends/concerns, during RIAC meetings for the purpose of supporting system reform.					
The RIAC mandated members (<i>Youth Representative is excluded, per statute</i>) designated to attend monthly FAIR Team* meetings provide trends and service needs. <i>Reminder: case specifics should not be discussed.</i>					
Form 131 is shared with the RIAC prior to semi-annual expense report submissions and during Plan and Budget, and/or as needed. <i>January and July for semi-annual expenses and Spring for Plan and Budget</i>					

ENGAGEMENT	YES	NO	IN-	N/A	COMMENTS/SUGGESTIONS
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RIAC members have their cameras on during the meeting, as needed for business discussions and voting purposes.					
RIAC Leaders keep on their cameras throughout the RIAC meeting.					
Icebreakers, polls, breakout rooms, subcommittees, and/or other tools/strategies are used as needed to encourage participant input.					
The RIAC majority determines the direction of the RIAC.					
RIAC members actively participate in RIAC meetings and activities.					
RIAC ACTION PLAN*	Y				
<i>Current Area(s) of Focus:</i>					
Action Plan is shared during the RIAC meeting.					
The area of focus, goals, and/or objectives selected by the RIAC majority are data-driven and the data sources* are relevant and clearly identified.					
The RIAC's area of focus aligns with the RIAC population of focus.					
The action plan's goal(s) and objectives are SMARTIE* (Specific, Measurable, Action-oriented, Relevant, includes a Timeframe, Inclusive, and Equitable).					
The goal(s) and/or objectives support one or more of KY's system of care core values.					
At least one activity supports KY SIX's population and goals.					
Components of the action plan support system-level reform.					
Components of the action plan support sustainability.					
Diversity and inclusion are embedded into components of the action plan.					
RIAC Leaders demonstrate awareness of evidence-based practices in accordance with components listed in the RIAC's action plan*.					

July 2024

Action plan is updated monthly with progress, barriers and/or current status (active or completed).					
Activities match the goal and objectives.					
Evaluation Findings are updated upon action plan completion.					

SYSTEM OF CARE FRAMEWORK	YES	NO	IN-PROGRESS	N/A	COMMENTS/SUGGESTIONS
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RIAC Leaders model cultural awareness and inclusivity.					
RIAC parent representatives are active and treated as equal stakeholders and supported/encouraged to engage in RIAC meeting discussion and action planning including the identification of service/supports, needs, gaps, quality improvement strategies, and evaluation.					
RIAC youth representatives are active and treated as equal stakeholders and supported/encouraged to engage in RIAC meeting discussion and action planning including the identification of service/supports, needs, gaps, quality improvement strategies, and evaluation.					
Regional system of care efforts support services within the community that are youth- and family-driven, easily/conveniently accessible, and culturally- and linguistically-responsive.					

The RIAC promotes regional system of care outreach and awareness.					
Strength-based family-centered language is encouraged and utilized during RIAC meetings and events, and in the development of materials. <i>Avoid use of acronyms</i>					

ONGOING SUPPORT	YES
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RIAC members support bidirectional communication between RIAC and the agencies they represent.	
The meeting agenda, updated action plan, and meeting minutes from the previous month are consistently emailed to RIAC participants, at minimum, one week prior to the RIAC meeting.	
RIAC Leaders use engagement strategies to support member/guest participation (examples: communication between meetings, snail mail, Memorandum of Understanding (MOU), etc.)	
RIAC Leaders ensure there is follow-up with members after two consecutive absences from monthly RIAC meetings in order to identify and address barriers to participation. <i>(Any RIAC participant can follow-up)</i>	

RIAC Parent and Youth Representatives, and their alternates, receive the SIAC/RIAC/LIAC Parent/Youth Representative Guidance Document* during the onboarding process and annually, thereafter.					
The RIAC has identified a Parent Supporter and a Youth Supporter to support engagement and retention of the RIAC Parent and Youth representatives and their alternates.					
RIAC members receive RIAC Orientation Training*. <i>This should be provided within the first couple months of joining RIAC and as a refresher annually. A recorded version is available on the RIAC YouTube channel.</i>					

Additional Comments:

July 2024

RIAC Accountability

RIAC Quorum Tracker

Date: _____

✚ Quorum = 55% (Example: if 10 voting members, would need 6 of the 10 present to meet quorum)

