

Collection and Packaging of Swabs Using the Viral Transport Box

Collection of Specimen

Check expiration date of M4RT before collecting sample.

Nasopharyngeal Swab: A wire shaft dry-tip swab is inserted into one or both nostrils to the NP area and pressed against the nasal wall. Allow a moment to absorb secretions. Rotate the swab 2 or 3 times and withdraw. Place in transport medium. Break off shaft and cap tube.

Nasal Swab: Insert a dry swab into the lower aspect of the nostril under direct vision until the tip is past the external orifice. The swab is then placed in the gutter below the inferior turbinate and allowed to remain there a moment to absorb secretions. Rotate the swab gently over the turbinate surface and the septal surface 2 or 3 times and withdraw. Place in transport medium. Break off shaft and cap tube.

Throat Swab: Depress the tongue with tongue blade and repeatedly swab the posterior pharynx in an up and down motion. Place swab in transport medium. Break off shaft and cap tube.

Nose-throat swab: Two separate swab specimens can be obtained and combined. The throat swab and the nasal swab collected as above and combined in one vial of transport medium. Place swabs in transport medium. Break off each shaft and cap tube.

Rectal Swab: Gently insert swab at least 2 inches into anal orifice, rotating swab to assure feces collection. Place swab in transport medium. Break off shaft and cap tube.

Cervical Swab: Swab endocervix as well as exocervix with sufficient force to obtain epithelial cells. Use an additional swab to perform "vulval sweep." Place swab in transport medium. Break off shaft and cap tube.

Lesion Swab: Collect lesion fluid and epithelial cells. Place swab in transport medium. Break off shaft and cap tube.

Requested Test	Sample Type	Storage Condition
Influenza Culture	Swab (Respiratory)	Can be stored up to 72 hours at 2-8 °C, if longer Freeze at -70 °C or lower. Ship cold.
Influenza PCR	Swab (Respiratory)	
Herpes	Swab (Genital, lesion)	
Other	Swab (other)	

Packaging and Shipping



Kit Components:

- 1- Freezer Block
- 1- 95kPa bag
- 1- Swab Pack
- 1- M4RT Media
- 1- Outreach or Lab Form 275



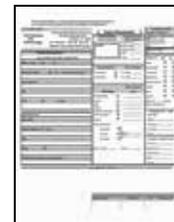
Break off swab into transport media



Place tube inside bag with absorbent



Place sample bag on top of frozen freezer block and replace styrofoam lid.



Place Outreach/ Lab Form 275 on top of closed styrofoam box



Close box and Place appropriate label on top of the box