



# Results from the 2011 BRFSS

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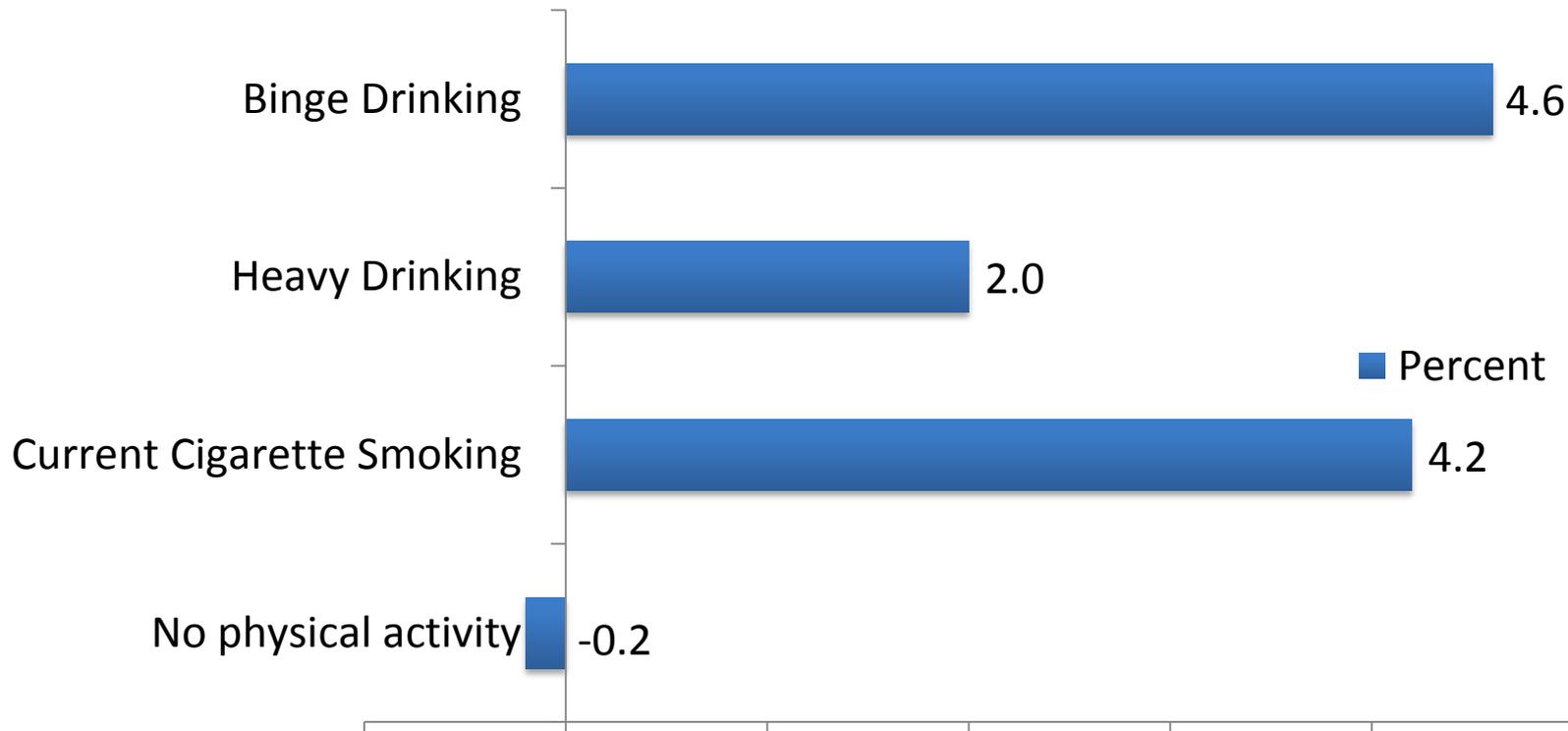
# BRFSS Health Risk Behaviors