Mandated Members					
	Member Name	<input checked="" type="checkbox"/>	Alternate Name	<input checked="" type="checkbox"/>	Mark Y or N if member votes each time Chair calls for vote
Children's Services					
Director from CMHC					
Court Designated Worker or Specialist					
Special Education Cooperative					
Parent Rep					
Transition-age Youth Rep					
DJJ					
FRVSC					
Local Health Depart					
OVR					
DCBS					
Non-Mandated Members – as voted in by the RIAC *count towards quorum					
Agency	Member Name	<input checked="" type="checkbox"/>	Alternate Name	<input checked="" type="checkbox"/>	Mark Y or N if member votes each time Chair calls for vote
Parent & Youth Rep Supporters					
Supporter	Name	<input checked="" type="checkbox"/>			
Parent Rep Support					
Youth Rep Support					
Non-Voting and Guests *do not count towards quorum					
Agency	Name	<input checked="" type="checkbox"/>	Agency	Name	<input checked="" type="checkbox"/>
LRC					

- Required for use as of January 2024
- Used to formally document attendance of meeting participants
- Screen-shared at the beginning of each meeting to support knowledge of members and guests and to assess if quorum exits
- Submitted to the RIAC Administrator for inclusion in the RIAC Bi-annual Attendance Report to SIAC

Contract Monitoring Tool FY 2024

Children/Youth and Family Services (Local Resource Coordinator [LRC])

Variable Evaluation Criteria:

Met contract requirement
 Did not meet contract requirement
 Requirement has been waived for current year or is not applicable for the program
 Pending - Review in progress or awaiting additional information from region/vendor

Citation	Deliverable	Name of Contact Date of Contact	Region 1 Four Rivers	Region 2 Pike/Powell	Region 3 River Valley	Region 4 Life Skills	Region 5 Communi-ty	Region 6 Stone Coalfield	Region 7 North Ky	Region 8 Comprehend	Region 10 Pathways	Region 11 Hesselside	Region 12 KY River	Region 13 Cumberland	Region 14 ADARMA	Region 15 New Vista
	Children/Youth and Family Services (LRC) Monitor: Vanessa Brewer															
2.00.04.2.1	LRC: Serve as staff to the Regional Interagency Councils (RIACs) and Local Interagency Councils (LIACs) where applicable.															
2.00.04.2.2	LRC: Maintain the RIAC action plan, including documenting progress towards goals. As goals are achieved support RIAC in establishing new goals for regional system of care expansion and improvement.															
2.00.04.2.3	LRC: Coordinate monthly RIAC meetings (and LIAC meetings as applicable) and maintain RIAC meeting records in accordance with KRS 171.640.															
2.00.04.2.4	LRC: Present RIAC budgets and expenditures to membership for approval and RIAC Chair signature at least three (3) times per year (initial plan and budget submission, January submission of July - December expenditures, and July submission of January - June expenditures).															
2.00.04.2.5	LRC: Provide updates to DBHIDS IAC and RIAC Administrators on progress in achieving goals delineated in the RIAC Action Plan at quarterly peer review meetings.															
2.00.04.2.6	LRC: Promote youth engagement in RIAC meetings and RIAC Youth Council meetings as follows: a.--Promote collaboration between the RIAC Youth Representative or RIAC Youth Alternate and the Regional Youth Council to support the RIAC Youth Representative with involvement on the Regional Youth Council or for the overall purpose of bringing meaningful and collective youth voice to the RIAC. b.--Ensure the RIAC Youth Representative receives a minimum compensation of \$50 for attendance at one (1) Regional Youth Council or Regional Youth Council activity per month (virtual or in-person), and a calendar, as appropriate for in-person meetings. c.--Report updates and outcomes on the RIAC monthly meeting minutes and on the Action Plan. d.--Report expenses of the RIAC Youth Representative participation on the Regional Youth Council on the IMPACT Region-wide RIAC Fund.															
	Reporting Requirements:															
2.00.04.3.1	LRC: Submit an updated RIAC Action Plan to the DBHIDS RIAC Administrator by the end of each quarter (Sept. 30, Dec. 31, March 31, June 30) at a minimum, more frequently if significant changes are made.	Pathways: Hailey McGough (LRC) and Amber Ham (RIAC Chair) 10/10/23														
2.00.04.3.2	LRC: Submit RIAC meeting minutes to the DBHIDS RIAC Administrator within thirty (30) business days of RIAC approval of the minutes.	River Valley: Melaine Ashworth (LRC) 11/6/23. Pathways: Hailey McGough (LRC) 11/6/23														
2.00.04.3.3	LRC: Sign and submit Form 121 with Plan and Budget on a semi-annually (January 31 and July 31).															

