

## OBJECTIVES

This workshop will enable participants to:

1. Examine the global impact of diabetes including the rationale for creating *World Diabetes Day*.
2. Describe diabetes teaching techniques / tools which will increase a patient's confidence and success in managing diabetes.
3. Discuss processes for improving inpatient glycemic control utilizing the *University of Kentucky* experience as an example.
4. Discuss various diabetes treatment regimens including the "butterfly effect" and implications regarding cardiovascular disease.
5. Describe the clinical course of diabetic kidney disease including the evaluation of the glomerular filtration rate (GFR) and recommended treatment options.

**AS OF SEPTEMBER 5, 2008, SPECIAL THANKS TO THE ENTITIES WHO PROVIDED FUNDING FOR THE PRESENTERS, FACILITY, PACKETS, BROCHURE PRINTING / MAILING, and / or FOOD COSTS. Other diabetes companies will be represented as exhibitors at the symposium.**

Bayer Healthcare  
CCS Medical  
Centers for Disease Control and Prevention  
Eli Lilly and Company

Lifescan, Inc.  
Novo Nordisk, Inc.  
Roche Diagnostics  
Sanofi-Aventis

## PROFESSIONAL EDUCATION COMMITTEE (alphabetical order):

Diabetes Educators Cincinnati Area (DECA): *Pam Doyle, Joan Geohagan, Cheryl Herrle, Janifer Lazarus, Jana McElroy*

Greater Louisville Association of Diabetes Educators (GLADE): *Bridgid Crush, Marcia Jett, Stacy Koch, Jeanette Lindell, Diana Metcalf, Anne Ries, Beth Schofield, Valerie Wade*

Kentucky Association of Diabetes Educators (KADE): *Gabriela Duffey, Janet Gilligan, Melanie Perry*

Kentucky Diabetes Network (KDN): *Kim Jackson, Theresa Renn, Leslie Scott*

Kentucky Diabetes Prevention & Control Program (KDPCP): *Deborah Embry, Janice Haile, Reita Jones, Linda Leber, Amy Wheatley*

Tri-State Association of Diabetes Educators (TRADE): *Mary Ann Correll, Mary Tim Griffin, Grace Hert, Teresia Huddleston*

## HOTEL INFORMATION

This is not a complete listing of all hotels in the vicinity.

**Special Rates - NOTE KY DIABETES NETWORK Block of Rooms**  
(both hotels are next door to the conference center)

- Sleep Inn (I 65 Exit 117) Rate \$75.99 call 502-921-1001 by 11-10-08
- Country Inn and Suites (I 65 Exit 117) Rate \$79.99 call 502-543-8400, by 11-2-08

**Other Hotels in Vicinity — Regular Rates**

- Fairfield Inn (I 65 Exit 121) 502-955-5533 800-228-2800
- Hampton Inn (I 65 Exit 121) 502-957-5050 800-426-7866
- Holiday Inn Express (I 65 Exit 121) 502-955-4985 800-465-4329
- Louisville Marriott Downtown (20 miles away) 502-627-5045

For other listings, go to:

[www.paroquetsprings.org/accommodations-paroquet.shtml](http://www.paroquetsprings.org/accommodations-paroquet.shtml)



# Kentucky Statewide Diabetes Symposium 2008

Applied to Meet  
**Certified Diabetes Educator (CDE)  
Renewal Requirements**

**November 21, 2008**

**Paroquet Springs Conference Centre**  
395 Paroquet Springs Drive  
Shepherdsville, KY



world diabetes day

**TARGET AUDIENCE AND ACCREDITATION INFORMATION**

This workshop is designed for nurses, dietitians, pharmacists, and other health professionals who are currently involved in the education and management of diabetes.

To successfully complete the program and receive credit, participants must pay the required fee, attend the entire program and complete the evaluation form.

This program is approved for: 6.0 contact hours by the Green River District Health Department, through the Kentucky Board of Nursing, provider number **4-0137-15-12312011**. Kentucky Board of Nursing approval does not constitute endorsement of program content.

Application has been submitted for contact hours to the Commission on Dietetic Registration (CDR). **CDR approval allows this conference to meet Certified Diabetes Educator (CDE) Requirements for Recertification (regardless of your discipline).**

Application has been submitted for contact hours to the Kentucky Board of Pharmacy.

**REGISTRATION INFORMATION**

Fee.....\$40.00

- Enrollment is limited, therefore, early registration is encouraged. No confirmation will be mailed.
- In the event the program is filled, you will be notified and your fee returned.
- Notification of cancellation required for partial refund.

For additional information about this program, call Janice Haile 270-686-7747 x 3031 [janice.haile@ky.gov](mailto:janice.haile@ky.gov) or Amy Wheatley 270-769-1601 x 1060 [amy.wheatley@ky.gov](mailto:amy.wheatley@ky.gov).

