

Welcoming all caregivers from every background

KY PATH Program

Kentucky Peer Assistance Through Helping



What is KY PATH?

- Free, voluntary program for Kentucky caregivers.
- One-on-one support through peer connections.
- Built on compassion, understanding, and trust.

Ready to Walk the PATH Together?



Be a KY PATH Partner

- Connect with someone who truly understands
- Gain confidence through shared caregiving experiences
- Reduce isolation with meaningful support

How It Works

- Get matched based on shared experiences
- Connect regularly over three supportive months
- Flexible commitment to fit busy schedules

Be a KY PATH Guide

- Share your story to inspire others
- Offer encouragement from personal caregiving experiences
- Make a difference in someone's life

Apply today to become a KY PATH Guide or KY PATH Partner



Scan the QR code or contact April Carreon at april.carreon@ky.gov or 502.564.8493 for more information.