*Prevalence estimates of health risk behaviors, Kentucky BRFSS, 2010 and 2011*

Health Risk Behaviors	2010			2011		
	Post-stratification weights <i>landline only</i>			Post-stratification weights <i>landline and cell phone</i>		
	<i>Wt. %</i>	<i>95% CI</i>	<i>UnWt. N</i>	<i>Wt. %</i>	<i>95% CI</i>	<i>UnWt. N</i>
Binge Drinking (past 30 days)	11.9	10.5-13.3	552	16.5	15.2-17.9	880
Heavy Drinking (past 30 days)	3.9	3.1 - 4.7	221	5.9	5.1 – 6.7	387
Current Cigarette Smoking	24.8	23 – 26.6	1,843	29	27.4-30.6	2,528
No leisure time physical activity	29.3	27.7-30.9	2,893	29.1	27.7-30.5	3,282

# BRFSS 2011

*Health risk behaviors, percent changes in 2011 prevalence estimates (raking weights, landline and cell phone) compared to 2010 prevalence estimates (landline only) (KY BRFSS)*





BRESS 2011

**OPTIONAL**  
**MODULE 1:**  
**Smoking Cessation**



*Are you aware of any telephone quitline services  
To help you quit smoking?*

**29.7%**

**YES, I am aware of telephone quitline  
services**

**69.3%**

**NO, I am not aware of telephone quitline  
services**

*Are you trying to quit smoking for good?*

**75.1%**

**YES**

**17.9%**

**NO**

*All else missing or refused* (n=232)

*Did you call a telephone quitline to help you quit smoking?*

**4.9%**

**YES**

**95%**

**NO**

*All else missing or refused* (n=598)

*Did you use a program to help you quit smoking?*

**9.8%**

**YES**

**89.7%**

**NO**

*All else missing or refused* (n=1,249)

*Did you receive one-on-one counseling  
to help you quit smoking?*

**7.7%**

**YES**

**92%**

**NO**

*All else missing or refused* (n=1,256)

*Did you use medications to help you quit smoking?*

**35.5%**

**YES**

**64.1%**

**NO**

*All else missing or refused* (n=1,257)