RIAC Accountability

Citation	Deliverable
	Children/Youth and Family Services (LRC) Monitor: Vanessa Brewer
2.00.04.2.1	LRC: Serve as staff to the Regional Interagency Council/s (RIACs) and Local Interagency Councils (LIACs) where applicable).
2.00.04.2.2	LRC: Maintain the RIAC action plan, including documenting progress towards goals. As goals are achieved support RIAC in establishing new goals for regional system of care expansion and improvement.
2.00.04.2.3	LRC: Coordinate monthly RIAC meetings (and LIAC meetings as applicable) and maintain RIAC meeting records in accordance with KRS 171.640.
2.00.04.2.4	LRC: Present RIAC budgets and expenditures to membership for approval and RIAC Chair signature at least three (3) times per year (initial plan and budget submission, January submission of July – December expenditures, and July submission of January – June expenditures).
2.00.04.2.5	LRC: Provide updates to DBHDID SIAC and RIAC Administrators on progress in achieving goals delineated in the RIAC Action Plan at quarterly peer group meetings.
2.00.04.2.6	LRC: Promote youth engagement in RIAC meetings and RIAC Youth Council meetings as follows: : a.--Promote collaboration between the RIAC Youth Representative or RIAC Youth Alternate and the Regional Youth Council to support the RIAC Youth Representative with involvement on the Regional Youth Council as for the overall purpose of bringing meaningful and collective youth voice to the RIAC. b.--Ensure the RIAC Youth Representative receives a minimum compensation of \$50 for attendance at one (1) Regional Youth Council or Regional Youth Council activity per month (virtual or in-person), and a gas card, as appropriate for in-person meetings. c.--Report updates and outcomes on the RIAC monthly meeting minutes and on the Action Plan. d.--Report expenses of the RIAC Youth Representatives participation on the Regional Youth Council on the IMPACT Region-wide RIAC Funds Form/131 in Section 2: RIAC/LIAC Parent & Youth Representatives and Alternates Allocations/Expenses.

RIAC Accountability

Deliverable Evaluation Criteria:

Yes: Met contract requirement

No: Did not met contract requirement

NA: Requirement has been waived for current year or is no longer applicable for the program

P: Pending - Review in progress or awaiting additional information from region/vendor

▼	Citation	Deliverable
		Children/Youth and Family Services (LRC) Monitor: Vanessa Brewer
		<i>Reporting Requirements:</i>
7	2.00.04.3.1	LRC: Submit an updated RIAC Action Plan to the DBHDID RIAC Administrator by the end of each quarter (Sept. 30, Dec. 31, March 31, June 30) at a minimum, more frequently if significant changes are made.
8	2.00.04.3.2	LRC: Submit RIAC meeting minutes to the DBHDID RIAC Administrator within thirty (30) business days of RIAC approval of the minutes.
9	2.00.04.3.3	LRC: Sign and submit Form 131 with Plan and Budget and semi-annually (January 31 and July 31).

RIAC Accountability

September 2024 RIAC REPORT

Updates for the current month are due by COB on the third Friday of the month

*The information below is submitted by the Local Resource Coordinator (LRC) of the respective RIAC. For questions, please contact the LRC as listed. RIAC Leader Contact Information can be found at <https://drive.google.com/file/d/1KIUw8YOG9hSc78WPN0FbvkSCE7ctTwDq/view?usp=sharing>

RIAC	Area(s) of Focus	Activities	
Region 1: Purchase LRC: Shelley King Co-Chairs: Lauren Patterson	Truancy & factors affecting it i.e. bullying, mental health issues, etc.	Action Plan Updates: RIAC is still brainstorming exactly what our area of focus will be & how we are going to address it. RIAC is in the process of determining who needs to be at the table & inviting them to the next meeting.	KY SIX RIAC-Supported Activities: none yet
		Success Stories: Our youth rep position is vacant d/t our youth rep going off to college.	
		Identified needs, barriers, trends, etc.: <ul style="list-style-type: none"> ● RIAC: searching for a youth rep alt as well as a parent rep & parent rep alt ● FAIR Team: truancy ● Regional System-level Barriers: 	
Region 2: Pennyrile LRC: Serena Eldridge Chair: Harry Neal	Truancy	Action Plan Updates: The RIAC continues to support services offered through PACS (PEM, CCC, FPP) to break down barriers and provide resources. <ul style="list-style-type: none"> ● 10 completed PEMS in Crittenden and 10 in Trigg. Total of 45 children served between both counties. ● The RIAC continues to recognize progress and provide incentives for children/families to support growth and development. Two food cards and a \$25 BP gas card was provided ● RIAC members will support MyKy.info to provide a resource guide for community members. 	KY SIX RIAC-Supported Activities: The RIAC is promoting Attendance Matters magnets to provide information on the importance of attendance to assist with strengthening the relationships between schools and families. <ul style="list-style-type: none"> ● Many counties are ordering them for their school districts. LRC continues to meet with DPPs to discuss the magnets and services offered.

