

Family Caregiver Support Program

Call 1(877)925-0037

The National Family Caregiver Support Program helps families with their roles as caregivers and the Kentucky Family Caregiver Program helps Kentucky grandparents care for grandchildren.

- Information and assistance with resources
- Counseling
- Support Groups
- Training
- Respite for caregivers
- Funding to help provide personal care needs and supplies to aid the caregivers.

Senior Community Service Employment Program (SCSEP)

For information call (502) 564-6930

SCSEP provides training and part-time employment opportunities to low-income people age 55 and older and a Kentucky resident with an income at or less than 125 percent of the poverty level. Participant benefits include:

- Earned income
- Training and experience to develop employment skills
- Annual physical exams
- Ability to obtain unsubsidized employment
- Social and physical activities
- Engagement in activities that support independence.

State Health Insurance Assistance Program

Call 1(877)293-7447

The State Health Insurance Assistance Program (SHIP) is a statewide program that provides free and objective counseling and assistance to people with questions or problems regarding Medicare and other related health insurances. SHIP operates through the state's Area Agencies on Aging and Independent Living.

- One-on-one counseling
- Presentations to community groups
- Printed education information
- Referral / connections to other agencies.

Kentucky Cabinet for Health and Family Services Department for Aging and Independent Living

275 East Main Street 3E-E
Frankfort Kentucky 40621
Phone: 502-564-6930
<http://chfs.ky.gov/dail>

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Kentucky Department for Aging and Independent Living



The Department for Aging and Independent Living (DAIL) oversees administration of statewide programs and services on behalf of Kentucky's elders and individuals with disabilities. In partnership with Kentucky's Area Agencies on Aging and Independent Living, Community Mental Health Centers, Centers for Independent Living and other community partners, DAIL provides leadership and addresses issues and circumstances that stand in the way of elders and individuals with disabilities achieving the best possible quality of life.



Aging and Disability Resource Center (ADRC)

For information call 1(877) 925-0037

The Aging Disability Resource Center (ADRC) streamlines access to long-term care and serves as a visible and trusted resource available in every community across the commonwealth. People of all ages, incomes and disabilities can receive information on a full range of long-term support options including:

- Benefits counseling
- Coordination of Care
- Transition Assistance from Long Term Care
- Screening for eligibility or programs

Personal Care Attendant Program and Hart-Supported Living Program

For information call 1(502)564-6930

These programs help by subsidizing or providing flexible funding for disabled Kentuckians to help them live independently in their homes and communities.



Senior Citizens Center Services

For information call 1(877)925-0037

There are more than 200 senior centers located throughout Kentucky with at least one located in each of Kentucky's 120 counties. The centers provide services for people 60 and older and their spouses.

- Counseling
- Education
- Health Promotion
- Chronic Disease Prevention
- Nutritional Risk Assessment and referral
- Meal Service
- Legal Assistance
- Ombudsman
- Advocacy
- Public Information
- Recreation



In-Home Services

For information, call 1(877)925-0037

In-home services and the Homecare program provide in-home services for individuals 60 and older with functional disabilities who are at-risk for requiring long-term, institutional care.

- Case Management
- Assessment
- Nutritional Risk Assessment and referral for high risk
- Home Health Aides
- Home Delivered Meals
- Nutrition Education
- Bathing
- Housekeeping
- Heavy Cleaning
- Minor Home Repair
- Respite for caregivers
- Transportation
- Safety and wellness checks



The Home Community Based Waiver Medicaid Program

For information call 1(877) 315-0589

Participant Directed Services (PDS) allows eligible Medicaid waiver members to choose their own providers for non-medical and non-residential services. The Home and Community Based Waiver (HCB) is a PDS Service designed to target assistance with those who have aging and/or physical disabilities.

- Case Management
- Help with home making and personal care
- Home Delivered Meals