*Do you have a time frame in mind for quitting?*

**29.5%**

**YES**

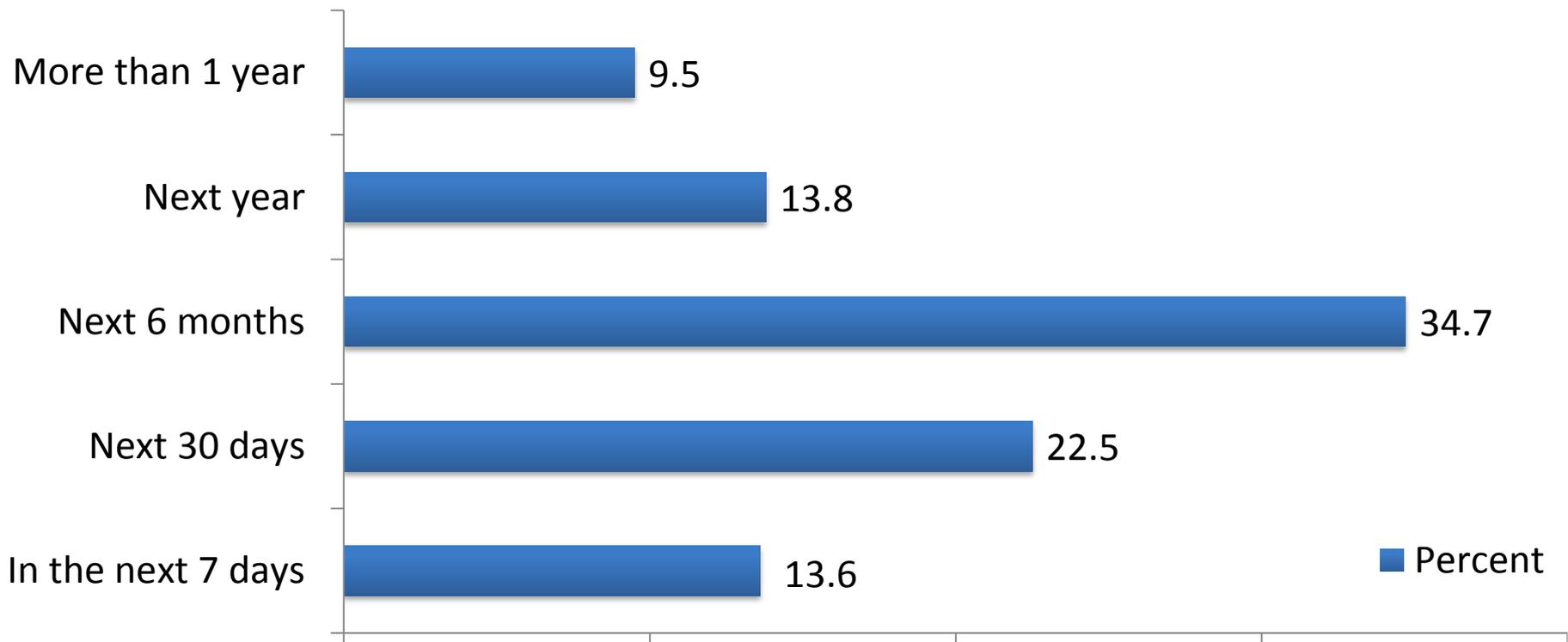
**67.5%**

**NO**

*All else missing or refused* (n=2,152)

# BREFFS 2011

*Do you plan to quit smoking cigarettes for good.....*



(n=637)