RIAC Accountability

RIAC Expectations

- RIAC members (mandated and non-mandated) meet monthly, 1.5 hours – 2.0 hours, at minimum, with the majority of the meeting devoted to action planning
- Use data to drive decision-making
- Develop an Action Plan that includes the desired outcomes
- **RIAC majority determines the work of the council**

[Insert RIAC Here] Regional Interagency Council Action Plan

Start Date:

Most Recent Action Plan Update:

Population of Focus: Children, youth, and transition-age youth (16-25), with or at risk of developing behavioral health (mental health & substance use) needs, and their families

Area of Focus: *What is the overall area that the RIAC wants to impact? How do we know that this is what children/transition-age youth and their families need? Does data support this?*

Goal Statement (SMARTIE: Specific, Measurable, Attainable, Realistic, Time Frame, Inclusive, Equitable): *Will the proposed intervention meet the need and change the experience for families? Will the intervention produce positive outcomes? Is the intervention sustainable?*

Objectives (SMART: Specific, Measurable, Attainable, Realistic, Time Frame, Inclusive, Equitable): *Who, what, how, by when? to achieve the goal*

Objective 1:

Objective 2:

Objective 3: *Use this space if you add objectives over time*

Objective 4: *Use this space if you add objectives over time*

Evaluation Plan (Develop while creating goal and objectives): *What data supports this? If we complete our objectives, what changes will we see for our target population? Will the data look differently?*

Evaluation Findings: *After action plan has been completed, revisit the evaluation plan, and list findings here.*

Action Plan Template

Active or Complete	Activity Description	Persons/ Agencies Responsible <i>(Who will be the point person for the task?)</i>	Target Date for Completion	Desired Outcome of Activity <i>(If we complete this activity, what will be different?)</i>	Data Source(s) Utilized & Resources Required	Current Status/Next Steps: <i>Include:</i> <ul style="list-style-type: none"> • Date reported to RIAC, • Summary of action taken on the specific activity, and • List the next steps for that activity

Action Plan Template

Common Challenges

- RIAC membership
- Robert's Rules of Order
- Screen-sharing required documents
- Voting in parent and youth reps
- Connecting Parent & Youth Reps to Supporters*
- Sharing meeting materials 1 week prior to the meeting
- Action Planning
 - Utilizing the plan during RIAC meetings
 - Allowing the RIAC to drive the planning
 - Using data to identify the need
 - Aligning with SOC values
 - Supporting sustainable change
 - Evaluating (plan and findings)

Key Takeaways:

- Goal = sustainable system change that promotes better outcomes for KY's children, youth, transition-age youth, with or at risk of behavioral health needs, and their families
- The work of the RIAC is the responsibility of the members, all members, so it's important for all members to be present
- Action Plans are essential to the work of the RIAC, always evolving and therefore always updated
- Nothing should be implemented without a strategy for sustaining it
 - Grants are ideal for building the case & providing seed money to support system changes

RIAC Support

RIAC & SIAC Administrators can:

- Assist with
 - RIAC overview/orientation
 - Policies and Procedures
 - Member engagement & parent and youth retention
 - System of care trainings
- Provide technical assistance, coaching, and support



Questions?

RIAC Resources:

- RIAC website: <https://dbhdid.ky.gov/mh/riac>
- RIAC Policies & Procedures <https://dbhdid.ky.gov/documents/riac/Policies.pdf>
- RIAC YouTube for archived trainings and Learning Series:
<https://www.youtube.com/@riacresourcestrainings8387/videos>
- RIAC Learning Series flyer: <https://dbhdid.ky.gov/documents/riac/RIAC-Learning-Series-Flyer.pdf>