

I am a
CAREGIVER

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Caregiver Spotlight

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CAREGIVER

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Many of you know me as an aging branch employee; however, I am also a family caregiver. Caregiving is a journey and changes as we and those we care for age, grow, deteriorate, etc. My journey began over 17 years ago with the first of many surgeries for my mother and the birth of my first nephew. I take aunting very seriously and was/am hands on with both of the boys. They have shaped me into the person I am today. We are a small, but mighty family with over 20 surgeries over the past 15 years between us. Caregiving is multifaceted and requires critical thinking, understanding and patience (most important). I have learned so much along the way and use the knowledge and skill in my professional life as well as personal.

As time has passed the roles and responsibilities have evolved, my most recent role has been the most difficult since my mother was diagnosed at age 76 with ovarian cancer. She is still undergoing treatments, but doing better everyday! The boys are now young men and although they do not "need" their aunt as much, they know I am always here. It truly takes a village to be a successful caregiver and I would not be without my sister. She is an amazing mother and takes on most of the day to day caregiving tasks for our mom.

2009

Carter and Mom are
learning to walk together



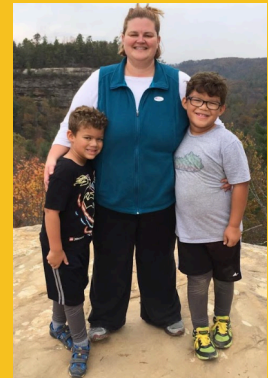
2013

Me, Mom and the boys
on vacation



2016

Me, Carter and
Blake hiking



2021

Carter, Mom and Blake



April 2025
Mom and I



**June
2025**
Family
unit



**October
2025**
Happy
and
healthier