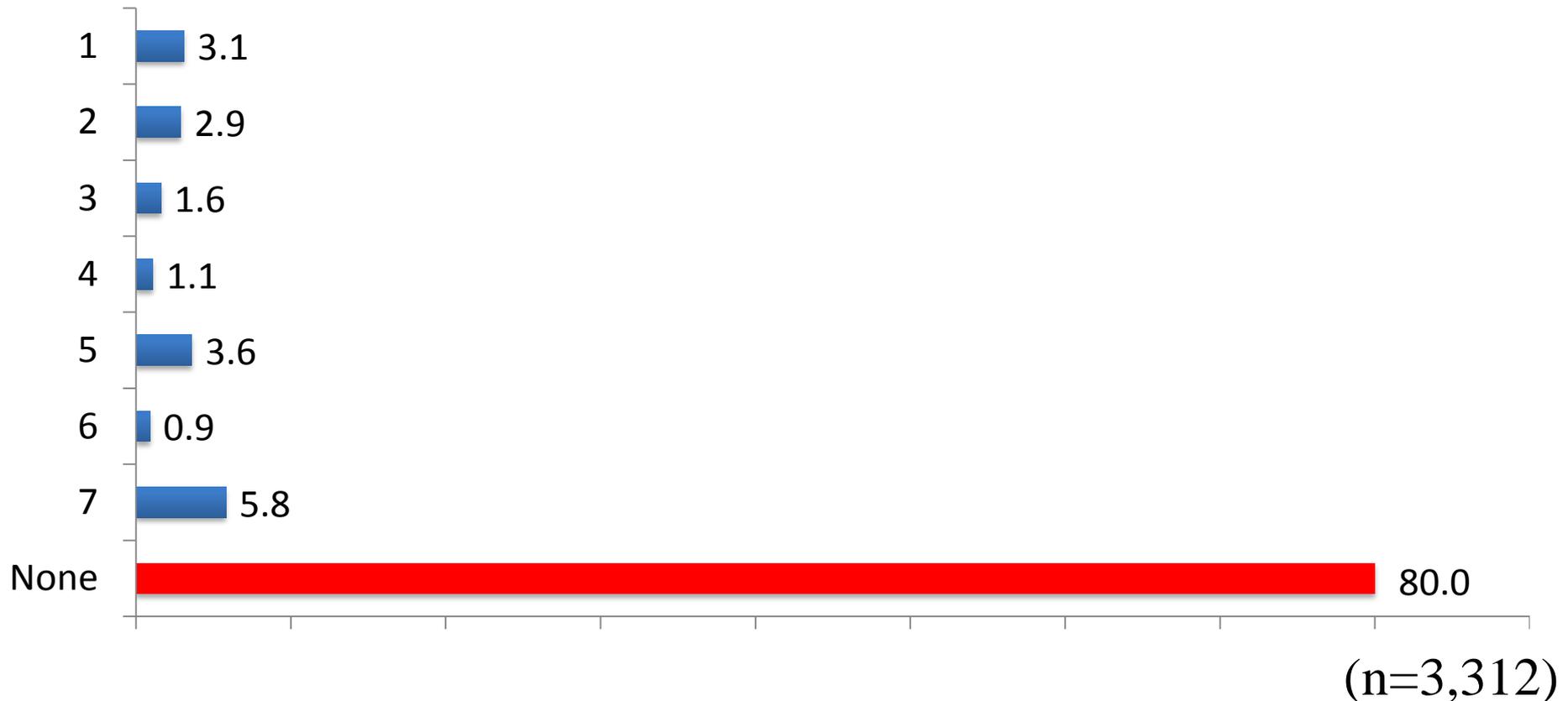
BRESS 2011



**OPTIONAL**  
**MODULE 2:**  
**Secondhand Smoke**

# BRESS 2011

*During the past 7 days, on how many days did you breathe the smoke at your workplace from someone other than you? (percent)*



# BREFFS 2011

*On how many days did someone other than you smoke tobacco inside your home while you were at home? (percent)*



(n=8,831)

# BREFFS 2011

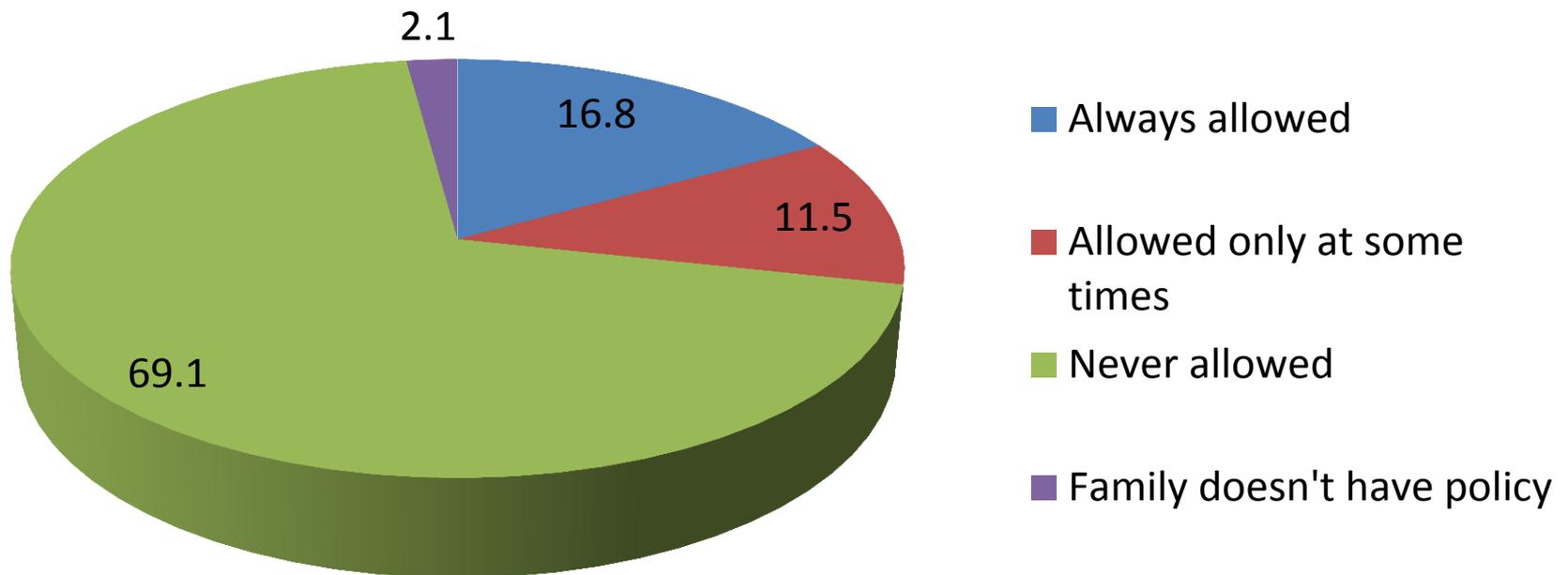
*On how many days did you ride in a vehicle where someone other than you was smoking tobacco? (percent)*