Driving Directions

**From Louisville, I-65 South**  
I-65 South to Exit 117 (Shepherdsville/Mt. Washington). Turn right off the ramp onto Highway 44 West. Merge into the left lane immediately. Turn left at the first stoplight onto Paroquet Springs Drive. Turn left into Paroquet Springs Conference Center.

**From Louisville, I-65 North**  
I-65 North to Exit 117 (Shepherdsville/ Mt. Washington). Turn left off the ramp onto Highway 44 West. Stay in left lane. Turn left at the second stoplight onto Paroquet Springs Drive. Turn left into Paroquet Springs Conference Centre.



**Paroquet Springs Conference Centre**  
**395 Paroquet Springs Drive**  
**Shepherdsville, KY**  
**502-543-8687 / 1-800-526-2068**  
  
<http://www.paroquetsprings.org/>

**From Cincinnati, I-71 South**  
Take I-71 south to Gene Snyder Freeway (I-265), Take I-265 south to I-65 south. Take Exit 117 at Shepherdsville, turn right. Left lane, turn left at the light, Convention Centre is behind Sleep Inn & Suites.

**Kentucky Statewide Diabetes Symposium**  
**Agenda**  
**November 21, 2008**

- 7:45-8:15 AM **Registration / Exhibits / Continental Breakfast**
- 8:15-8:25 AM **Welcome / Announcements**  
— Theresa Renn, RN, CDE, KDPCP
- 8:25-8:45 AM **Global Impact of Diabetes: World Diabetes Day**  
— Pamela Allweiss, MD, MPH
- 8:45-9:30 AM **Teaching Techniques and Tools Part 1**  
— William Polonsky, PhD, CDE
- 9:30-10:00 AM **Break / Exhibits**
- 10:00-11:00 AM **Teaching Techniques and Tools Part 2**  
— William Polonsky, PhD, CDE
- 11:00-12:00 PM **Hospital Guidelines for Glucose Management: University of Kentucky Example**  
— Raymond Reynolds, MD, FACP, FACE
- 12:00-1:00 PM **Lunch / Exhibits**  
**Kentucky Diabetes Research Board Recognition**  
— Baretta Casey, MD, MPH, FAAFP
- 1:00-1:15 PM **Door Prize Drawings**
- 1:15-2:15PM **“The Butterfly Effect”— How Diabetes Regimens Affect Heart Disease in Diabetes**  
— Byron Hoogwerf, MD, FACP, CDE, FACE
- 2:15-2:30 PM **Break**
- 2:30-3:30 PM **Kidney Disease and Diabetes: Using the Glomerular Filtration Rate (GFR)**  
— Amanda Denney, MD, FACP
- 3:30-4:00 PM **Closing / Evaluation**

**Speakers** (In Order of Presentation)

- Pamela Allweiss MD, MPH**  
Endocrinologist  
CDC Division of Diabetes Translation Consultant  
University of Kentucky Faculty  
Lexington, KY
- William Polonsky, PhD, CDE**  
President and Founder of the Behavioral Diabetes Institute  
Assistant Clinical Professor of Psychiatry  
University of California  
San Diego, CA
- Raymond Reynolds, MD, FACP, FACE**  
Endocrinologist  
Associate Professor of Internal Medicine, Special Title Series  
University of Kentucky  
Lexington, KY
- Byron Hoogwerf, MD, FACP, CDE, FACE**  
Endocrinologist  
Recently Cleveland Clinic Foundation  
Endocrinology, Diabetes, and Metabolism  
Cleveland, OH  
Presently Eli Lilly and Company, US Diabetes Care
- Amanda Denney, MD, FACP**  
Endocrinologist  
Assistant Professor of Clinical Medicine  
Endocrinology, Diabetes, and Metabolism  
University of Cincinnati  
Cincinnati, OH

**Registration Form**  
**Deadline – November 14, 2008**

Name (Please Print)	Profession	State License/Registration Number	
Address	City	State	Zip
Employer	Work Address	City	State
Telephone: Work (area code)	Home (area code)	Social Security Number (only if no license #)	E-Mail
<p><b>Registration Fee (includes breakfast, lunch, break, handouts, continuing education credit).....\$40.00</b>    <input type="checkbox"/> E-Mail</p> <p><b>MAIL TO:</b> Janice Haile Kentucky Diabetes Prevention and Control Program (KDPCP) P.O. Box 309 Owensboro, KY 42302-0309</p>			
<p><b>Are you an exhibitor? YES NO</b> <b>Return this form with your check payable to KDN.</b> No confirmation will be mailed.</p>			