



DEPARTMENT FOR BEHAVIORAL HEALTH,
DEVELOPMENTAL AND INTELLECTUAL DISABILITIES

KY-Moms MATR Strategic Plan and Application

Purpose of this Application:

Form 155A serves as the application for substance use treatment funds allocated to the Community Mental Health Center (CMHC) region to support KY-Moms MATR. This application establishes the organization's strategic plan for delivering the approved prevention education curriculum and case management services to pregnant persons and persons up to 12 months postpartum.

While funding is available to eligible organizations, a clear plan for service delivery, measurable goals, and compliance with requirements for this priority population must be demonstrated.

Note: The budget proposal is submitted separately; Form 155E - Pregnant and Parenting Persons Substance Use Services Budget Justification and Proposed Expenditures. This application focuses on the program's service approach, goals, and organizational capacity. Department for Behavioral Health, Developmental, and Intellectual Disabilities (DBHDID) Program Administrator approval is required before submission.

Submission Process:

For fiscal year 2027, please note that Form 155A – KY-Moms MATR Application will be processed through the University of Kentucky's REDCap system. Form 155A can be accessed through this link:

<https://redcap.uky.edu/redcap/surveys/?s=M8JC9WCPMEMF9CKF>

Form 155A will still be reflected on the Central Login Master List for your region, but the form will be submitted in REDCap. Once Form 155A is completed and submitted, a confirmation email will be forwarded to the email address indicated on the form. Attached to this email is also a PDF containing the questions and their submitted responses.

Once completed online, a PDF copy of the submitted responses must be uploaded to the Central Login System for approval.

Purpose:

Through the REDCap platform, longitudinal data will be collected from all 14 CMHC KY-MOMS MATR regional programs. This will allow DBHDID to monitor program-level changes, analyze existing historical data, and track social and behavioral trends for the team, program, providers, and clients. The data collected will enable DBHDID to understand programming trends over time.