(n=8,841)

# BRESS 2011

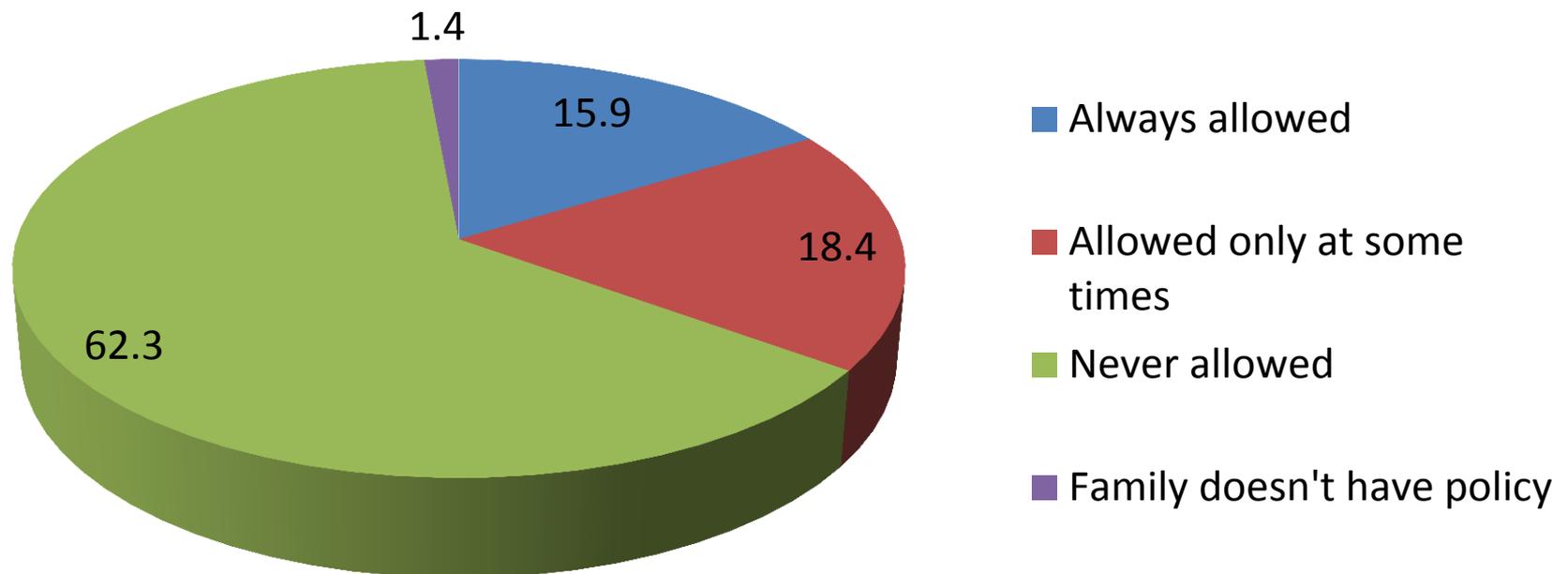
*Not counting decks, porches, or garages, inside your home,  
is smoking..... (percent)*



(n=8,874)

# BRESS 2011

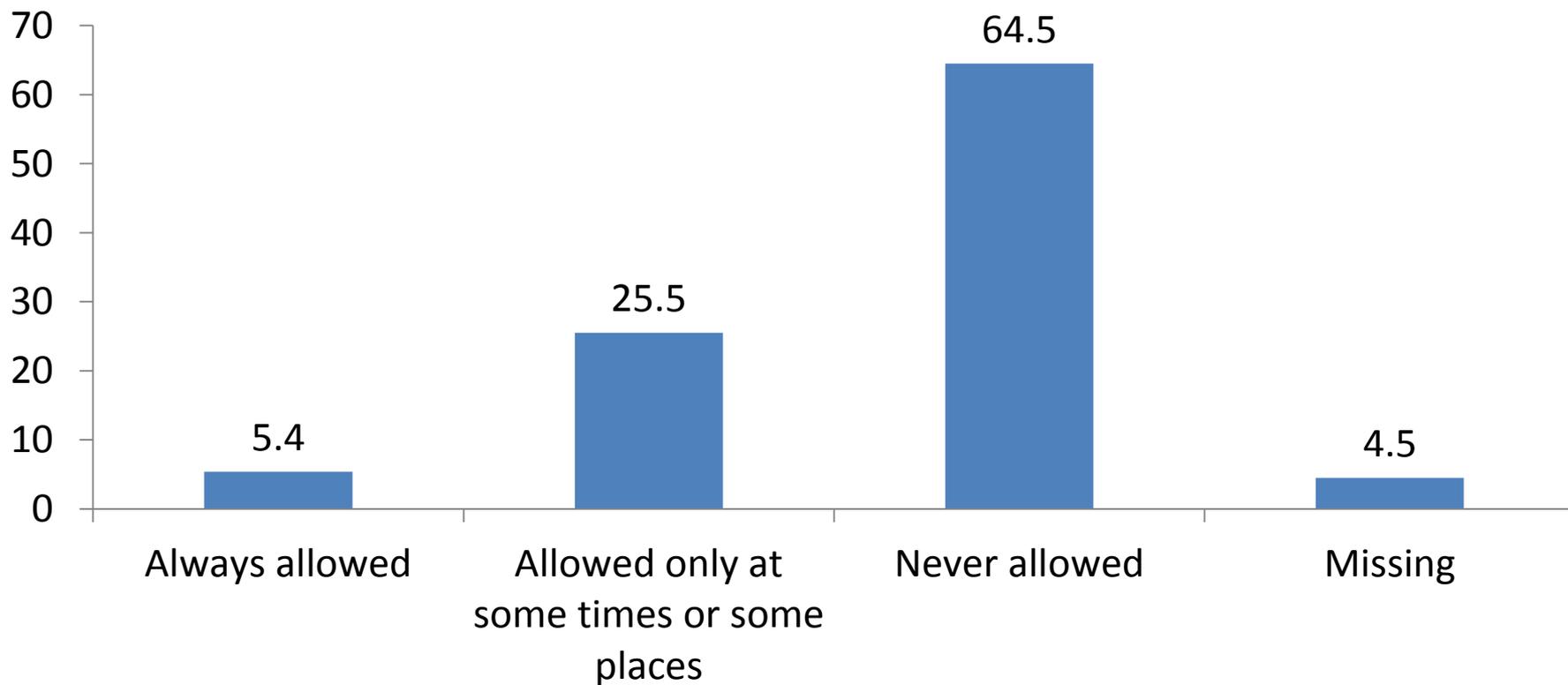
*Not counting motorcycles, in the vehicles that you or family members who live with you own or lease, is smoking.....  
(percent)*



(n=8,852)

# BREFFS 2011

*At workplaces, do you think smoking indoors should be.....  
(percent)*



(n=8,869)